



Distributed by



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## CUP & PHONE HOLDER

MOB1110BLK

### WHAT'S INCLUDED

- 1x Cupholder with Telescoping Base
- 1x Clamp Piece



To see all the FAQ's,  
visit [vhealth.link/22g](https://vivehealth.com/22g)



## QUICK START GUIDE

### Step 1:

Insert the cupholder piece and the clamp piece together and slide it down slightly into the slots to lock it into place.



### Step 2:

Your cupholder is finished and you may use the turning screw on top of the clamp to clamp down on any 1.75" wide or smaller fixture.



### Step 3:

Tighten the "twist knob" down.

**NOTE:** If you want to use a maximum size full cup (32oz cup) you must tighten this down all the way and really use some twisting force. If you do get it tight enough there you will be impressed with the grip strength.



**PRO TIP:** For heavier cups if you angle the cuphold at an upward angle (just slightly) from the clamp, it will hold heavy objects better. To angle the cupholder in any position just loosen the twist knob slightly, reposition the cupholder on the ball joint and then retighten.