

REP

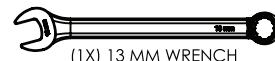
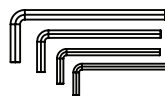
ASSEMBLY INSTRUCTIONS

FT-5004

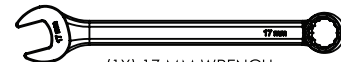


REQUIRED (NOT INCLUDED)

3 MM ALLEN WRENCH
5 MM ALLEN WRENCH
6 MM ALLEN WRENCH
8 MM ALLEN WRENCH



(1X) 13 MM WRENCH



(1X) 17 MM WRENCH



(1X) 19 MM WRENCH

STILL NEED HELP WITH ASSEMBLY?
VISIT OUR ASSEMBLY LIBRARY HERE:
HELP.REPFITNESS.COM



PARTS LIST



Left Frame
30-0333
(X1)



Right Frame
30-0334
(X1)



30-0337
(X1)



30-0338
(X1)



30-0206
(X4)



30-0211
(X2)



30-0212
(X1)



30-0272
(X1)



30-0332
(X2)



30-0331
(X2)



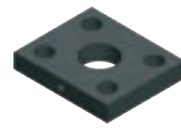
30-0300
(X2)



30-0179
(X2)



30-0273
(X36)



30-0204
(X4)



30-0328
(X1)
(STORAGE BOTTOM)



30-0335
(X1)
(STORAGE TOP)



If you are missing
any parts, or
otherwise have
any warranty issues,
please file a
warranty claim
on our website:



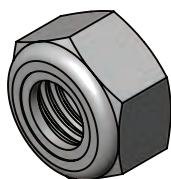
PARTS LIST CONT.



M12 LOCK WASHER
10-0008
(X20)



M10 WASHER
10-0010
(X8)



M10X1.25
10-0020
(X4)



M8 WASHER
10-0104
(X32)



M12 FLANGE WASHER
10-0322
(X20)



M8X1.25, L35
10-0329
(X20)



M8X1.25, L30
10-0318
(X16)



M10X1.5, L50
10-0334
(X4)



M8X1.25, L12
10-0466
(X4)



M8X1.25, L16
10-0068
(X12)



30-0313
(X24)



30-0319
(X4)



30-0286
(X4)



30-0320
(X4)



30-0321
(X2)



30-0316
(X2)



10-0065
(X2)

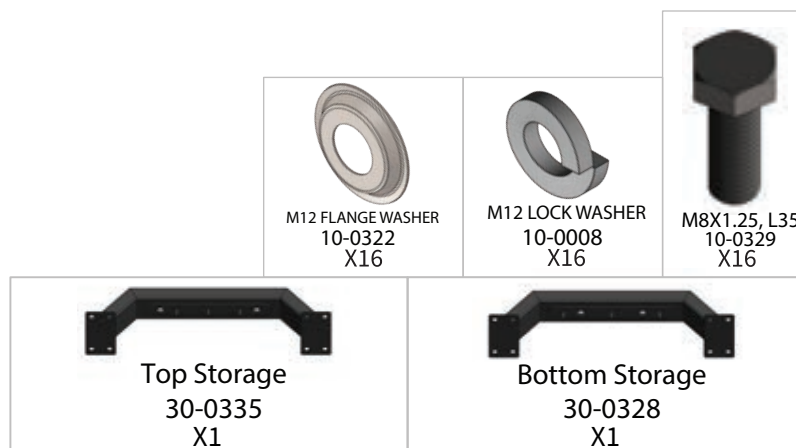
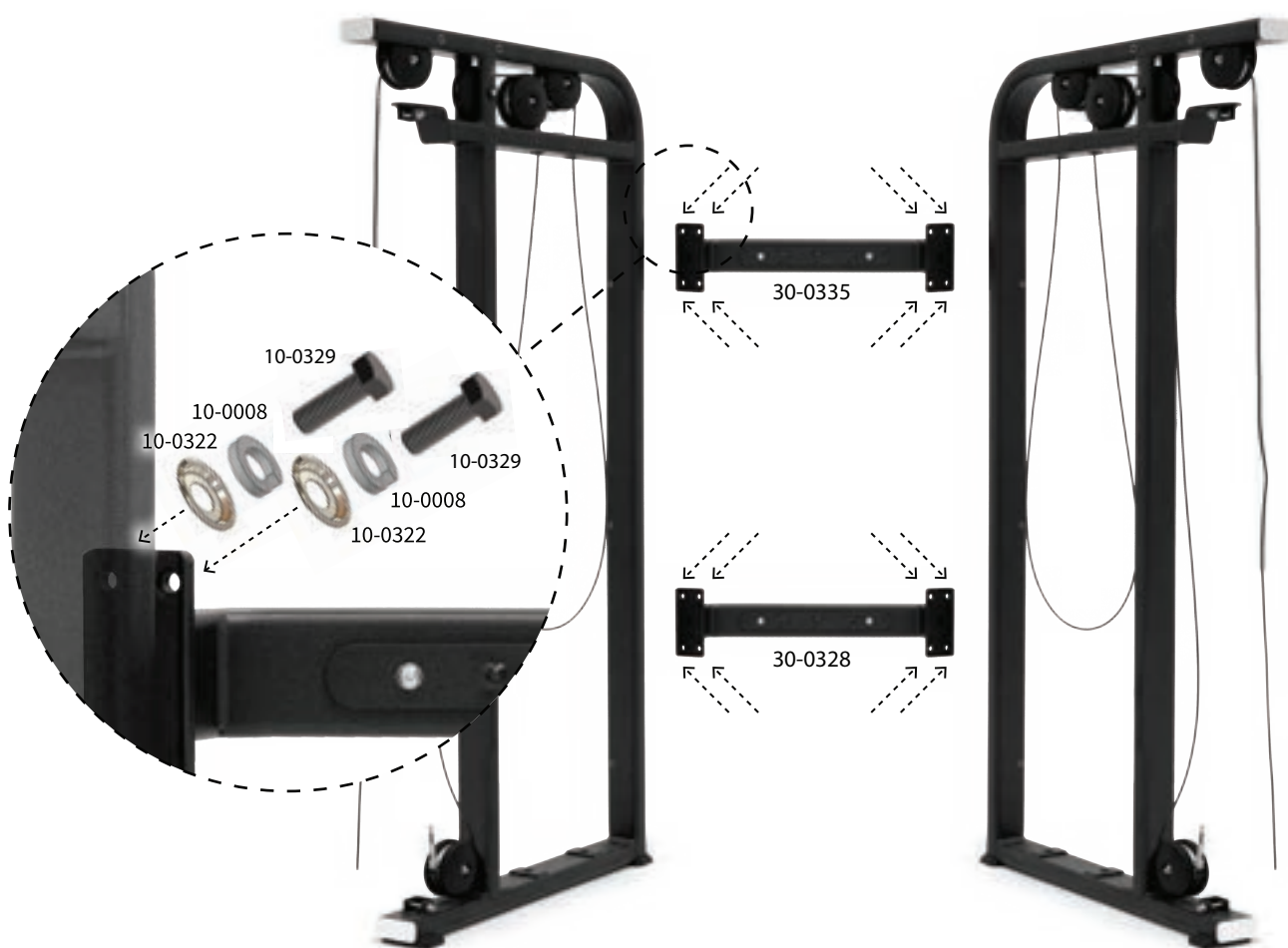


M8X1.25, L10
10-0617
(X4)
(PRE-INSTALLED ON
30-0337 AND 30-0338)

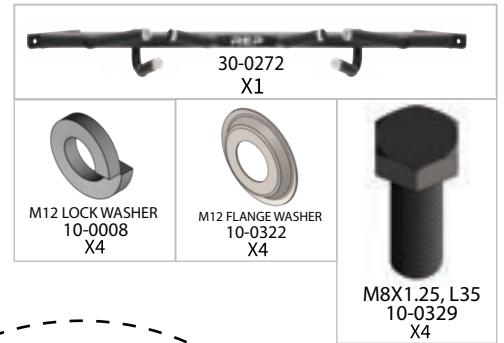
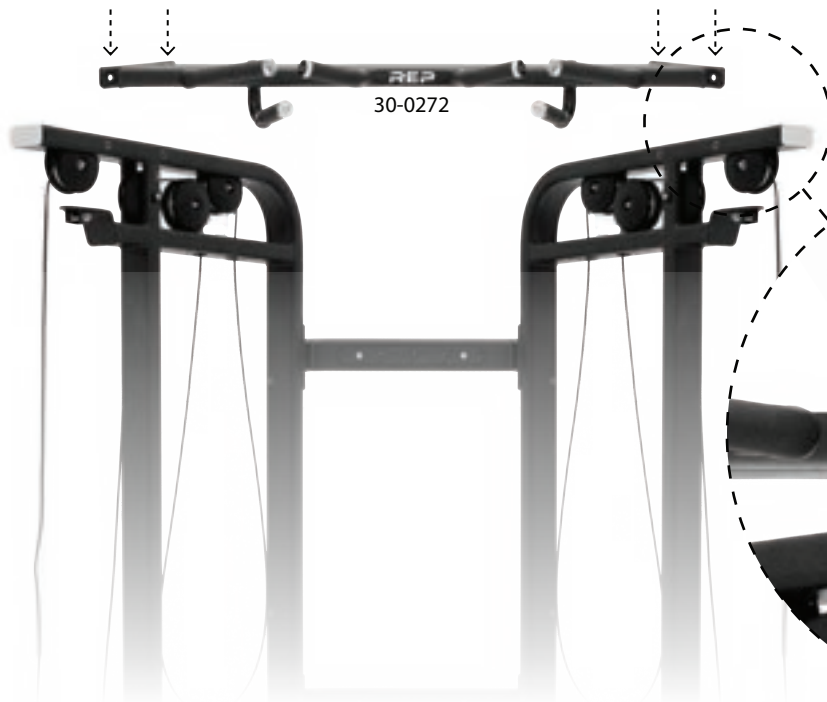


30-0372
(X2)

**STEP
1**

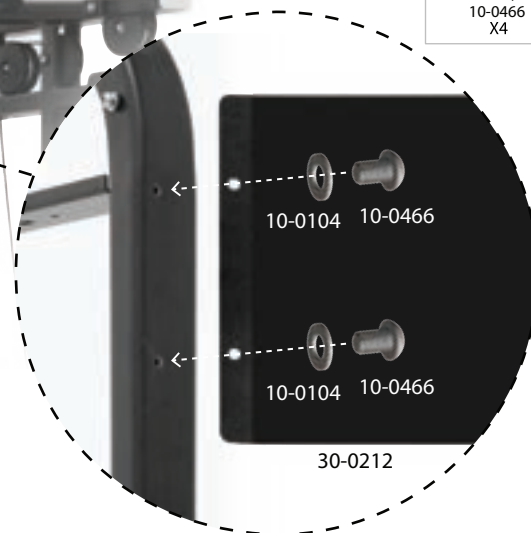
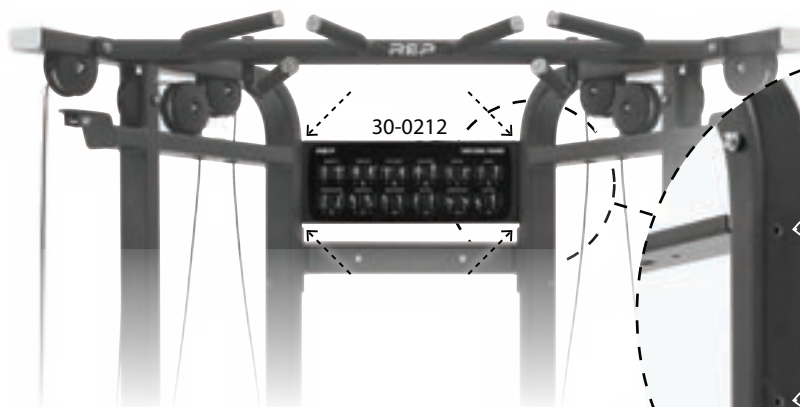


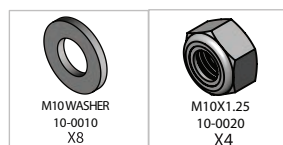
STEP 2



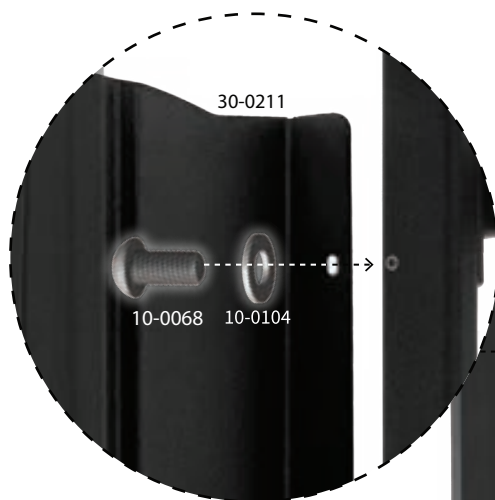
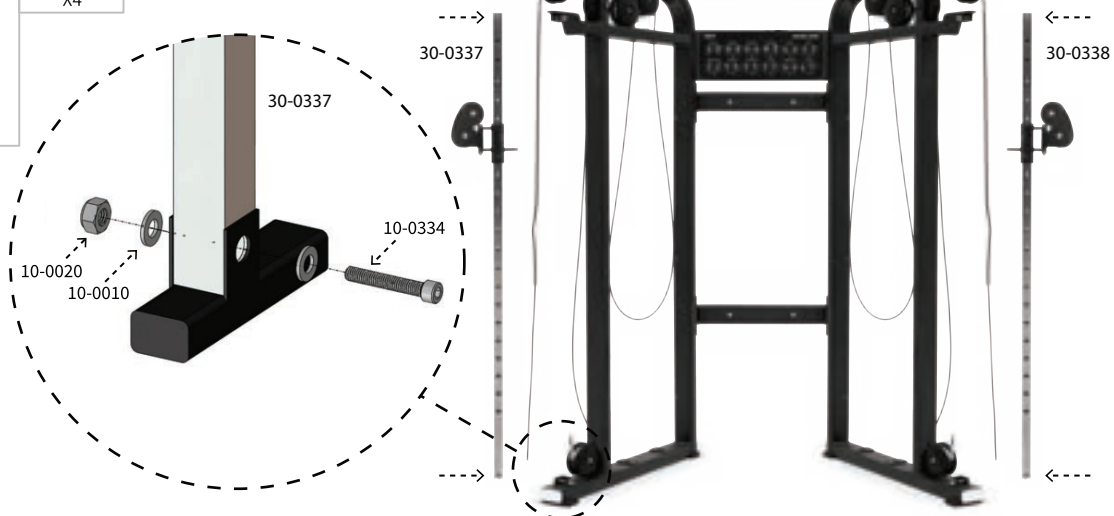
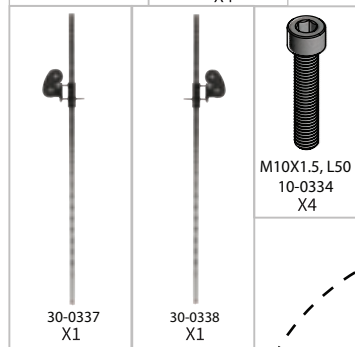
STEP 3

BACK VIEW

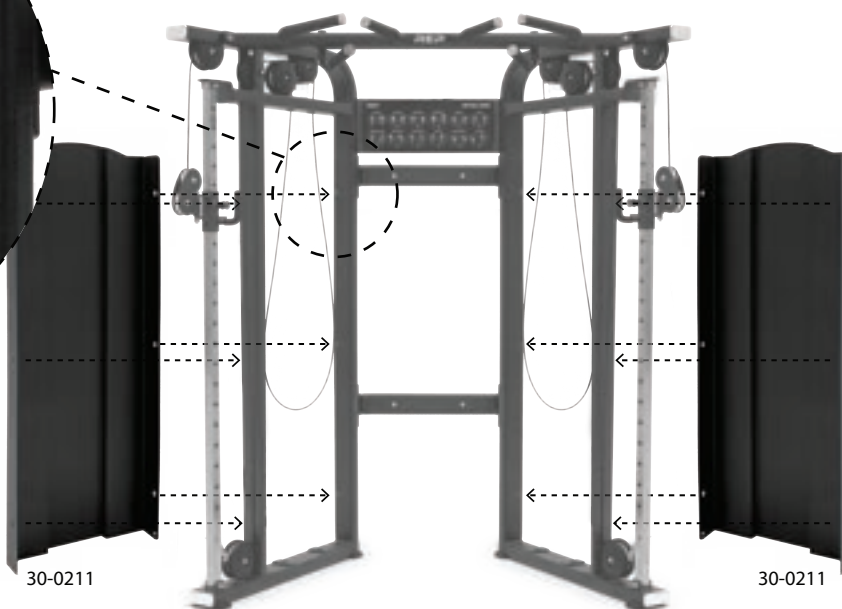
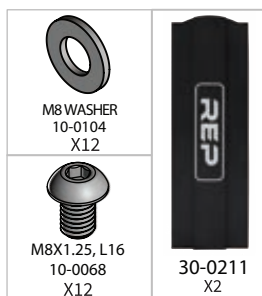


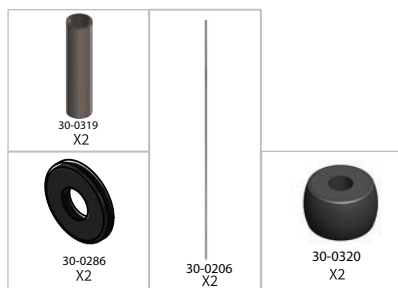


STEP 4



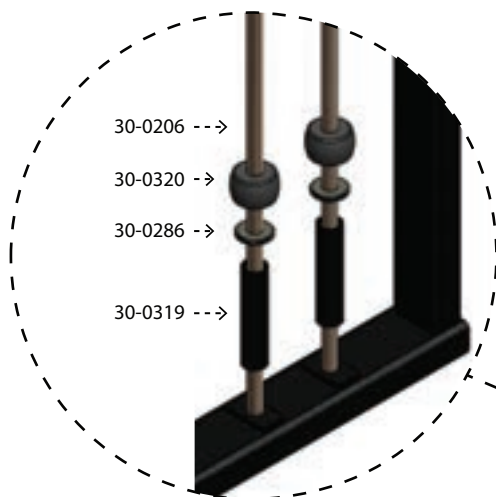
STEP 5



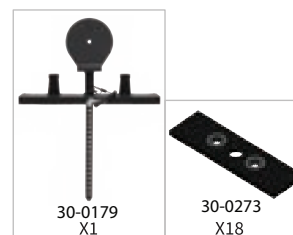
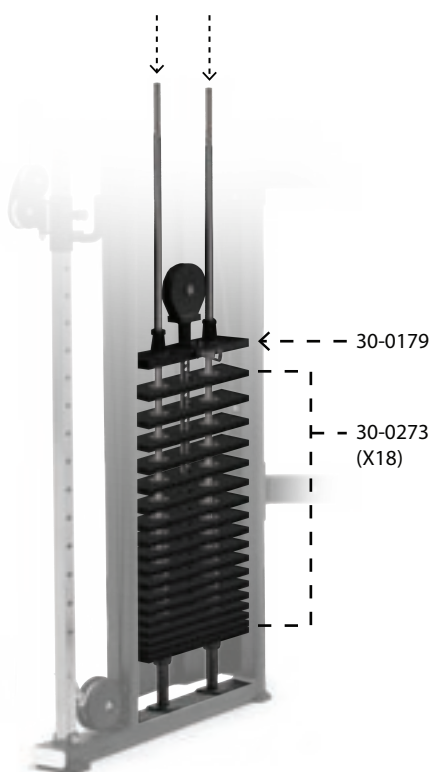


STEP 6

NOTE: COMPLETE STEPS 6-10 FOR LEFT SIDE BEFORE STARTING RIGHT SIDE



STEP 7



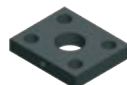
STEP 8



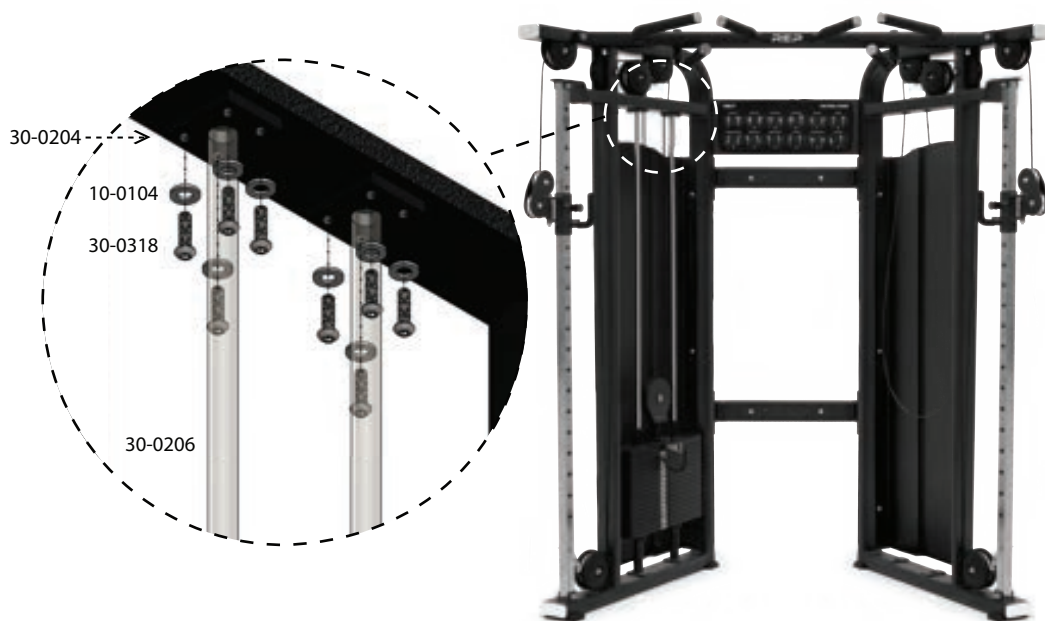
M8 WASHER
10-0104
X16



M8X1.25, L30
10-0318
X16

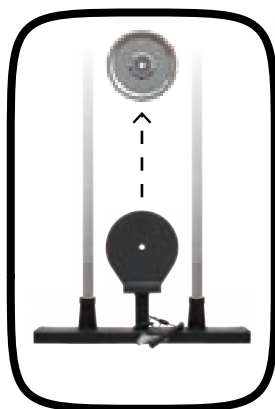


30-0204
X4



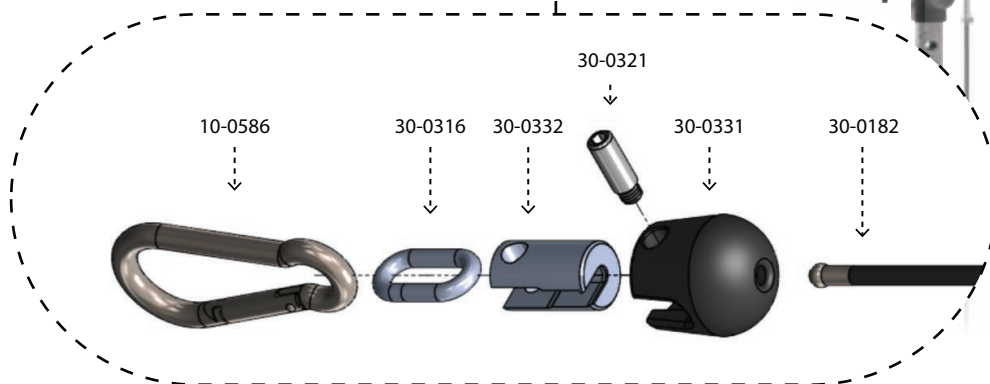
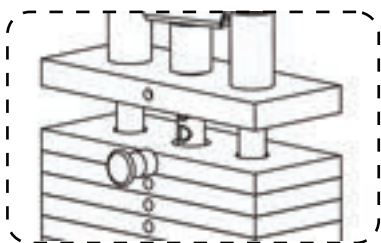
STEP 9

DISASSEMBLE PULLEY FROM HEADPLATE
AND ALIGN CABLE, THEN REINSTALL
PULLEY AND MAKE SURE CABLE IS IN
PULLEY GROOVE



STEP 10

TIP: LIFT HEADPLATE AND INSERT WEIGHT PIN IN THE SECOND PLATE, LEAVING AT LEAST TWO PLATES WORTH OF GAP BETWEEN THE HEADPLATE AND THE SECOND PLATE AS SHOWN IN THIS VIEW. THIS WILL MAKE STEP 10 EASIER.



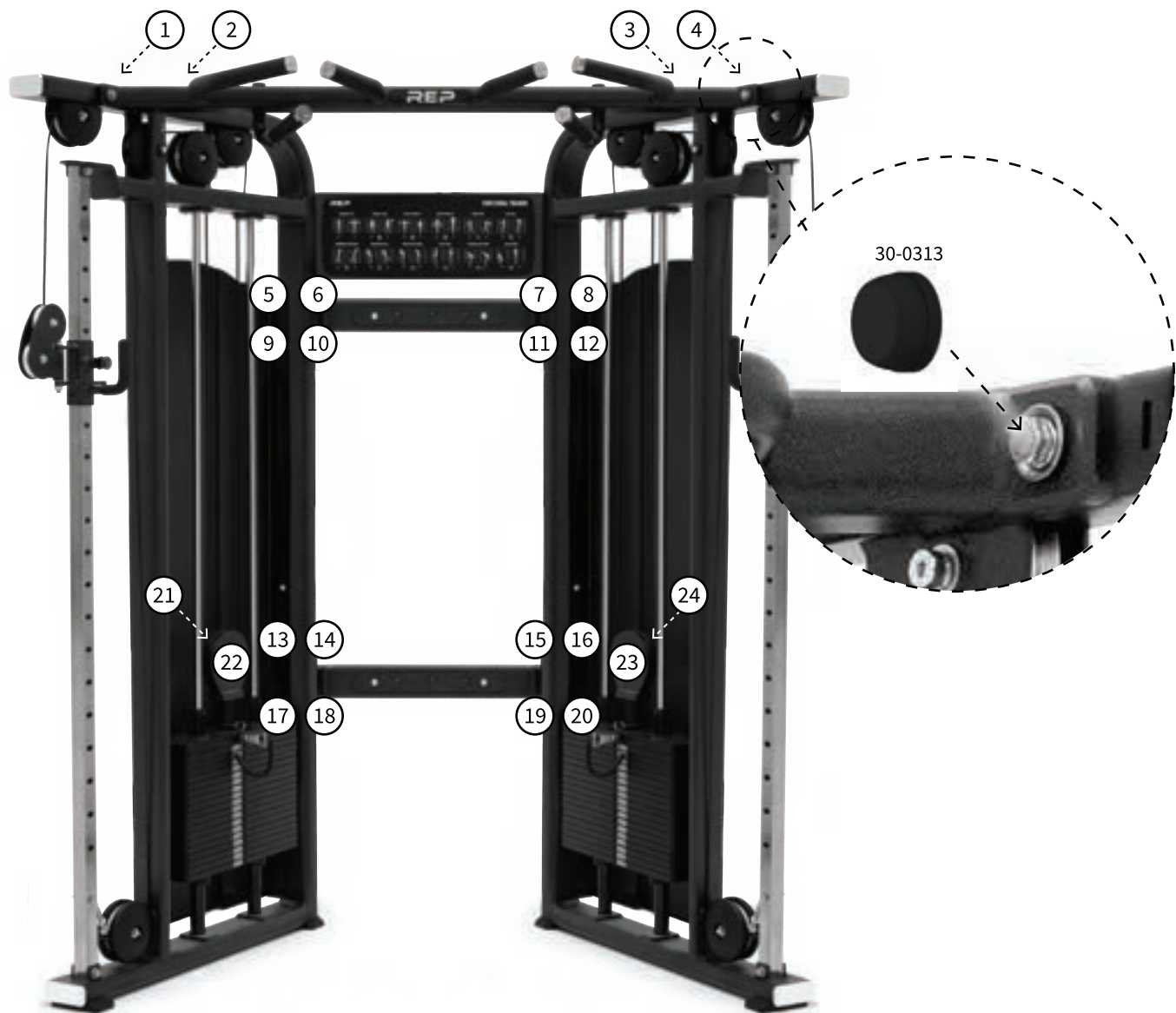
NOTE: COMPLETE STEPS 6-10 FOR RIGHT SIDE

STEP 11



lbs / kg

**STEP
12**



PRODUCT SAFETY:

TWO-PERSON ASSEMBLY RECOMMENDED FOR SAFETY.

THIS PRODUCT MUST BE ASSEMBLED ON A FLAT, LEVEL SURFACE TO FUNCTION PROPERLY.

KEEP HANDS AWAY FROM CABLES AND PULLEYS DURING OPERATION, OTHER THAN DESIGNATED HANDLES.

FRAYED OR WORN CABLES ARE DANGEROUS AND CAN RESULT IN INJURY. MAKE SURE THE CABLES ARE ROUTED PROPERLY AND IN GOOD CONDITION BEFORE EVERY USE.

IT IS RECOMMENDED SAFETY PIN IS ENGAGED FOR EVERY USE (SEE IMAGES BELOW).



ASSURE
ORIENTATION
FOR SAFETY PIN.

30-0372
X2