

IMPORTANT NOTICE

- For safety, read this manual and all safety information thoroughly before assembly and use.
- Assemble the Speedplay Pedals & Cleats only as stated in the information contained in this manual.
 - Do not modify the Speedplay Pedals & Cleats.
 - All instructions can be viewed on our website: www.wahoofitness.com/instructions.
 - Images may not reflect final product exactly.

The following instructions must be observed at all times in order to prevent personal injury and physical damage to equipment and surroundings. The instructions are classified according to the degree of danger or damage which may occur if the product is used incorrectly:

- DANGER** Failure to follow the instructions will result in death or serious injury.
- WARNING** Failure to follow the instructions will result in death or serious injury.
- CAUTION** Failure to follow the instructions could cause personal injury and/or physical damage to equipment or surroundings.
- WARNING** Follow the instructions provided in the manual when assembling the product.

BOX CONTENTS

- A. BASE PLATES**
w/ 5-F & 5-R Shims (2x)
- B. SHIM PACKET**
6-F & 6-R Shims (2x),
Extra Shims (2x)
- C. CLEAT SURROUNDS**
(not included with COMP)
1 right / 1 left
- D. CLEAT COVERS***
1 right / 1 left
- E. PROTECTOR PLATES***
1 right / 1 left
- F. SPRING & HOUSING***
1 right / 1 left

*Items ship pre-assembled. Separate Cleat Covers before installation.

G. SCREW PACKET

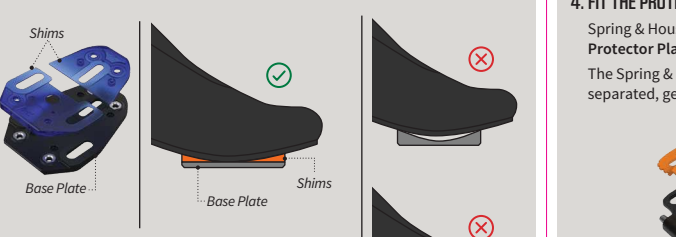
Base Plate Screws: Short/Black (6x) & Long/Silver (6x), Protector Plate Screws (8x)

TOOLS REQUIRED

- 6mm & 8mm Allen Wrench
- #0 & #2 Phillips Screwdriver

CLEAT INSTALLATION

1. CHOOSE THE SHIMS FOR THE BASE PLATE THAT BEST FIT THE SOLE OF THE SHOE



5-F and 5-R Shims ship pre-installed to the Base Plates, but can be substituted with the Blue 6-F and 6-R Shims.

Extra Shims may be required between 5-F/6-F Shims and the sole of the shoe.

CAUTION The Base Plate/Shim Combo may not create a "perfect" fit to the bottom of the shoe, but for best results it is important to use the Shims that provide the "best" fit.

2. SCREW THE BASE PLATE TO THE SHOE USING THE BASE PLATE SCREWS

Base Plate Screws ship in two lengths: (Short/Black & Long/Silver)

Use the shortest screws that allow at least five full turns of engagement with the socket in the sole of the shoe.

Set the desired fore-aft position then tighten the Base Plate Screws.

Recommended tightening torque: 4 Nm.

CLEAT INSTALLATION

3. FIT THE CLEAT SURROUND AROUND THE BASE PLATE

Cleat Surrounds are labeled "L" or "R".
Note: COMP pedals do not ship with Cleat Surrounds.



4. FIT THE PROTECTOR PLATE TO THE SPRING & HOUSING

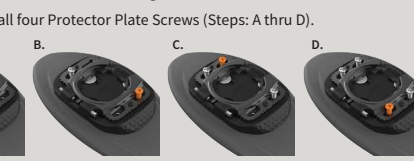
Spring & Housings are labeled "LEFT" or "RIGHT". Protector Plates are not labeled.
The Spring & Housing ships pre-assembled to the Protector Plate. If they have separated, gently snap them together using the two small tabs as a guide.



5. SCREW THE ASSEMBLY TO THE BASE PLATE USING THE PROTECTOR PLATE SCREWS

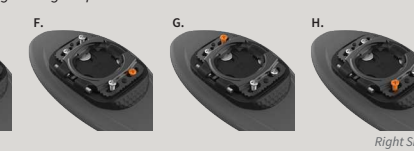
Install the Protector Plate Screws using a "Double X Pattern" (shown below).

Loosely engage all four Protector Plate Screws (Steps: A thru D).



Set the desired left-right position then tighten the Protector Plate Screws (Steps: E thru H).

Recommended tightening torque: 2.5 Nm.



CLEAT INSTALLATION

6. ADJUST THE LIMIT SCREWS TO SET THE DESIRED FLOAT

Tighten the Limit Screws to reduce the amount of float ("heel movement") experienced by the foot while pedaling.
Housings are labelled "Heel In" & "Heel Out" to guide which Limit Screws to adjust.

Preferred float range is unique to each rider. If you are unsure of your float preference, begin with medium float and adjust as needed.

Note: Do not unscrew the Limit Screws from the Housing when adjusting float, and do not further tighten the Limit Screws once they have made contact with the tip of the Spring.

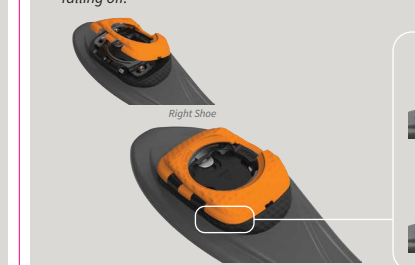
7. FIT THE CLEAT COVER OVER THE EDGES OF THE PROTECTOR PLATE

Cleat Covers are labeled "LEFT" or "RIGHT".

Grip the shoe and apply force with the palm of the hand to each of the four corners to ensure that the Cleat Cover has properly covered the edges of the Protector Plate.

The Cleat Cover should fit flush to the Cleat Surround when installed correctly.

Note: Failure to properly complete this step may result in the Cleat Cover falling off.



8. APPLY PTFE DRY LUBE TO THE SPRING (OPTIONAL)

Reduce the engagement force required to clip into the pedals by applying a small amount of "PTFE Dry Lube" to the Spring.
Wipe away any excess lube.

PEDAL INSTALLATION

1. CLEAN CRANK ARM THREADS AND APPLY A SMALL AMOUNT OF GREASE

Use a cloth or brush to remove old grease before applying new grease.

2. IDENTIFY THE LEFT AND RIGHT PEDALS

The "wahoo" logo reads left-to-right to help identify each pedal (shown below).



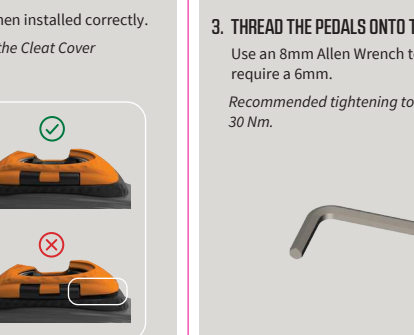
Right pedals install clockwise and left pedals install counterclockwise.

Improper installation or cross threading can cause damage to your pedals or crank arms.

3. THREAD THE PEDALS ONTO THE CORRECT CRANK ARM

Use an 8mm Allen Wrench to ensure a snug fit. Titanium spindles will require a 6mm.

Recommended tightening torque: 30 Nm.



FOR FULL FEATURE DETAILS AND USER INSTRUCTIONS, GO TO:

WAHOOFITNESS.COM/INSTRUCTIONS/SPEEDPLAY

SPANISH

AVISO IMPORTANTE Por seguridad, lee detenidamente este manual y toda la información de seguridad antes del montaje y el uso. // Monta los pedales y las calas Speedplay únicamente como se indica en la información contenida en este manual. // No modifiques los pedales ni las calas Speedplay. // Puedes consultar todas las instrucciones en nuestro sitio web: www.wahoofitness.com/instructions. // Es posible que las imágenes no reflejen exactamente el producto final. // Deben seguirse las siguientes instrucciones en todo momento para evitar lesiones personales y daños físicos al equipo y el entorno. Las instrucciones se clasifican en función del grado de peligro o daños que pueden producirse si el producto se utiliza incorrectamente: PELIGRO: Si no se siguen las instrucciones, puede producirse una lesión grave o la muerte. ADVERTENCIA: Si no se siguen las instrucciones, pueden producirse lesiones personales o daños físicos en el equipo o el entorno. // ADVERTENCIA: Sigue las instrucciones que se proporcionan en este manual para montar el producto.

CONTENIDO DE LA CAJA A. PLACAS DE BASE con cuñas a presión 5-F y 5-R (2) // B. PAQUETE DE CUÑAS A PRESIÓN Cuñas a presión 6-F y 6-R (2) y cuñas a presión adicionales (2) // C. CARCASA DE LA CALA (no se incluye con COMP) 1 derecha/1 izquierda // D. CUBRECALAS* 1 derecha/1 izquierda // E. PLACAS PROTECTORAS* 1 derecha/1 izquierda // F. RESORTE Y CARCASA* 1 derecha/1 izquierda // G. ARTICULOS DE VIS DE LA PLACA DE BASE: Corto/negro (6), largo/plateado (6) y tornillos de la placa protectora (8) // HERRAMIENTAS NECESARIAS Llave Allen de 6 mm y 8 mm // Destornillador Phillips 0 y 2

INSTALACIÓN DE LA CALA 1. ELIGE LAS CUÑAS A PRESIÓN PARA LA PLACA DE BASE QUE MEJOR SE AJUSTEN A LA SUELA DE LA ZAPATILLA. Las cuñas a presión 5-F y 5-R se suministran preinstaladas en las placas de base, pero pueden sustituirse por las cuñas a presión 6-F y 6-R. Es posible que se necesiten cuñas a presión adicionales entre las cuñas 5-F y 6-F y la suela de la zapatilla. PRECAUCIÓN: El conjunto de placa de base y cuña a presión pueden no ofrecer un ajuste "perfecto" en la parte inferior de la zapatilla. Para obtener los mejores resultados, es importante utilizar cuñas que proporcionen el ajuste óptimo. // 2. ATORNILLA LA PLACA DE BASE A LA ZAPATILLA UTILIZANDO LOS TORNILLOS DE LA PLACA DE BASE. Los tornillos de la placa de base se suministran en dos longitudes: Corto/negro y largo/plateado. Utiliza los tornillos más cortos que permitan al menos cinco giros completos de acoplamiento con la toma de la suela de la zapatilla. Fija la posición del antepié deseada y apriete los tornillos de la placa de base. Par de apriete recomendado: 4 Nm. // 3. COLOCA LA CARCASA DE LA CALA ALREDEDOR DE LA PLACA DE BASE. Las carcassas de las calas están etiquetadas como "L" o "R". Nota: Los pedales COMP no se envían con carcassas de cala. // 4. COLOCA LA PLACA PROTECTORA EN EL RESORTE Y LA CARCASA. El resorte y las carcassas están etiquetados como "LEFT" (izquierda) o "RIGHT" (derecha). Las placas protectoras no están etiquetadas. El resorte y la carcasa se suministran premontados en la placa protectora. Si se han separado, encajalos suavemente con las dos pequeñas lengüetas como guía. // 5. ATORNILLA EL CONJUNTO A LA PLACA DE BASE UTILIZANDO LOS TORNILLOS DE LA PLACA PROTECTORA. Instala los tornillos de la placa protectora con un "patrón de doble X" (se muestra a continuación). Engancha suavemente los cuatro tornillos de la placa protectora (pasos del A al D). Fija las posiciones izquierda y derecha deseadas, y aprieta los tornillos de la placa protectora (pasos del E al H). Par de apriete recomendado: 2,5 Nm. // 6. AJUSTA LOS TORNILLOS DE TOPE PARA FIJAR EL MOVIMIENTO DEL TALÓN DESEADO. Aprieta los tornillos de tope para reducir la cantidad de movimiento del talón que experimenta el pie al pedalear. Las carcassas están etiquetadas como "Heel In" (entrada del talón) y "Heel Out" (salida del talón) para guiar los tornillos de tope que se deben ajustar. El rango preferido de movimiento del talón es único para cada ciclista. Si no estás seguro de cuáles es tu preferencia, comienza con un movimiento intermedio y ajústalo según sea necesario. Nota: No desensrocas los tornillos de tope de la carcasa al ajustar el movimiento del talón y no aprietes más los tornillos de tope una vez que hayan hecho contacto con la punta del resorte. // 7. COLOCA EL CUBRECALAS SOBRE LOS BORDES DE LA PLACA PROTECTORA. Los cubrecalas están etiquetados como "LEFT" (izquierda) o "RIGHT" (derecha). Agarra la zapapilla y aplique fuerza con la palma de la mano en cada una de las cuatro esquinas para asegurarse de que el cubrecalas haya cubierto correctamente los bordes de la placa protectora. El cubrecalas debe quedar encajado en la carcasa de la cala cuando está instalado correctamente. Nota: Si no se completa correctamente este paso, es posible que el cubrecalas se caiga. // 8. (OPCIONAL) Aplica una pequeña cantidad de lubricante seco de PTFE a las muescas del muelle para reducir el agarre necesario para engancharse a los pedales.

INSTALACIÓN DEL PEDAL 1. LIMPIA LAS BIELAS APLICANDO UNA PEQUEÑA CANTIDAD DE GRASA. Utiliza un paño o un cepillo para eliminar la grasa anterior antes de aplicar grasa nueva. // 2. IDENTIFICA LOS PEDALES IZQUIERDO Y DERECHO. El logotipo de "wahoo" se lee de izquierda a derecha como guía para identificar cada pedal (se muestra a continuación). El pedal derecho se instala en el sentido de las agujas del reloj y el izquierdo en sentido contrario a las agujas del reloj. Una instalación incorrecta o el uso de roscas intercambiadas pueden causar daños en los pedales o las bielas. // 3. ENROSCA LOS PEDALES EN LA BIELA CORRECTA. Utiliza una llave Allen de 8 mm para garantizar un ajuste óptimo. Los husillos de titanio requieren 6 mm. Par de apriete recomendado: 30 Nm.

PARA OBTENER INFORMACIÓN COMPLETA SOBRE LAS CARACTERÍSTICAS Y LAS INSTRUCCIONES DEL USUARIO, VISITA: WAHOOFITNESS.COM/INSTRUCTIONS/SPEEDPLAY

POUR PLUS DE DÉTAILS SUR LES FONCTIONNALITÉS ET LES INSTRUCTIONS D'UTILISATION, CONSULTEZ LE SITE: WAHOOFITNESS.COM/INSTRUCTIONS/SPEEDPLAY

REMARQUE IMPORTANTE Pour votre sécurité, lisez attentivement ce manuel et toutes les informations de sécurité avant l'assemblage et l'utilisation de l'appareil. // Assemblez uniquement les pédales et calas Speedplay en suivant précisément les informations contenues dans ce manuel. // Ne modifiez pas les

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