

SHIN WRAP

SUP3099

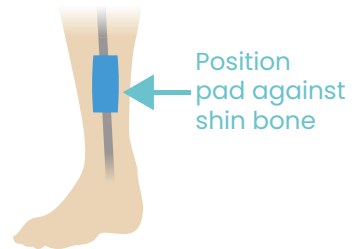
WHAT'S INCLUDED

- 2x Shin Wrap



To see all FAQs in one place,
visit vhealth.link/pvw

Proper positioning is crucial for effective relief. The pad must be placed directly against your shin bone (tibia) for optimal support and compression. Incorrect placement can reduce effectiveness and comfort.



QUICK SETUP GUIDE

1. Choose Your Pad
 - Thin (8mm): Lightest pressure, ideal for sensitive users
 - Medium (13mm): Moderate pressure
 - Large (15mm): Maximum pressure
 - Start with thinner pads and increase as needed
2. Insert Pad
 - Locate elastic pocket on wrap
 - Insert selected pad completely



3. Position & Wear
 - Place pad directly against shin bone (tibia)
 - Wrap around leg, securing with comfortable compression
 - Walk briefly to test positioning and comfort



CARE INSTRUCTIONS

- Machine wash cold
- Air dry only
- Remove pad before washing

WARNINGS

- Do not overtighten
- Discontinue use if discomfort occurs
- Not intended for wear during sleep
- Consult healthcare provider before use if you have circulation issues

WARRANTY

Covered by 60 Day warranty against defects. Contact customer service at 1-800-487-3808 or service@vivehealth.com for support.

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