

vive®
PRECISION



BATHROOM SCALE

Owner's Manual
DMD1002BLK

vivehealth.com



To see all FAQs in one place,
visit vhealth.link/4ex

MANUALLY TRACKING DATA

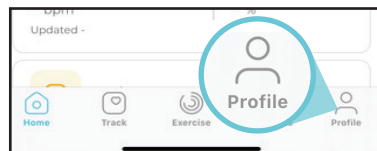
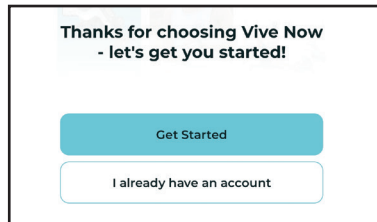
Download the Vive Now app through the Google Play or App Store:
Downloading the Vive Now app and connecting your Vive Precision scale allows you to store and track weight readings to see progress over time.



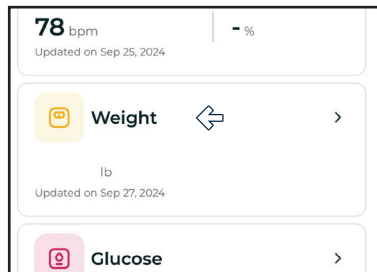
Requires: iPhone with iOS 9.0 or later, Smartphone with Android 4.4 or later.

SETTING UP THE APP

1. Register an account then click on the profile tab.



2. From the home page, scroll down to the "Weight" tab.



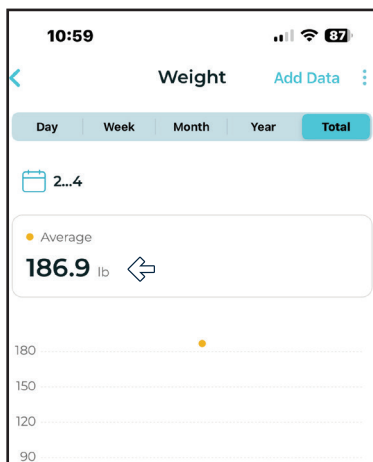
3. Once inside the "Weight" tab, click on the "Add Data" button on the top right of your screen. Then add the Date, Time, and weight.

The image shows two side-by-side screenshots of a mobile application interface for tracking weight. Both screenshots are taken at 10:59 with a battery level of 87%.

Left Screenshot: The screen displays the "Weight" tab. At the top, there is a navigation bar with a back arrow, the title "Weight", and an "Add Data" button. Below the navigation bar, there are tabs for "Day", "Week", "Month", "Year", and "Total". The "Day" tab is selected. Under the "Day" tab, there is a date selector showing "Oct..., 2024" and a unit selector showing "Average" and "lb". At the bottom, there is a message that says "No chart data available."

Right Screenshot: This screenshot shows the same "Weight" tab, but with the "Add Data" button highlighted. Below the "Add Data" button, there are input fields for "Date" (showing "Oct 07, 2024"), "Time" (showing "10:59 AM"), and "Weight (lb)".

4. Once several measurements are added, you will see an average weight and a chart of your measurements, this can be viewed by the day, week, month, or year.



HOW TO MEASURE PROPERLY

- Do remove shoes and socks before measurements.
- Do remain still while the scale takes a measurement. Avoid shifting your weight or leaning on any surfaces.
- Do measure your weight at the same time each day.
(Preferably mornings)
- Do position scale on a hard, flat, and even surface.
- Don't measure right after a shower.
- Don't measure right after eating.

HOW TO SWITCH UNITS

While the scale is on, press the button on the bottom of the scale to switch from Pounds, KG, or Stones.



CARE

- To clean the scale platform, use a soft cloth with alcohol or glass cleaner. Do not use soaps or chemicals to clean the scale.
- Keep the scale away from water, heat, and extreme cold.

SPECIFICATIONS

- **Weight Limit:** 400lbs (180kg)
- **Glass thickness:** 6mm
- **Battery Type:** x2 AAA
- **Screen Type:** LCD Display

Model Number - BG3O3OL

- The scale is slippery when wet. Ensure that the scale platform and your feet are completely dry before use. Never step on the scale when wet.
- Remove shoes and socks before stepping on to the scale.
- If the scale malfunctions, start by checking the batteries and replacing them if needed.
- Never jump, stomp, roughly handle, or disassemble the scale, as its a high precision measuring device. Handle it carefully to avoid damage when moving it.
- The scale is designed for home use only and isn't suitable for professional use; body weight measurements are for personal reference only; Contact a doctor prior to starting any diet or exercise regimen.

HAVE MORE QUESTIONS?

Check out our list of Frequently Asked Questions
at vhealth.link/4ex for helpful answers.



And if that doesn't answer your question, our customer service team would love to help! Feel free to connect with them by phone, e-mail, or chat on our website.

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