

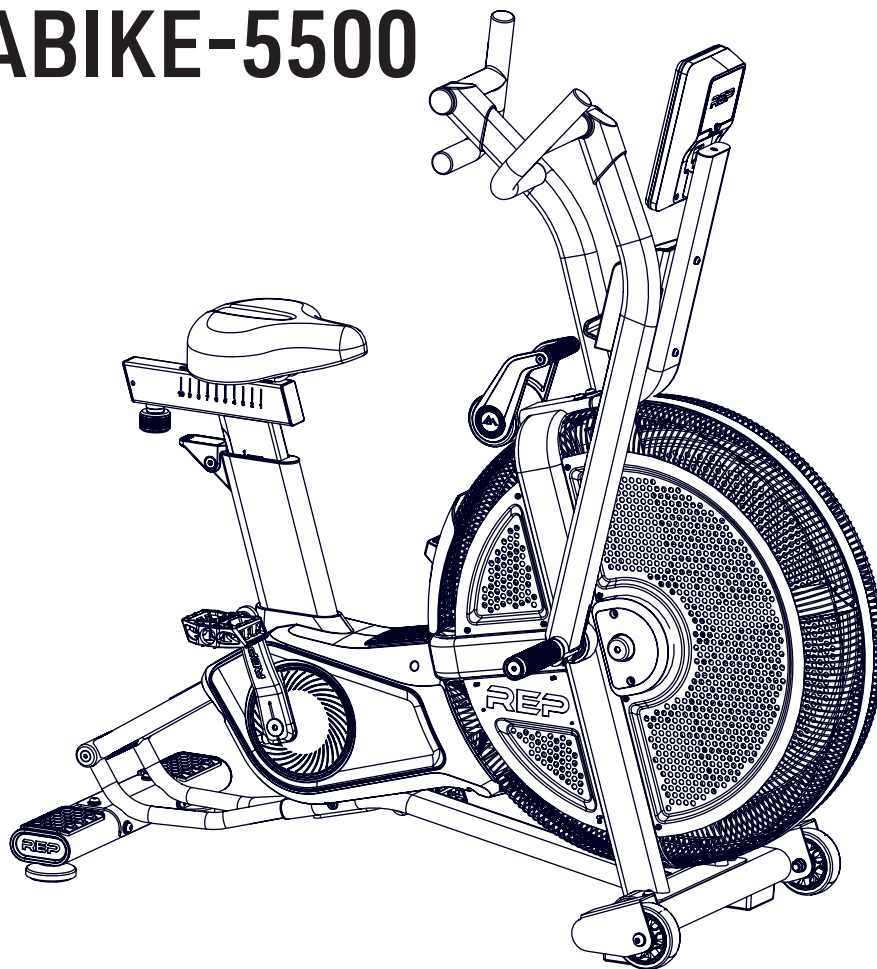
REP[®]



ASSEMBLY INSTRUCTIONS

STRIVE[™] VPR[™] AIRBIKE

CRDO-ABIKE-5500



STILL NEED HELP WITH ASSEMBLY?
VISIT OUR ASSEMBLY LIBRARY HERE:
HELP.REPFITNESS.COM



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SAFETY

REP FITNESS EQUIPMENT IS HEAVY AND ALL ASSEMBLY SHOULD BE DONE BY PARTIES OF TWO (2) OR MORE ADULTS.

THIS EQUIPMENT IS INTENDED FOR USE IN AN INDOOR SETTING OR ENVIRONMENT.

ASSEMBLY AND USE OF THIS EQUIPMENT SHOULD ONLY OCCUR ON A FLAT, EVEN SURFACE. THE USE OF MATS OR OTHER PROTECTIVE FLOORING MEASURES MAY BE NECESSARY TO PROTECT YOUR FLOORING FROM DAMAGE. FLOOR OR WALL ANCHORING MAY BE REQUIRED FOR SOME EQUIPMENT.

ALWAYS KEEP YOUR EQUIPMENT ASSEMBLY AND WORKOUT AREAS FREE FROM DEBRIS, SPILLS, OBSTRUCTIONS, AND HAZARDS. KEEPING YOUR WORKOUT AREA CLEAN AND PROPERLY STORING LOOSE EQUIPMENT IN A SAFE LOCATION CAN REDUCE THE CHANCE OF ACCIDENT OR INJURY.

DESCRIPTIONS OF LEFT AND RIGHT ORIENTATIONS REFER TO THE PERSPECTIVE OF THE USER STANDING IN FRONT OF AND FACING THE EQUIPMENT FOR STRENGTH EQUIPMENT, AND THE PERSPECTIVE OF THE USER ON THE EQUIPMENT IN THE PRIMARY USE POSITION FOR CARDIO EQUIPMENT.

KEEP CLOTHING, JEWELRY, AND HAIR AWAY FROM MOVING PARTS DURING BOTH ASSEMBLY AND USE OF THE EQUIPMENT.

KEEP CHILDREN AND PETS AWAY FROM THE EQUIPMENT. REP FITNESS EQUIPMENT IS INTENDED FOR USE BY INDIVIDUALS 14 YEARS OF AGE OR OLDER. USERS UNDER THE AGE OF 18 SHOULD ONLY USE THE EQUIPMENT UNDER ADULT SUPERVISION.

REP FITNESS RECOMMENDS ALL USERS SEEK THE ADVICE OF THEIR PHYSICIAN BEFORE BEGINNING OR MODIFYING THEIR WORKOUT ROUTINE. PROPER INSTRUCTION SHOULD BE OBTAINED PRIOR TO USE OF THIS EQUIPMENT. SERIOUS INJURY LEADING UP TO AND INCLUDING DEATH CAN OCCUR IF EQUIPMENT IS ASSEMBLED OR USED IMPROPERLY.

ONLY USE ATTACHMENTS SOLD BY OR RECOMMENDED BY REP FITNESS WITH THIS EQUIPMENT. MODIFICATIONS TO YOUR EQUIPMENT, INCLUDING THE ADDITION OR SUBSTITUTION OF UNAUTHORIZED ACCESSORIES OR EQUIPMENT MAY VOID YOUR CLAIMS TO WARRANTY AND CAN INCREASE THE RISK OF INJURY INVOLVED WITH USING THE EQUIPMENT.

LOOK FOR AND BE AWARE OF ANY SAFETY WARNINGS AFFIXED DIRECTLY TO THE EQUIPMENT. FOLLOW ALL GUIDANCE ON SUCH SAFETY WARNINGS. DO NOT REMOVE ANY SAFETY WARNINGS AFFIXED TO THE EQUIPMENT.

REFER TO ANY APPENDED "USAGE" AND "MAINTENANCE" SECTIONS OF THIS GUIDE FOR ADDITIONAL CONSIDERATIONS SPECIFIC TO THE EQUIPMENT INCLUDED IN THIS PACKAGING.

RETAIN THESE INSTRUCTIONS TO SERVE AS FUTURE REFERENCE IF THE EQUIPMENT REQUIRES ATTENTION.

AFTER ASSEMBLY AND PRIOR TO USE, THE EQUIPMENT SHOULD BE INSPECTED TO ENSURE THE ASSEMBLY IS COMPLETE AND THE EQUIPMENT FUNCTIONS CORRECTLY. IF YOU SUSPECT YOUR ASSEMBLY IS INCORRECT OR THE EQUIPMENT IS MALFUNCTIONING, FIRST REVISIT THIS ASSEMBLY INSTRUCTIONS GUIDE AND COMPLETELY REASSEMBLE THE EQUIPMENT. IF ISSUES PERSIST, PLEASE CONTACT OUR CUSTOMER SERVICE DEPARTMENT. DO NOT USE EQUIPMENT IF ANY PARTS ARE NOT FUNCTIONING PROPERLY, ARE MISSING, OR IF ANY PARTS APPEAR BROKEN, LOOSE, OR WORN. REGULARLY INSPECT YOUR EQUIPMENT TO ENSURE CONTINUED SAFE FUNCTIONALITY.

THIS PRODUCT MAY BE COVERED BY ONE OR MORE PATENTS, PATENTS PENDING, TRADEMARKS, OR LICENSING AGREEMENTS. FOR MORE INFORMATION, VISIT: [HTTPS://REPFITNESS.COM/PAGES/PATENT-AND-TRADE-MARK](https://repfitness.com/pages/patent-and-trade-mark)

REP FITNESS CUSTOMER SERVICE CAN BE REACHED AT [INFO@REPFITNESS.COM](mailto:info@repfitness.com) OR 720-420-1731.

DISCLAIMER: THE USE OF ANY EXERCISE EQUIPMENT INVOLVES THE RISK OF PERSONAL INJURY. REP FITNESS INC. AND ITS AFFILIATES ASSUME NO RESPONSIBILITY FOR ANY AND ALL INJURIES, DAMAGES, AND LOSSES WHICH MAY OCCUR AS A RESULT OF USE OF THIS EQUIPMENT, WHETHER OR NOT THE CAUSES OF ACTION MAY BE DIRECTLY ATTRIBUTED TO THE EQUIPMENT IN QUESTION. BY USING THIS EQUIPMENT, YOU ACCEPT AND ASSUME FULL RESPONSIBILITY FOR ANY AND ALL INJURIES, DAMAGES (BOTH ECONOMIC AND NON-ECONOMIC), AND LOSSES OF ANY TYPE, WHICH MAY OCCUR, AND YOU FULLY AND FOREVER RELEASE AND DISCHARGE REP FITNESS INC., ITS INSURERS, AFFILIATES, EMPLOYEES, OFFICERS, DIRECTORS, ASSOCIATES, AND AGENTS FROM ANY AND ALL CLAIMS, DEMANDS, DAMAGES, RIGHTS OF ACTION, OR CAUSES OF ACTION, PRESENT OR FUTURE, WHETHER THE SAME BE KNOWN OR UNKNOWN, ANTICIPATED, OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF THE USE OF THIS EQUIPMENT.



WARNING! CALIFORNIA PROPOSITION 65: CANCER AND REPRODUCTIVE HARM; PLEASE VISIT WWW.P65WARNINGS.CA.GOV

MIND THE FOLLOWING ICONS DURING ASSEMBLY:



= IMPORTANT INFORMATION



= ASSEMBLY MAY VARY FROM THIS POINT



= ALERT! POTENTIAL DANGER



= HELPFUL TIPS & USEFUL INFORMATION

RATINGS AND CERTIFICATIONS



The REP Strive™ VPR™ Airbike has been independently evaluated and tested to the applicable international safety and performance standards required for CE (European Union), UKCA (United Kingdom), and RCM (Australia/New Zealand) conformity. Compliance has been demonstrated through assessment to the relevant electrical safety, mechanical safety, electromagnetic compatibility (EMC), and hazardous substance restriction (RoHS) requirements for fitness equipment.

IMPORTANT ELECTRICAL INFORMATION:

ELECTRICAL RATING: 3V DC (BATTERIES)
ADAPTER INPUT: 100-240V~50/60HZ, 1.5A
ADAPTER OUTPUT: 9VDC, 2.0A (AC ADAPTER)
ACCURACY CLASS: C
USAGE CLASS: INSTITUTIONAL
MAXIMUM USER WEIGHT: 400LBS (181KG)
EQUIPMENT TYPE: FITNESS
MADE IN: CHINA

OPTIONAL AC ADAPTER SPECIFICATIONS:

Output: 9VDC, 2.0A

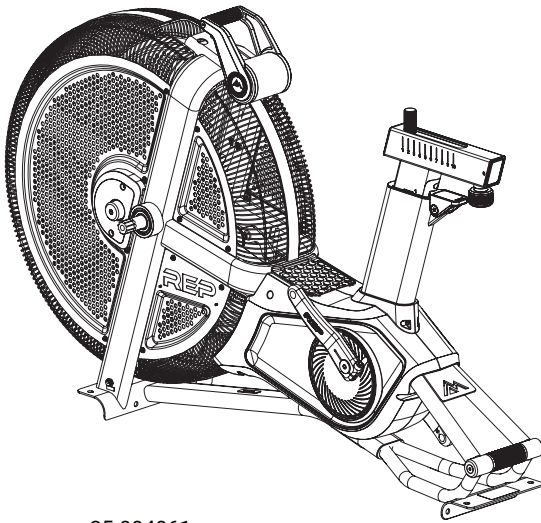
DC plug size: 5.5mm x 2.1mm, center positive

This appliance may be used by children aged 8 years and above and by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, only under supervision or following instruction for safe use and with understanding of the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be performed by children without supervision.

Use only D batteries or the optional power supply unit specified by the manufacturer. Non-rechargeable batteries shall not be recharged. Do not mix battery types or new and used batteries. Insert batteries with the correct polarity. Remove exhausted batteries and dispose of them safely. Remove the batteries if the appliance will be stored unused for a long period. Do not short-circuit the supply terminals.

Before installing or replacing the batteries, switch off the appliance and disconnect the optional power supply unit, if connected. Open the battery compartment cover, remove the exhausted batteries, insert the required D batteries in accordance with the polarity markings, and close the cover securely before use.

PARTS LIST



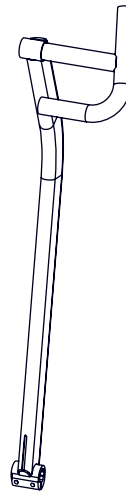
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AIRBIKE ENGINE
X1



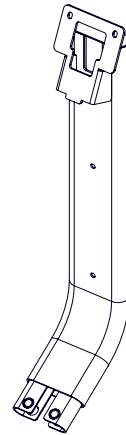
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LEFT HANDLEBAR
X1



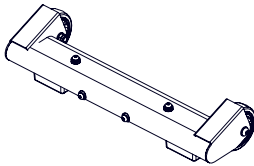
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RIGHT HANDLEBAR
X1



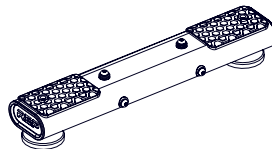
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CONSOLE MAST, AIR
BIKE
X1



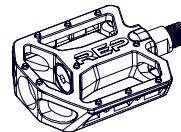
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FRONT STABILIZER
X1



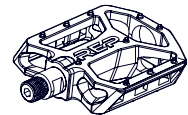
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REAR STABILIZER
X1



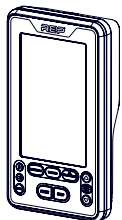
10-010023

PEDAL, LEFT, AIRBIKE
X1



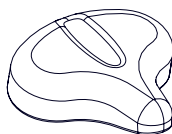
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PEDAL, RIGHT,
AIRBIKE
X1



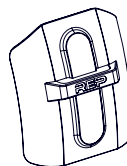
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CONSOLE, AIRBIKE,
PACKAGED
X1



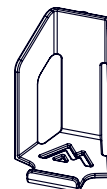
25-004094

SEAT
X1



25-004094

AIR DIVERTER
X1



25-004112

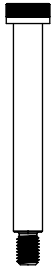
CUP HOLDER
X1



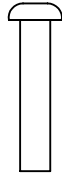
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FOOT PEG
X2

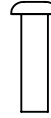
HARDWARE AND TOOLS



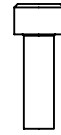
10-004045
SHOULDER BOLT, M12,
16mm x 115mm
X2



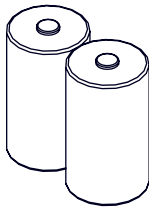
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SCREW, SBHC,
M8X1.25 L35
X2



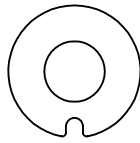
10-007520
SCREW, SBHC,
M5X0.8, L35
X2



10-0629
SCREW, SHCS,
M8X1.25 L25
X4



D-CELL BATTERIES
X2



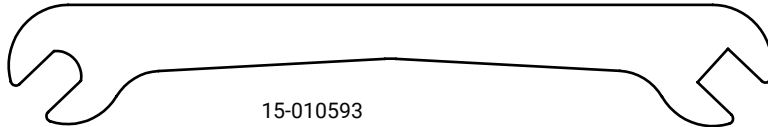
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WASHER, FOOTPEG
X2



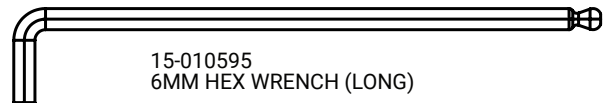
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WASHER, FLAT, M8,
NARROW, BLACK
X2



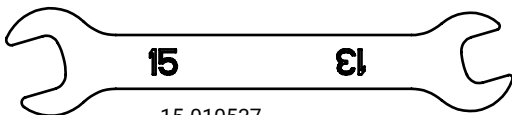
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WASHER, SPLIT
LOCK, M8, BLACK
X2



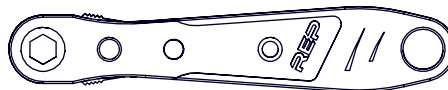
15-010593
OPEN END WRENCH
15MM/17MM
X1



15-010595
6MM HEX WRENCH (LONG)
X1



15-010537
WRENCH, 13MM AND
15MM OPEN END
X1



25-010602
RATCHET WRENCH
X1



15-010765
6MM HEX BIT
X1



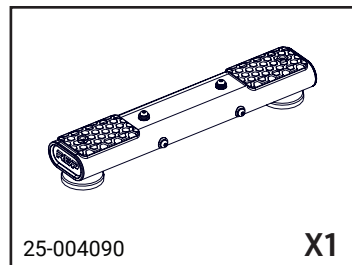
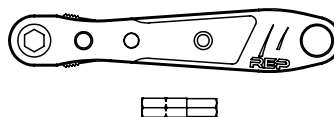
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3MM HEX BIT
X1



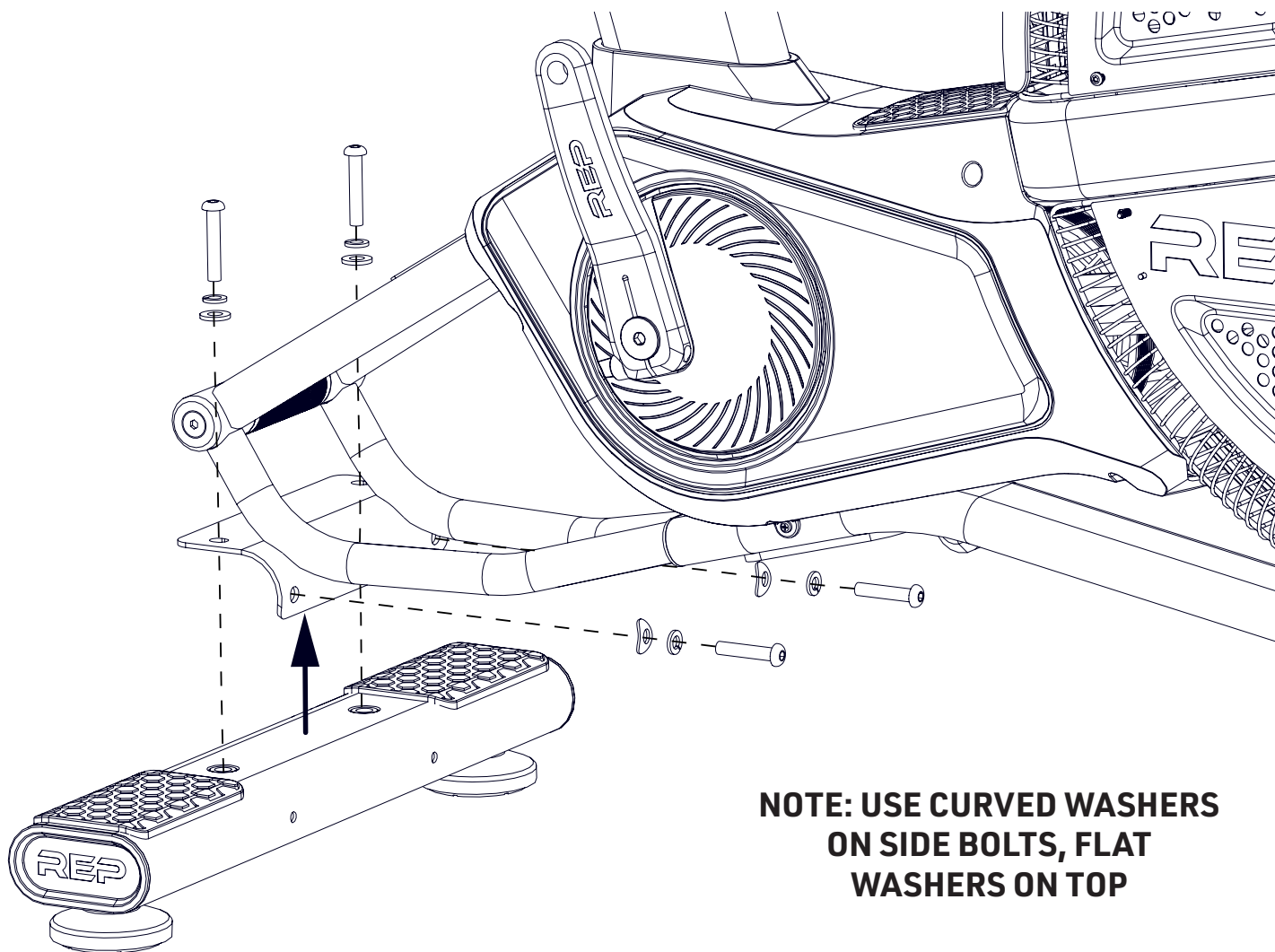
IF YOU ARE MISSING ANY PARTS, OR OTHERWISE
HAVE ANY WARRANTY ISSUES, PLEASE FILE
A WARRANTY CLAIM ON OUR WEBSITE:



1

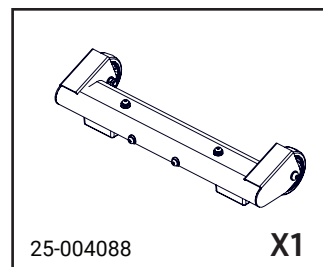
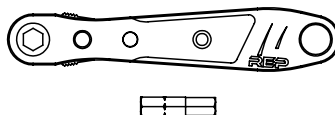


NOTE: HARDWARE IS PRE-INSTALLED ON STABILIZING FEET

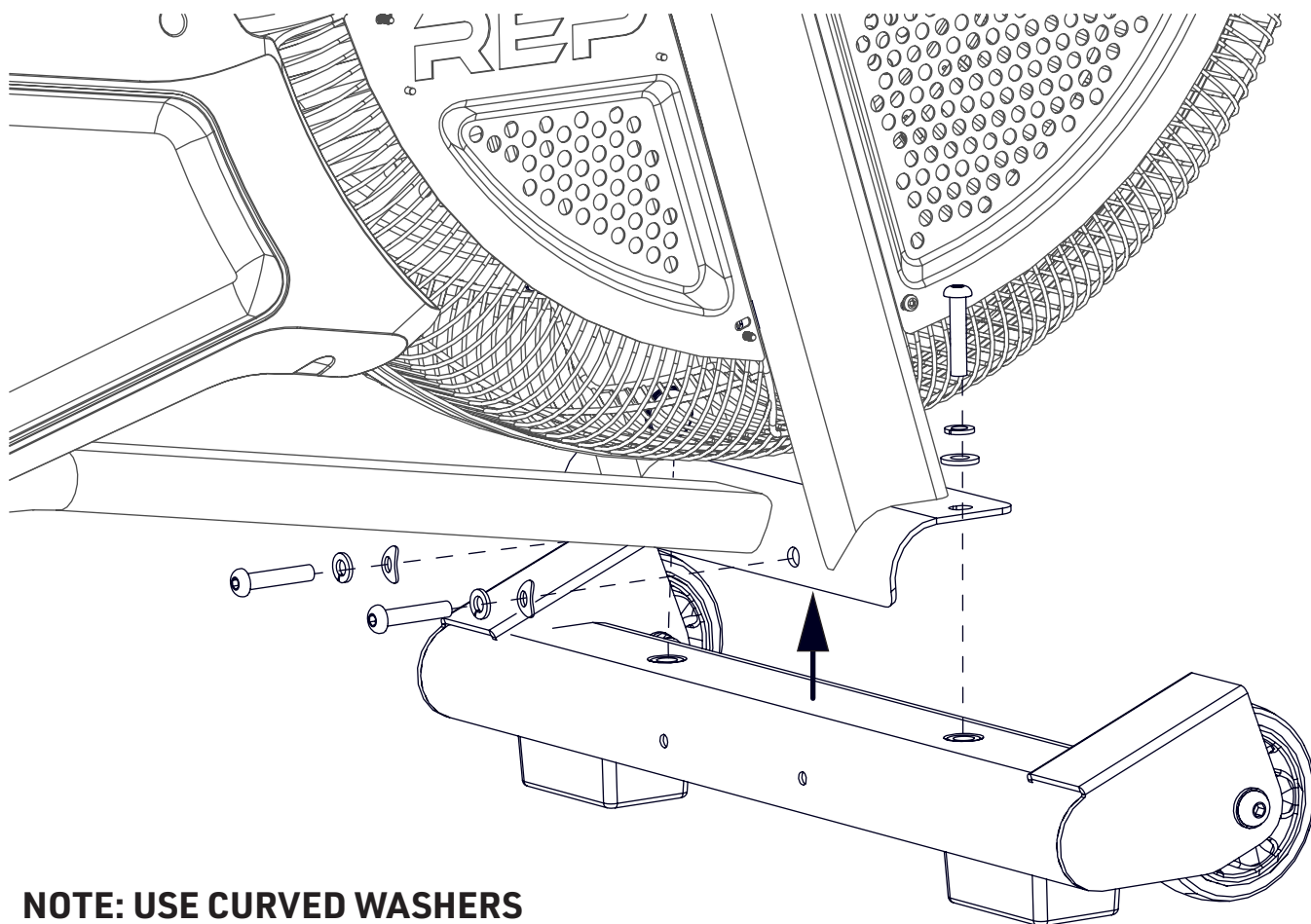


**NOTE: USE CURVED WASHERS
ON SIDE BOLTS, FLAT
WASHERS ON TOP**

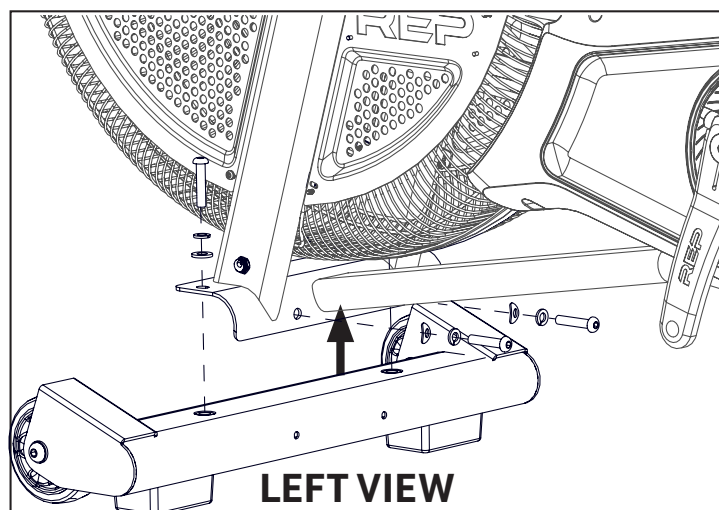
2



NOTE: HARDWARE IS PRE-INSTALLED ON STABILIZING FEET

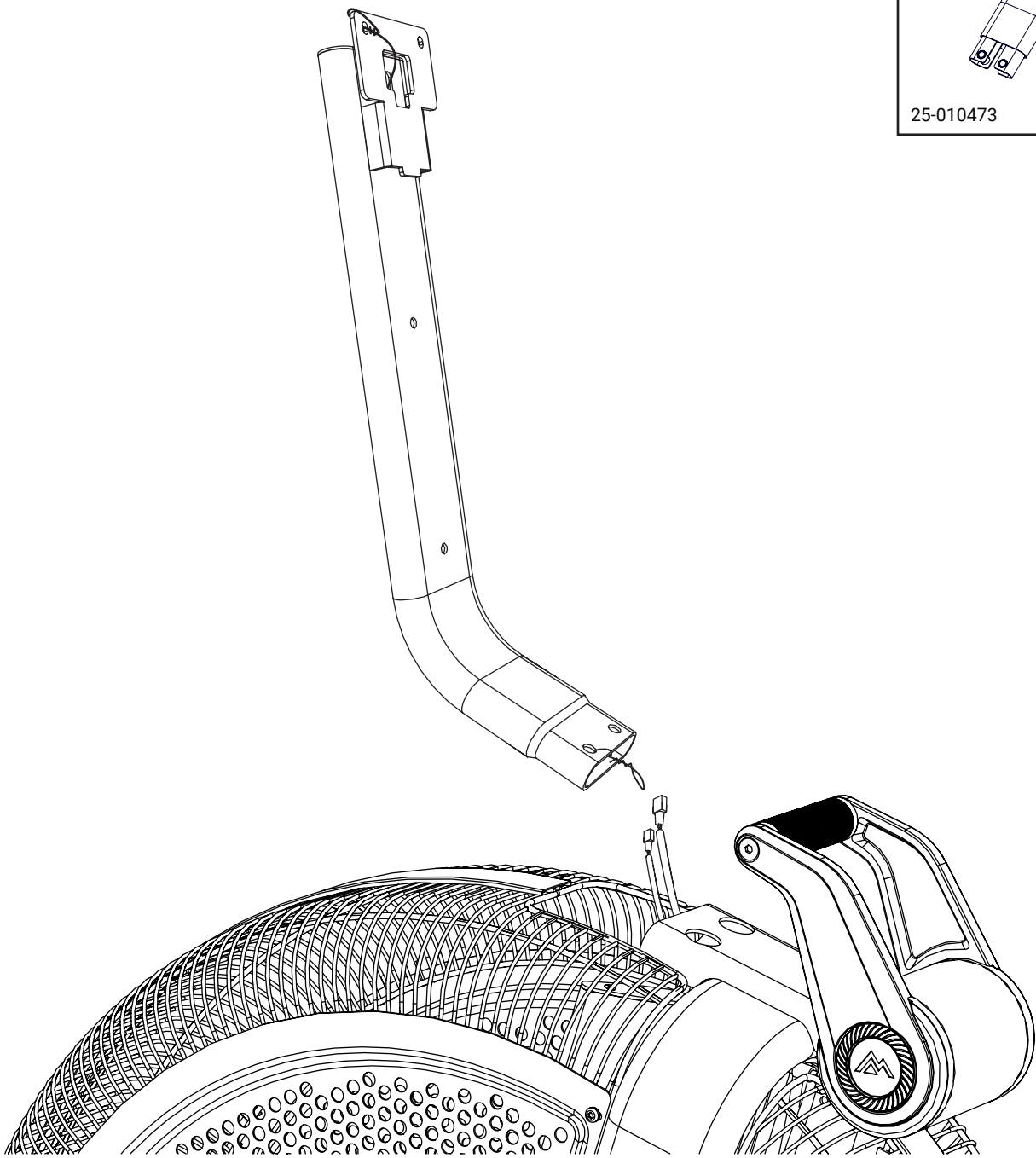
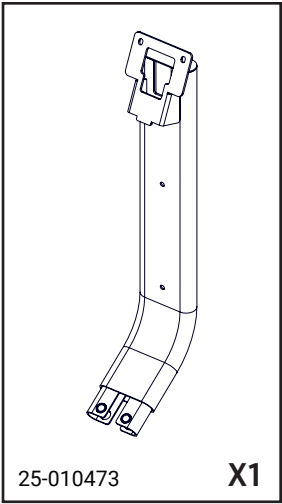


**NOTE: USE CURVED WASHERS
ON SIDE BOLTS, FLAT
WASHERS ON TOP**

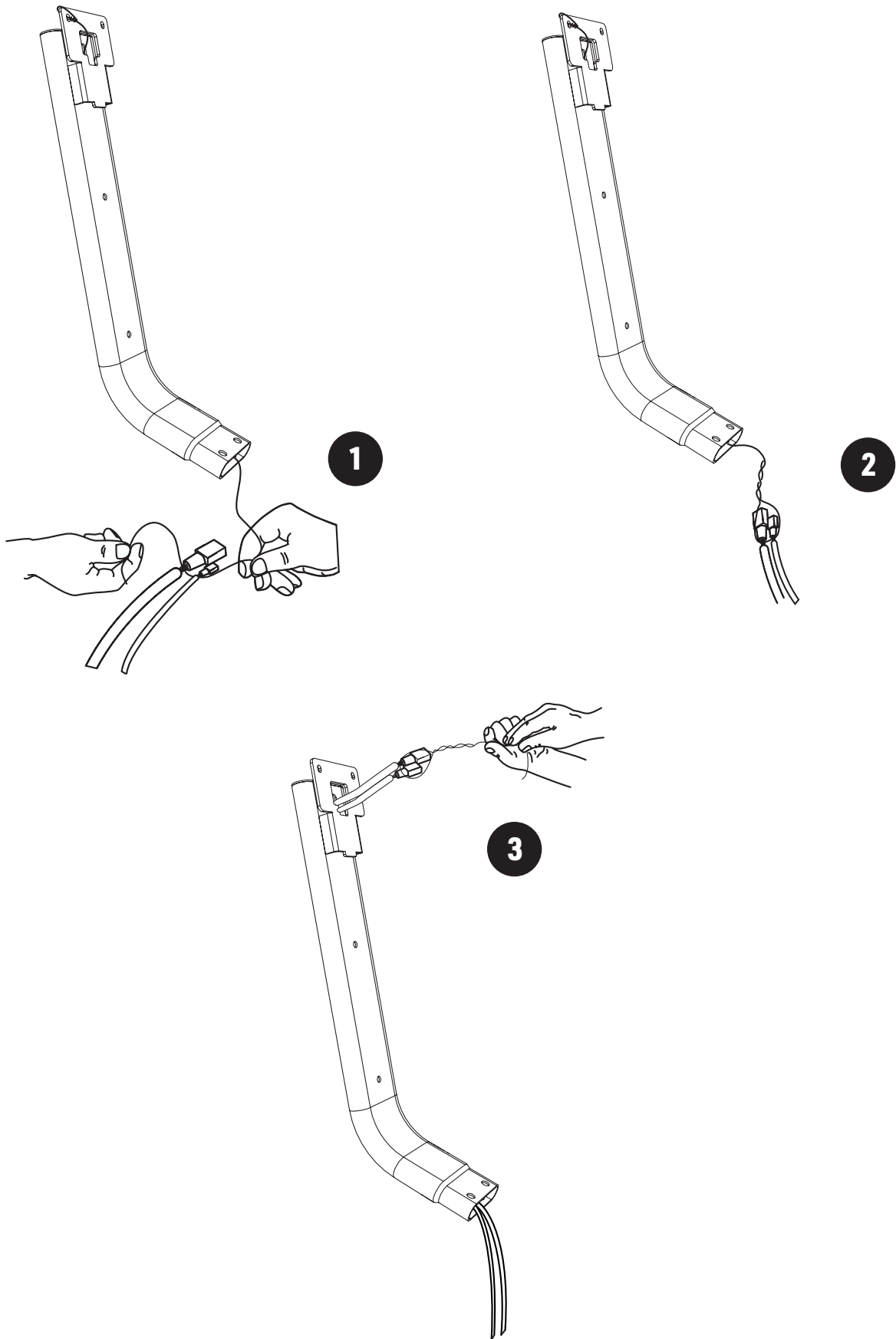


3A

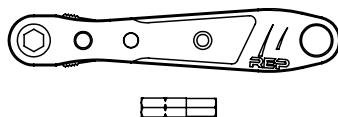
**CABLE ROUTING
SEE NEXT PAGE FOR DETAILED VIEWS**



3B

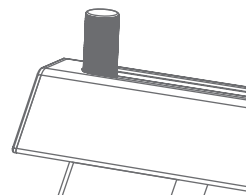
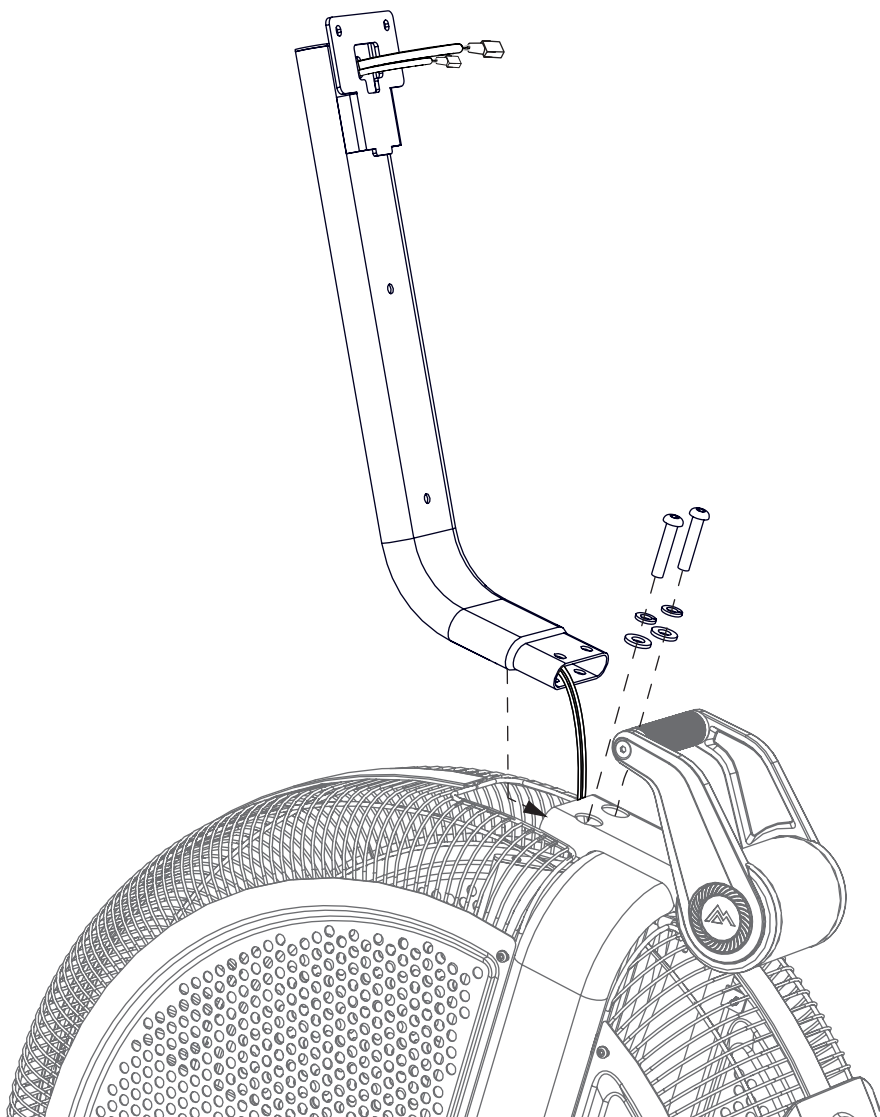


3C

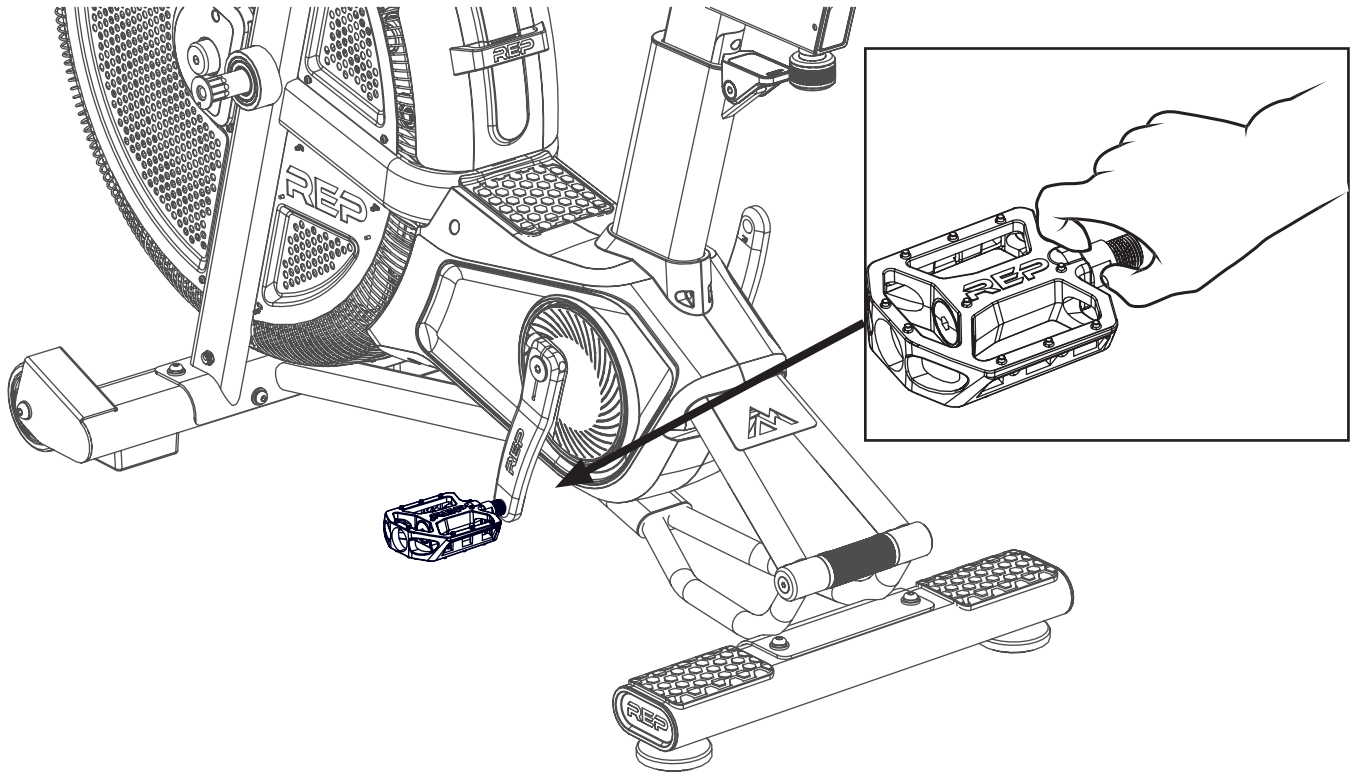


		
10-007548 X2	10-004633 X2	10-004288 X2

**MAST MUST BE FULLY INSERTED INTO
WHEEL FRAME BEFORE FASTENING**

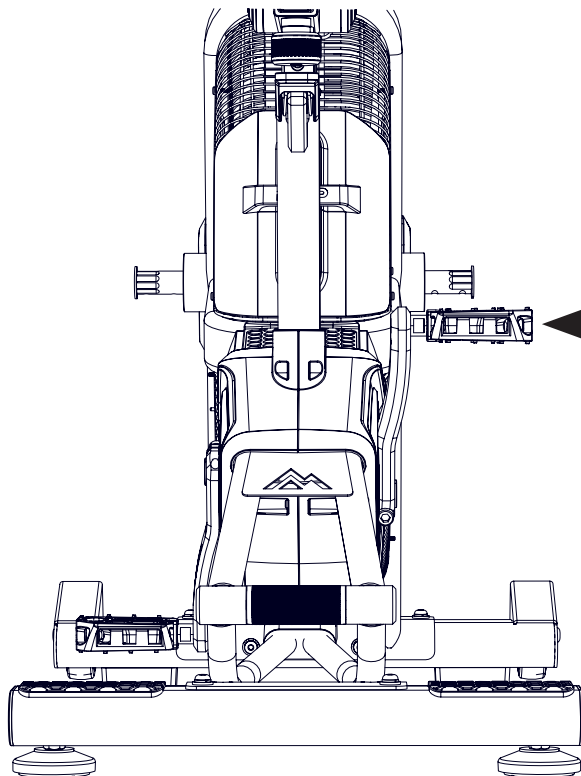


**USE CAUTION TO NOT PINCH CABLES
DURING INSTALLATION**

CRITICAL PEDAL ASSEMBLY TIPS:

THREADING ON LEFT PEDAL IS REVERSED (LEFTY TIGHTY).

START THREADING PEDALS BY HAND. USE CAUTION TO NOT CROSSTHREAD THE PEDAL INTO THE CRANK.



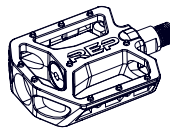
PEDAL MUST BE FLAT AND PROPERLY THREADED TO PREVENT STRIPPING AND FUNCTION PROPERLY. A CROOKED PEDAL CAN BE SUBJECT TO FAILURE AND CAN POSE THE THREAT OF SERIOUS INJURY TO THE RIDER.

ONCE THE PEDAL IS STARTED MULTIPLE COMPLETE ROTATIONS BY HAND, USE THE 15MM PEDAL WRENCH TO SECURE THE PEDAL TO THE CRANK.

4B



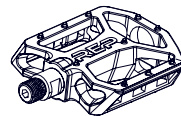
LEFT PEDAL



10-010023

X1

RIGHT PEDAL

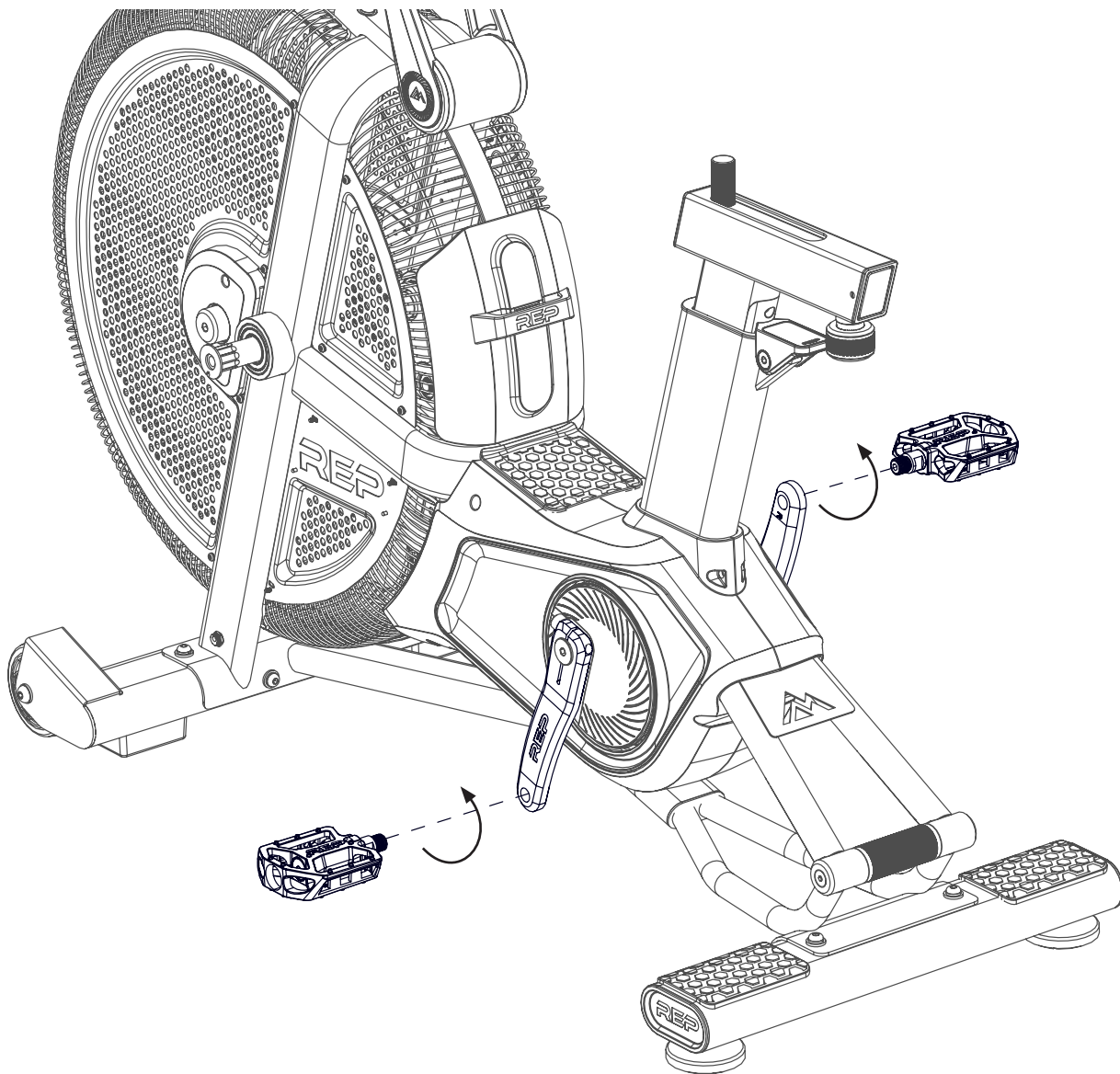


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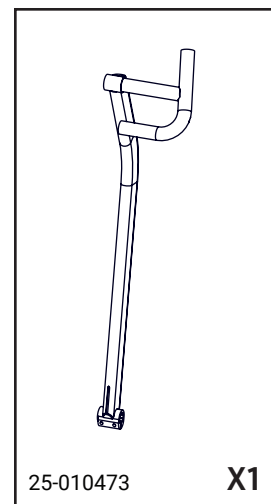
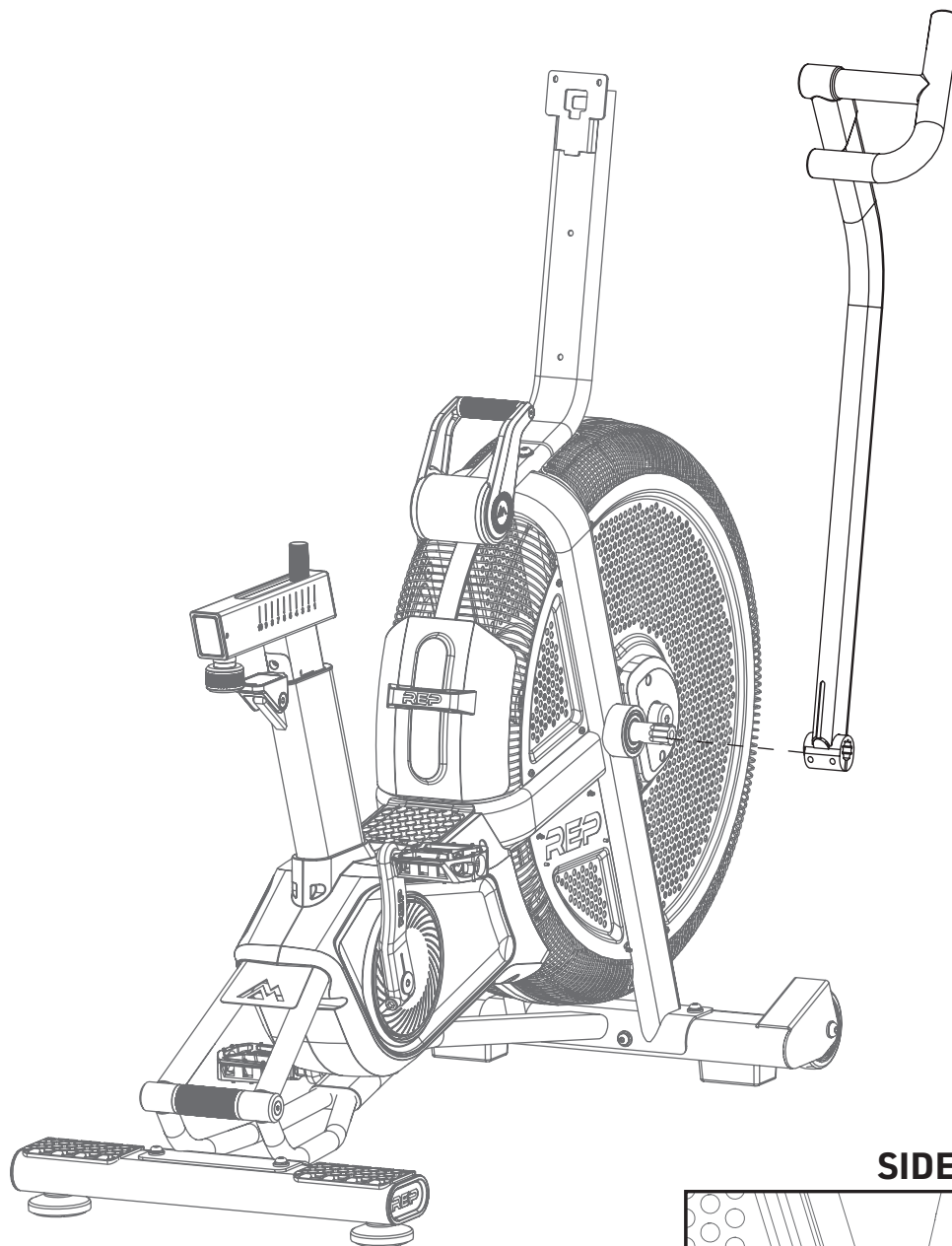
X1

**NOTE: FOLLOW IMPORTANT TIPS AND GUIDANCE ON
PREVIOUS PAGE**

**PEDALS MUST BE SECURELY TIGHTENED INTO CRANK ARMS.
RECOMMENDED TORQUE RANGE OF 25-30 FT-LBS.**

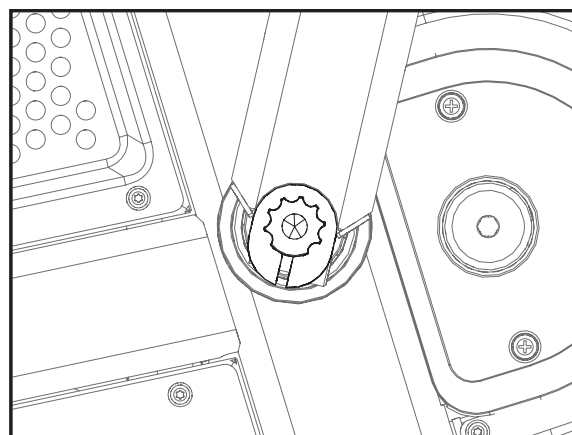


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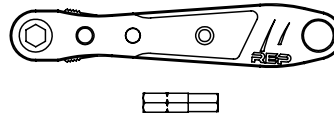


**NOTE: TEETH MUST ALIGN BETWEEN
STUD AND HANDLEBAR. ALIGN
CURVED PART OF STUD TO BOTTOM OF
HANDLEBAR MOUNT.**

SIDE VIEW



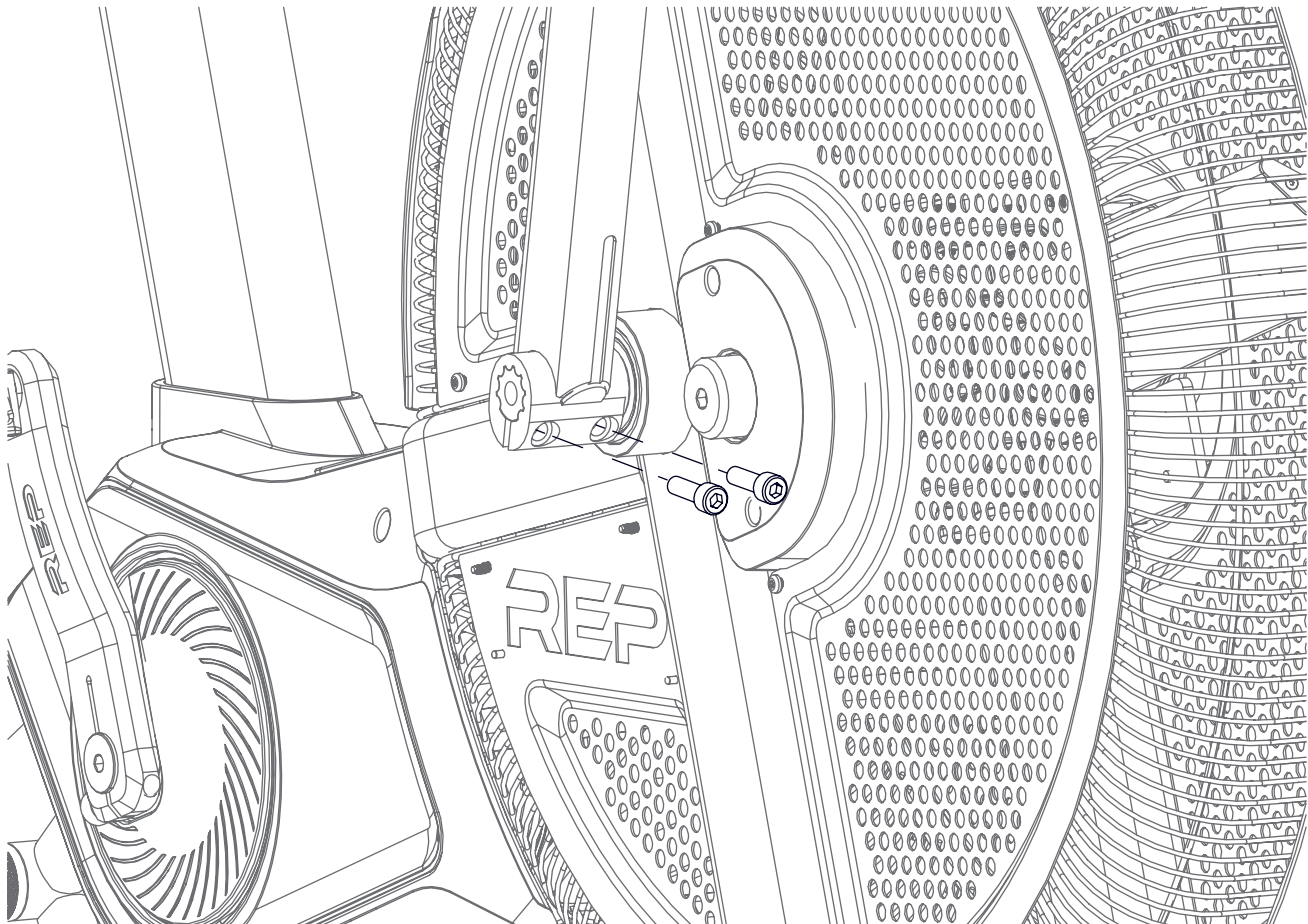
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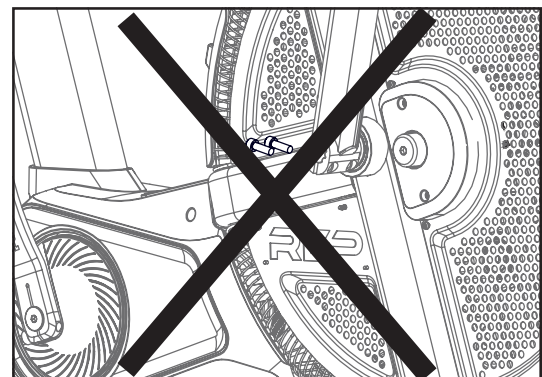
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X2

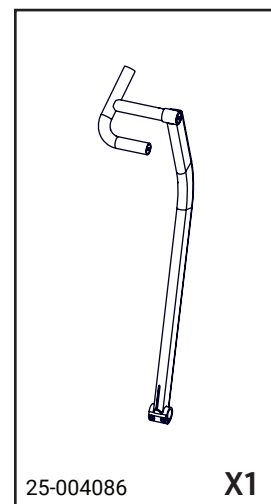
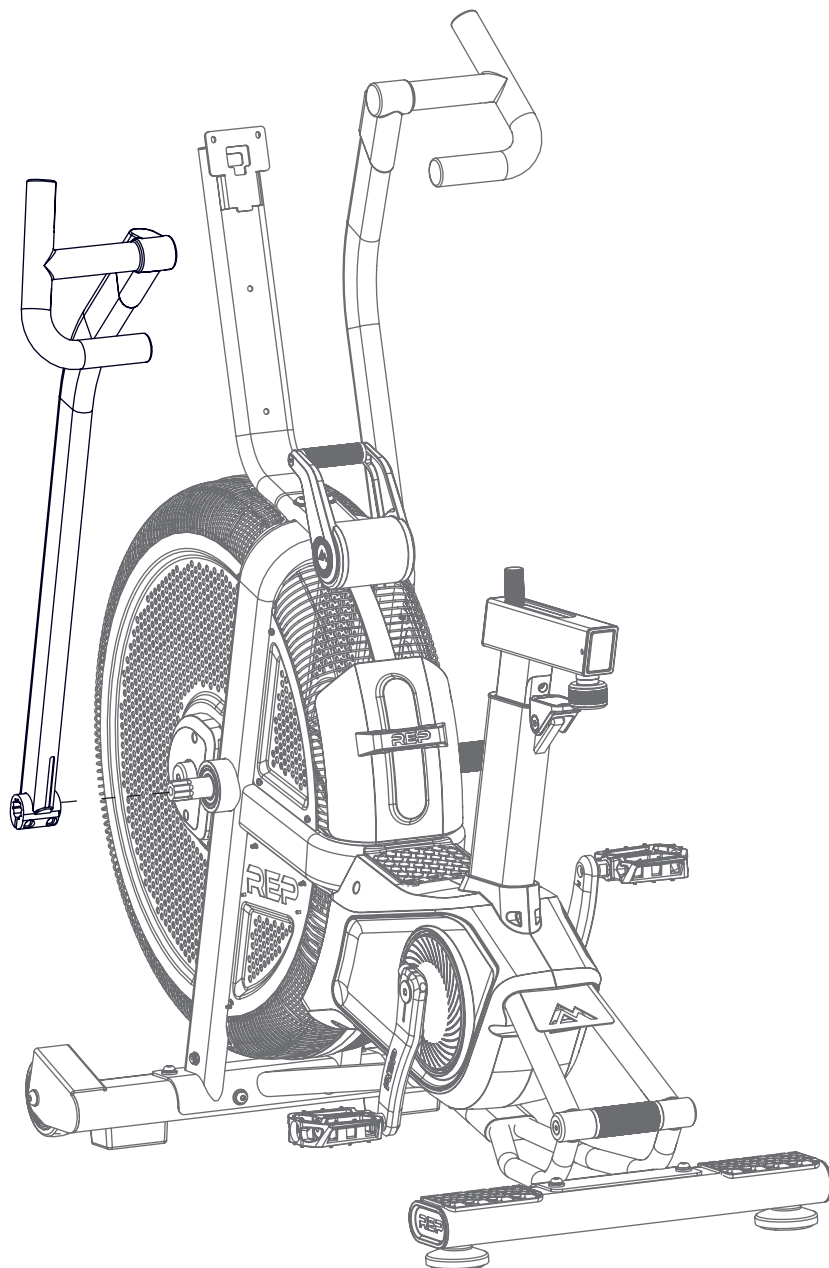
**RIGHT SIDE - SCREWS IN FROM FRONT
HAND TIGHT ONLY**



**DO NOT INSERT SCREWS FROM REAR ON
RIGHT (RIDER'S POV) SIDE!**



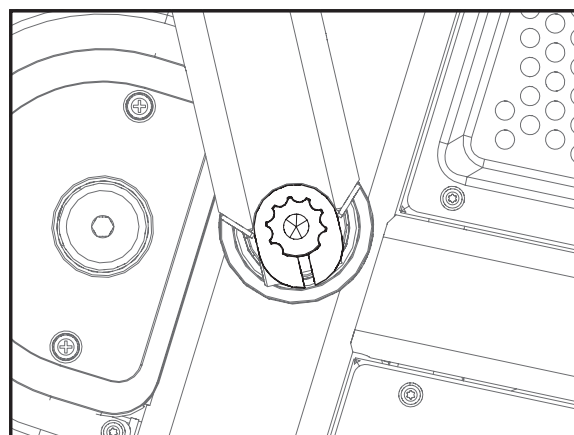
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25-004086

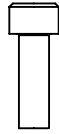
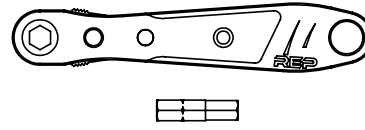
X1

SIDE VIEW



**NOTE: TEETH MUST ALIGN BETWEEN
STUD AND HANDLEBAR. ALIGN
CURVED PART OF STUD TO BOTTOM OF
HANDLEBAR MOUNT.**

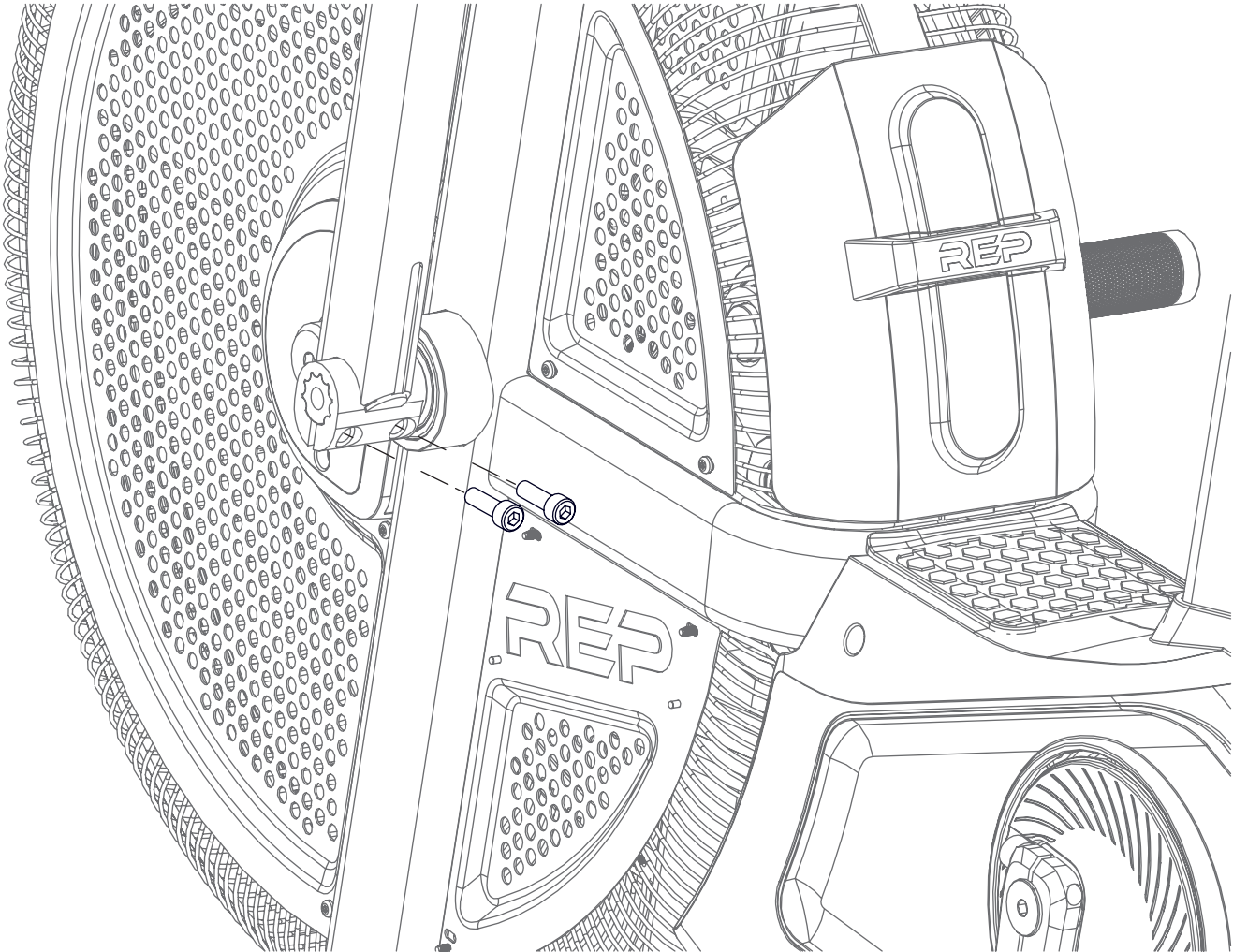
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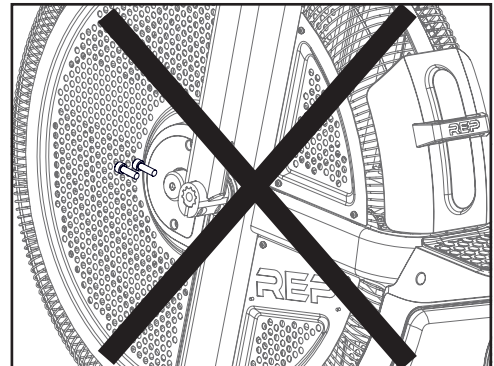
10-0629

X2

LEFT SIDE - SCREWS IN FROM REAR
HAND TIGHT ONLY

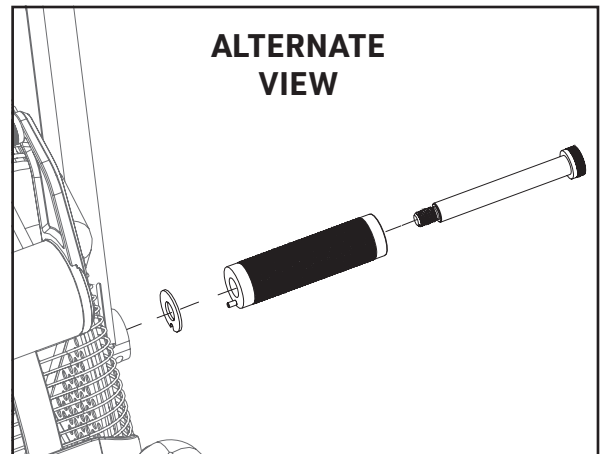
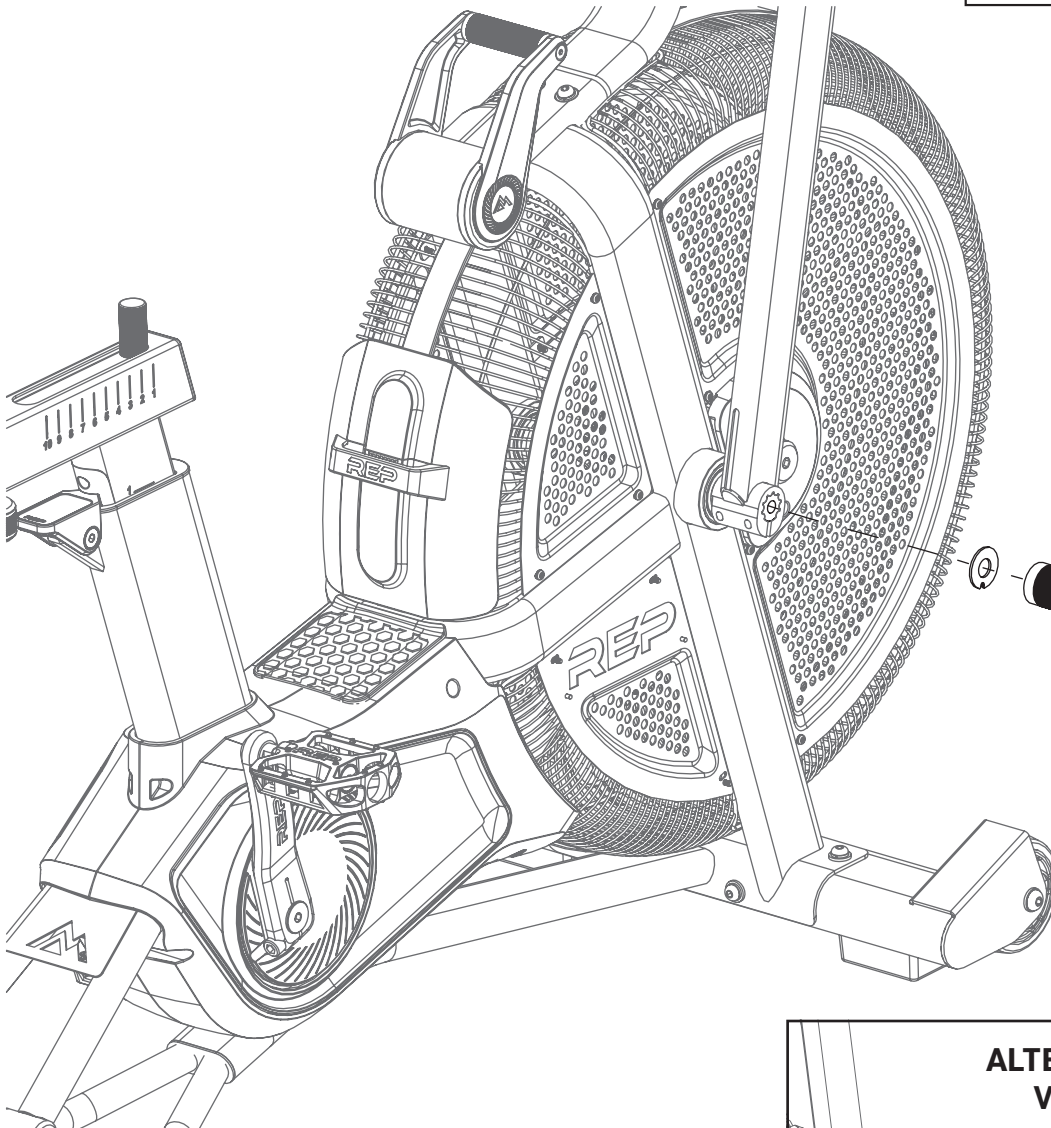
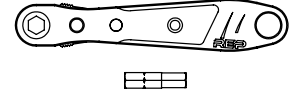


**DO NOT INSERT SCREWS FROM FRONT
ON LEFT (RIDER'S POV) SIDE!**



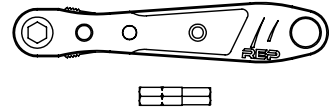
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 20-004139 X1	 25-004193 X1	 10-004045 X1
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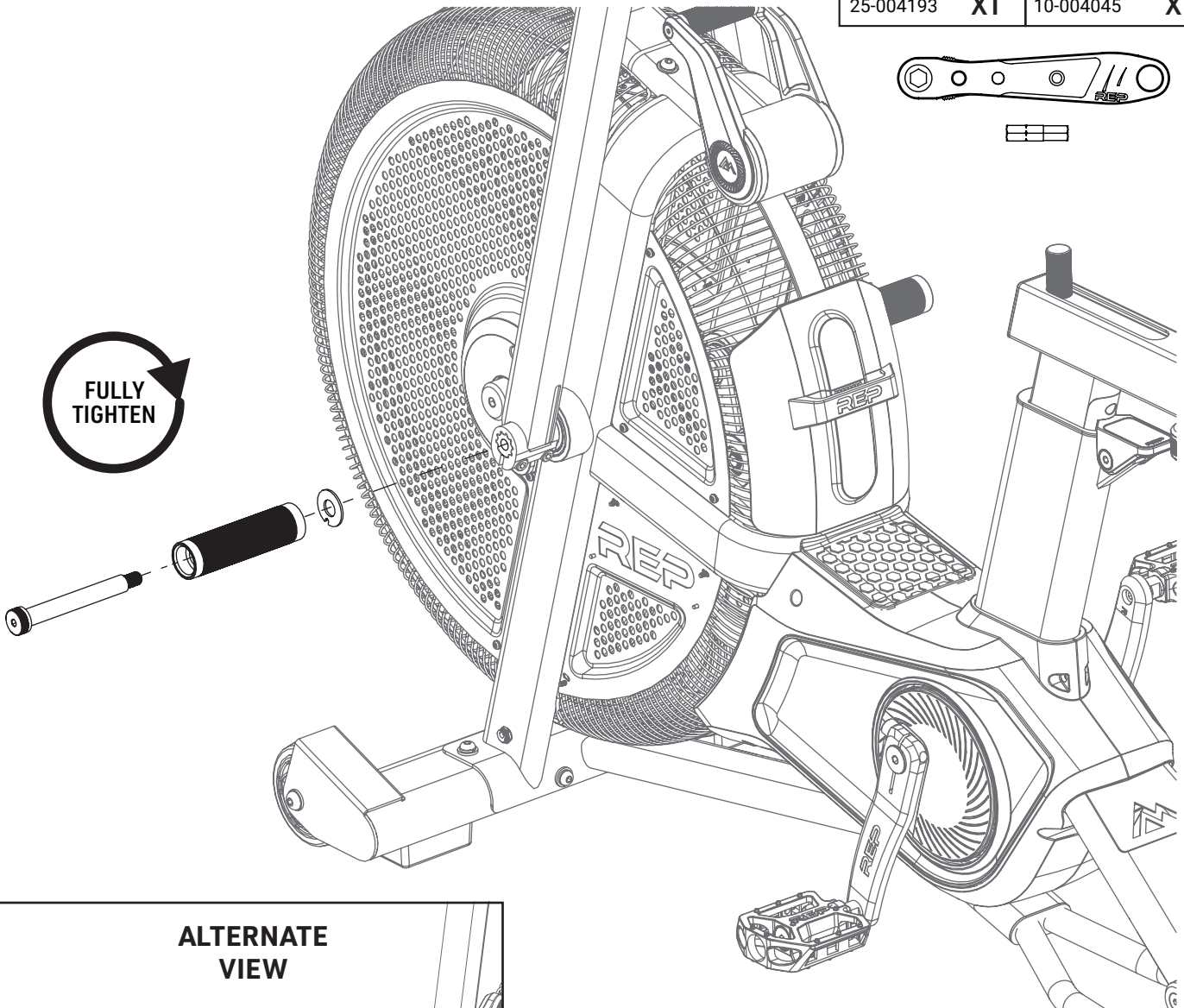


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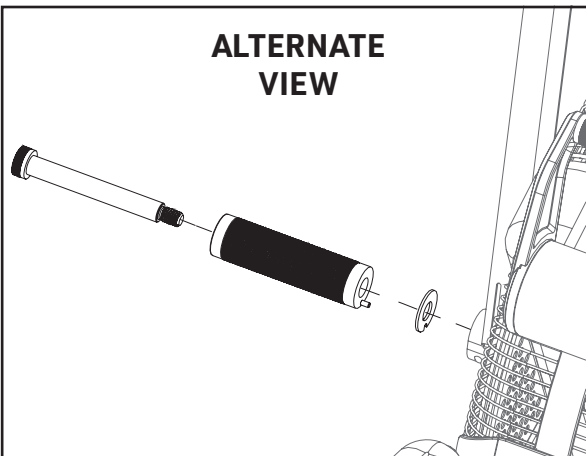
 20-004139 X1	 25-004193 X1	 10-004045 X1
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FULLY
TIGHTEN



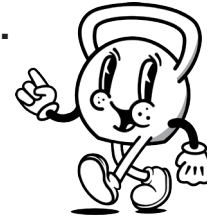
ALTERNATE
VIEW



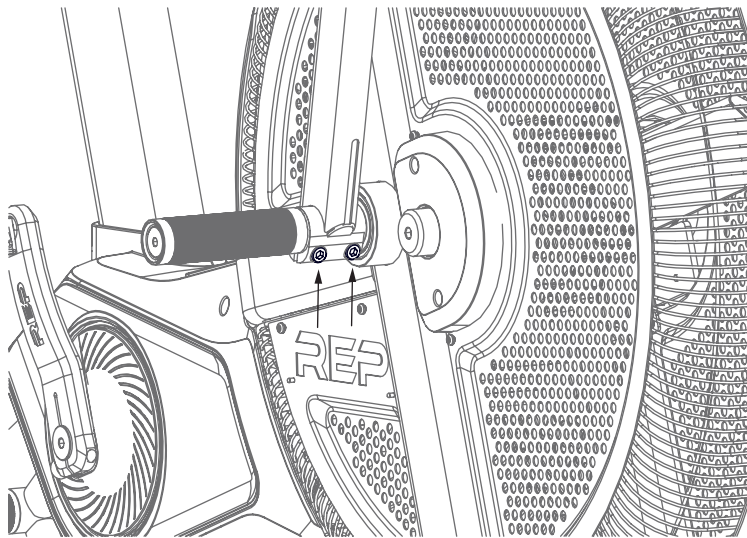
11

ATTENTION!

TO PREVENT HANDLEBAR WIGGLE OR WEAR, TIGHTEN MOUNTING BOLTS AT BASE OF HANDLEBARS AFTER BIKE IS ASSEMBLED. USE THE INCLUDED 6MM WRENCH, WHICH CAN APPLY MORE TORQUE THAN THE RATCHETING WRENCH. TIGHTEN EACH BOLT 1/4 TURN UNTIL HANDLEBAR IS FULLY SECURE.

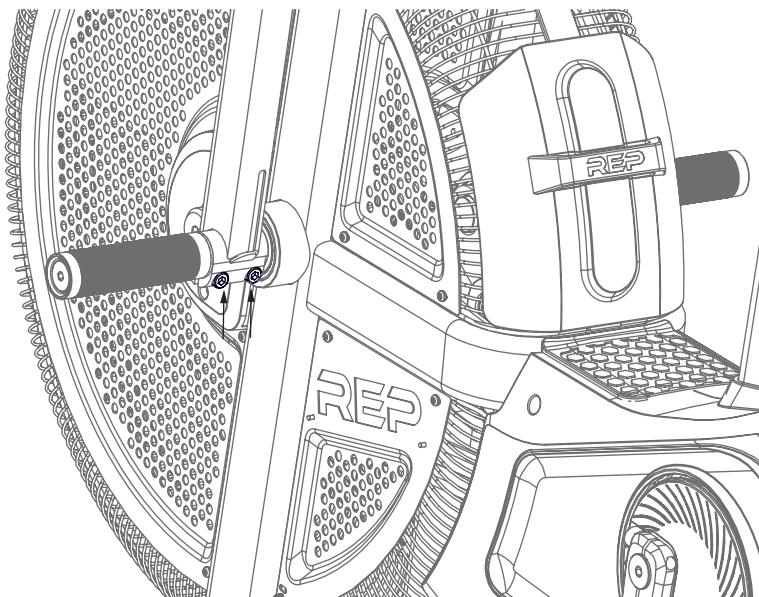


FROM STEP 6

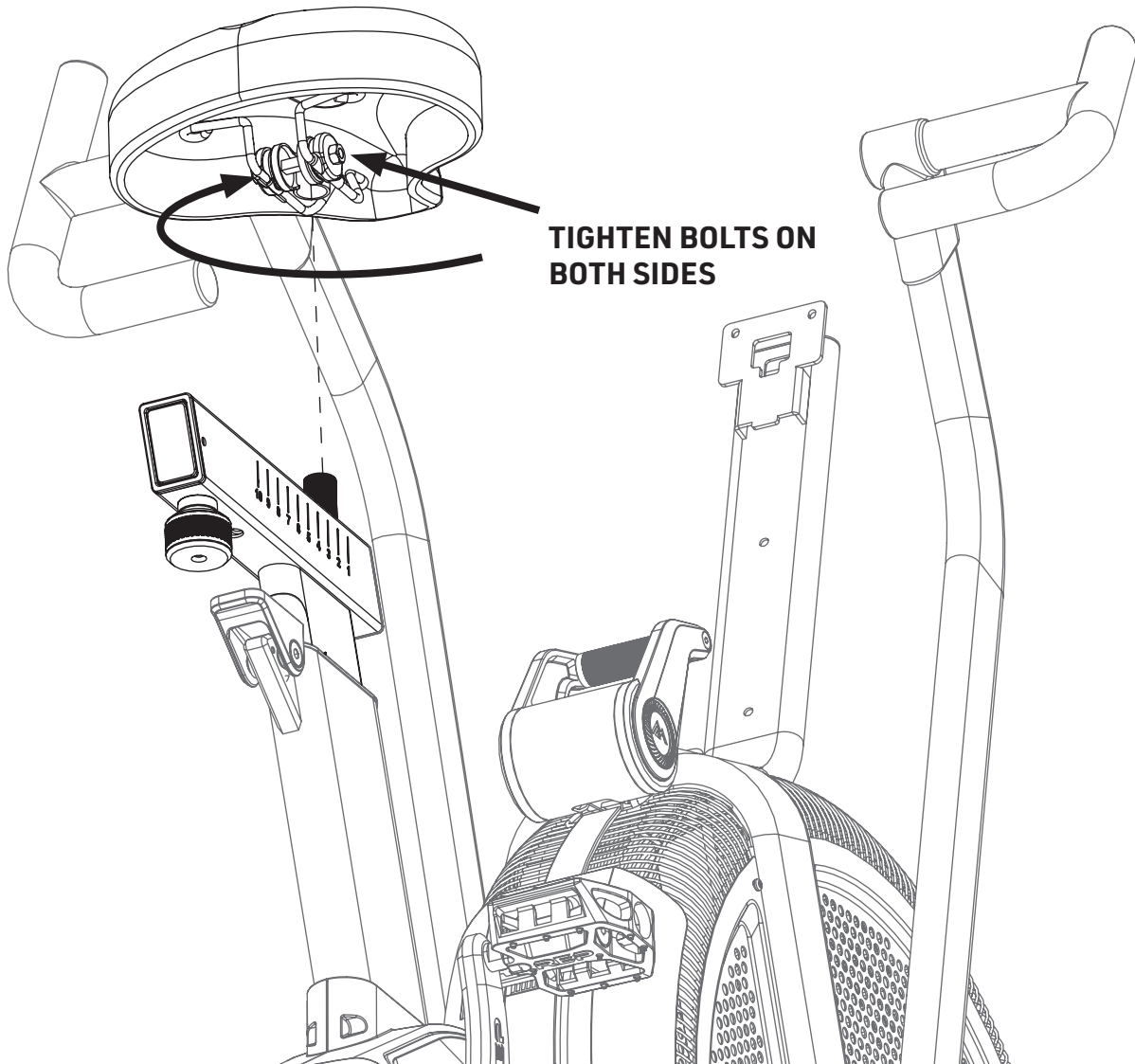
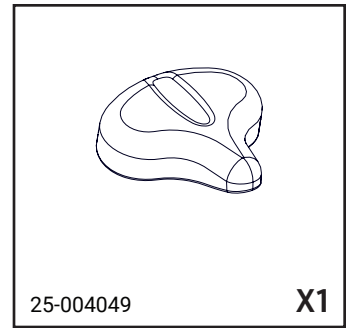
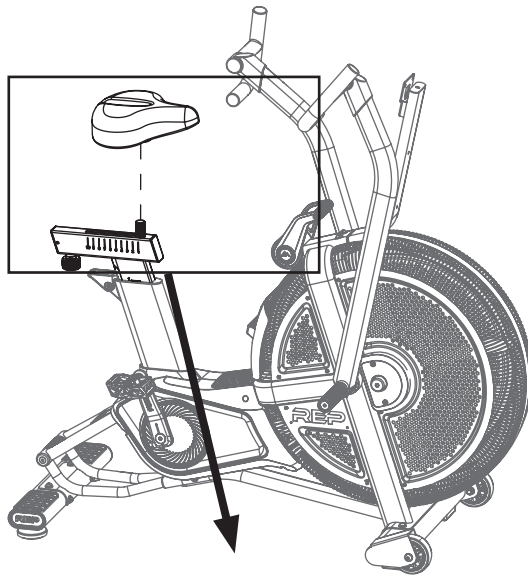


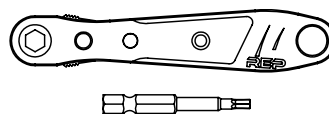
FULLY
TIGHTEN

FROM STEP 8

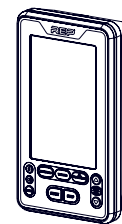


12



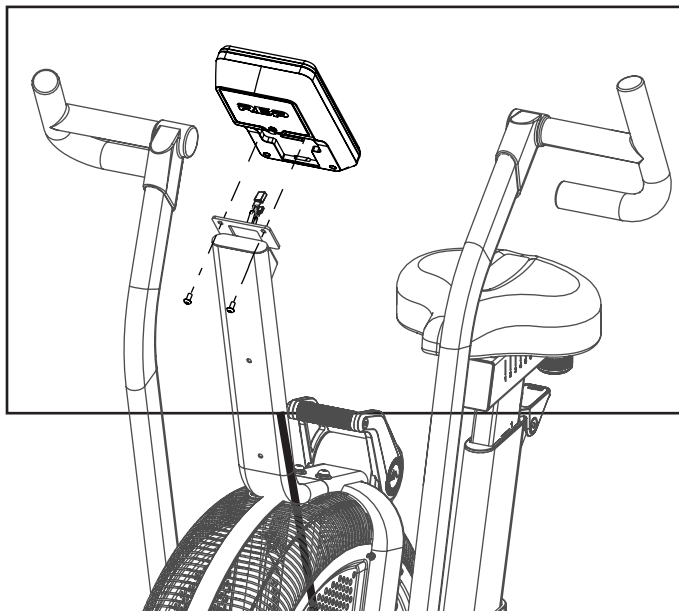


NOTE: SCREWS ARE PRE-INSTALLED IN CONSOLE



25-010299

X1

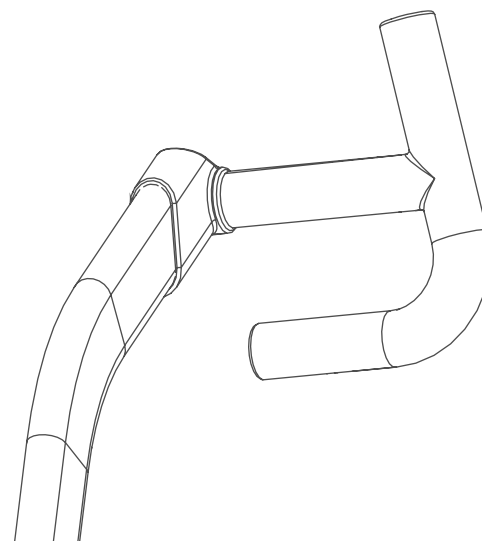
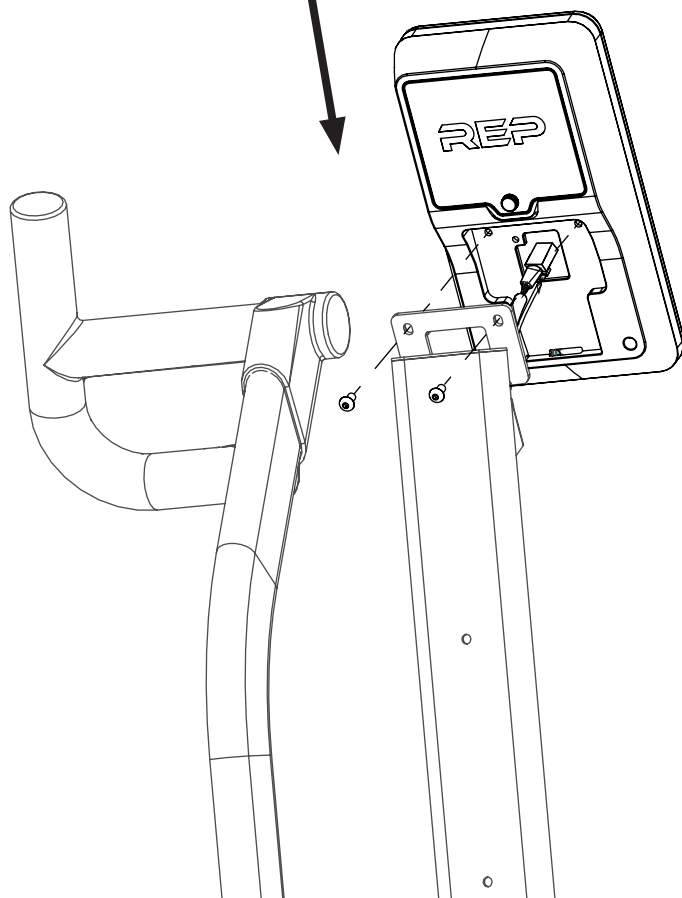


1. REMOVE SCREWS FROM CONSOLE (USE 3MM BIT).

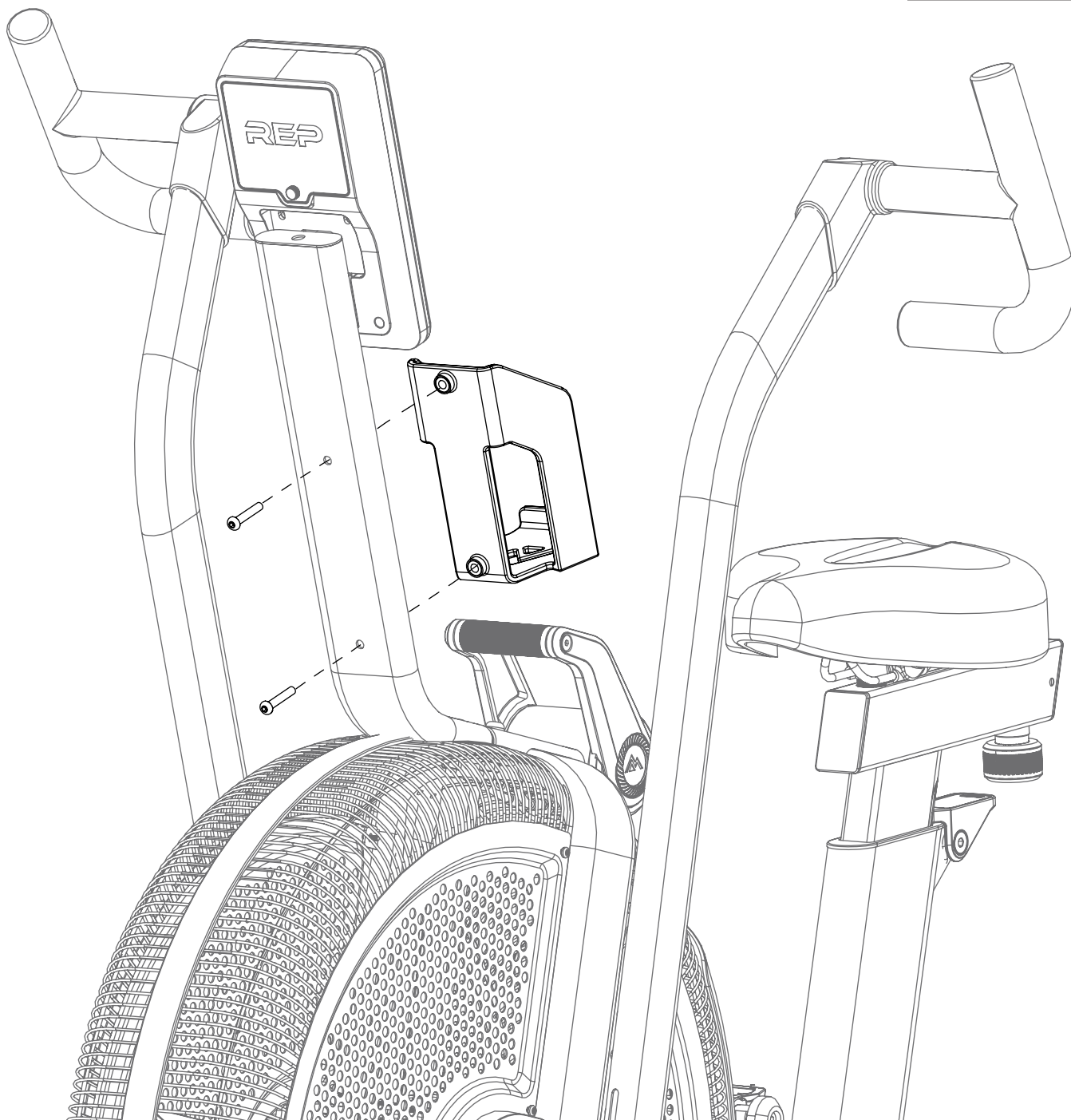
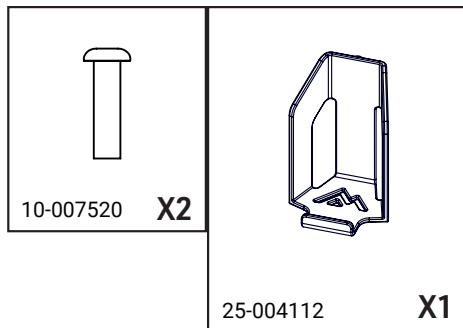
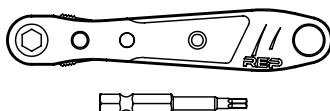
2. ATTACH BOTH CABLES TO CONSOLE.

3. INSERT FLANGE ON BOTTOM OF CONSOLE MOUNTING PLATE INTO LOWER BACK PART OF CONSOLE, THEN ALIGN TO THE SCREW HOLES.

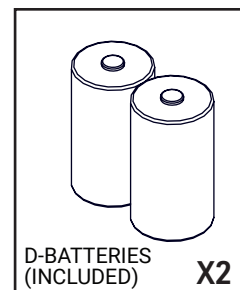
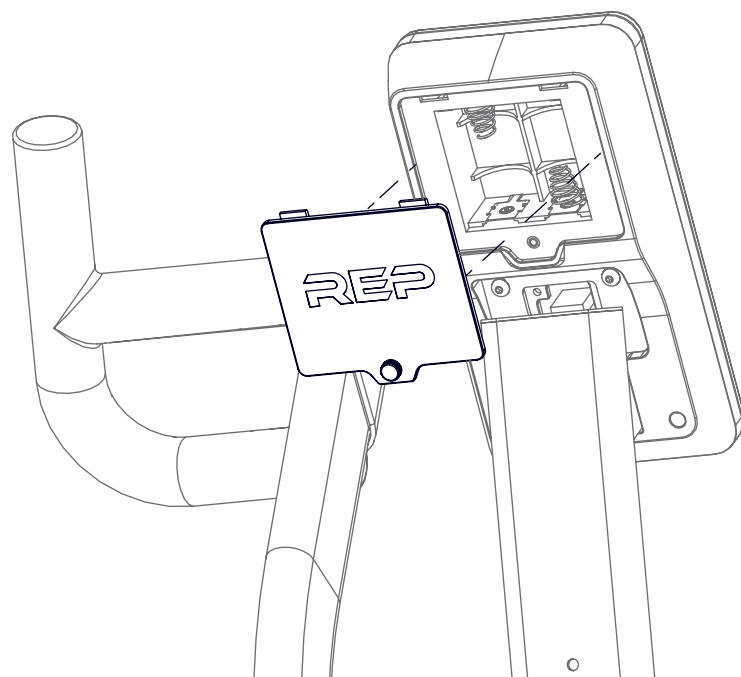
4. REINSTALL CONSOLE TO MAST WITH SCREWS REMOVED IN STEP 1.



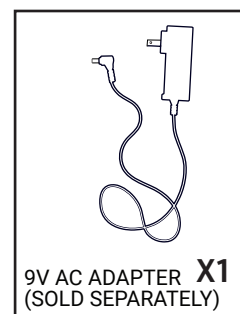
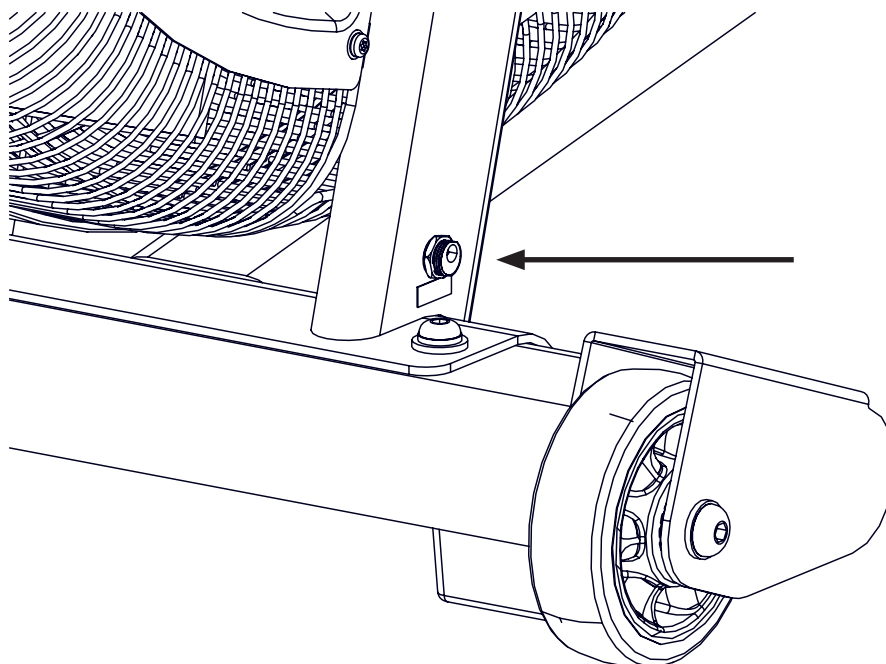
14



14A RECOMMENDED: D-BATTERY POWER

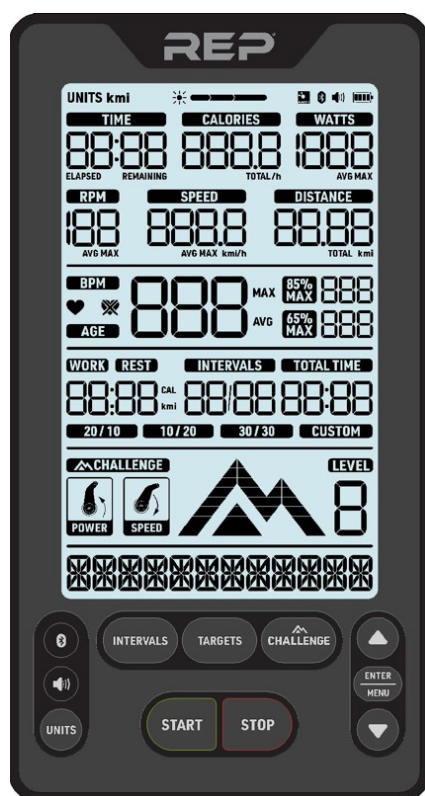


14B OPTIONAL: 9V AC POWER ADAPTER



**PLUG SIZE
AND SAFETY
INFORMATION
ON PAGE 2**

CONSOLE REFERENCE GUIDE



The console requires (2) D batteries (included) or the optional AC adapter to function. Electrical safety information is provided at the beginning of this manual.

Console will turn on when a signal is detected from the pedals or when a button is pressed.

BASIC BUTTON FUNCTIONS:

BLUETOOTH: Press and hold to enter a pairing mode to connect to a compatible 2.4Ghz heart rate monitor. Phones and tablets can also pair to console for firmware updates and third-party app control using compatible FTMS protocol.

SPEAKER BUTTON: Press the button to cycle through volume settings or toggle the silent mode.

UNITS: Changes units speed/distance between Imperial and Metric.

INTERVALS: Enters the interval workout mode; users can then select from a selection of preset interval workouts or build a custom workout by selecting their time, calories, or resistance intervals manually.

TARGETS: Enters a target workout mode; users can then select a metric to target and choose from a default goal or modify the goal using the ARROWS buttons.

MOUNTAIN CHALLENGE: Are you up for the REP Mountain Challenge? Combine power and speed in a high-intensity interval workout that challenges even the toughest REP Athletes.

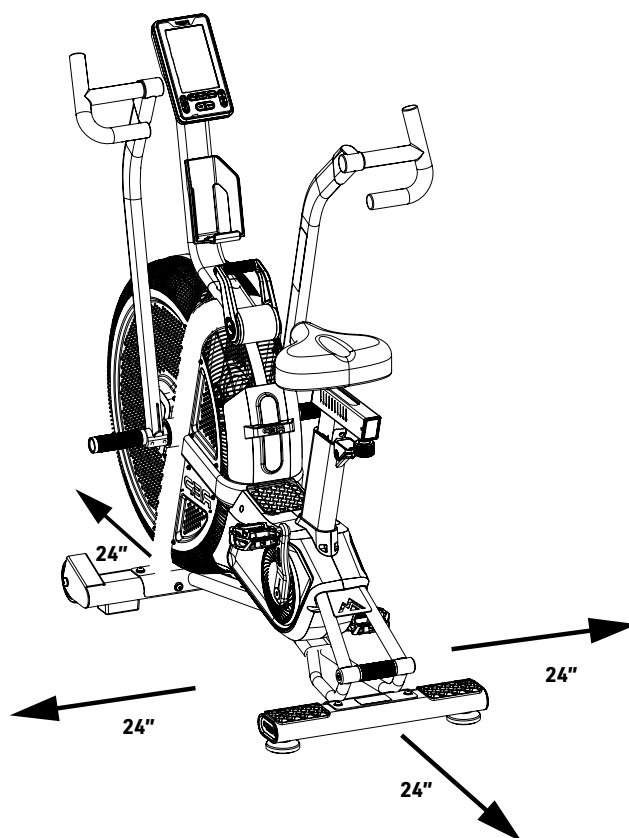
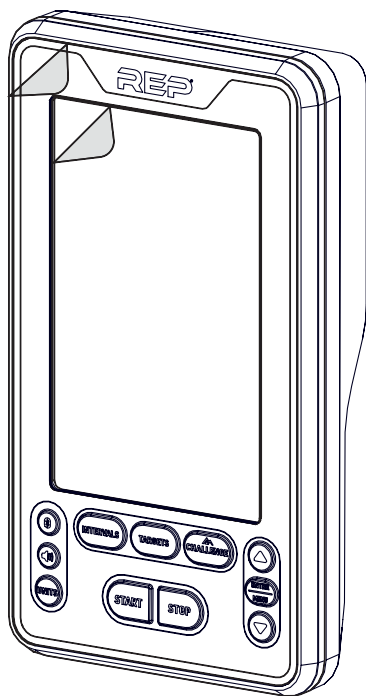
START: First press to confirm parameters for a Target or Interval workout, the second press begins the workout.

STOP: First press pauses a workout, the second press ends the workout. Use STOP to return to a previous screen when setting up a custom workout. Long press the STOP button to change screen brightness.

FINAL STEPS

BEFORE beginning your first workout, it is recommended to perform a final inspection of your Airbike to confirm the following:

- Inspect your machine to ensure that all hardware is tight and components are properly assembled.
- Be sure that the pedals are fully tightened.
- Be sure to record the serial number in this manual for warranty or service needs.
- Do not use or put the machine into service until the machine has been fully assembled and inspected for correct performance in accordance with the functional test and troubleshooting procedures provided in this manual and made available on REP's support website.
- Remove the "R" and "L" stickets from the handlebars, crank arms, and pedals.
- Remove the protected clings from BOTH the display and the bezel (see diagram below).
- Verify resistance handle to console calibration and calibrate as necessary (see next page).
- Position AirBike in safe area before commencing first workout. REP always recommends a safe buffer zone of 24" (60cm) between other equipment, walls, or workout space.

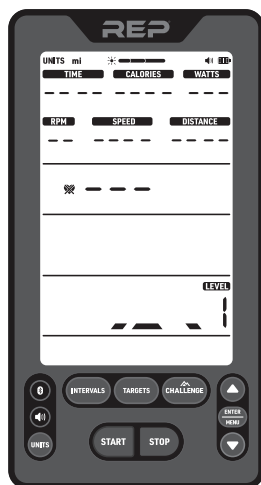


NOTICE: After the first few workouts on a new Airbike, some hardware will need to be retightened. To ensure quiet and smooth operation, be sure to tighten the indicated hardware after three (3) workouts. Visit REP's support website for the latest information on maintenance intervals.

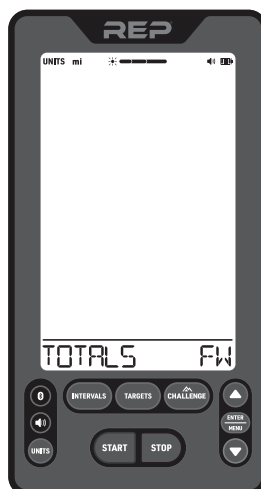
CALIBRATION GUIDE

AFTER ASSEMBLY, VERIFY THAT THE AIRBIKE RESISTANCE HANDLE READS LEVEL 1 WHEN FULLY FORWARD, AND LEVEL 8 WHEN PULLED FULLY REARWARD. IF YOU SUSPECT THE HANDLE AND CONSOLE ARE OUT OF SYNC, FOLLOW THE BELOW STEPS TO PERFORM CONSOLE CALIBRATION.

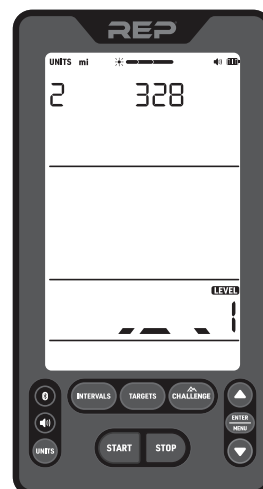
1 FROM HOME SCREEN, PRESS ENTER



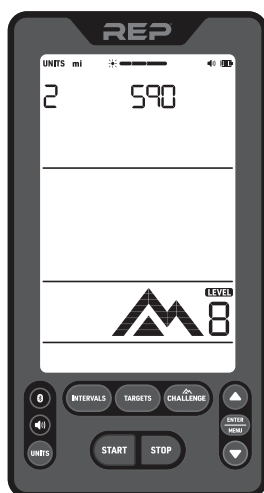
2 PRESS AND HOLD ENTER AND STOP AT THE SAME TIME, HOLD 3 SECS



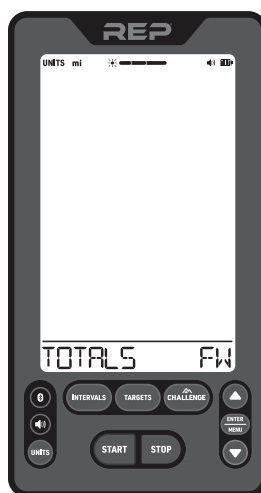
3 ADJUST LEVER ALL THE WAY FORWARD, PRESS ENTER



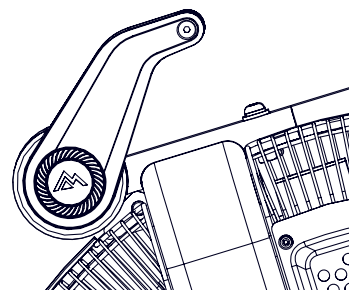
4 ADJUST LEVER ALL THE WAY REARWARD, PRESS ENTER



5 CALIBRATION COMPLETE. PRESS "STOP" TO RETURN TO HOME SCREEN



LEVEL 1



LEVEL 8



TROUBLESHOOTING GUIDE

CONSOLE SHOULD TURN ON WHEN ANY BUTTON IS PRESSED OR WHEN THE PEDALS ARE MOVED

If console does not turn on when a button is pressed, refer to the following:

Using batteries:

- Check that (2) D batteries are in place and correctly orientated. The flat “-” side of battery should be facing the springs.
- Replace batteries.
- Contact Customer Service for further assistance.

Using optional power adapter:

- Check that adapter is plugged securely into wall outlet.
- Check that wall outlet is functioning by plugging another device such as a lamp into the outlet.
- Check that plug is connected to airbike securely at the inlet which is located on the bottom left side of the bike engine. Adjacent to the front stabilizer screw.
- Contact Customer Service for further assistance.

If console does not turn on when pedals are moved, refer to the following:

Check that wiring at the following locations. Make sure connections are secure, and that wires are undamaged:

- Rectangular white plug at back of console, just below the battery cover.
- Top of console mast (reference step 13).
- Bottom of console mast (reference step 3C). Check that wiring has not become pinched or severed by installation hardware.
- If any wires are damaged or cannot be connected, contact Customer Service for further assistance.

CONSOLE TURNS ON, BUT DOES NOT DISPLAY RPM WHILE IN PEDALS ARE IN MOTION AND WORKOUT IS ACTIVE

Check that wiring at the following locations. Make sure connections are secure, and that wires are undamaged:

- Rectangular white plug at back of console, just below the battery cover.
- Top of console mast (reference step 13).
- Bottom of console mast (reference step 3C). Check that wiring has not become pinched or severed by installation hardware.
- If any wires are damaged or cannot be connected, contact Customer Service for further assistance.

RESISTANCE LEVEL DOES NOT CHANGE WHEN LEVER IS MOVED

Check that wiring at the following locations. Make sure connections are secure, and that wires are undamaged:

- Rectangular white plug at back of console, just below the battery cover.
- Top of console mast. Unplug and re-plug in the connector.
- Bottom of console mast (may require removal of mast). Check that wiring has not become pinched or severed by installation hardware.
- If resistance level is not functioning correctly contact Customer Service for further assistance.

RESISTANCE LEVEL DISPLAYED IS NOT ACCURATE

- Follow calibration procedure on prior page.

AIRBIKE MAKES NOISE OR VIBRATION WHEN IN USE

Note that it is normal for the Airbike to make a general mechanical noise while pedaling.

For squeak, clunk, click, and other abnormal noises, check the following:

- Ensure screws at front and rear stabilizer (four screws at each) are tightened securely.
- Check that two screws at underside of each moving handlebar are tight.
- Check that screws holding each foot peg are tight.
- Check that machine is level. Attempt to rock back of bike side to side, if any motion is detected, adjust leveler feet as needed to steady the machine.
- If noise persists contact Customer Service for further assistance.

SEAT TILTS OR MOVES LEFT TO RIGHT IN USE

- Adjust seat to desired position and tighten adjustment screws using 13mm wrench at seat attachment bracket.
- Make sure to tighten nuts on both sides of seat mount.
- If unable to tighten seat contact Customer Service for further assistance.

MAINTENANCE

Equipment must be regularly examined for damage and repairs. The owner is responsible to make sure that regular maintenance is done. Worn or damaged components must be repaired or replaced immediately. Only manufacturer supplied components can be used to maintain and repair the equipment.

DAILY:

Before each use, examine the exercise machine for loose, broken, damaged, or worn parts. Do not use if found in this condition. Repair or replace all parts at the first sign of wear or damage. Make sure adjustment knobs are tight. Tighten as necessary. After each workout, use a damp cloth to wipe your machine and Console free of moisture.

NOTE: If necessary, only use a mild dish soap with a soft cloth to clean the Console. Do not clean with a petroleum based solvent, automotive cleaner, or any product that contains ammonia. Do not clean the Console in direct sunlight or at high temperatures. Be sure to keep the Console free of moisture.

WEEKLY:

Check pedals and tighten as necessary. Clean the machine to remove any dust, dirt, or grime from the surfaces.

MONTHLY:

Make sure all bolts and screws are tight. Tighten as necessary.

NOTE: When the machine is used in a Commercial environment, we recommend that the pedals be replaced every year to maintain maximum user safety and performance.

AT REP, OUR PRODUCT KNOWLEDGE BASE IS ALWAYS GROWING. TO FIND THE LATEST GUIDANCE ON SERVICING YOUR EQUIPMENT, PERFORMING ROUTINE MAINTENANCE, TROUBLESHOOTING ISSUES, AND GENERAL ADVICE FOR GETTING THE MOST OUT OF YOUR NEW STRIVE VPR AIRBIKE, VISIT US AT:



[HTTPS://REPFITNESS.KUSTOMER.HELP/EN_US/STRIVE-VPR-AIRBIKE-BJBDGP_GBL](https://repfitness.kustomer.help/en_us/strive-vpr-airbike-bjbdcp_gbl)

