

2026 CHECKOUT SL

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About this manual

Scope

This manual contains parts diagrams, specifications (such as grease and torque values), instructions, part numbers, and helpful tips. It does not contain instructions for all components (such as brake calipers). Refer to the original manufacturer for more information.

Replacement parts

Trek recommends using only Trek OEM (original manufacturer) replacement parts.

Additional info

The Owner's Manual is available at Trekbikes.com/manuals.

Inspect the bike

Please inspect the bicycle carefully after removal from the box and all packaging:

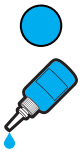
- Inspect all surfaces of the bicycle for damage, pay special attention to the fork legs and the seat stays (both inside and outside surfaces).
- If packaging damage is located near the front of the bicycle, remove the fork from the frame and inspect the steerer tube for damage.

Legend



Cable (zip) tie

Nm Torque value



Apply appropriate threadlocker



Apply Bontrager grease

Weight limit

Rider + bicycle + gear/cargo ≤ 275 lbs. (124.73 kg)

Safety

WARNING

Properly tighten hardware

Always tighten hardware to the specified torque. Over-tightening hardware could deform or break the hardware or components. Under-tightening or over-tightening hardware could cause hardware or components to become loose. Either situation could damage the bicycle and result in injury to the rider.

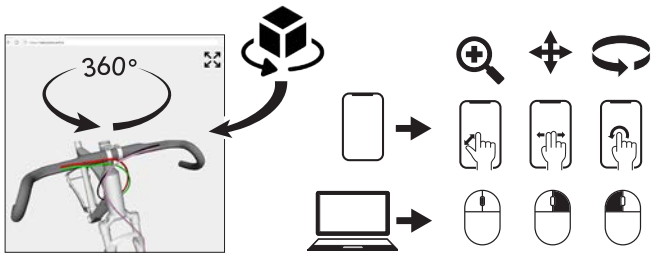
WARNING

Reapply threadlocker

All reused-fasteners with pre-applied threadlocker must be cleaned with isopropyl alcohol and have new threadlocker applied before re-assembly. If threadlocker is not applied, the fasteners may loosen which could damage the bicycle and result in injury to the rider.

3D interactive graphics

Click the icon in this manual to view interactive models.



We value your feedback

We hope you find our manual useful. To help us improve, please take a brief survey about your experience. We periodically update our manuals and your input ensures we provide the highest quality user experience.

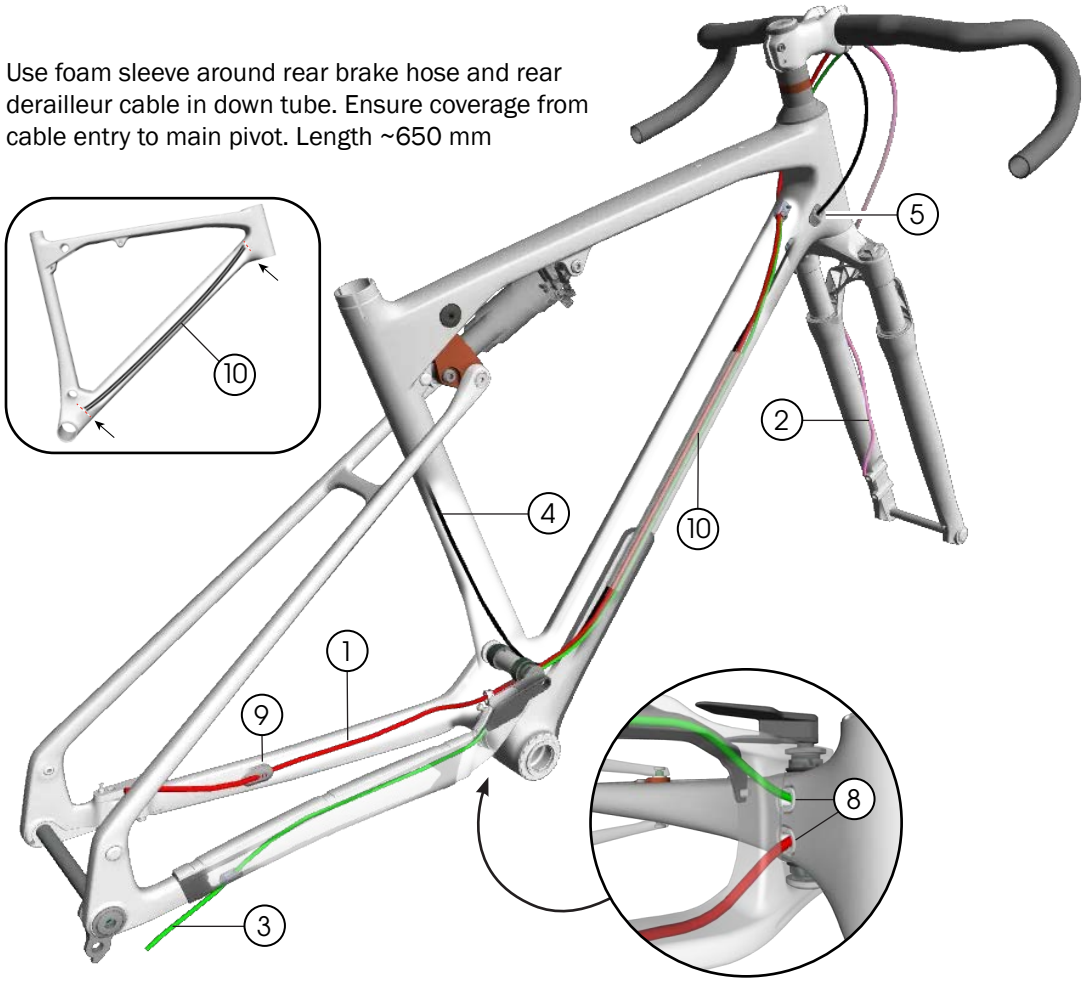


For product help or inquiries:

Please visit trekbikes.com/contactus or call Customer Care.

Routing — mechanical

Use foam sleeve around rear brake hose and rear derailleur cable in down tube. Ensure coverage from cable entry to main pivot. Length ~650 mm



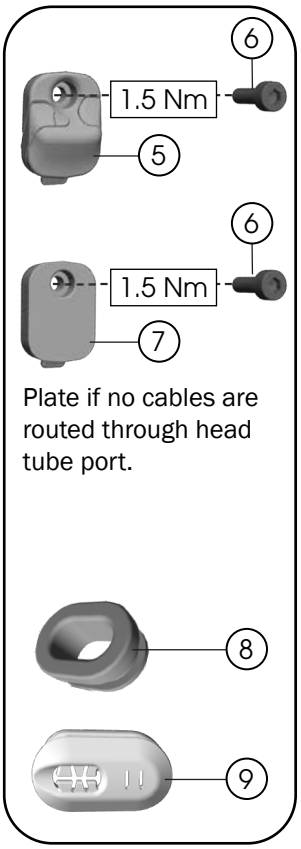
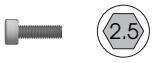
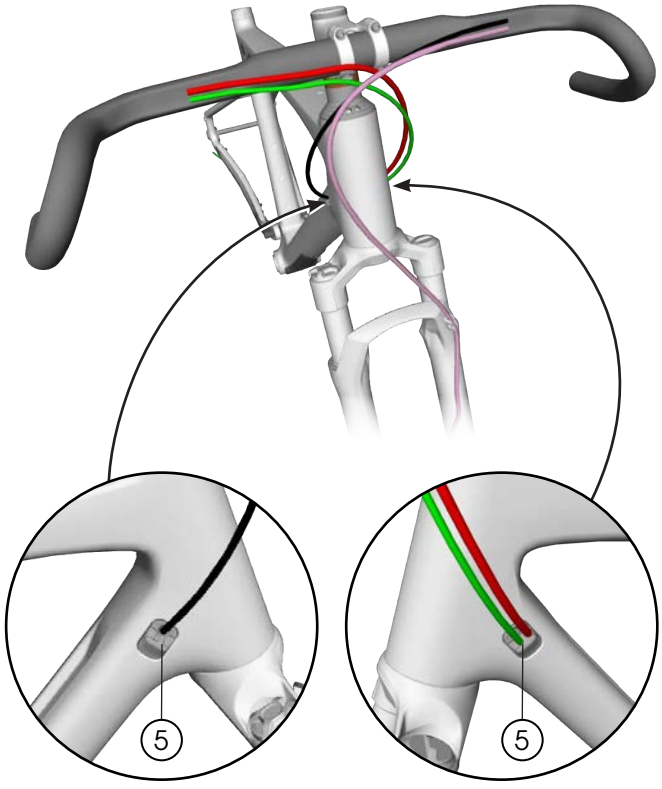


Plate if no cables are routed through head tube port.

1. Rear brake hose
2. Front brake hose
3. Rear derailleur cable*
4. Dropper post cable†
5. Cable entry guides — *W5317471*
6. Fasteners (M3 x 10 mm) — *W545633* 

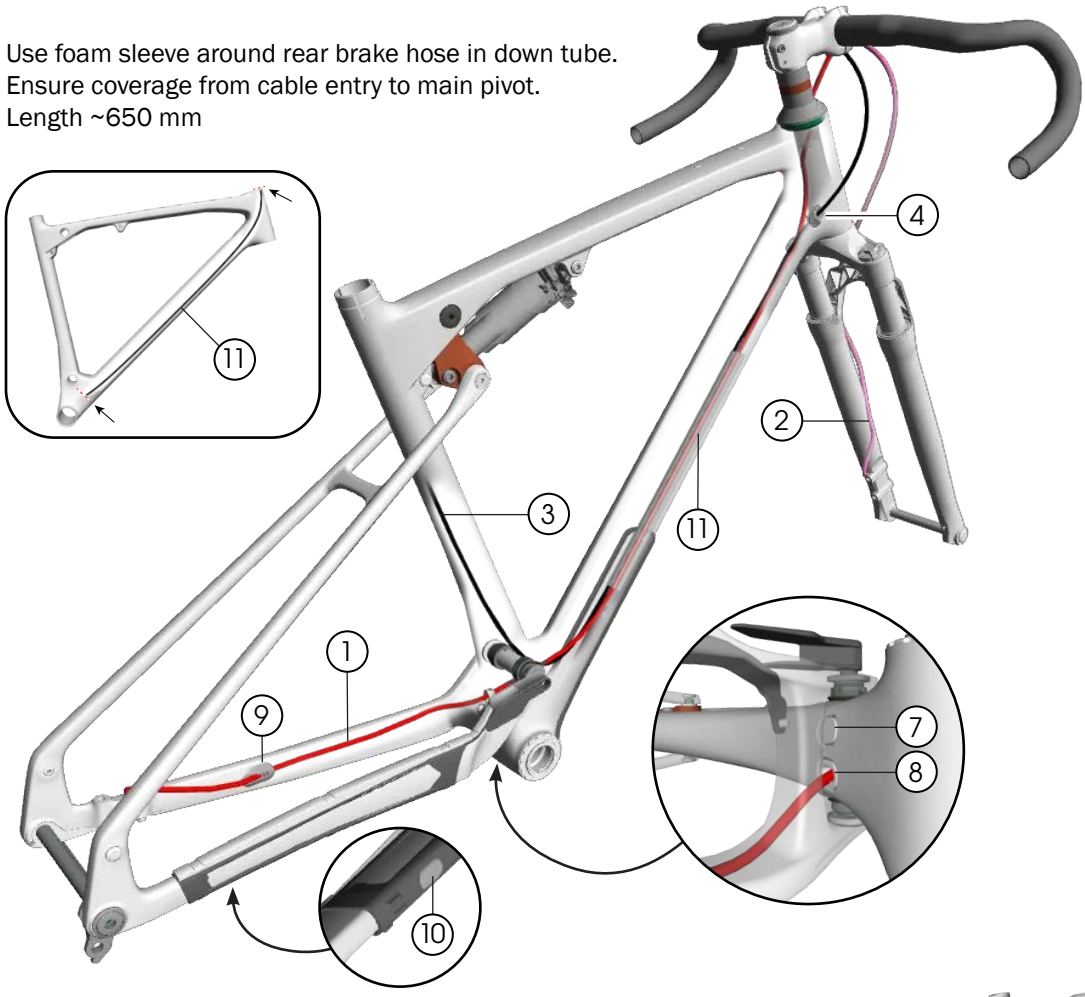
7. Plate — *W5317363*
8. Cable exit grommets — *W5255861*
9. Housing grommet — *W330578*
10. Foam sleeve — *W528082*

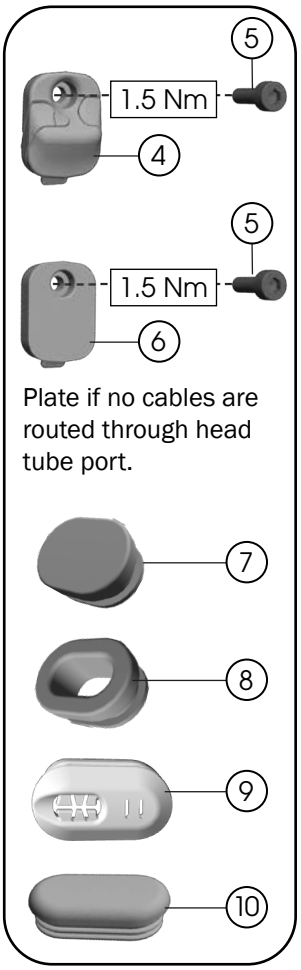


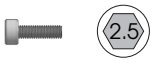
*CheckOUT SL is designed exclusively for 1x setup. Not compatible with 2x.
†Dropper post is available aftermarket.

Routing — wireless AXS

Use foam sleeve around rear brake hose in down tube.
Ensure coverage from cable entry to main pivot.
Length ~650 mm

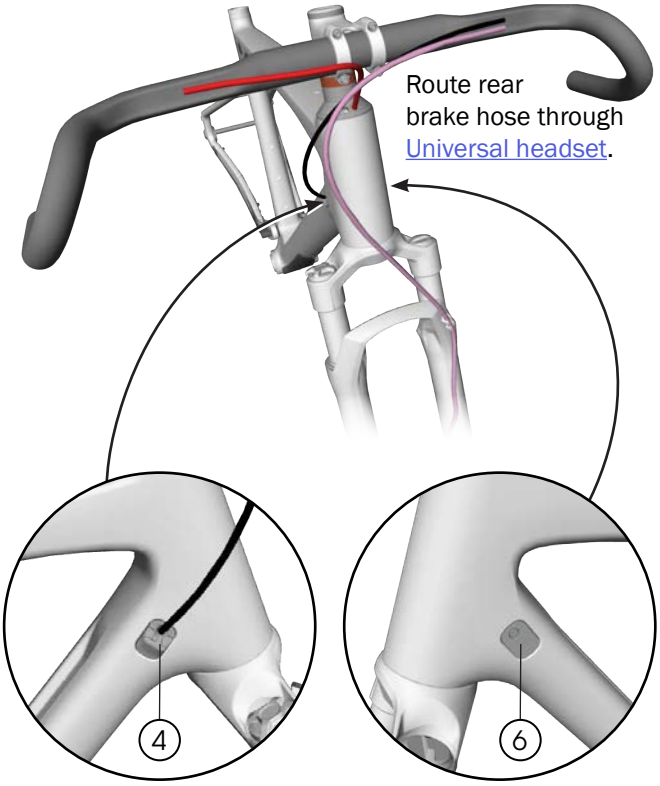




1. Rear brake hose
2. Front brake hose
3. Dropper post cable*
4. Cable entry guides — *W5317471*
5. Fasteners (M3 x 10mm) — *W545633* 

6. Plate — *W5317363*
7. Grommet — *W5256254*
8. Cable exit grommet — *W5255861*
9. Housing grommet — *W330578*
10. Plug — *W5259425*
11. Foam sleeve — *W528082*

*Dropper post is available aftermarket.

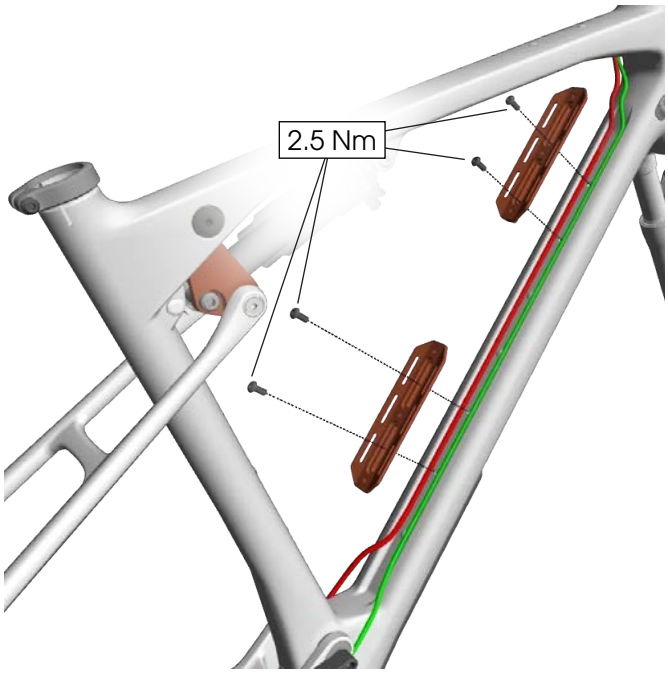


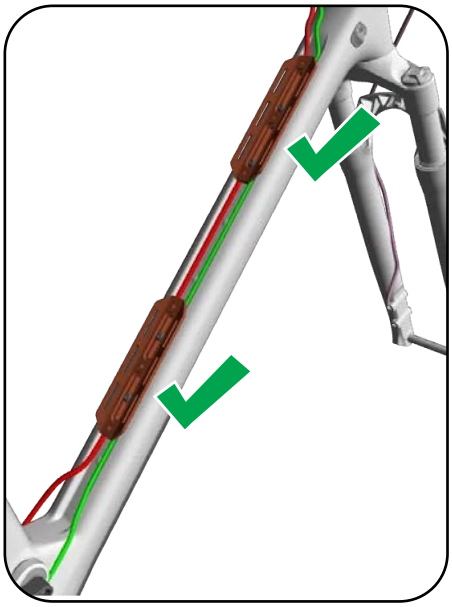
Routing — external alternatives

Trek recommends Routing — mechanical or Routing — wireless AXS. External routing options are intended to serve as a temporary solution.

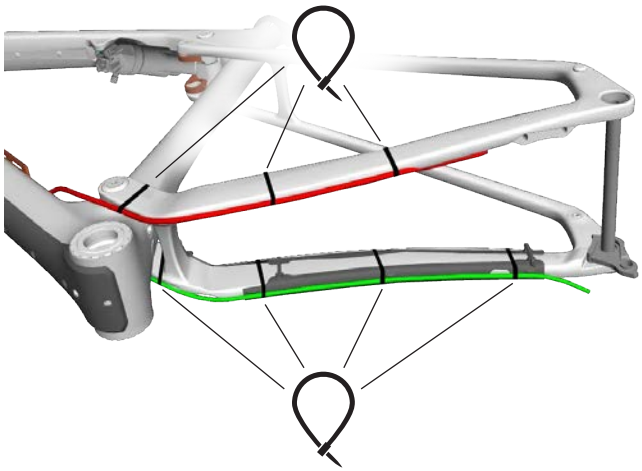
On down tube

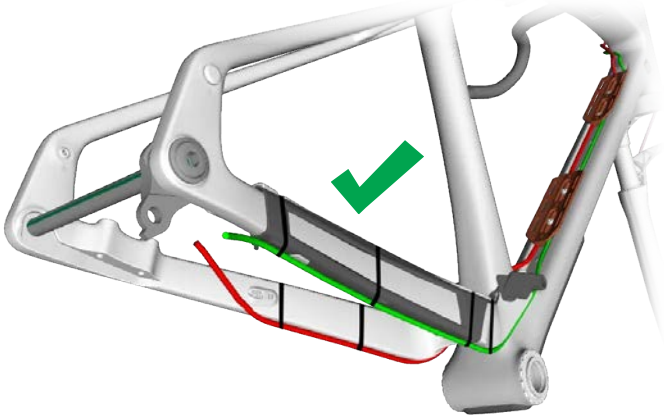
Rear brake and shifter cables can be routed in the recessed area of the down tube. Secure the cables under Trek adjustable multi-mounts.





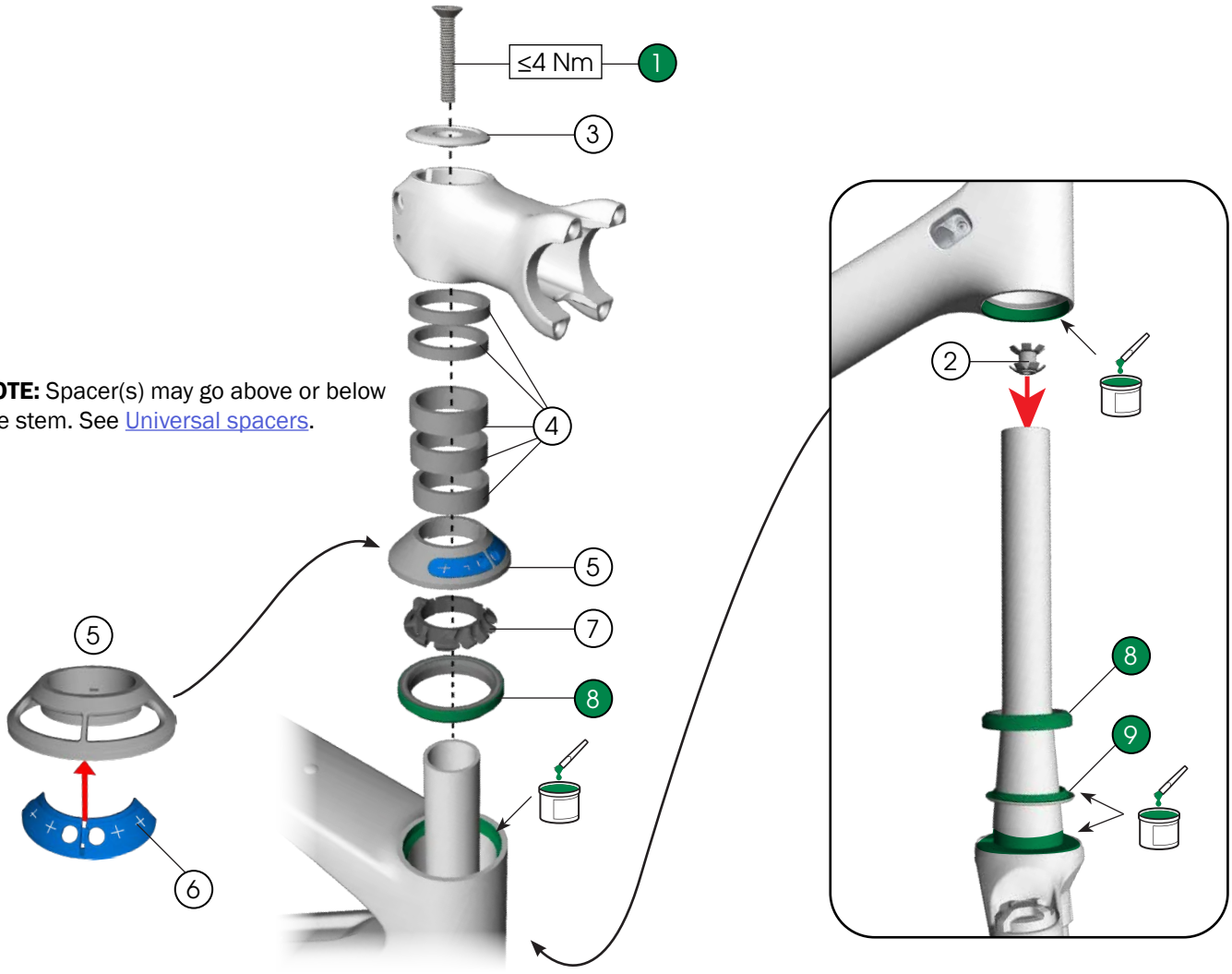
On swingarm





Rear cables can fit in grooves below the swingarm. Secure cables with zip ties.

Universal headset



NOTE: Spacer(s) may go above or below the stem. See Universal spacers.

1. Fastener (M6 x 35 mm) 
2. Star fangled nut
3. Top cap

   — *W545877*
4. Spacers (1-1/8" / 28.6 mm)

   5 mm — *5253930*
   10 mm — *5253931*
5. Bearing top cover
6. Bearing top cover grommet

   — *5328901*
7. Split ring — *W5315339*
8. Bearings — *W5322818*
9. Crown race — *W532844*

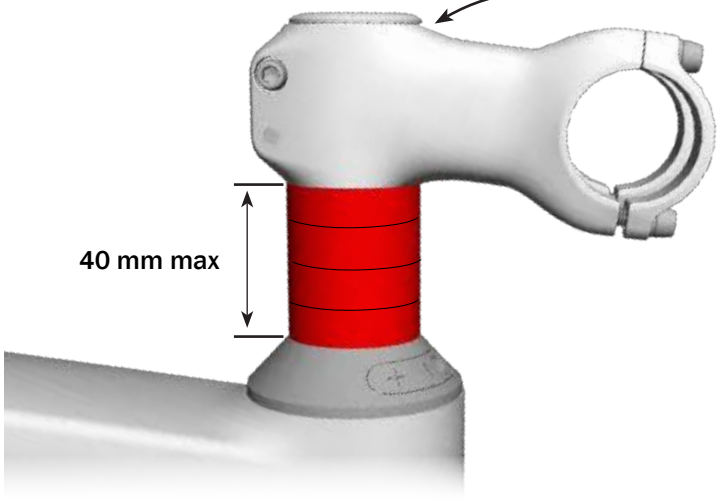
Universal spacers

NOTE: If you remove spacers below the stem, you must add the same height of spacers above the stem or cut the steerer tube.

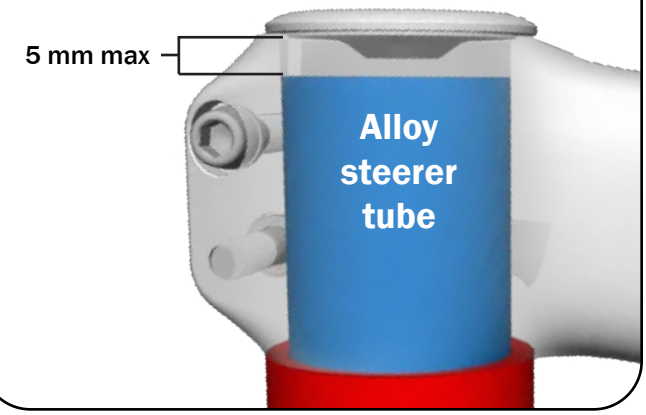
WARNING

Do not exceed 40 mm of headset spacers above or below the stem. If there are more than the maximum height of spacers, the steerer tube could become damaged and break, causing a crash resulting in injury.

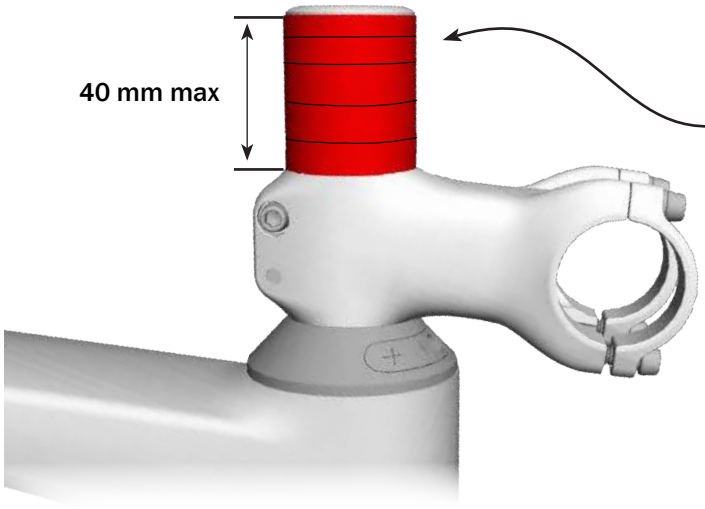
Below stem

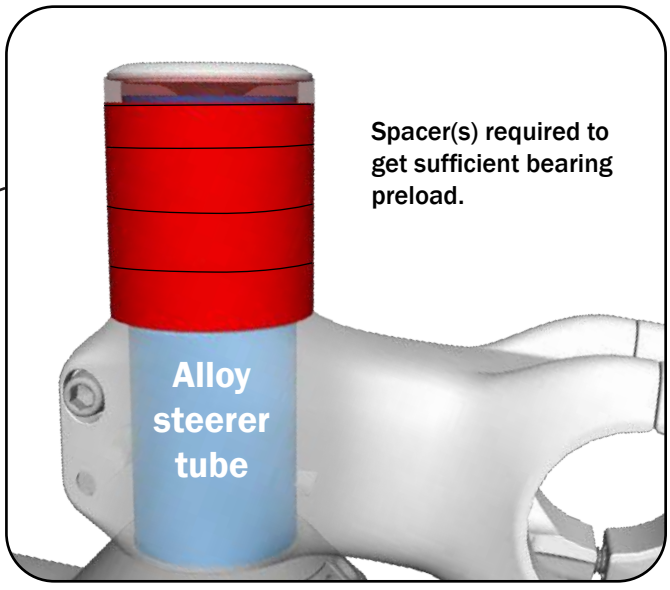


The steerer tube must sit flush or slightly below the top of the stem (2–5 mm).



Above stem



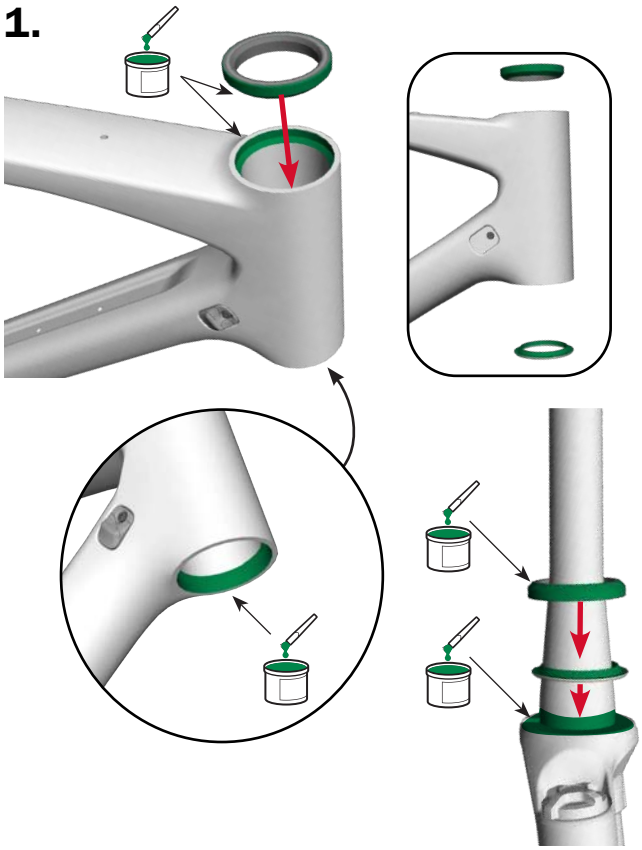


Universal headset installation

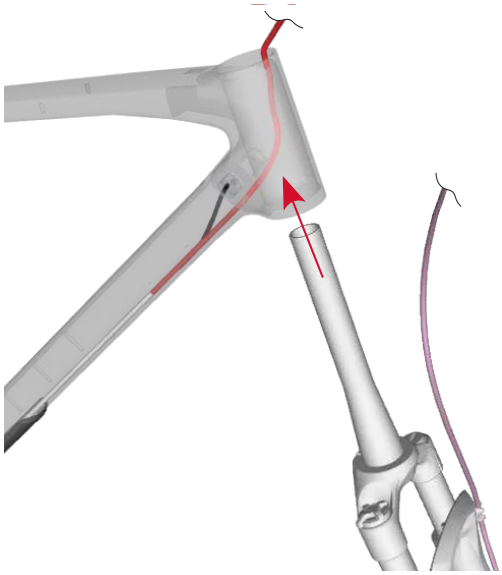
Before you begin:

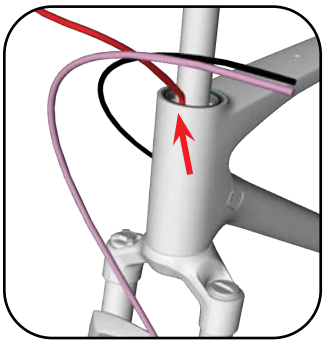
- Install derailleur and brake calipers.
- Route all cables/hoses through the frame and on fork and connect them to the derailleur/calipers. (See Routing — mechanical or Routing — wireless AXS).
- Make sure the steerer tube is the correct length for the stack/spacer height.
- Make sure the star fangled nut is installed inside the steerer tube.

1.



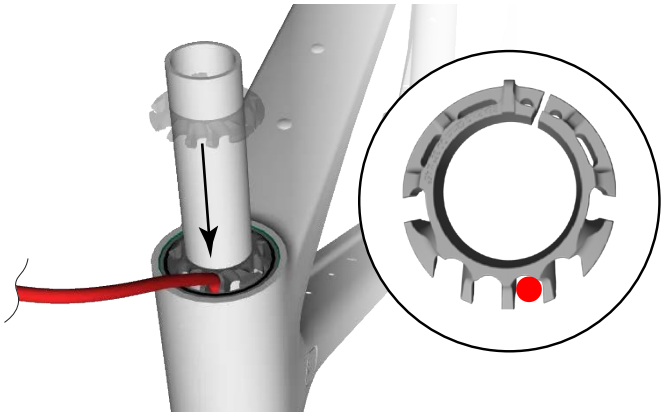
2.



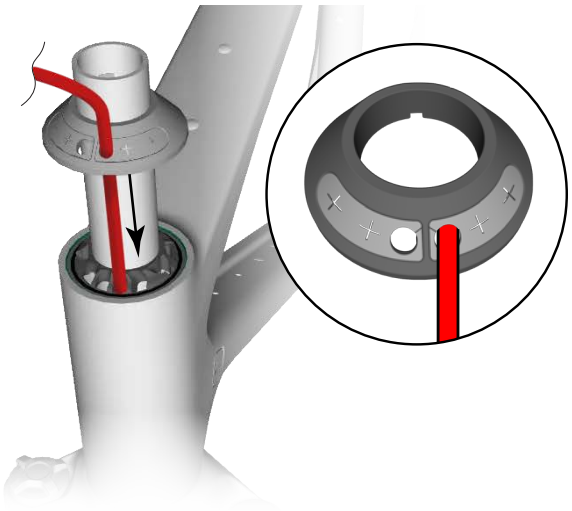


NOTE: For a wireless AXS build, route the brake hose through headset.

3.

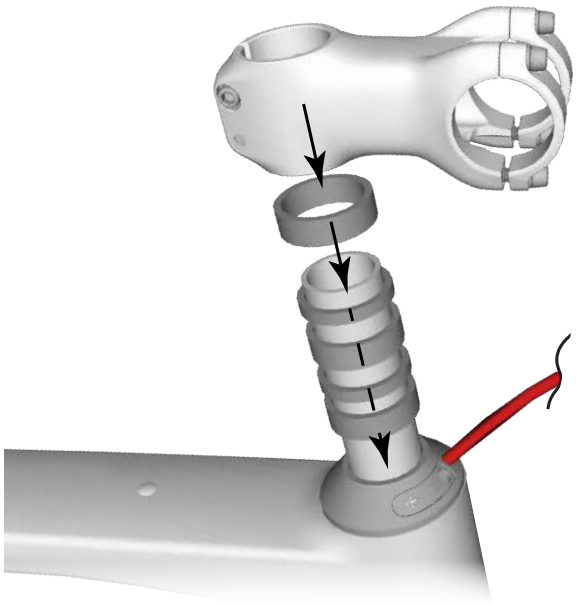


4.

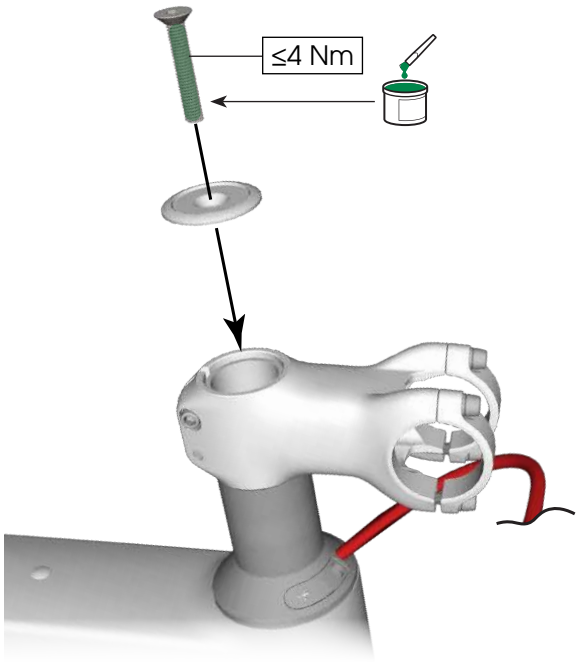


Universal headset installation (continued)

5.



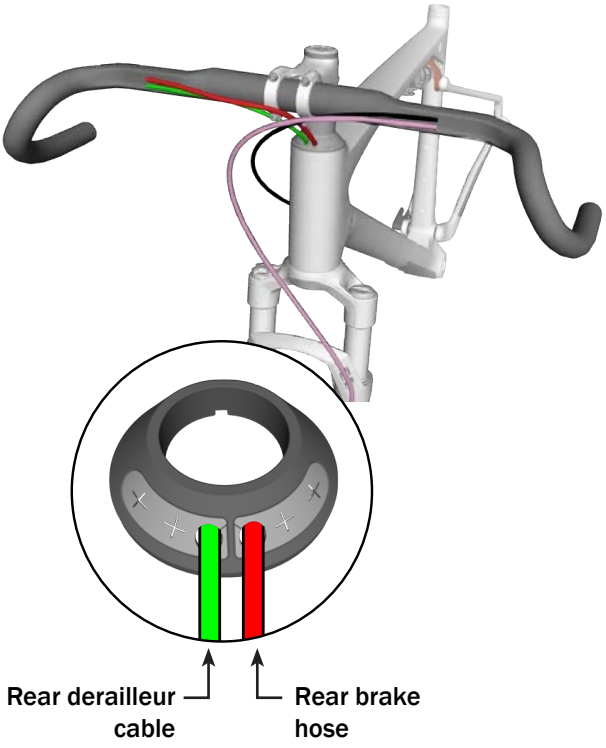
6.



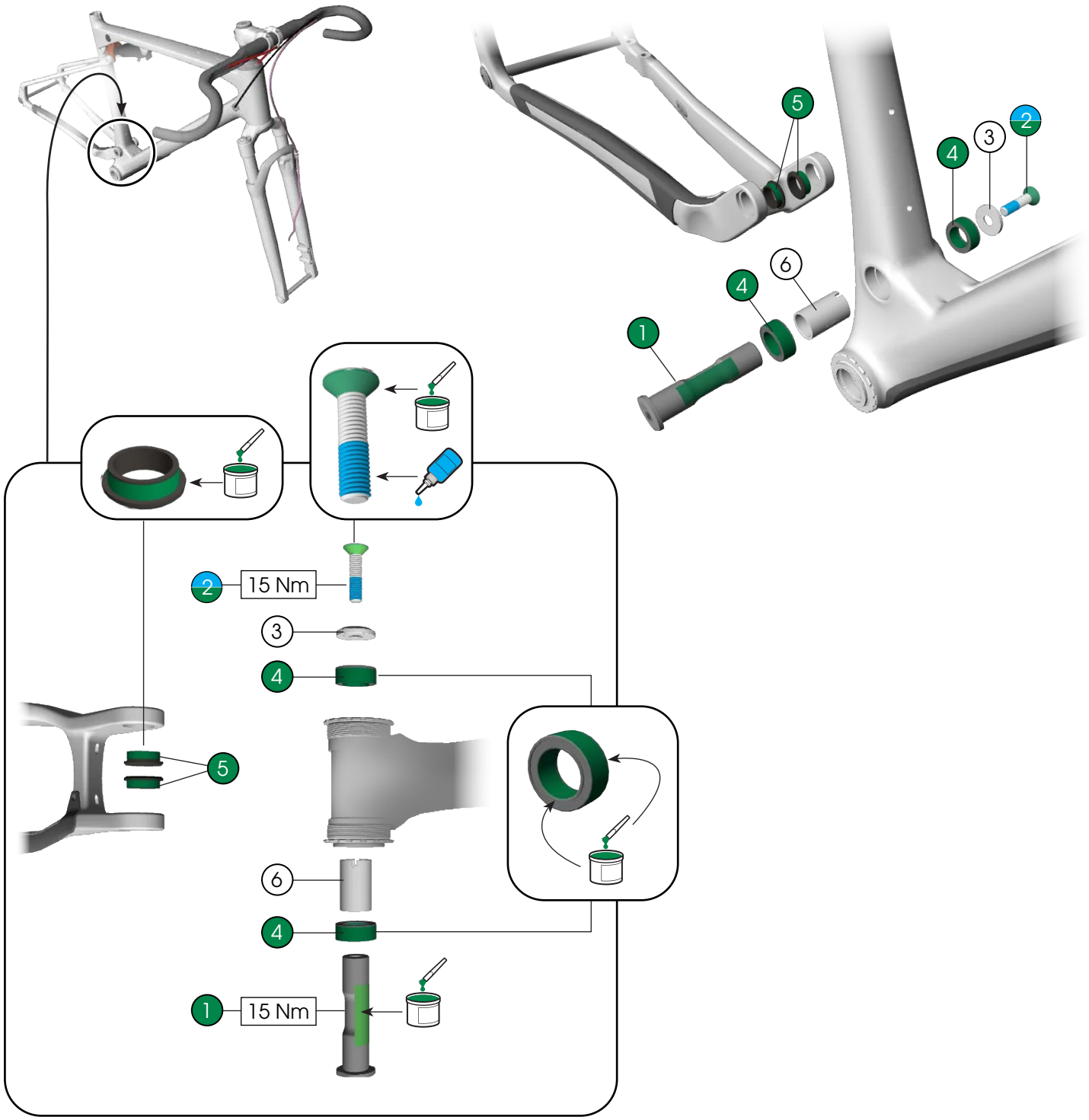
Headset routing alternative

Routing— mechanical

If you prefer internal routing through the headset:



Main pivot



1 Pivot axle, 73 mm (M8 x 25 mm) — *W5330835*

2 Fastener (M8 x 35 mm) — *W5270149*

3 Washer — *W5270024*

8 8

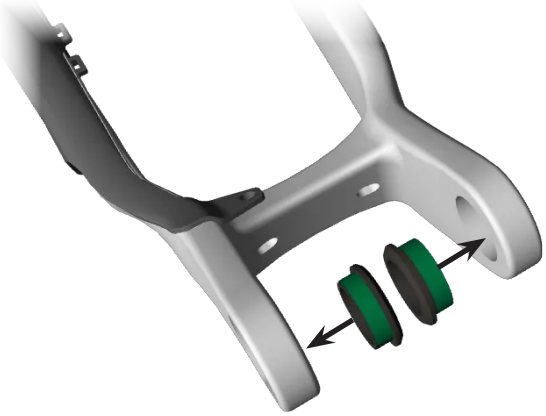
4 Bearings — *W5256338*

5 Hat Washers — *W5270023*

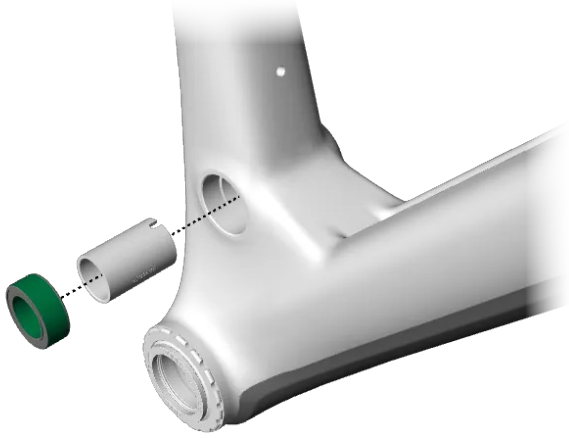
6 Sleeve spacer — *W5330836*

Main pivot installation

1. Install the hat washers into the swingarm.



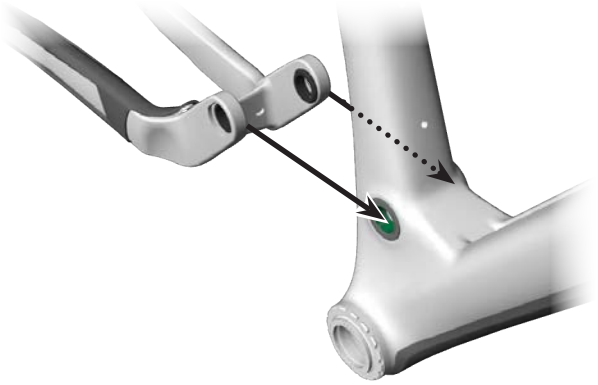
2. Install the driveside bearing and spacer into the main pivot.



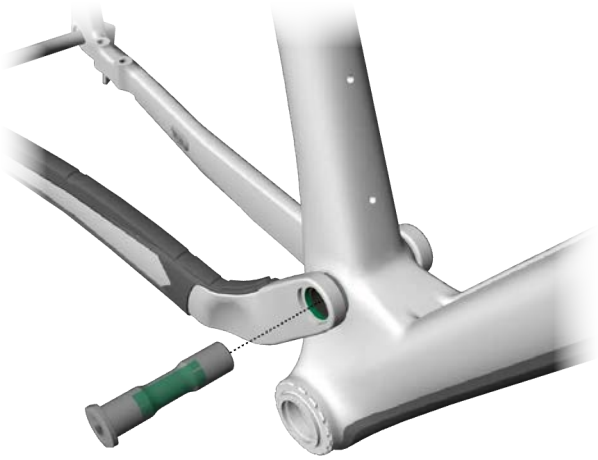
3. Install the non-driveside bearing.



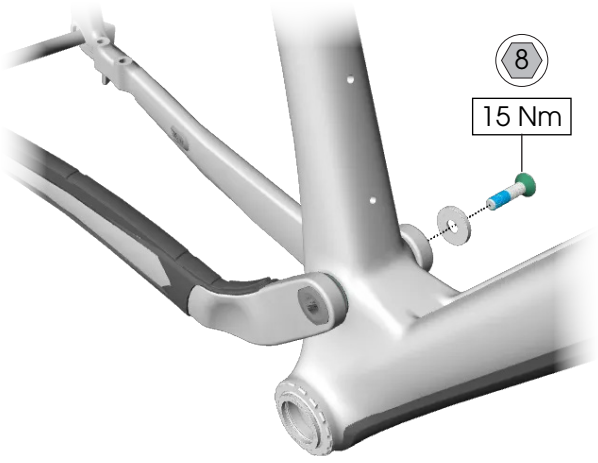
4. Position the swingarm around main pivot.
TIP: Gently squeeze the rear dropouts together to slightly open the front of swingarm, making it easier to install onto the frame.



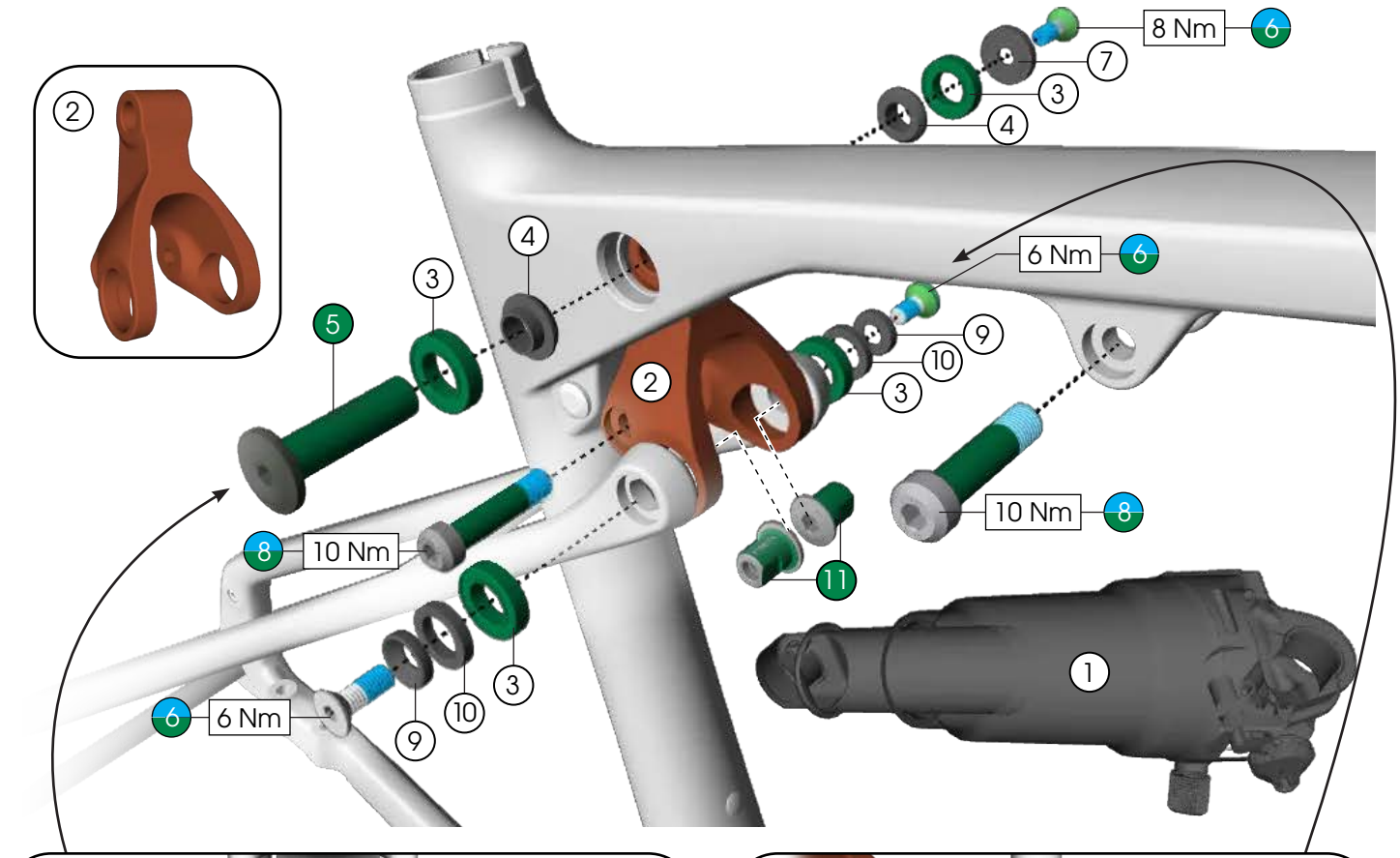
5. Insert the pivot axle into the driveside.

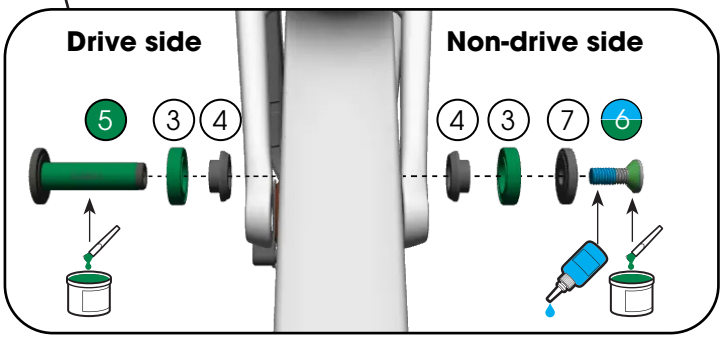


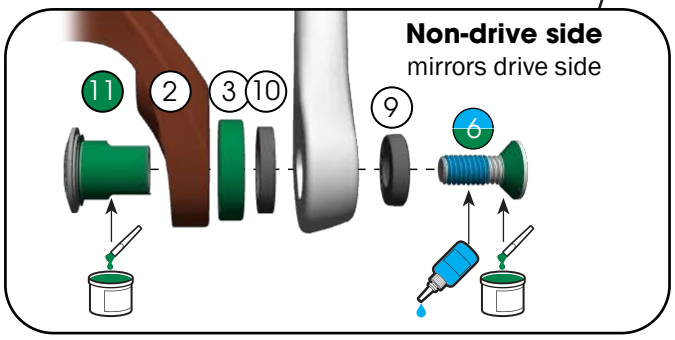
6.



Shock and swingarm link



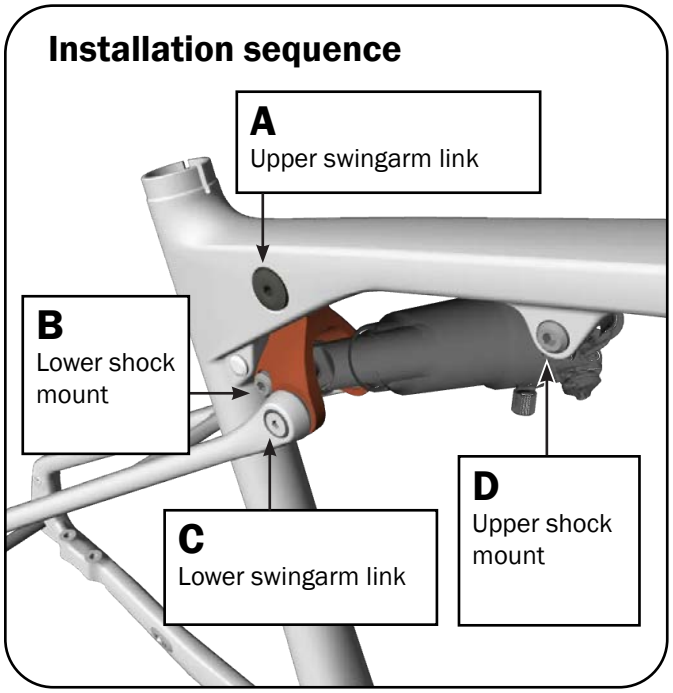




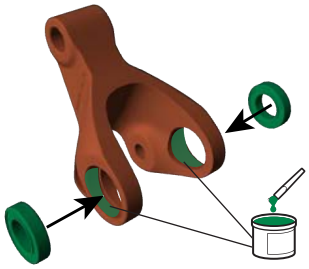
1. Shock — *SRAM.com part 00.4118.417.009*
2. Swingarm link
   - for S or M frames — *W5344465*
   - for ML, L or XL frames — *W5344464*
3. Bearings — *W5257592*
4. Hat washers — *W5257189*
5. Axle (M6 x 36 mm) — *W5330833* (5)
6. M6 x 16 mm — (4) — *5354045*
7. Cap — *W5270027*
8. M8 x 36 mm — (6) — *W5330949*
9. Washers — *W5330837*
10. Spacers — *5342622*
11. Axles (M6 x 15 mm) — *W5330834* (6)

Shock and swingarm link installation

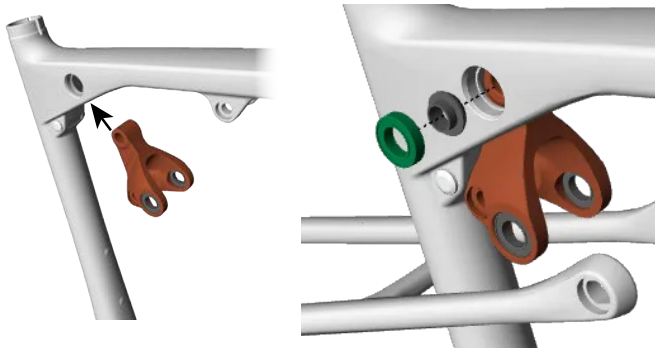
TIP: Before installing the shock, ensure the lower swingarm is attached to the Main pivot. This helps anchor the swingarm while installing the shock.



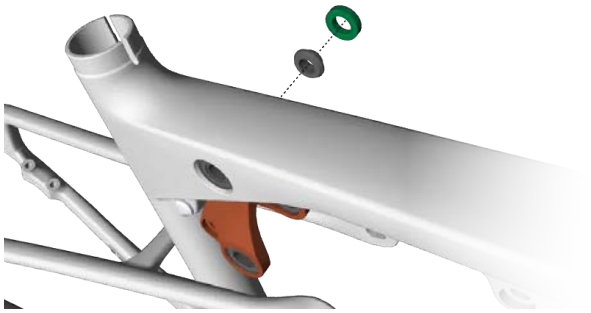
1. Install bearings inside the lower pivot of swingarm link. This is easier to do before the swingarm link is installed onto the bike.



2. Insert the swingarm link into the frame. **Install the driveside bearing and hat washer first.**

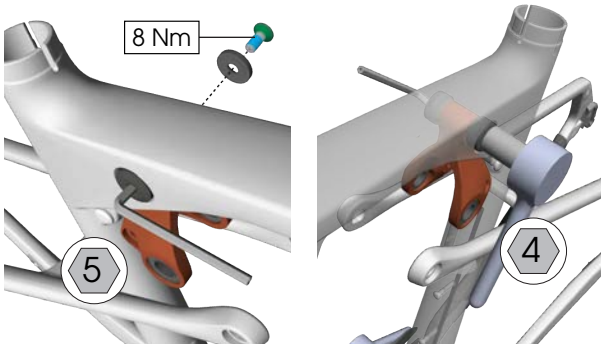


3. Install the non-driveside bearing and hat washer.

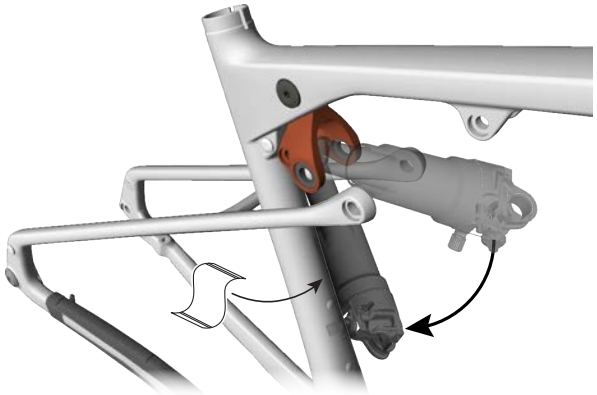


4. Hold axle with hex wrench while you tighten fastener.





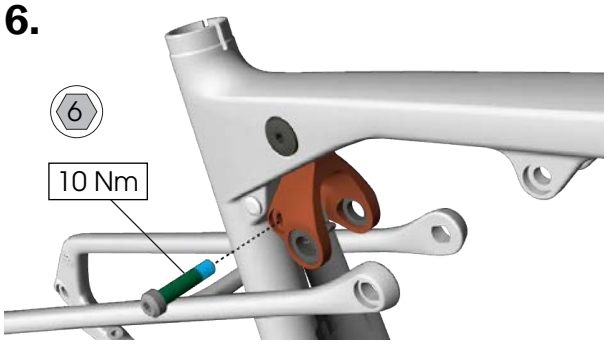
5. Orient the shock downward to allow clearance while you work.



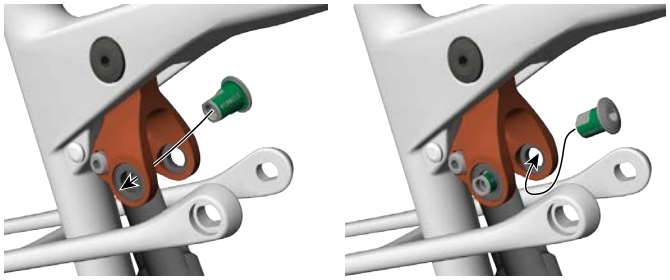
NOTICE: Add padding between the shock and frame to prevent scratches.

Shock and swingarm link installation (continued)

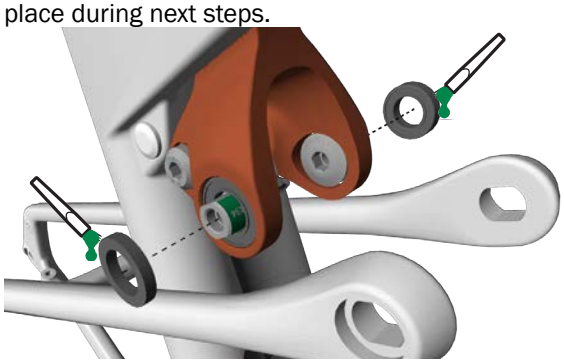
6.



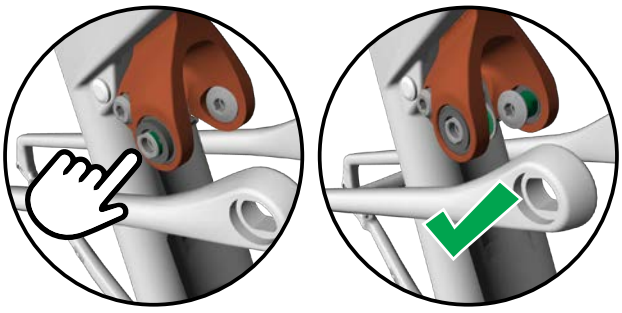
7. Insert both axles inside the swingarm link.

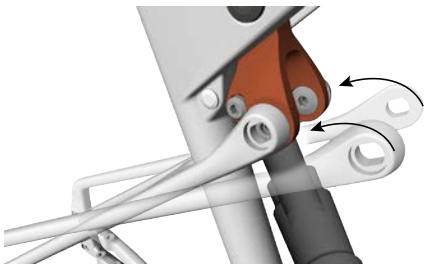


8. Add the spacers.
TIP: Dab grease on the spacers so that they stick in place during next steps.

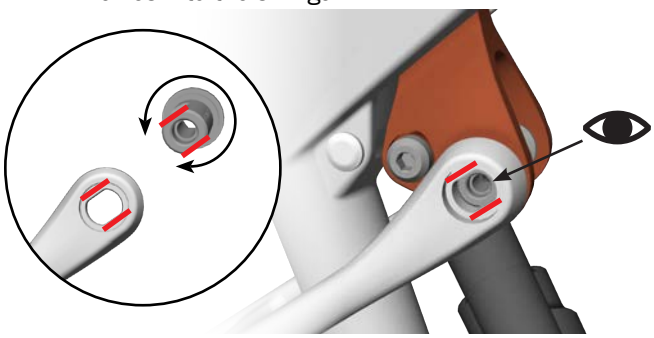


9. Push both axles and spacers so that they are flush with exterior surface of swingarm link. Slide the swingarm into alignment.

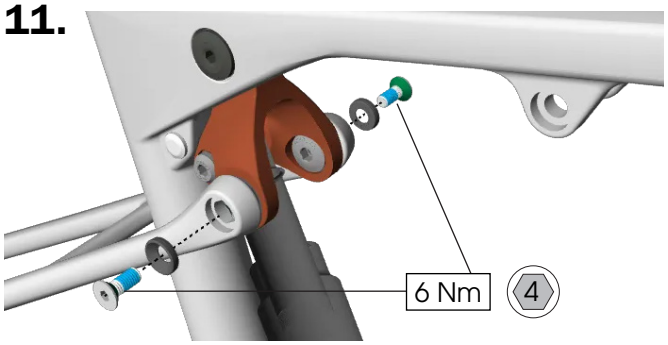




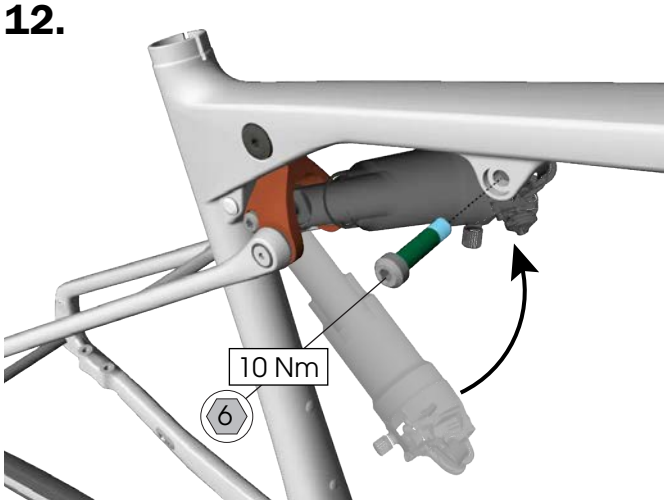
10. Use your finger or wrench to align the flats in axles with flats in both sides of the swingarm. Push the axles into the swingarm.



11.



12.



Recommended sag: Refer to the suspension calculator at Trekbikes.com/suspension-calculator

Swingarm and chainkeeper



1 Swingarm
- for S frame — *W5342639**
- for M frame— *W5342640**
- for ML, L, or XL frames — *W5342641**

2 Chainkeeper — *W5330527*

**black swingarm — see Trekbikes.com for full list*

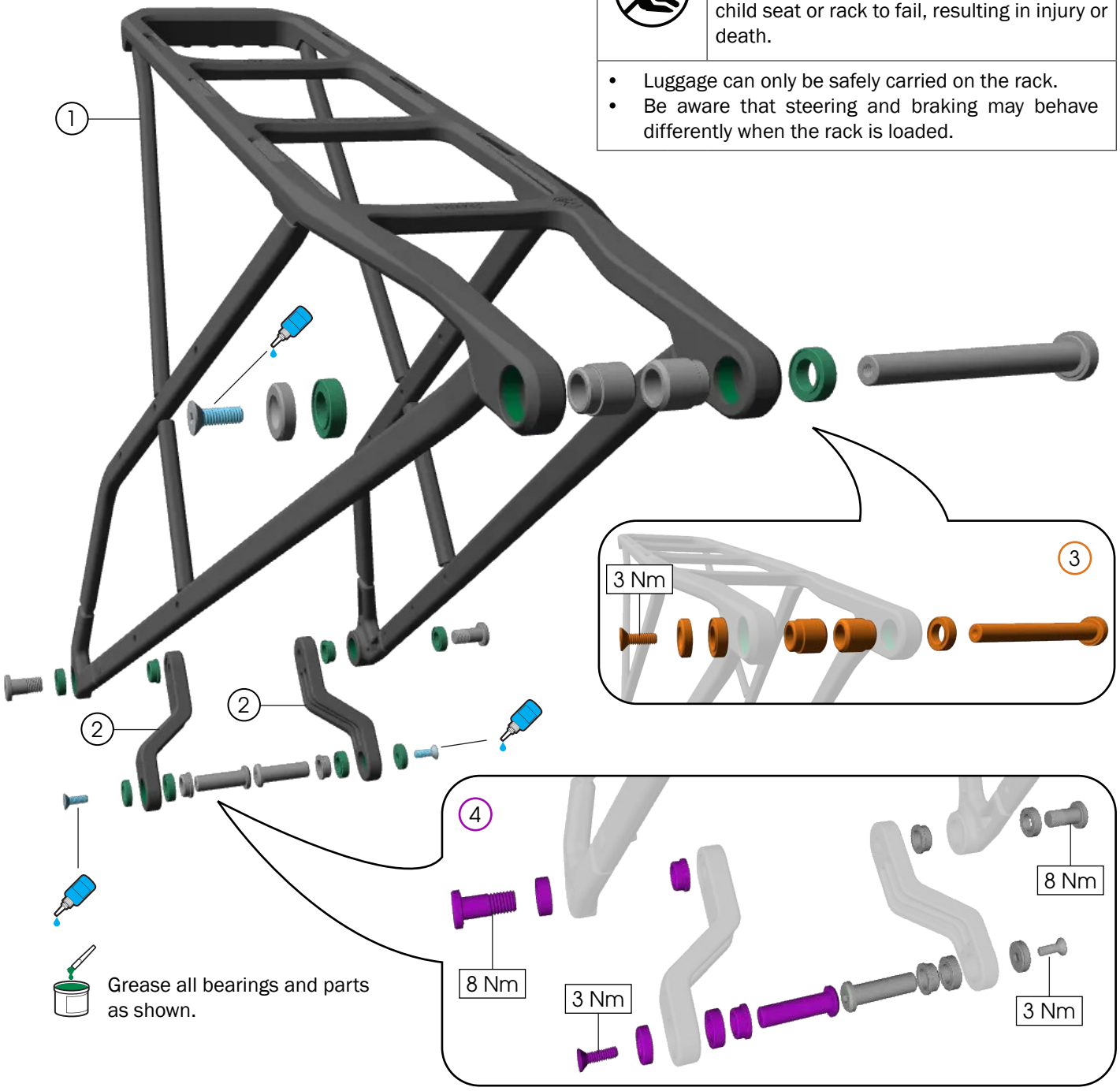
Rear rack

WARNING

Risk of serious injury or death.

Do not use a child seat with this rack. It is not compatible. Maximum load on the rack is 10 kg (22 lbs). Using a child seat may cause the child seat or rack to fail, resulting in injury or death.

- Luggage can only be safely carried on the rack.
- Be aware that steering and braking may behave differently when the rack is loaded.



1. Rack deck and tubes — *W5329849*
2. Lower links — *W5332436*
3. Upper mounting hardware kit — *5342475*
4. Lower mounting hardware kit — *5342476**

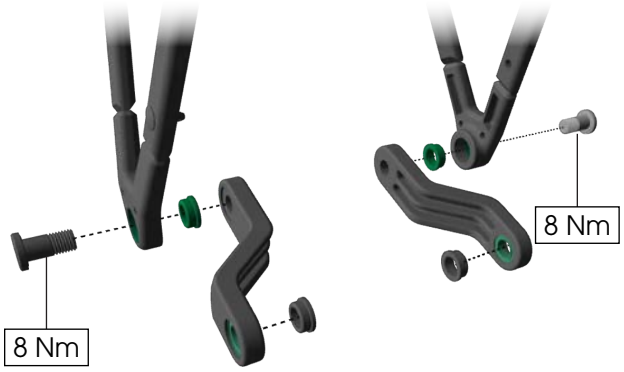
**Order quantity of 2 if parts are needed for both sides.*

Rear rack installation

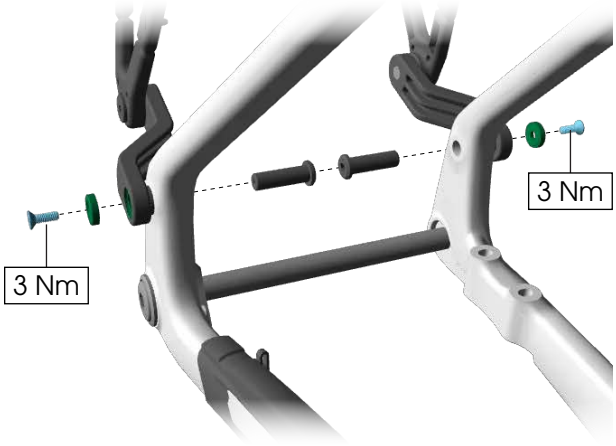
1. Install the bearings into the rack and lower links.



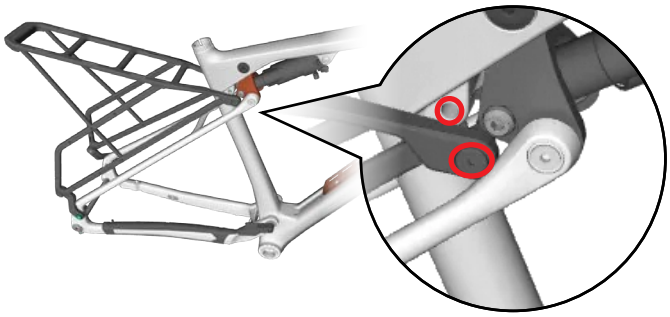
2. Attach the lower links to the bottom of rack frame.



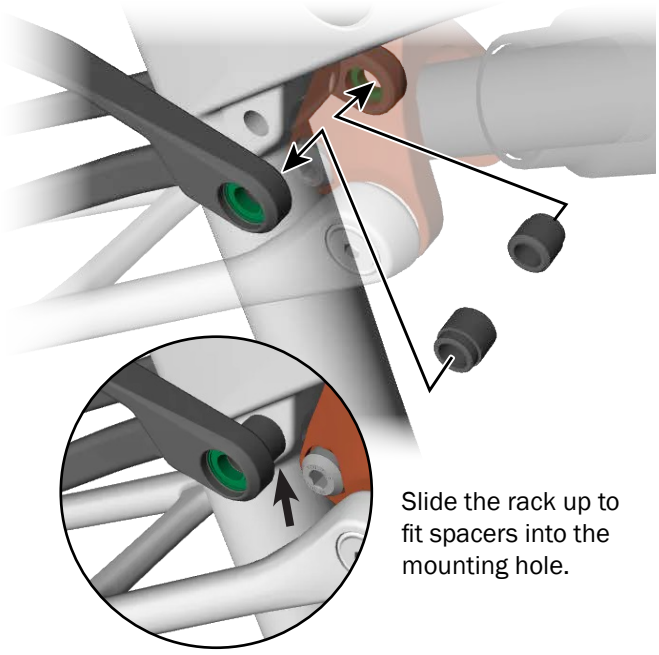
3. Align the lower links with the swingarm.



4. Align the top of rack slightly below the mounting hole near top of frame.

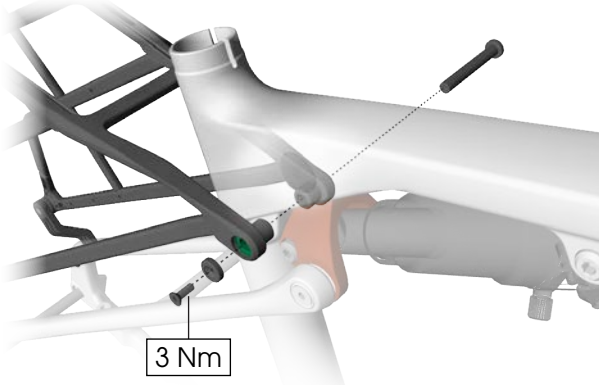


5. Insert the pair of spacers inside the rack.

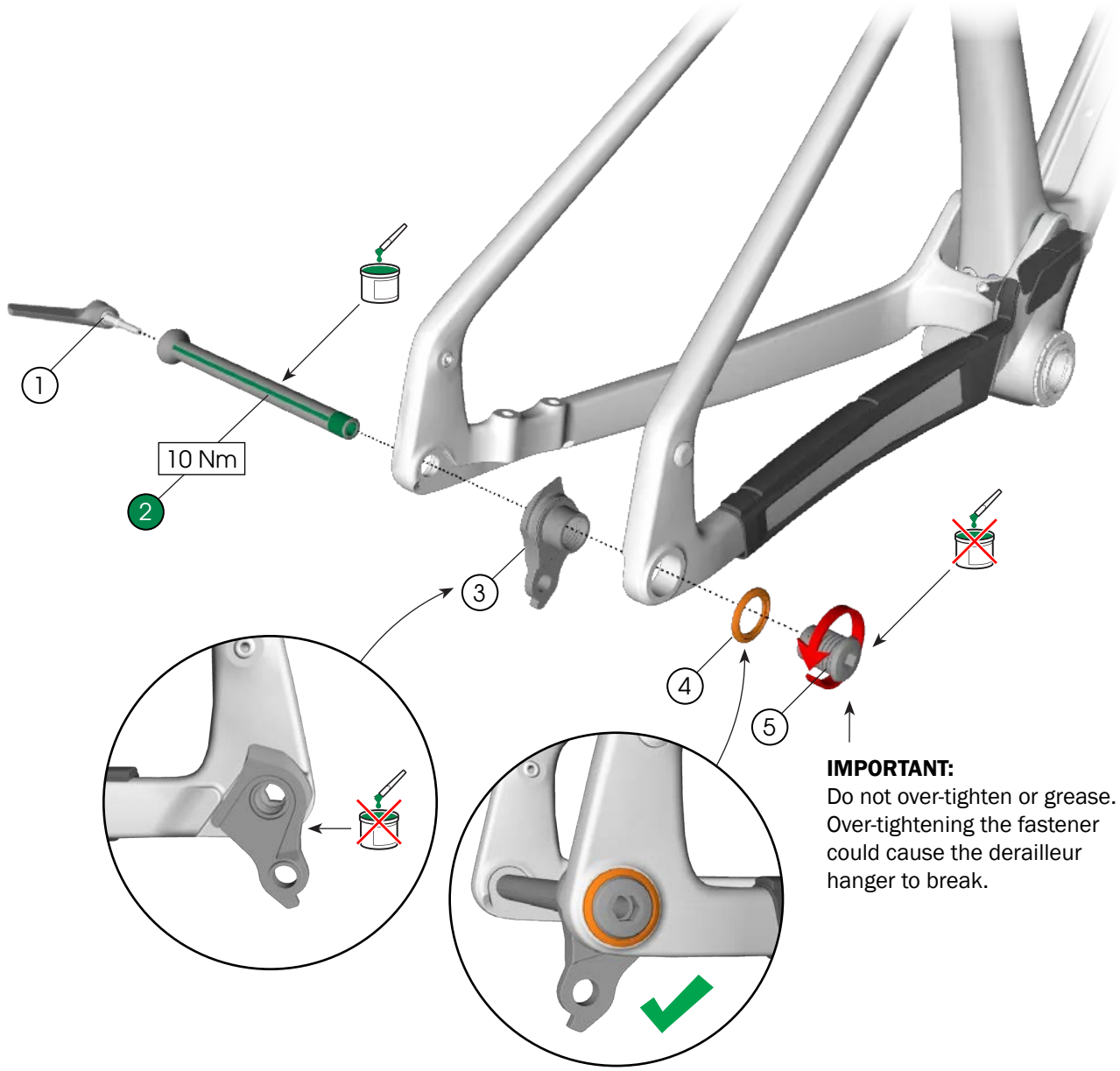


Slide the rack up to fit spacers into the mounting hole.

6. Slide the axle through the rack and frame. Secure with the screw and washer.



Universal derailleur hanger (UDH) and axle



IMPORTANT:
Do not over-tighten or grease. Over-tightening the fastener could cause the derailleur hanger to break.

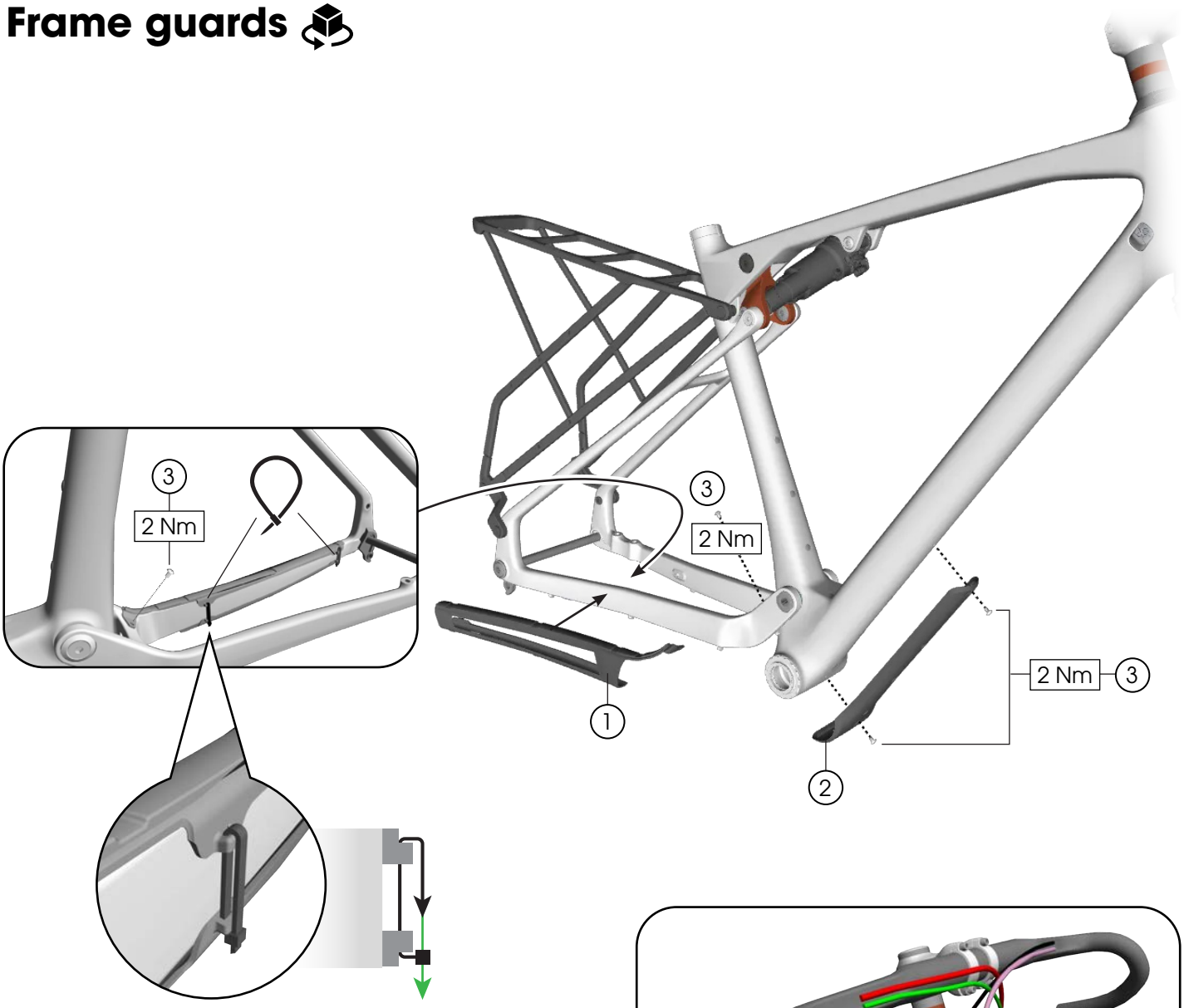
1. Switch lever (black) — **W5312899*
2. Rear axle (M12 x 166 mm) — *W5312169*
3. Derailleur hanger
4. Washer (25 mm)
5. Fastener (M12 x 16 mm) 8

— *W5271424*

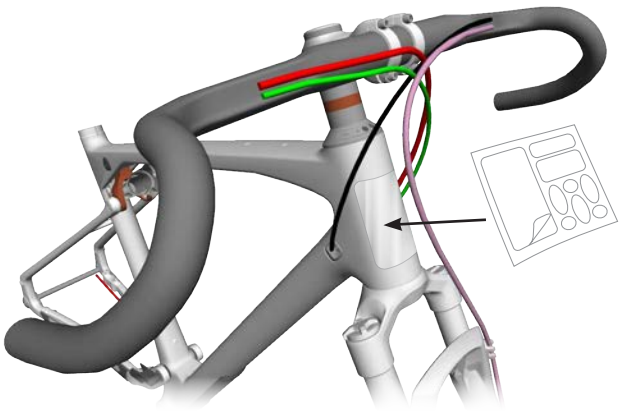
**color-matched part — see Trekbikes.com for full list*

For **front axle**:
Refer to sram.com for Rudy XPLR fork.

Frame guards



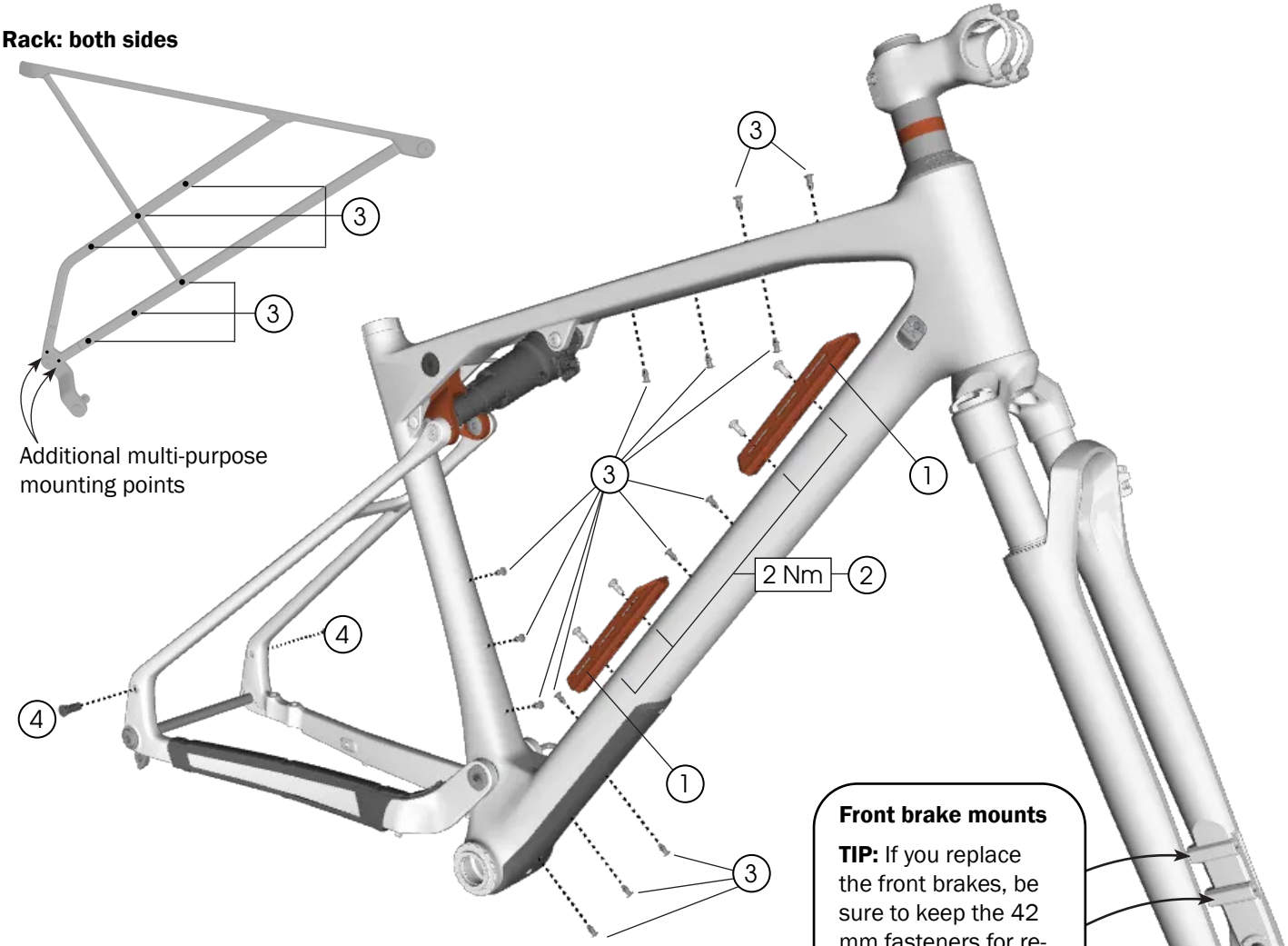
1. Swingarm guard — *W5330524*
2. Downtube guard — *W5328892*
3. Fasteners (M4 x 6 mm) — *W575056* 2.5



TIP: A sheet of clear adhesive paint guards are included with the bike. To prevent wear, apply them to the frame in spots where cables rub against it.

Frame and rack mounts

Rack: both sides



Front brake mounts

TIP: If you replace the front brakes, be sure to keep the 42 mm fasteners for re-installation.

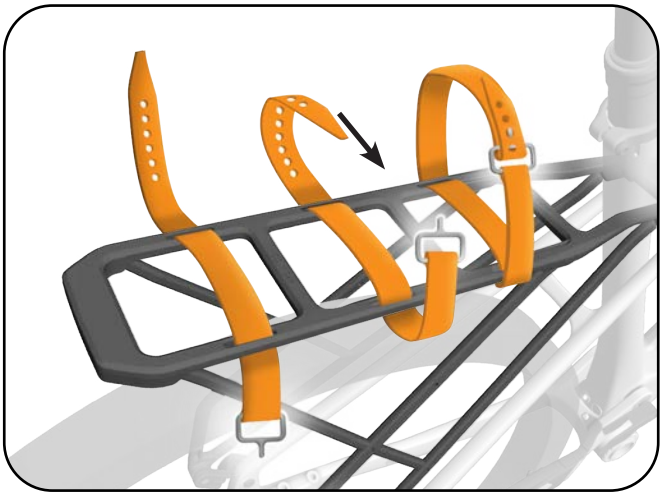


1. Trek adjustable multi-mount — *W5330523*
2. Fasteners (M5 x 12 mm) — *W584855*
3. Press-in plugs — *W308963*
4. Plugs (If you remove the rack) — *5342621*









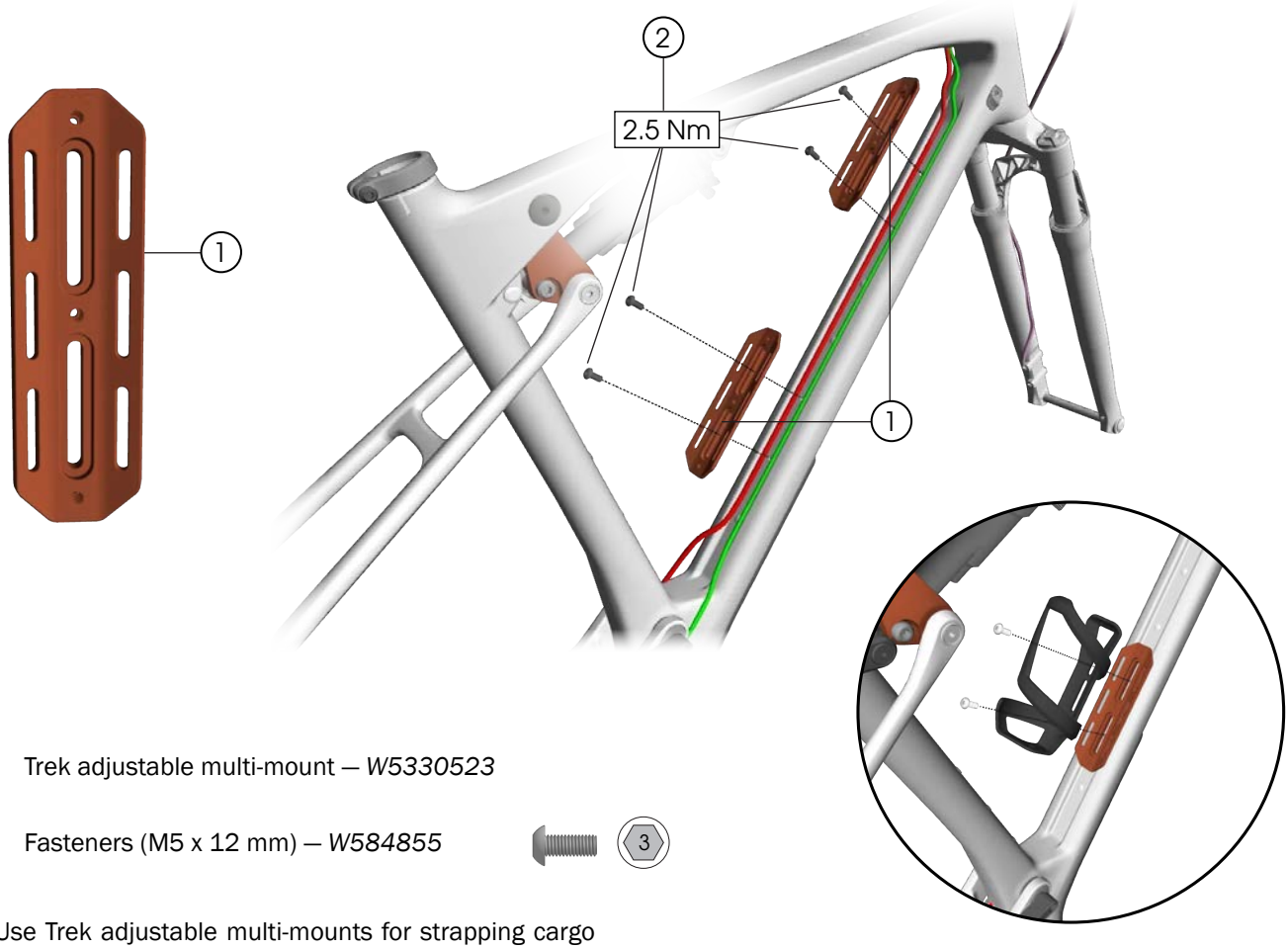
IMPORTANT:

- Rack is not designed to pull a trailer.
- Distribute gear evenly between both sides of the rack.

NOTE:

Maximum distance from wheel axis to the rack platform is 457 mm.

Trek adjustable multi-mounts

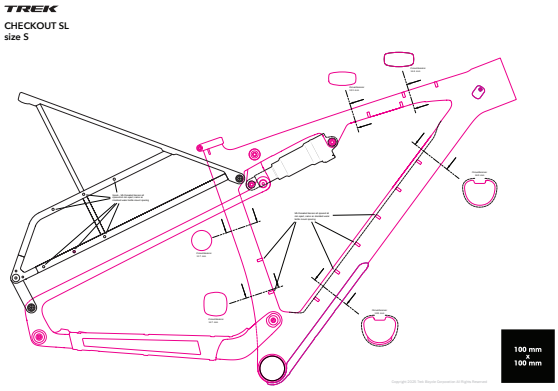


1 Trek adjustable multi-mount — *W5330523*

2 Fasteners (M5 x 12 mm) — *W584855*

TIP: Use Trek adjustable multi-mounts for strapping cargo or attaching bottle cages. They fit on the down tube, seat tube, or sides of the rack.





Frame bags

What can fit on your frame?

Templates are available to download for every CheckOUT frame size.
Dealers: CheckOUT frame templates
Consumers: CheckOUT frame templates

Specifications

Frame

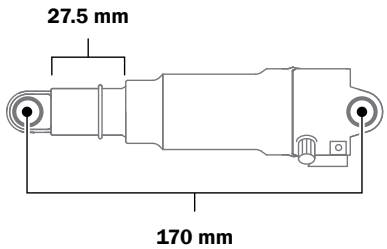
		CheckOUT SL
Hub OLD	Front	100 mm
	Rear	142 mm
Fork steerer tube OD	Upper	28.6 mm / 1-1/8"
	Lower	38.8 mm / 1-3/8"
Bottom bracket type/width		T47/85.5 mm
Brake rotor diameter min/max	Front	160/180 mm
Brake rotor diameter min/max	Rear	160/180 mm
Chainstay brake mount thickness		25 mm
Tire width max 700c		*55 mm on 25 mm rim
Fender compatible	Rear	No
	Front	No
Dropper post compatible		Yes
Front derailleur compatible		No

**as measured when the tire is seated on the rim*

Chainline/chainring

	Chainline	Chainring teeth (T)	
		Min	Max
Shimano GRX	49 mm	34T	38T
SRAM Wide	47.5 mm	34T	38T

Shock dimensions



Both ends: 20 mm wide hardware

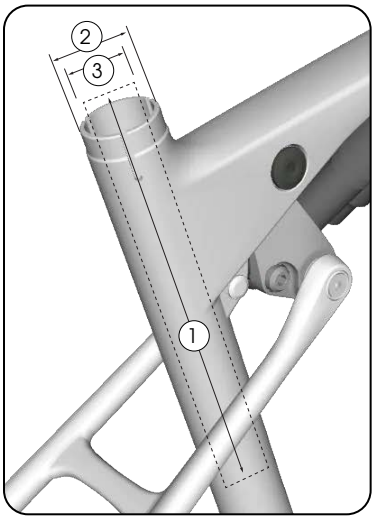
Suspension fork

Only compatible with 470 mm axle to crown forks.
Not compatible with 100 mm suspension forks.

Seatpost

WARNING

Always follow the seatpost manufacturer's minimum insertion recommendation. Failure to follow the recommendation could cause damage to the seatpost and result in injury to the rider.



1	**Maximum insertion**	**S**	212 mm
		M	212 mm
		ML	212 mm
		L	252 mm
		XL	252 mm
2	**Seatpost OD**	31.6 mm	
3	**Seatpost clamp ID**	36.4 mm	

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For product help or inquiries:

Please visit trekbikes.com/contactus
or call Customer Care.