



ResMed

AcuCare™
Hospital disposable masks



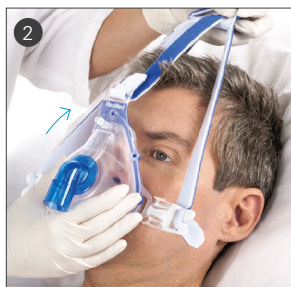
Quick setup guide



Sizing and fitting guide for AcuCare masks



- Use the sizing template on the packaging to determine the correct mask size for your patient.



- Position the mask cushion over the nose and mouth, and pull the headgear over the head.



- While holding the mask against the face, pull each of the side straps back along the side of the face. The straps should pass below the ears.



- The side arms on the mask should bend back as the straps are tightened.



- Gently adjust the top strap.



- Start ventilation according to the ventilator system operating instructions and connect the mask to the ventilator system.



- If air leaks around the cushion, reposition the mask on the face to achieve a better seal. Readjust the headgear straps if necessary.

TIP: Do not overtighten the straps; air fills the dual-wall cushion and provides a comfortable seal. For the best seal, the side straps should be tighter than the top strap.

Note: These are generic fitting instructions for the AcuCare mask range. Always refer to your mask user guide for details on the correct use of the mask.



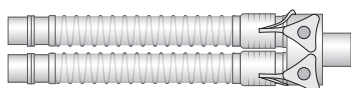
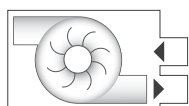
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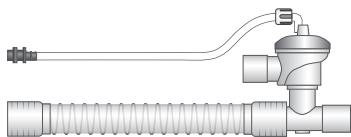
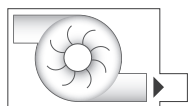
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Optimize therapy with AcuCare masks and circuit selection

NOTE: The circuit pairings below follow the standard of care, but are examples only. Clinicians should choose circuits and ventilator settings based on their best judgement of a patient's needs. For a full list of compatible ResMed devices, refer to the mask-device compatibility guide in the Mask Support section of ResMed.com.



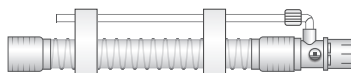
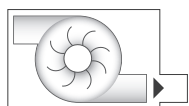
Double limb



Single limb with expiratory valve



AcuCare™ F1-0
Hospital non-vented full face mask

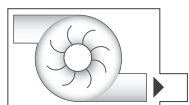


Single limb with leak port

(Pressure line optional depending on ventilator in use)



AcuCare™ F1-1
Hospital non-vented full face mask with AAV



Single limb

(To be used with a 22 mm male-to-male circuit adapter if a 22 mm male ISO connector is not available)



AcuCare™ F1-4
Hospital vented full face mask



Tips to help you encourage your patients to quickly acclimatize to NIV*

Selecting the right equipment

- Consider the ventilator being used when matching the appropriate circuit and AcuCare mask:
 - **F1-0 Non-vented mask:** Double limb circuit and single limb circuit with expiratory valve
 - **F1-1 Non-vented mask with AAV:** Single limb circuit with exhalation and/or leak port
 - **F1-4 Vented mask:** Single limb circuit
- Consider using filters or a humidifier.
- Choose the correct AcuCare mask size (using the fitting template on the mask packaging).

Setting up

- Set up your equipment per the manufacturer guidelines.
- Explain the therapy to your patient.
- Place your patient in an upright sitting position to optimize lung expansion.

Starting NIV

- Coach and educate your patient throughout therapy.
- Make sure your patient is comfortable throughout therapy.
- Start therapy at a low pressure and slowly increase to the desired settings, in accordance with standard clinical practice, per patient requirements as determined by the clinician.
- Titrate the level of oxygen, inspiratory and expiratory positive airway pressures (IPAP/EPAP or PS and PEEP), per patient requirements as determined by the clinician.
- Manage mask leak by adjusting mask placement and straps as needed to ensure a proper fit while minimizing overtightening.

*Reference user guides for all equipment used to deliver NIV therapy, as their instructions may influence any or all of these acclimation tips. Clinicians may make treatment decisions in accordance with standards of care, best practices or per their individual patients' needs.



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