

DEMENTIA PROTECTIVE MITTENS

LVA3096

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OWNER'S MANUAL

DEMENTIA PROTECTIVE MITTENS

WHAT'S INCLUDED

- 2x Hand Mittens (1 Pair)



CLINICAL GUIDELINES: SAFE USE OF DEMENTIA PROTECTIVE MITTENS FOR PATIENTS

WARNINGS ⚠

- **NEVER** apply the restraints without proper orders from an overseeing physician.
- **NEVER** apply restraints as punishment or for staff convenience.
- **NEVER** restrain a patient face-down.
- **DO NOT** restrict breathing or circulation.
- **DO NOT** leave restrained patients unattended.
- **DO NOT** modify or alter approved restraint devices.
- **IMMEDIATELY** remove if signs of injury, circulation problems, or respiratory distress.
- Restraints must only be used under direct physician order.
- Use only as a last resort when alternative measures have failed.
- Required for patient safety only, never for staff convenience.
- Must be documented in patient's medical record.

CLINICAL INDICATIONS

Clinical indications to use restraints on a patient include situations where a patient poses an immediate danger to themselves or others due to behaviors like agitation, combativeness, violent tendencies, wandering, or attempts to remove medical devices, and when less restrictive interventions have failed to manage the situation; this typically requires a thorough assessment to determine if restraint use is necessary and appropriate.

KEY SITUATIONS WHERE RESTRAINTS MIGHT BE USED:

- **Imminent self-harm:**
When a patient is actively trying to harm themselves, like pulling out catheters or tubes, hitting their head, or attempting to jump out of bed.
- **Risk of harm to others:**
If a patient is aggressive, combative, or poses a threat to staff or other patients.
- **Severe confusion or disorientation:**
When a patient is wandering due to cognitive impairment and is at risk of getting lost or injured.
- **Post-surgical recovery with risk of disruption:**
To prevent a patient from dislodging medical devices or tubes during immediate post-operative recovery.
- **Certain medical procedures:**
In specific situations during procedures where movement could compromise patient safety.

APPLICATION PROCEDURE

1. Pre-Application

- Verify physician order.
- Explain procedure to patient/family.
- Gather necessary equipment.
- Ensure two staff members present.
- Perform hand hygiene.

2. Mitten Restraint Application

Step 1

Open the mitten completely by unzipping the hidden zippers on either side of the restraint.



Step 2

Place the patient's hand inside the mitten, secure wrist strap on inside of the restraint.



Step 3

Close the zippers on either side, thread the green strap through the fabric loop on the restraint 1 - 2 times.

**Step 4**

Wrap strap around the bed rail and use the included clip to secure the strap and lock in place.

**Step 5**

Adjust the mitten as needed. Check that you can fit one finger between the strap and the patient's wrist to ensure proper circulation.



3. Pre-Application

- Document time of application.
- Ensure call button within reach.
- Position bedside items within reach.
- Raise side rails as ordered.
- Perform initial circulation check.
- Document baseline skin condition.

REQUIRED MONITORING INTERVALS

1. Every 15 Minutes (First Hour):

- Circulation checks
- Skin integrity
- Mental status
- Signs of distress

2. Every 2 Hours:

- Range of motion exercises
- Position changes
- Circulation assessment
- Skin inspection
- Hydration status
- Toileting needs

3. Every 4 Hours:

- Complete physical assessment
- Vital signs
- Documentation of continued need
- Attempt at restraint removal

EMERGENCY RELEASE PROCEDURE

In event of clinical emergency requiring expedited restraint removal:

1. Utilize designated scissors to cut the restraints off the patient if necessary.

2. Immediate Release Required If:

- Signs of respiratory distress
- Circulatory compromise
- Skin breakdown
- Extreme agitation
- Medical emergency
- Fire or facility emergency

3. Emergency Release Steps:

- Call for assistance
- Remove all restraints
- Support limb during release
- Assess for injuries
- Document incident
- Notify physician
- Complete incident report

CARE INSTRUCTIONS

- Machine wash in cold water with mild detergent.
- Tumble dry on low.
- Do not bleach.
- Do not iron.
- Inspect for damage before each use.
- Replace if fasteners show signs of wear or padding becomes compressed.

CONTRAINDICATIONS

Restraints are contraindicated when:

- Patient has severe osteoporosis.
- Recent surgery/injury at restraint site.
- Severe vascular conditions.
- Patient can maintain safety without restraints.
- Less restrictive alternatives are effective.

WARRANTY

The Vive Dementia Protective Mittens are backed by a 90 day warranty from the date of purchase. This warranty covers defects in materials and workmanship under normal use.

If the product proves to be defective during the warranty period, we will, at our discretion, repair or replace the unit free of charge. Proof of purchase is required for warranty service.

NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.



HAVE MORE QUESTIONS?

Check out our list of Frequently Asked Questions at
[vhealth.link/ffffc5](https://vivehealth.com/health.link/ffffc5) for helpful answers.



And if that doesn't answer your question, our
customer service team would love to help!
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service@vivehealth.com
1-800-487-3808
vivehealth.com

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Naples, FL 34109
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