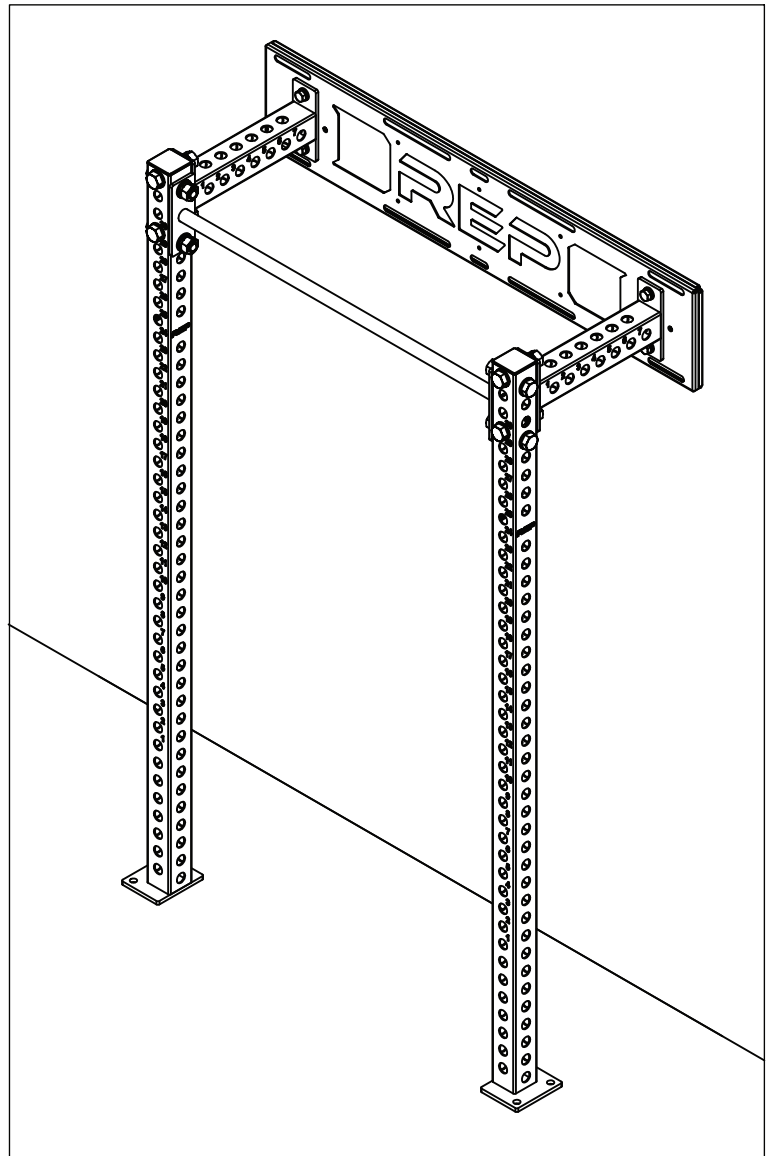


REP

ASSEMBLY INSTRUCTIONS

WALL-MOUNTED RACK 4000 SERIES & 5000 SERIES



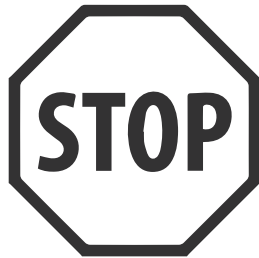
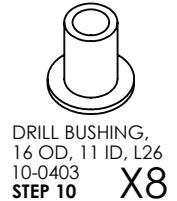
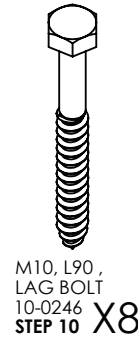
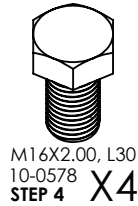
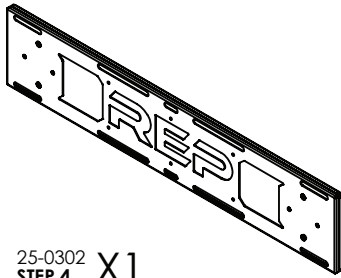
STILL NEED HELP WITH ASSEMBLY?
VISIT OUR ASSEMBLY LIBRARY HERE:
HELP.REPFITNESS.COM



WWW.REPFITNESS.COM

45-0194-V1

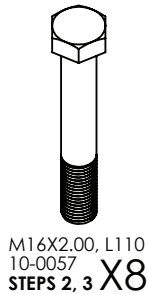
PARTS LIST



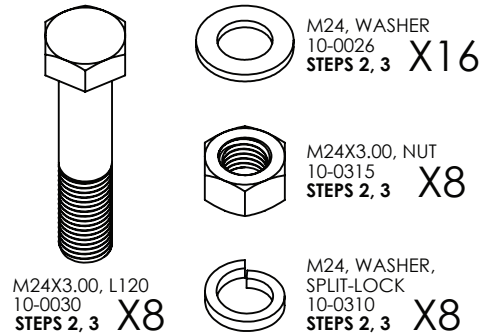
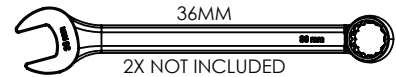
If you are missing
any parts, or
otherwise have
any warranty issues,
please file a
warranty claim
on our website:



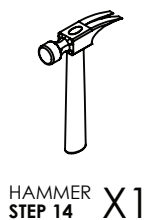
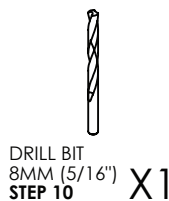
4000



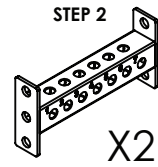
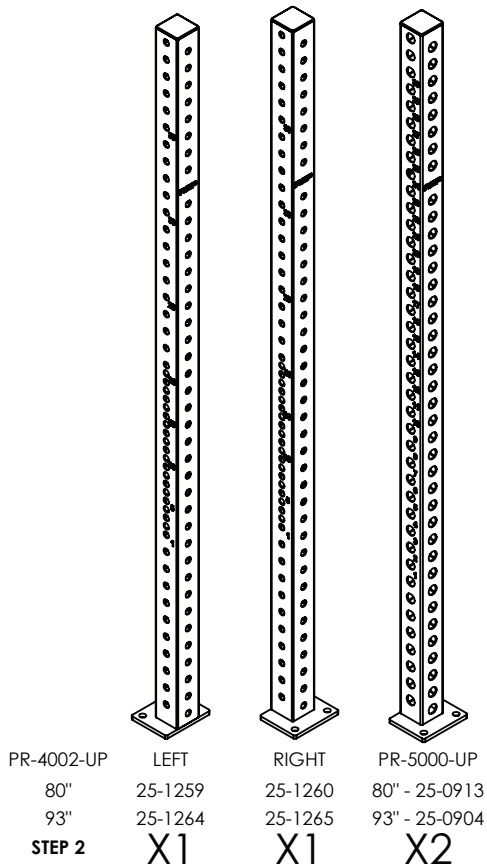
5000



TOOLS REQUIRED - NOT INCLUDED

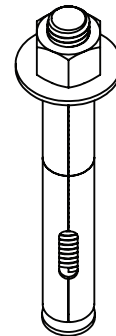


PARTS LIST

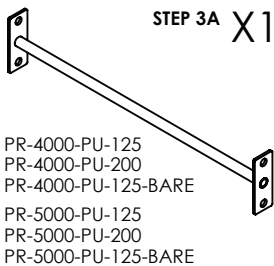


PR-4002-CR-16
PR-4002-CR-24
PR-4002-CR-30
PR-4002-CR-41

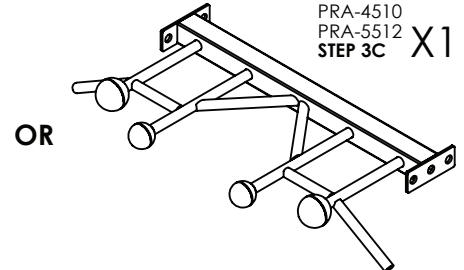
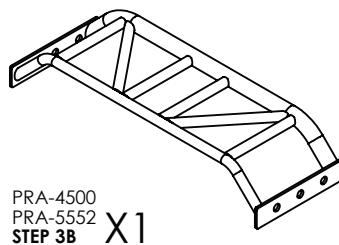
PR-5000-CR-16
PR-5000-CR-30
PR-5000-CR-41



M12X1.75, L90,
SLEEVE ANCHOR
10-0143
STEP 13 X4

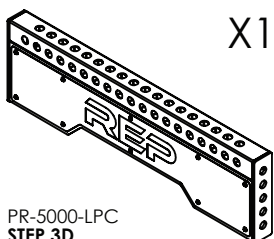


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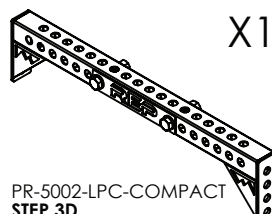


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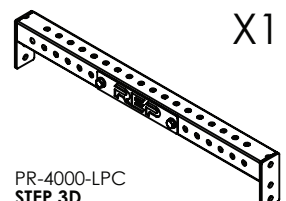
OR



OR



OR



SAFETY

TWO-PEOPLE ARE STRONGLY ENCOURAGED FOR SAFETY.

A LADDER OR STEP-STOOL IS RECOMMENDED FOR EASE OF INSTALL.

ENSURE RACK IS TIGHTLY SECURED TO THE WALL AND THE FLOOR BEFORE USE.

ENSURE ALL RACK HARDWARE IS TIGHT BEFORE USE.

1

-USE STUD FINDER ON SELF (JUST KIDDING)

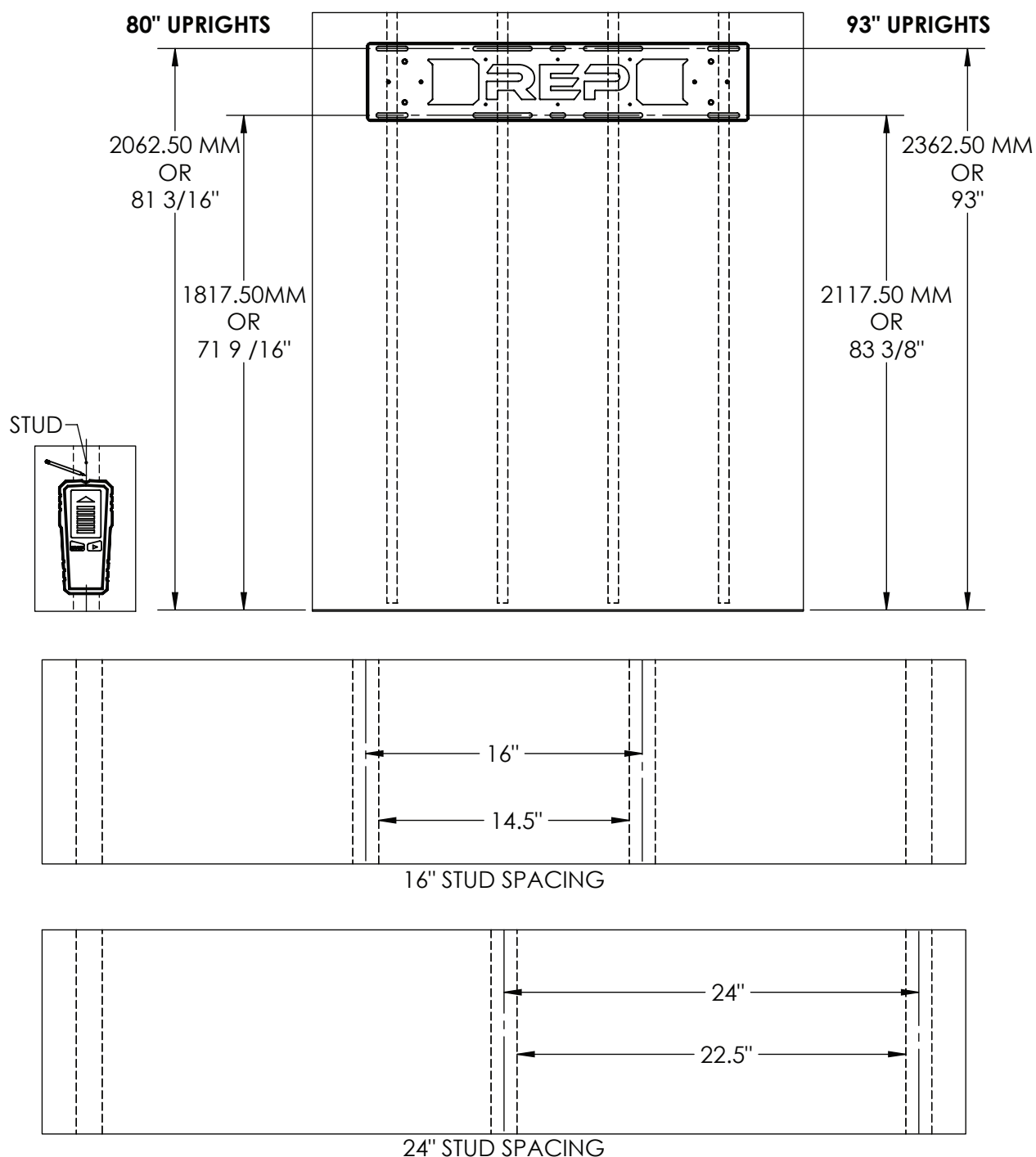
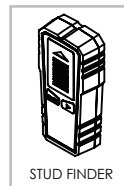
-FIND AND MARK STUDS AT THE APPROXIMATE HEIGHTS SHOWN BELOW BASED ON 80" AND 93" UPRIGHTS

16" STUD SPACING - FIND AND MARK 4 CONSECUTIVE STUDS

24" STUD SPACING - FIND AND MARK 3 CONSECUTIVE STUDS

-DO NOT DRILL ANY HOLES UNTIL **10**

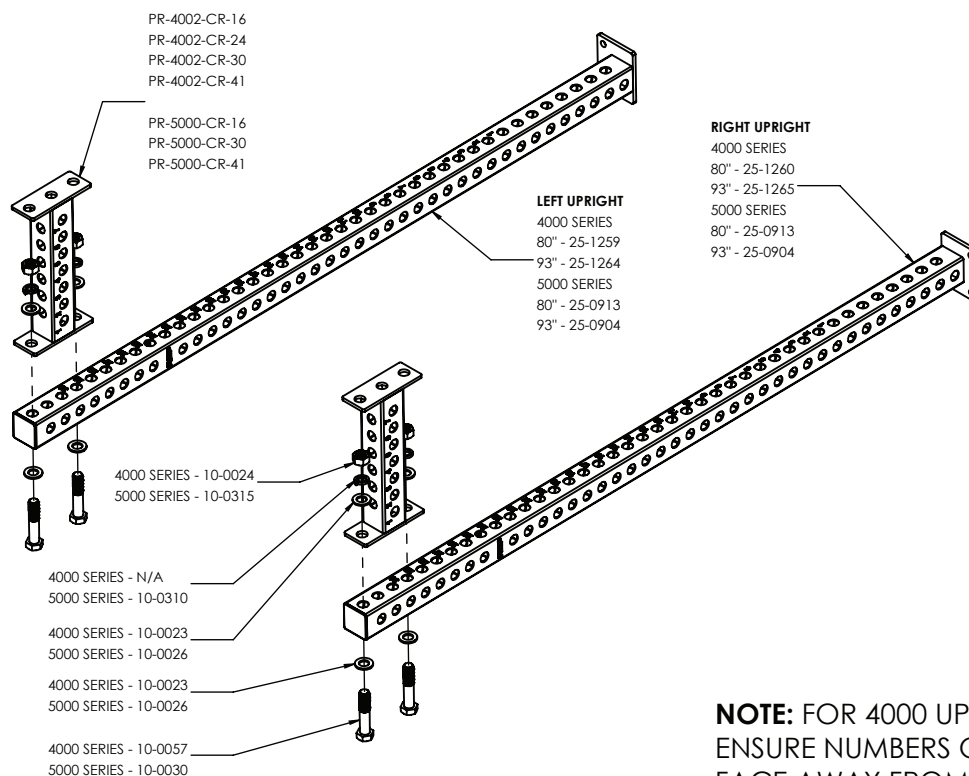
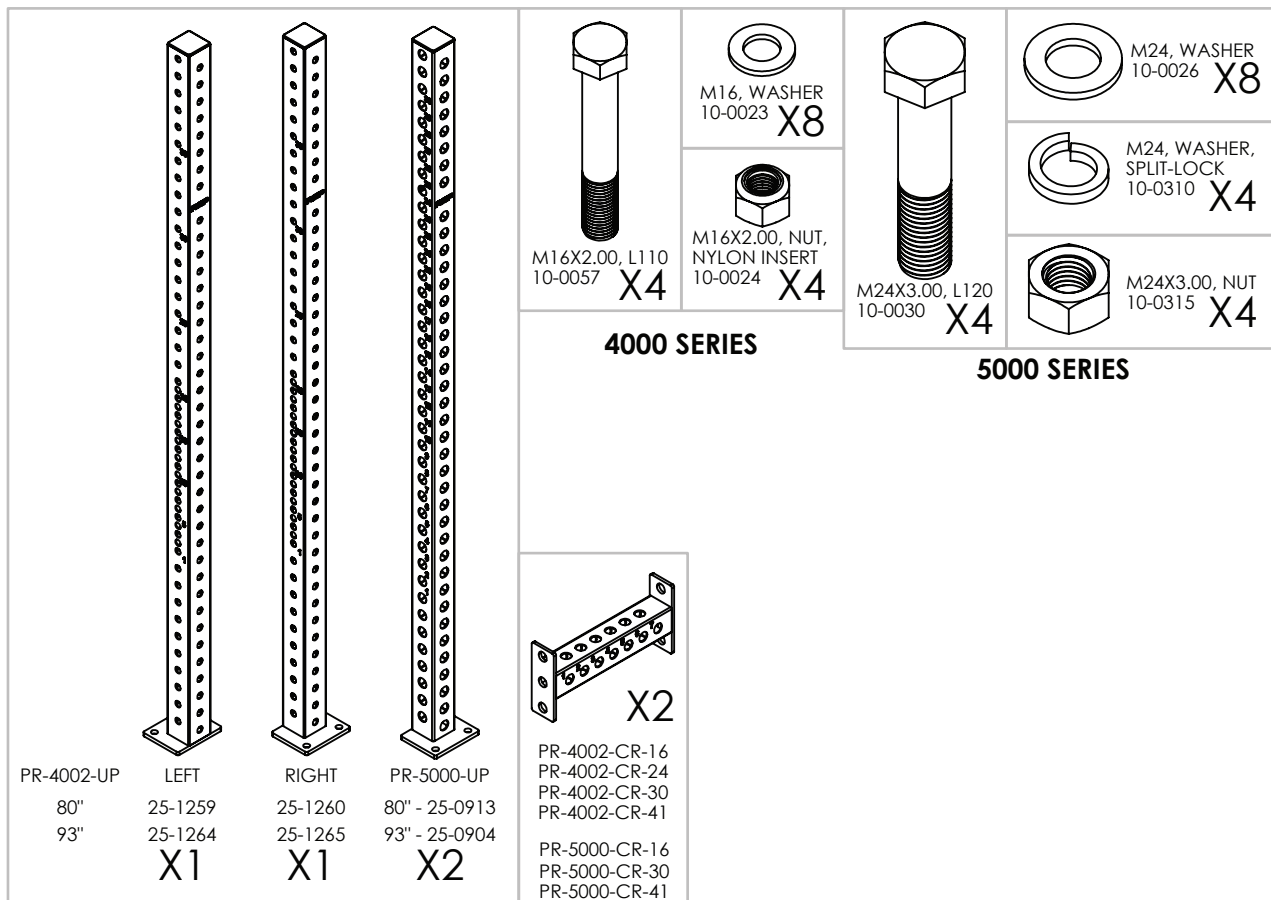
-MARKINGS ARE FOR REFERENCE, DIMENSIONS MAY NOT BE EXACT



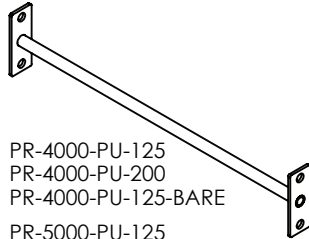
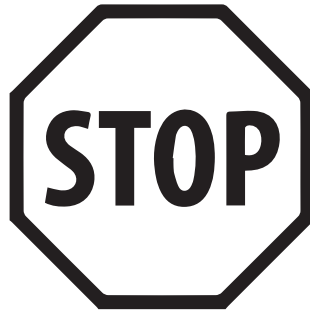


**HAND TIGHTEN ALL
HARDWARE UNTIL 6**

**DO NOT FULLY TIGHTEN
ANY HARDWARE UNLESS
INSTRUCTED TO**



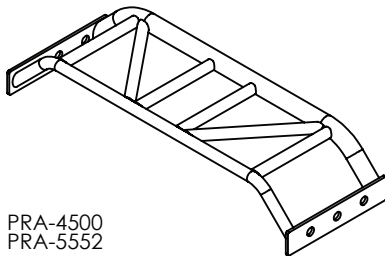
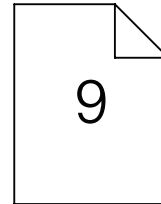
NOTE: FOR 4000 UPRIGHTS ONLY
ENSURE NUMBERS ON UPRIGHTS
FACE AWAY FROM CROSSMEMBERS



PR-4000-PU-125
PR-4000-PU-200
PR-4000-PU-125-BARE
PR-5000-PU-125
PR-5000-PU-200
PR-5000-PU-125-BARE



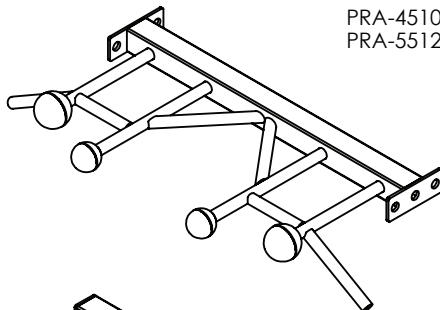
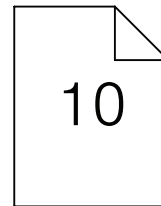
3A



PRA-4500
PRA-5552



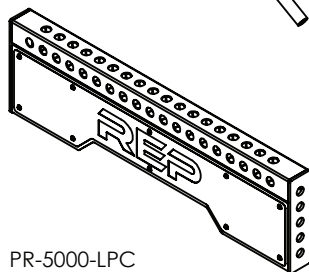
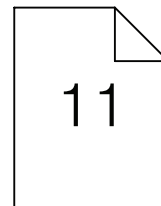
3B



PRA-4510
PRA-5512



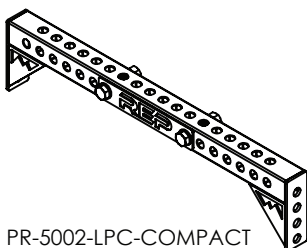
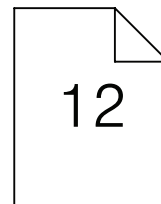
3C



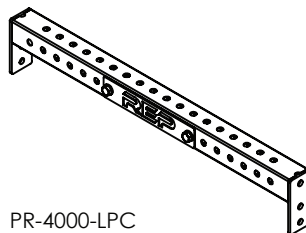
PR-5000-LPC



3D

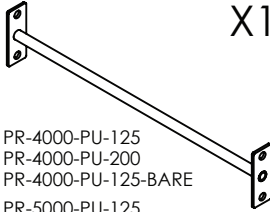
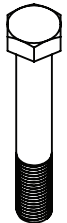


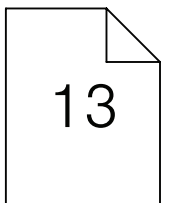
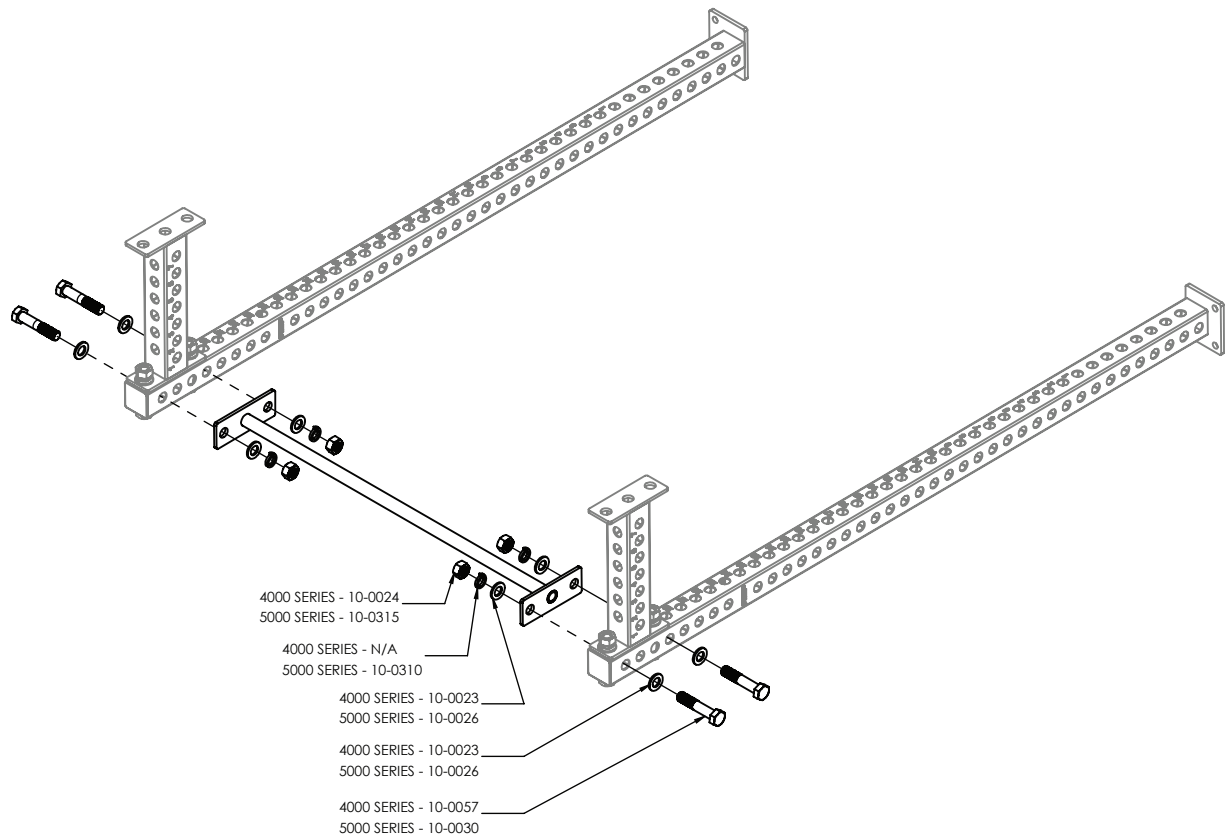
PR-5002-LPC-COMPACT

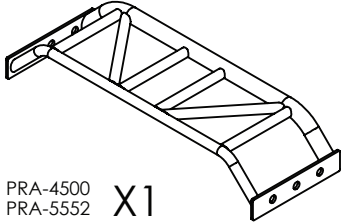
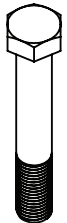


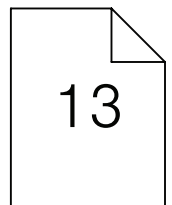
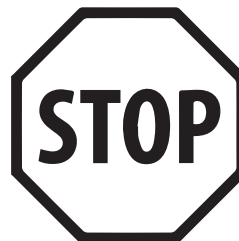
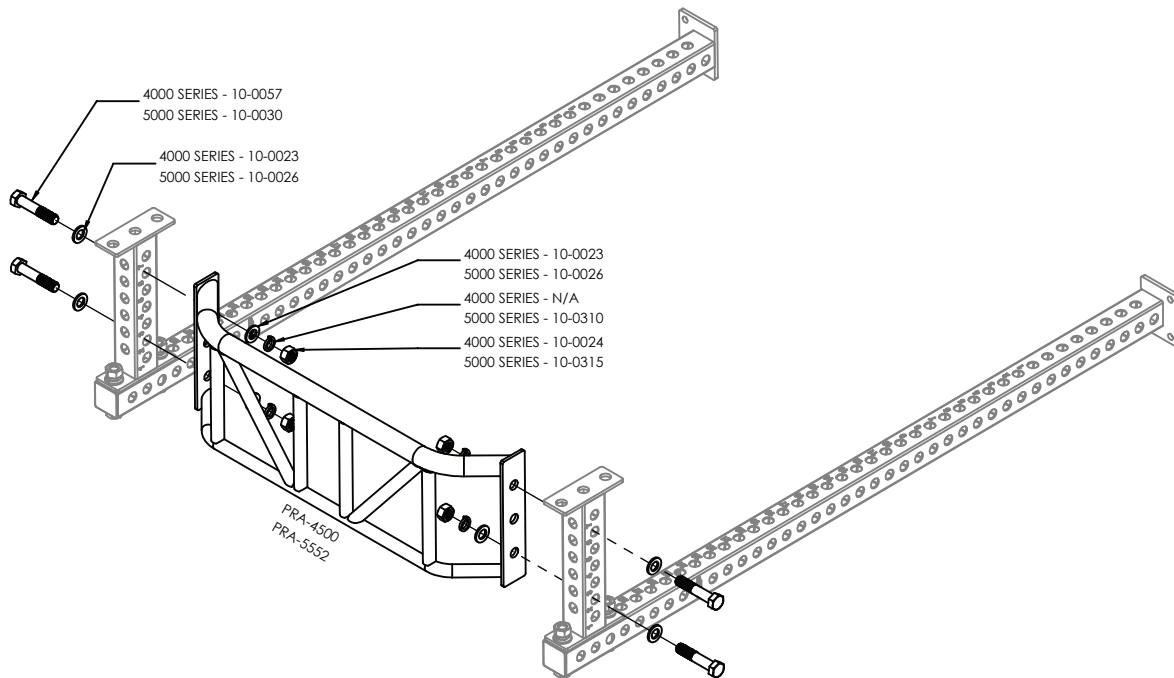
PR-4000-LPC

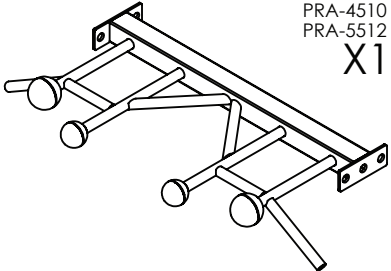
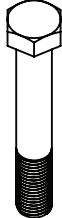
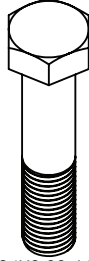
3A

 X1 PR-4000-PU-125 PR-4000-PU-200 PR-4000-PU-125-BARE PR-5000-PU-125 PR-5000-PU-200 PR-5000-PU-125-BARE	 M16X2.00, L110 10-0057 X4	 M16, WASHER 10-0023 X8  M16X2.00, NUT, NYLON INSERT 10-0024 X4	 M24X3.00, L120 10-0030 X4	 M24, WASHER 10-0026 X8  M24, WASHER, SPLIT-LOCK 10-0310 X4  M24X3.00, NUT 10-0315 X4
4000 SERIES			5000 SERIES	



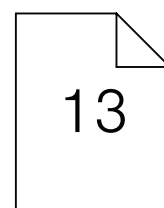
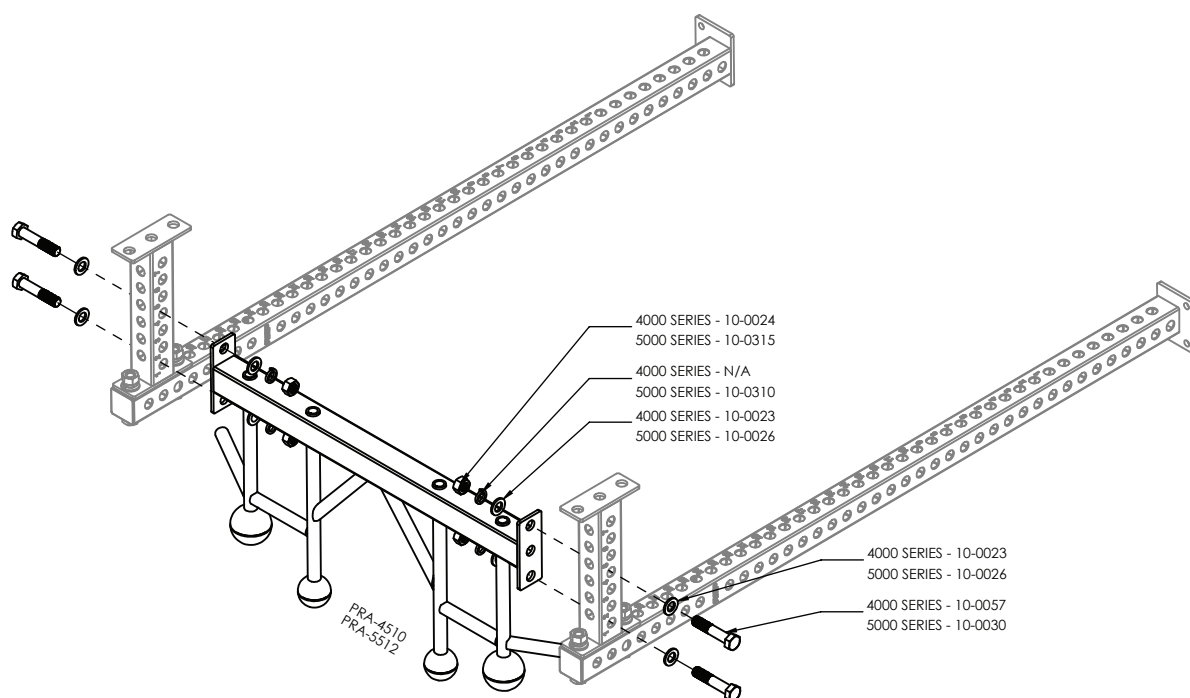
 PRA-4500 PRA-5552 X1	 M16X2.00, L110 10-0057 X4	 M16, WASHER 10-0023 X8  M16X2.00, NUT, NYLON INSERT 10-0024 X4	 M24X3.00, L120 10-0030 X4	 M24, WASHER 10-0026 X8  M24, WASHER, SPLIT-LOCK 10-0310 X4  M24X3.00, NUT 10-0315 X4
4000 SERIES			5000 SERIES	



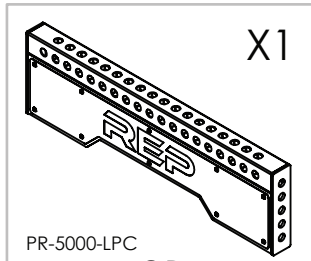
 PRA-4510 PRA-5512 X1	 M16X2.00, L110 10-0057 X4	 M16, WASHER 10-0023 X8  M16X2.00, NUT, NYLON INSERT 10-0024 X4	 M24X3.00, L120 10-0030 X4	 M24, WASHER 10-0026 X8  M24, WASHER, SPLIT-LOCK 10-0310 X4  M24X3.00, NUT 10-0315 X4
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4000 SERIES

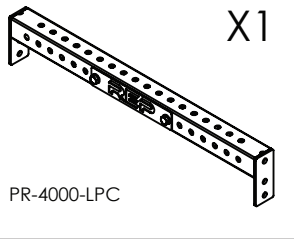
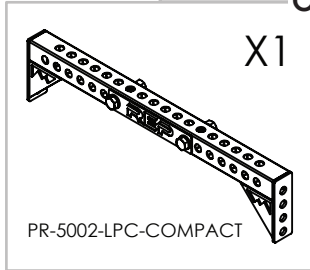
5000 SERIES



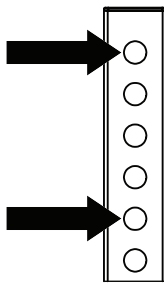
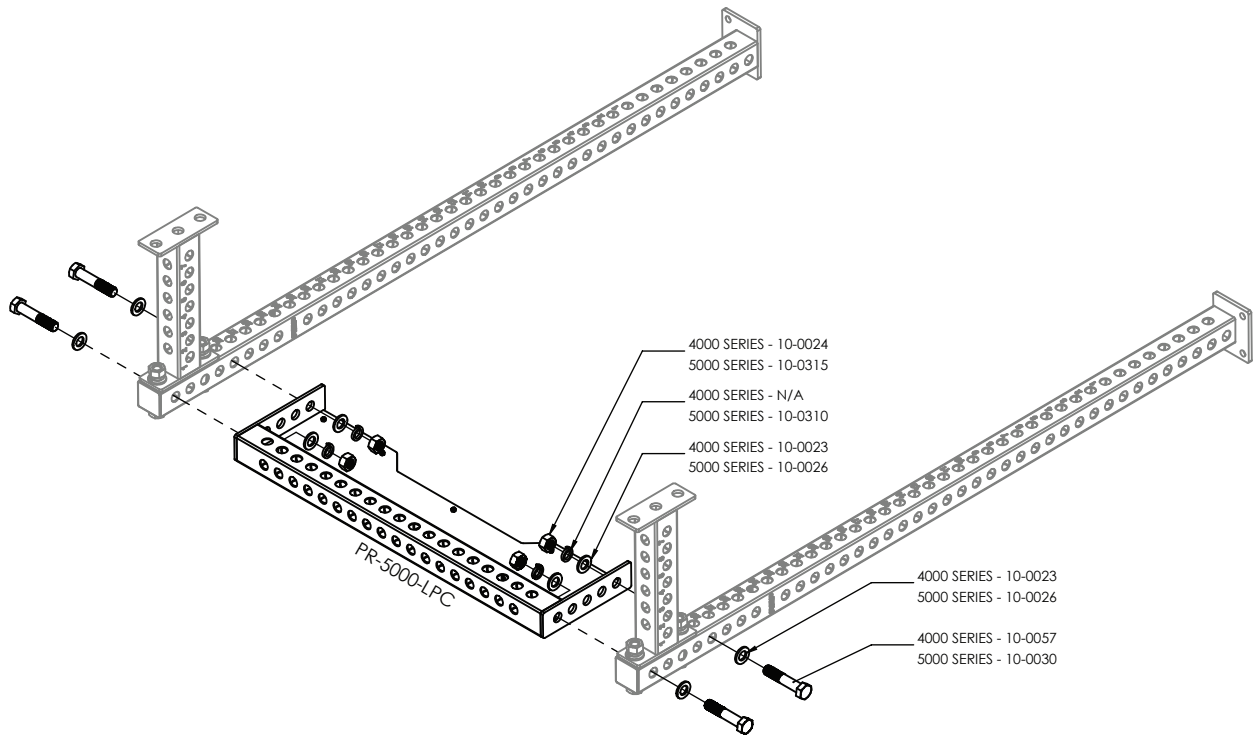
3D



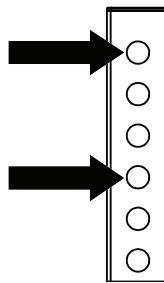
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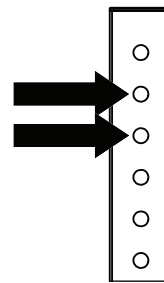
M16X2.00, L110 10-0057 X4	M16, WASHER 10-0023 X8	M24X3.00, L120 10-0030 X4	M24, WASHER 10-0026 X8
	M16X2.00, NUT, NYLON INSERT 10-0024 X4		M24, WASHER, SPLIT-LOCK 10-0310 X4
4000 SERIES		5000 SERIES	
		M24X3.00, NUT 10-0315 X4	



HOLES FOR
PR-5000-LPC



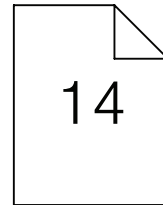
HOLES FOR
PR-5002-LPC-COMPACT



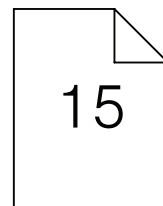
HOLES FOR
PR-4000-LPC



**4000
SERIES**



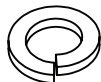
**5000
SERIES**



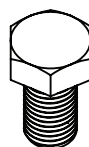
4A 4000 SERIES



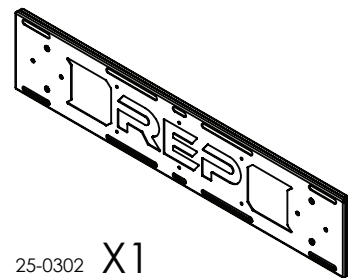
M16, WASHER
10-0023 X4



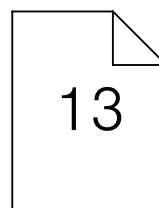
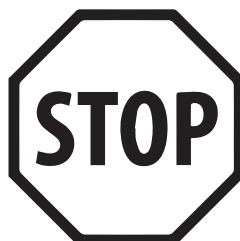
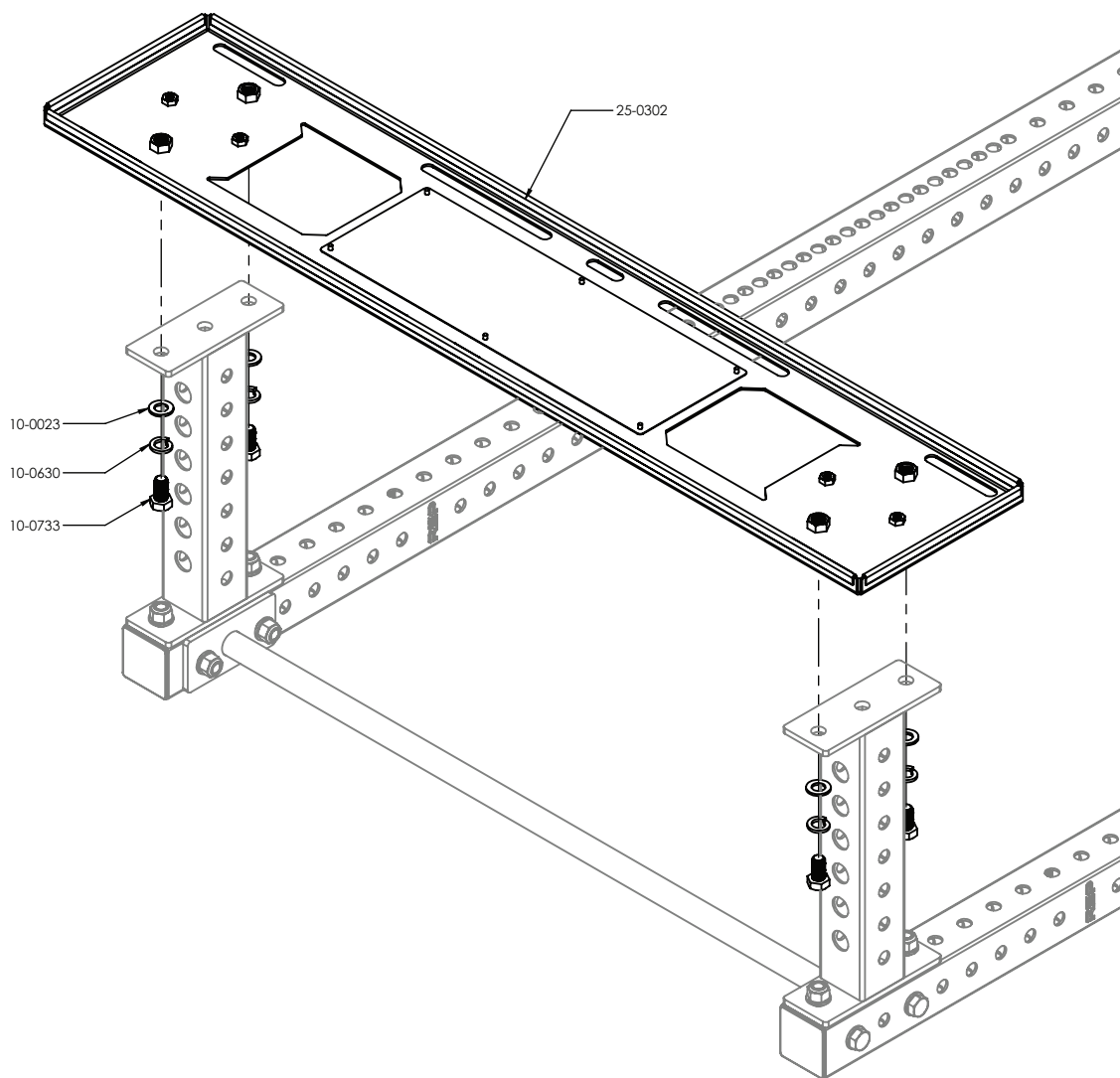
M16, WASHER,
SPLIT-LOCK
10-0630 X4



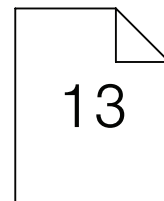
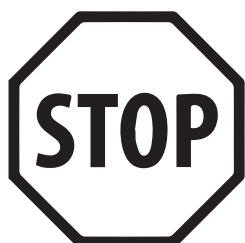
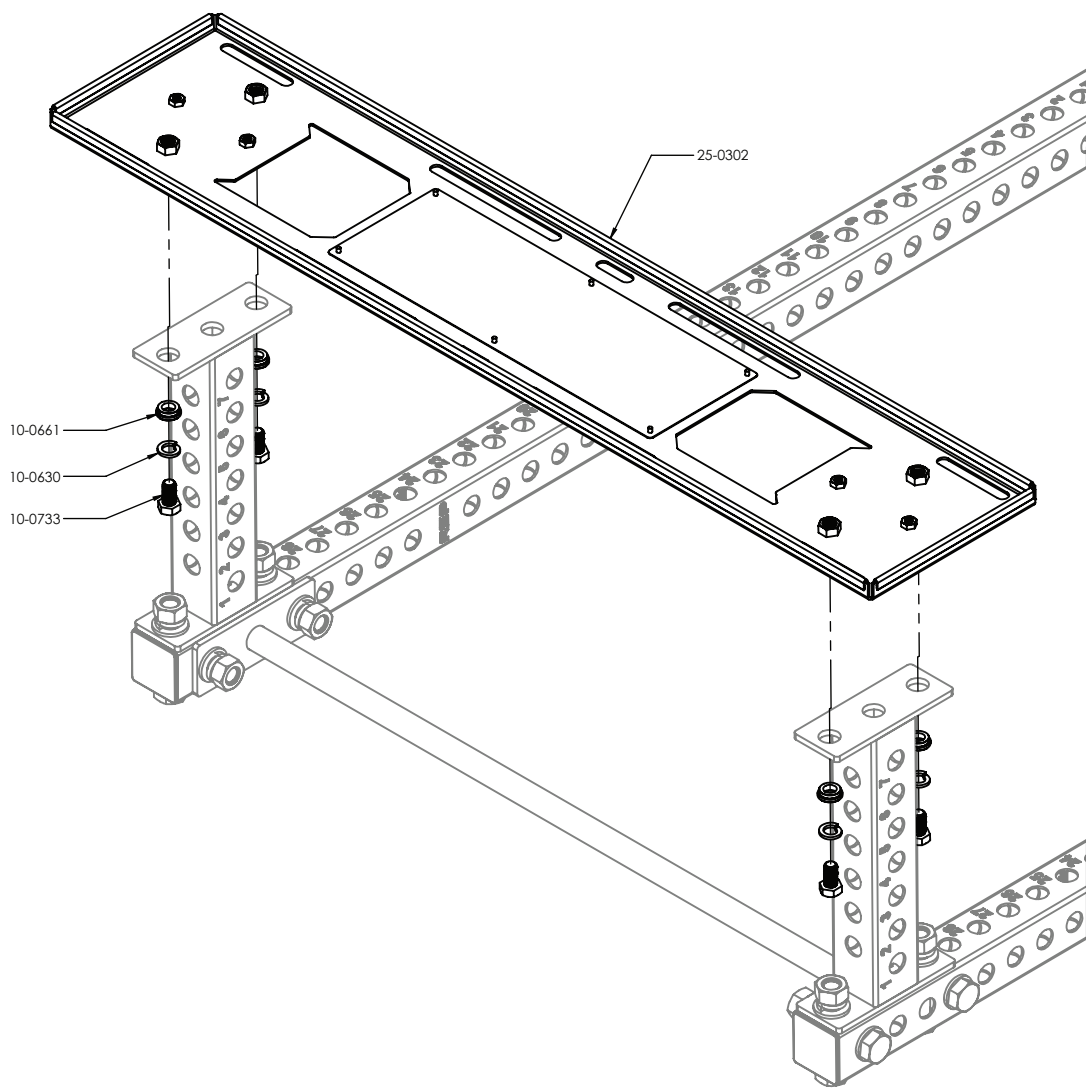
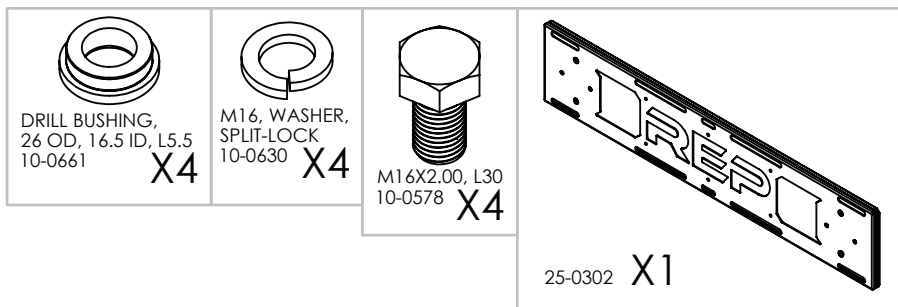
M16X2.00, L30
10-0578 X4



25-0302 X1

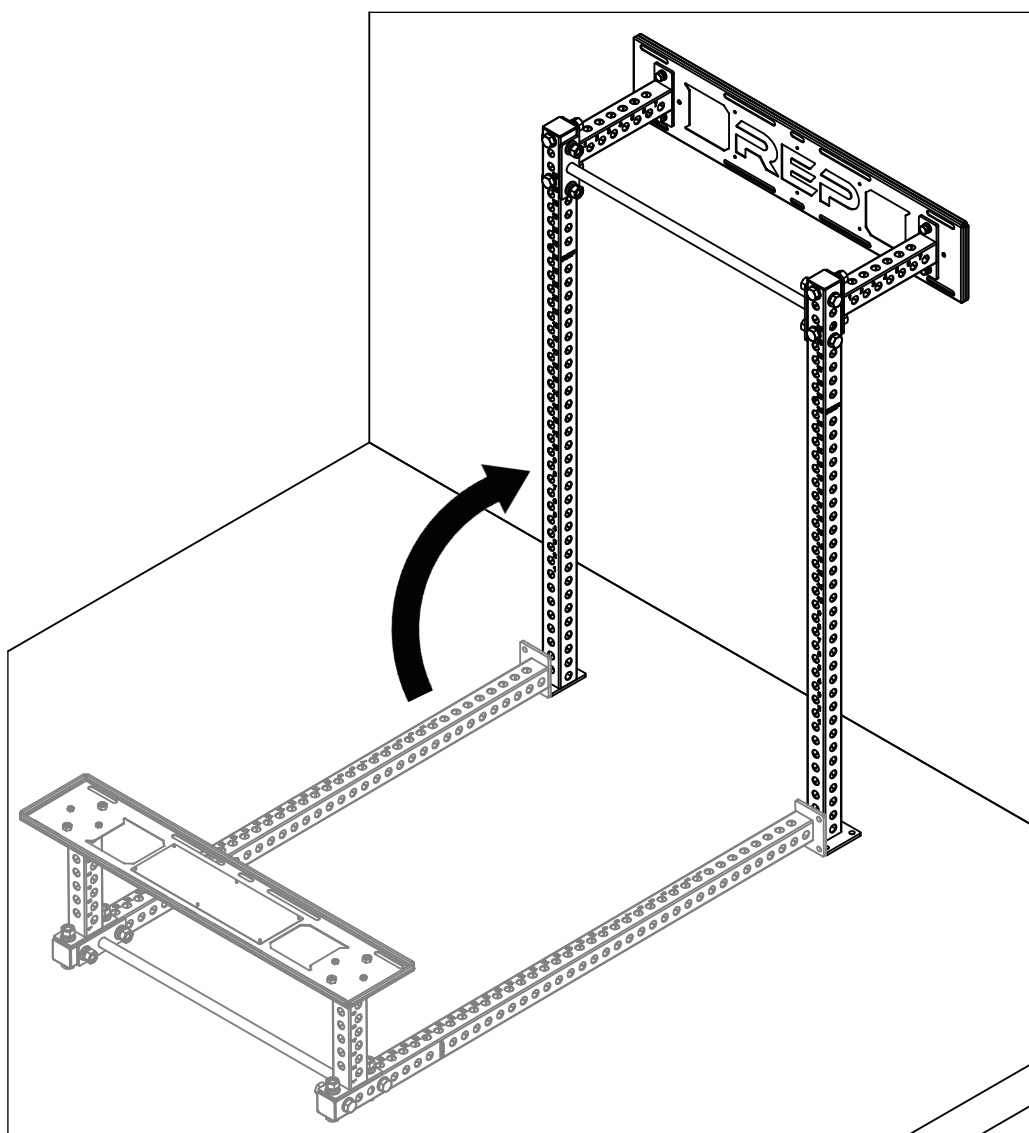
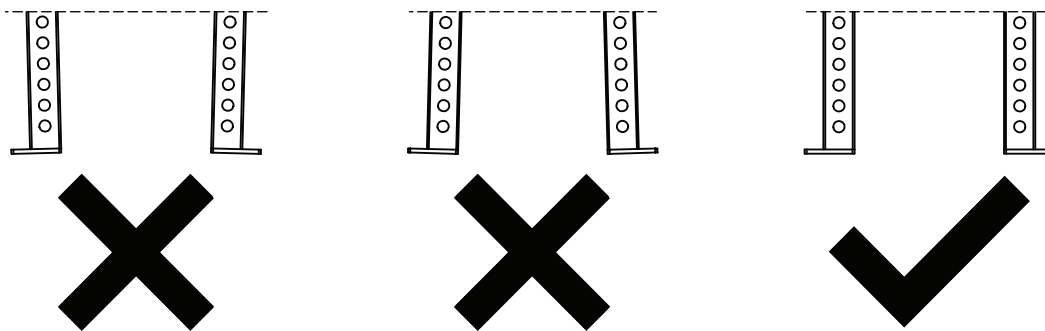


4B 5000 SERIES



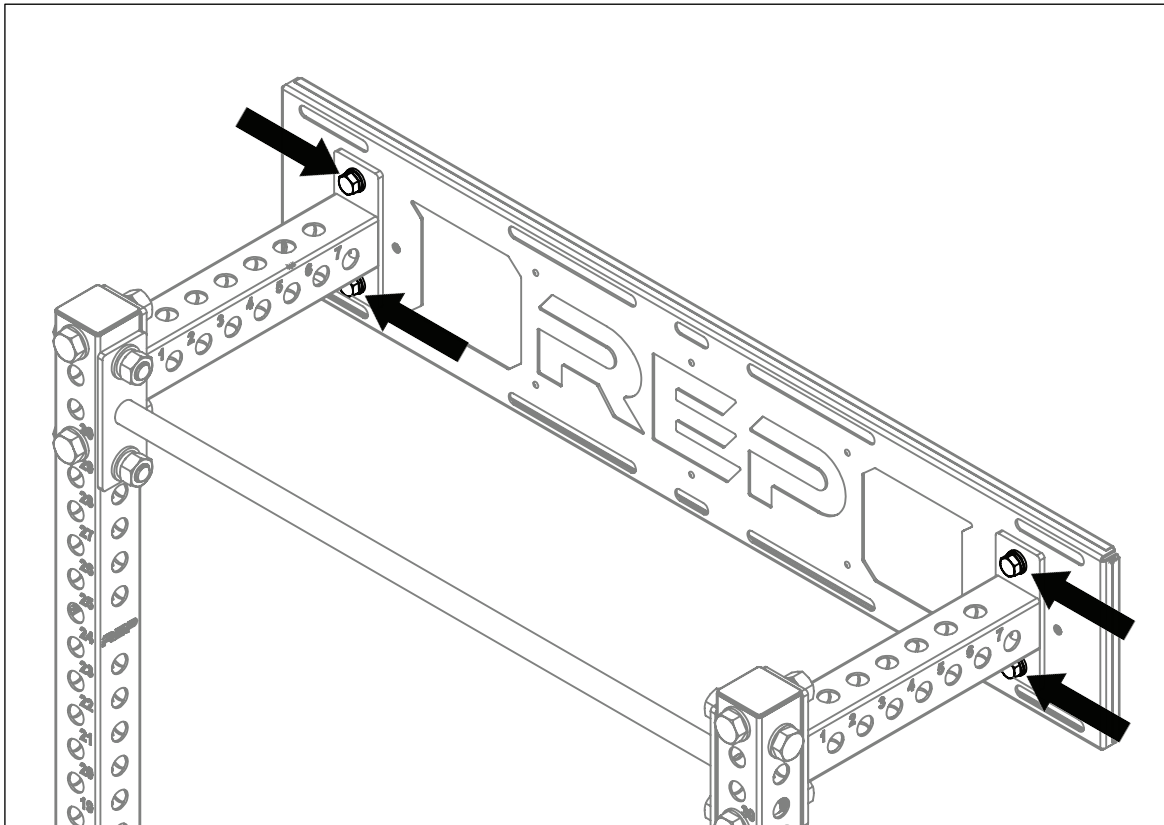
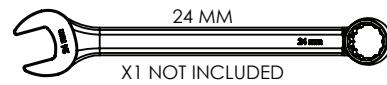
5

- ENSURE STRINGER IS FLAT ON WALL
- ENSURE UPRIGHT FEET ARE FLAT ON THE GROUND
- ENSURE UPRIGHTS ARE PARALLEL WITH EACH OTHER



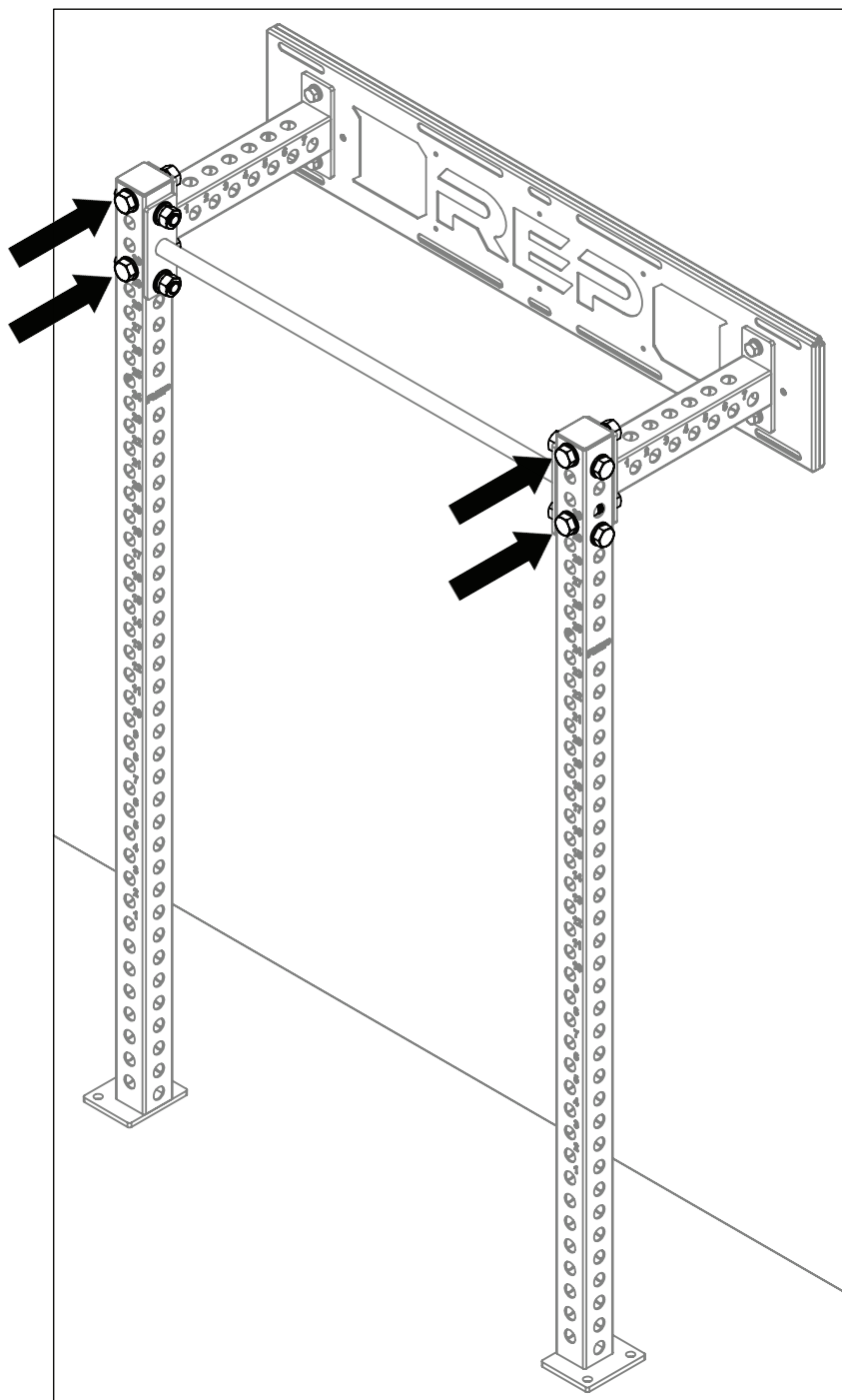
6

**FULLY TIGHTEN BOLTS CONNECTING
STRINGER TO CROSSMEMBERS**

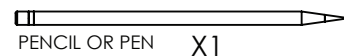


7

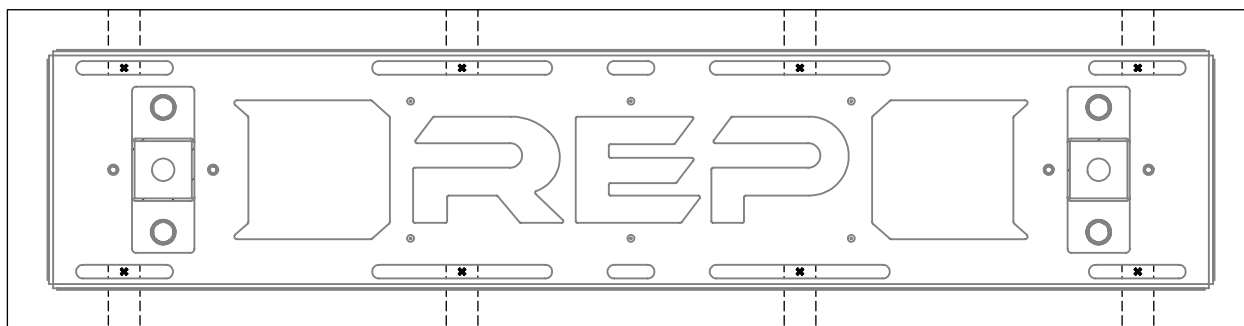
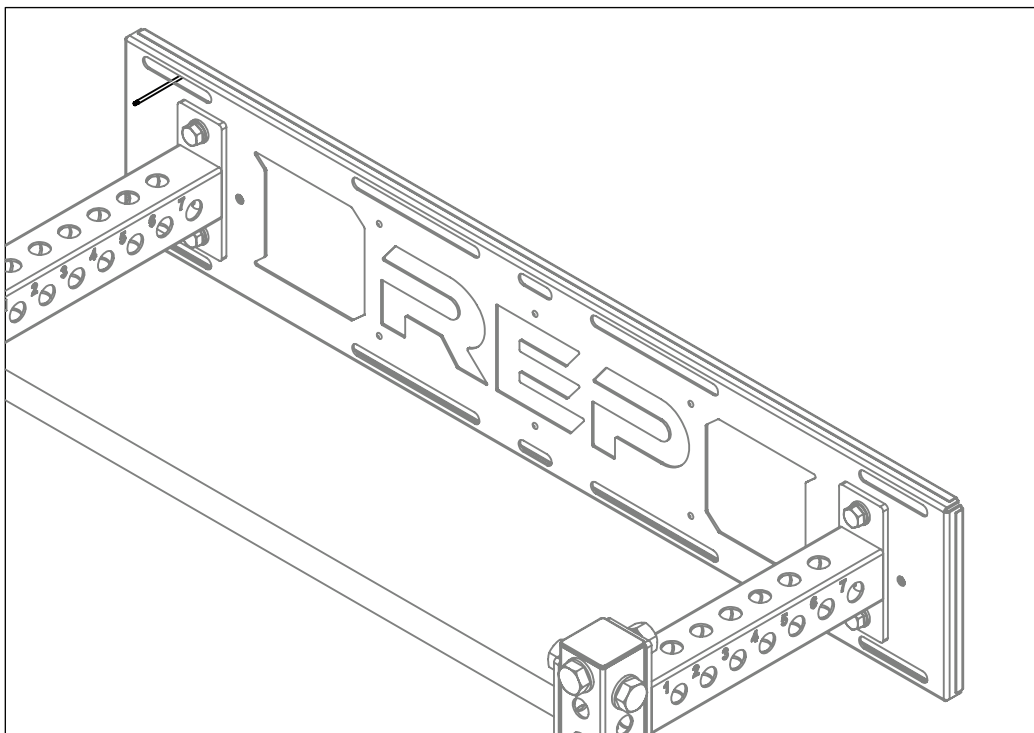
1. **FULLY TIGHTEN** HARDWARE CONNECTING UPRIGHTS TO CROSSMEMBERS
2. **FULLY TIGHTEN** HARDWARE CONNECTING PULL-UP BARS OR LPCs TO UPRIGHTS OR CROSSMEMBERS



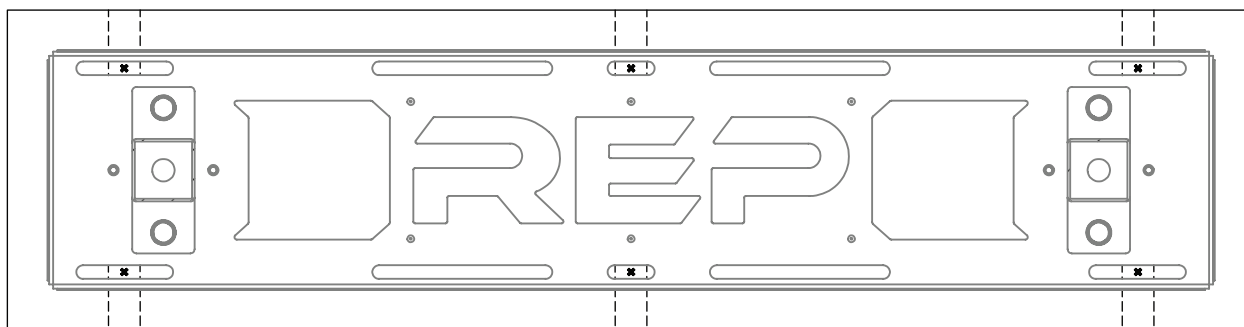
-LINE UP RACK WITH DESIRED STUD SPACING.



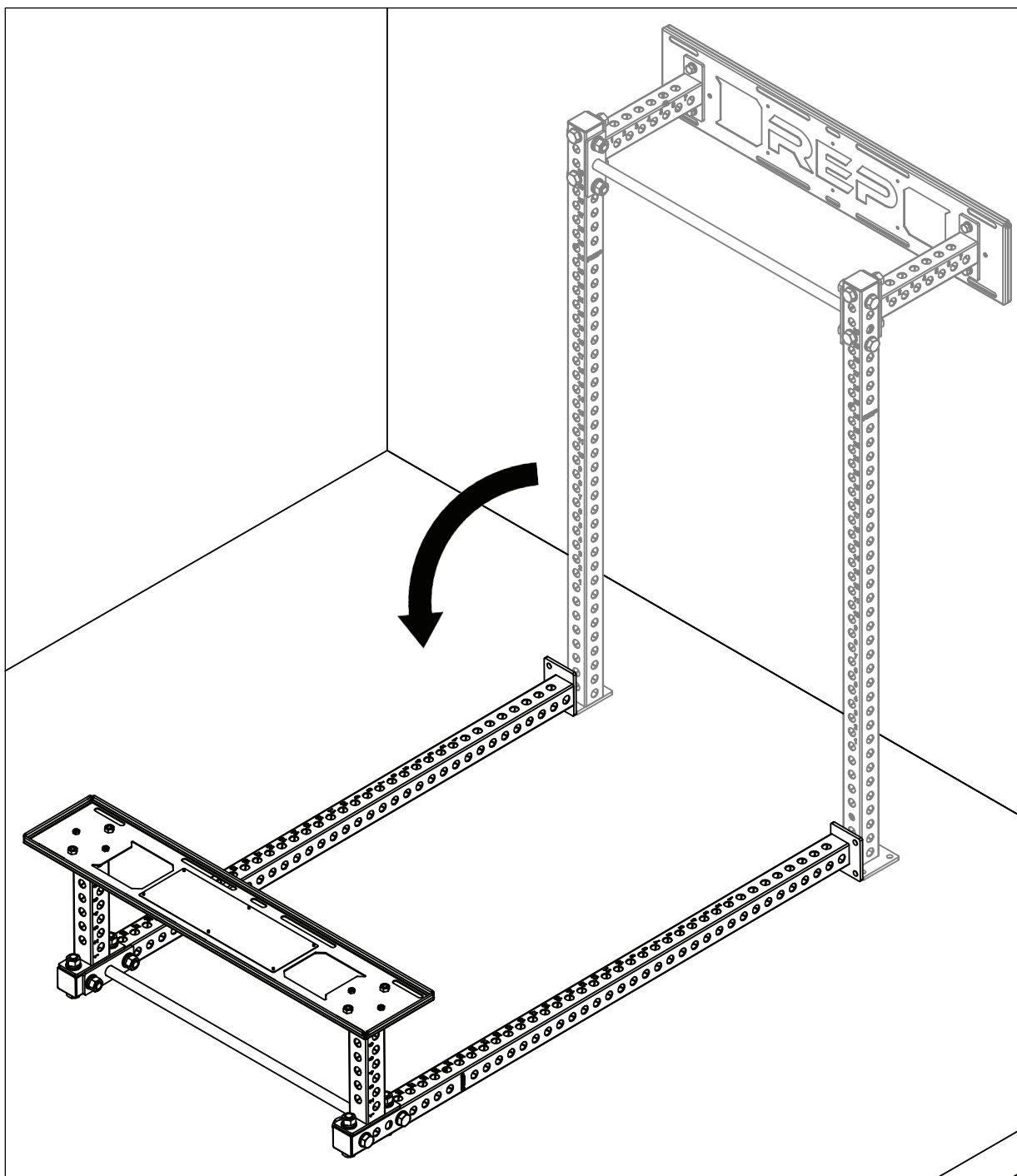
-IF THE STRINGER DOES NOT LINE UP VERTICALLY WITH THE MARKINGS FROM ①, REMARK THE STUDS USING THE ORIGINAL MARKS AND THE STRINGER MOUNTING HOLES FOR REFERENCE.

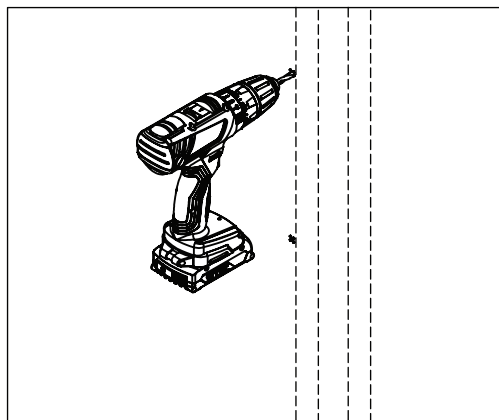
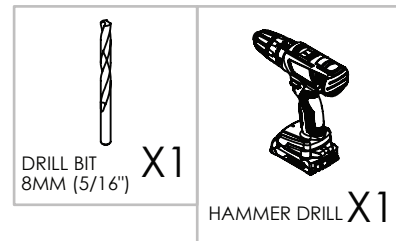


16" STUD SPACING



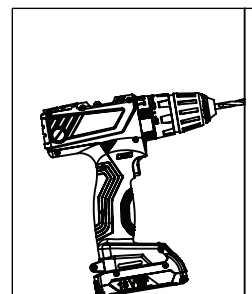
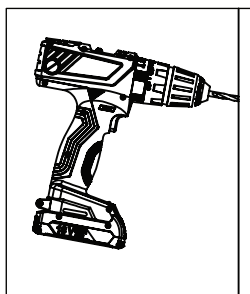
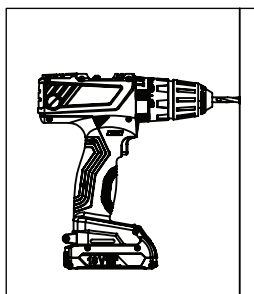
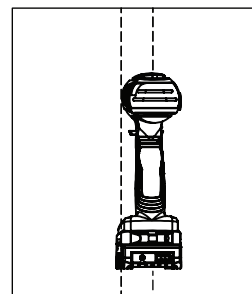
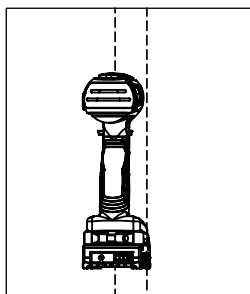
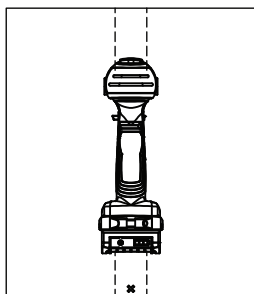
24" STUD SPACING



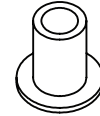


DRILL PILOT HOLES

NOTE: ENSURE DRILLING IS LEVEL AND STRAIGHT INTO THE WALL AND STUDS



DO NOT OVER TIGHTEN LAG BOLTS

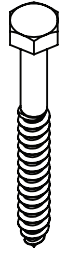


DRILL BUSHING,
16 OD, 11 ID, L26
10-0403

16" STUD 24" STUD
SPACING SPACING

X8

X6

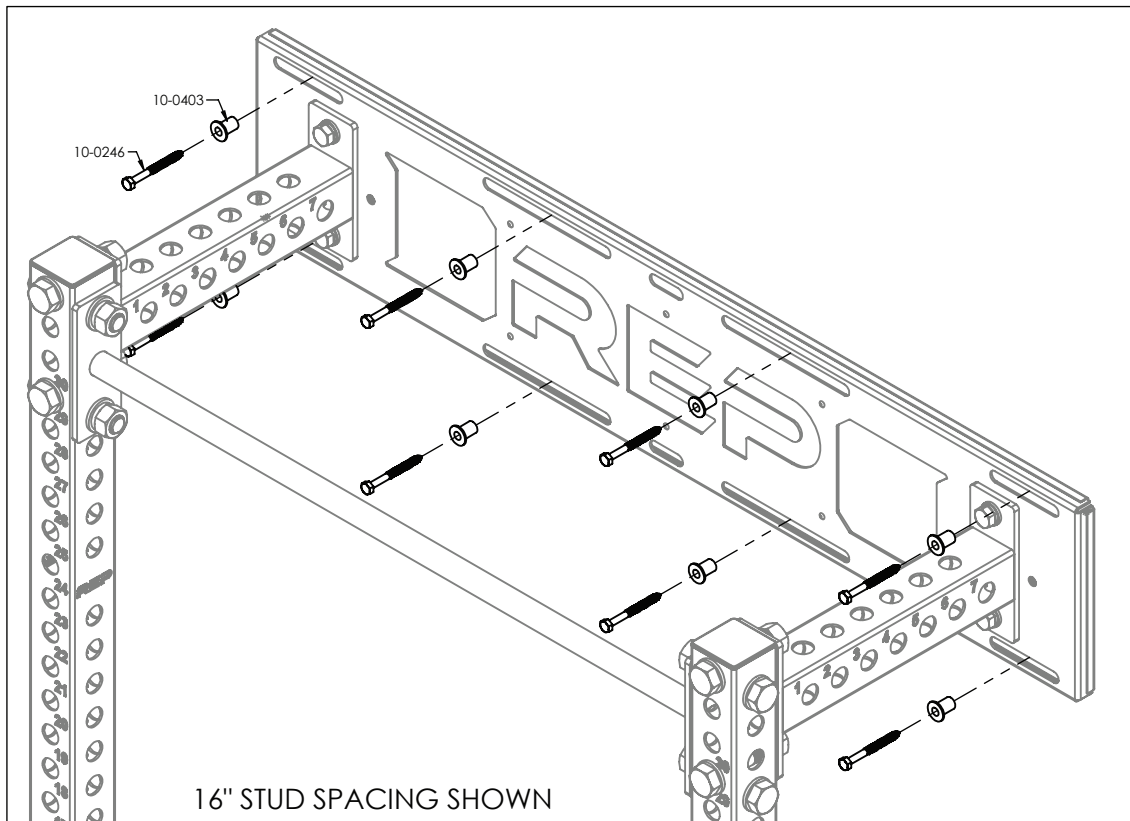


M10, L90 ,
LAG BOLT
10-0246

16" STUD 24" STUD
SPACING SPACING

X8

X6



16" STUD SPACING SHOWN

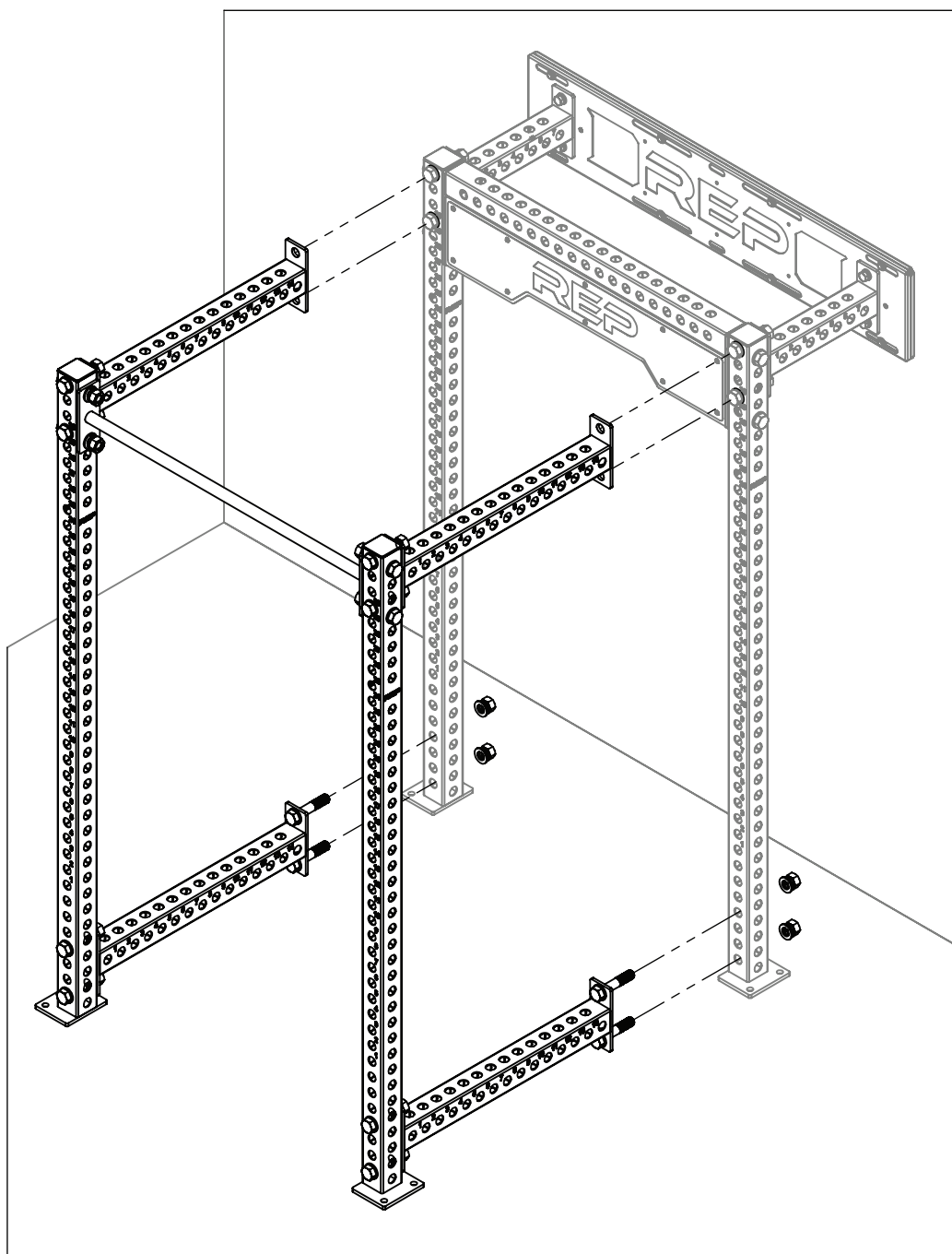
12

IF APPLICABLE, ELSE



13

24



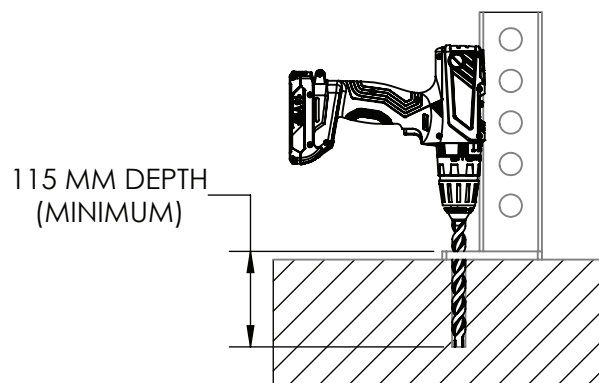
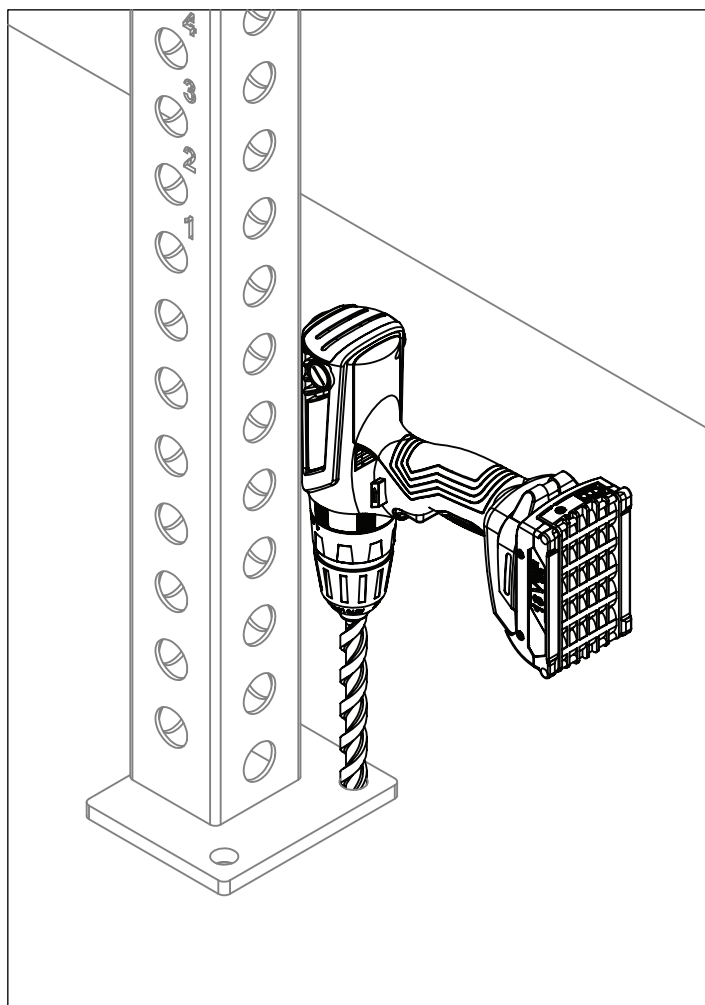
- ENSURE UPRIGHTS ARE LEVEL.
- USE BASE PLATES OF UPRIGHTS AS GUIDES FOR DRILLING.
- USING A 16MM (5/8") MASONRY DRILL BIT, DRILL A MINIMUM 115MM (4.5") DEEP.
- CLEAN OUT ANY DEBRIS FROM HOLE.

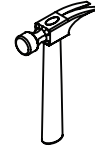


HAMMER DRILL X1

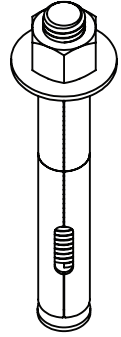
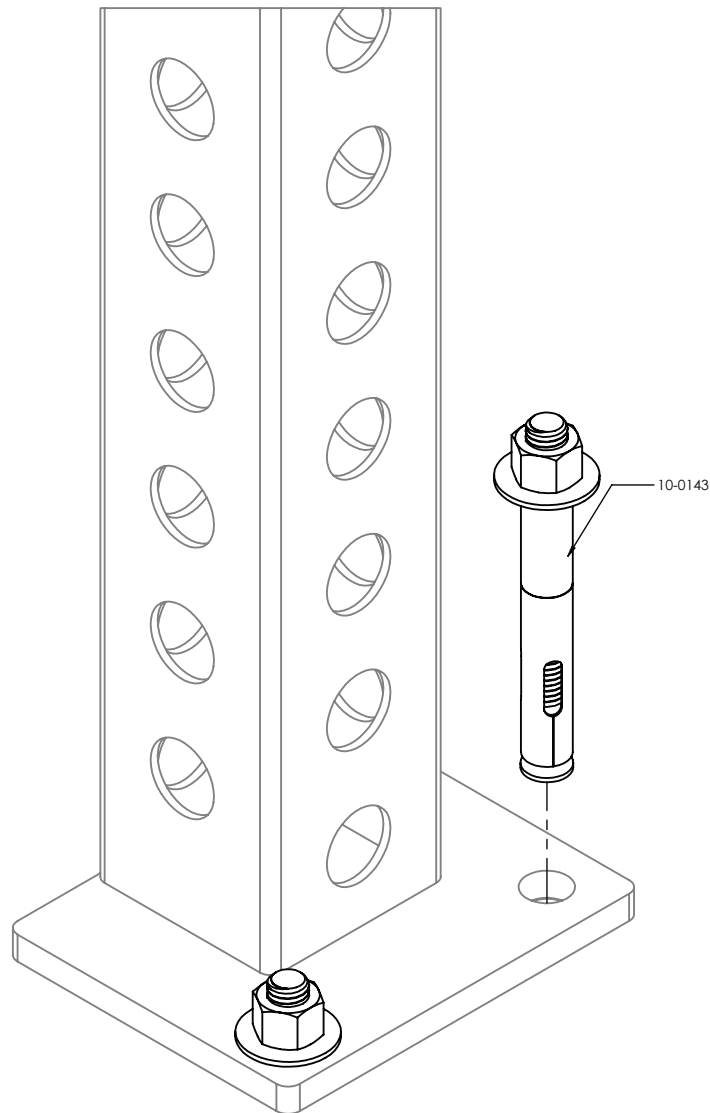


X1

MASONRY DRILL BIT
16MM (5/8")



HAMMER X1

M12X1.75, L90,
SLEEVE ANCHOR
10-0143 X4



-TIGHTEN SLEEVE ANCHORS (10-0143) UNTIL SNUG (MINIMUM 4 FULL TURNS).

