

vive®
PRECISION



BARIATRIC SCALE

Smart Phone Compatible

Owner's Manual
BLACK -DMD1O9OBLK

vivehealth.com



To see all FAQs in one place,
visit vhealth.link/c5h

PAIRING WITH THE VIVE NOW APP

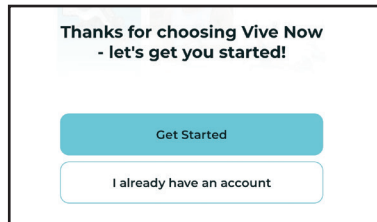
Download the Vive Now app through the Google Play or App Store:
Downloading the Vive Now app and connecting your Vive Precision scale allows you to store and track weight readings to see progress over time.



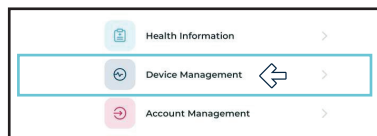
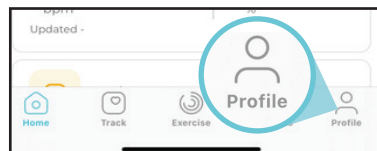
Requires: iPhone with iOS 9.0 or later, Smartphone with Android 4.4 or later.

CONNECTING TO YOUR SMART DEVICE

1. Register an account then click on the profile tab.



2. Go to Device Management and find the scale.



3. Now step on your scale so it initiates pairing mode and press the image of the scale on your device's screen to complete pairing.



SCALE FEATURES

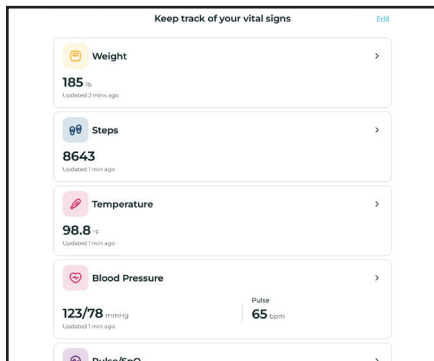
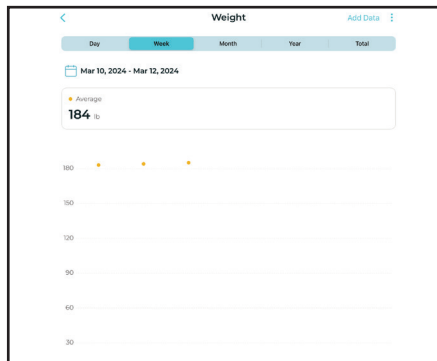
- Body Weight
- Body Mass Index (BMI is a measurement of the body taking height into account.)

HOW TO MEASURE PROPERLY

- Do remove shoes and socks before measurements.
- Do remain still while the scale takes a measurement. Avoid shifting your weight or leaning on any surfaces.
- Do measure your weight at the same time each day.
(Preferably mornings)
- Do position scale on a hard, flat, and even surface.
- Don't measure right after a shower.
- Don't measure right after eating.

VIEWING YOUR READINGS

The weight section on the home tab of the Vive Now app will display a graph of weights taken over time.



ADDING DATA MANUALLY

If weight was taken with a different scale, it can be added manually under the weight section on the home page by clicking the "add data" button on top right of screen.



The screenshot shows the manual data entry form. At the top, the time is 10:28. The form has fields for 'Date' (Mar 13, 2024), 'Time' (10:28 AM), and 'Weight (lb)'. There is an 'Add' button in the top right corner.

HOW TO SWITCH UNITS

While the scale is on, press the button on the bottom of the scale to switch from Pounds, to KG or Stones.



CARE

- To clean the scale platform, use a soft cloth with alcohol or glass cleaner. Do not use soaps or chemicals to clean the scale.
- Keep the scale away from water, heat, and extreme cold.

SPECIFICATIONS

- **Weight Limit:** 550 lbs (250kg)
- **Glass Thickness:** 8mm Tempered Glass
- **Battery Type:** 3 AAA (included)
- **Screen Type:** LCD

FCC STATEMENT

Operation is subject to the following two condition:

This device may not cause harmful interference.

This device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rule.

3. These limits are designed to provide reasonable protection against harmful interference in a residential installation.
4. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
5. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
 - (1) Reorient or relocate the receiving antenna.
 - (2) Increase the separation between the equipment and receiver.
 - (3) Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - (4) Consult the dealer or an experienced radio/TV technician for help.

FCC ID: 2AP3Q-BG1911LB

WARNINGS

- The scale is slippery when wet. Ensure that the scale platform and your feet are completely dry before use. Never step on the scale when wet.
- Remove shoes and socks before stepping on to the scale.
- If the scale malfunctions, start by checking the batteries and replacing them if needed.
- Never jump, stomp, roughly handle, or disassemble the scale, as it's a high-precision measuring device. Handle it carefully to avoid damage when moving it.
- The scale is designed for home use only and isn't suitable for professional use; body weight measurements are for personal reference only.
- Contact a doctor prior to starting any diet or exercise regimen.

HAVE MORE QUESTIONS?

Check out our list of Frequently Asked Questions
at vhealth.link/c5h for helpful answers.



And if that doesn't answer your question, our customer service team would love to help! Feel free to connect with them by phone, e-mail, or chat on our website.



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