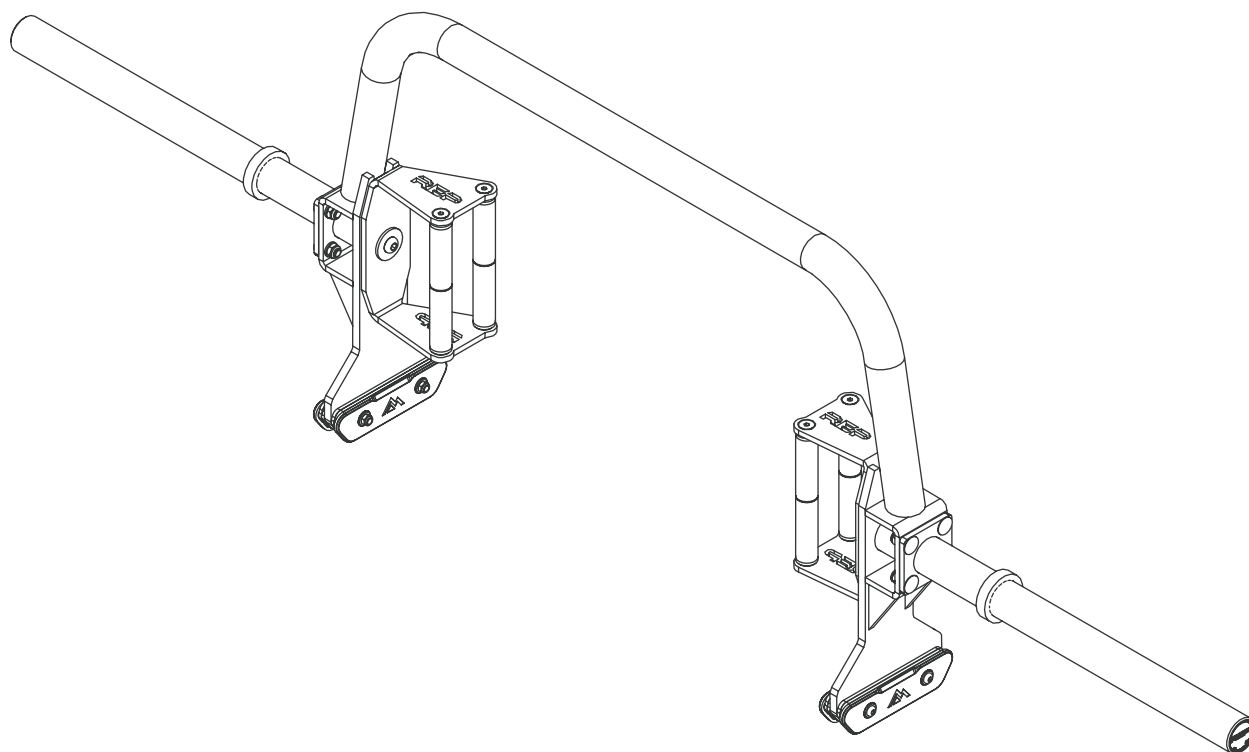




ASSEMBLY INSTRUCTIONS

OPEN TRAP BAR

BB-4220/BB-4220-S



STILL NEED HELP WITH ASSEMBLY?
VISIT OUR ASSEMBLY LIBRARY HERE:
HELP.REPFITNESS.COM



SAFETY

REP FITNESS EQUIPMENT IS HEAVY AND ALL ASSEMBLY SHOULD BE DONE BY PARTIES OF TWO (2) OR MORE ADULTS.

THIS EQUIPMENT IS INTENDED FOR USE IN AN INDOOR SETTING OR ENVIRONMENT.

ASSEMBLY AND USE OF THIS EQUIPMENT SHOULD ONLY OCCUR ON A FLAT, EVEN SURFACE. THE USE OF MATS OR OTHER PROTECTIVE FLOORING MEASURES MAY BE NECESSARY TO PROTECT YOUR FLOORING FROM DAMAGE. FLOOR OR WALL ANCHORING MAY BE REQUIRED FOR SOME EQUIPMENT.

ALWAYS KEEP YOUR EQUIPMENT ASSEMBLY AND WORKOUT AREAS FREE FROM DEBRIS, SPILLS, OBSTRUCTIONS, AND HAZARDS. KEEPING YOUR WORKOUT AREA CLEAN AND PROPERLY STORING LOOSE EQUIPMENT IN A SAFE LOCATION CAN REDUCE THE CHANCE OF ACCIDENT OR INJURY.

DESCRIPTIONS OF LEFT AND RIGHT ORIENTATIONS REFER TO THE PERSPECTIVE OF THE USER STANDING IN FRONT OF AND FACING THE EQUIPMENT FOR STRENGTH EQUIPMENT, AND THE PERSPECTIVE OF THE USER ON THE EQUIPMENT IN THE PRIMARY USE POSITION FOR CARDIO EQUIPMENT.

KEEP CLOTHING, JEWELRY, AND HAIR AWAY FROM MOVING PARTS DURING BOTH ASSEMBLY AND USE OF THE EQUIPMENT.

KEEP CHILDREN AND PETS AWAY FROM THE EQUIPMENT. REP FITNESS EQUIPMENT IS INTENDED FOR USE BY INDIVIDUALS 14 YEARS OF AGE OR OLDER. USERS UNDER THE AGE OF 18 SHOULD ONLY USE THE EQUIPMENT UNDER ADULT SUPERVISION.

REP FITNESS RECOMMENDS ALL USERS SEEK THE ADVICE OF THEIR PHYSICIAN BEFORE BEGINNING OR MODIFYING THEIR WORKOUT ROUTINE. PROPER INSTRUCTION SHOULD BE OBTAINED PRIOR TO USE OF THIS EQUIPMENT. SERIOUS INJURY LEADING UP TO AND INCLUDING DEATH CAN OCCUR IF EQUIPMENT IS ASSEMBLED OR USED IMPROPERLY.

ONLY USE ATTACHMENTS SOLD BY OR RECOMMENDED BY REP FITNESS WITH THIS EQUIPMENT. MODIFICATIONS TO YOUR EQUIPMENT, INCLUDING THE ADDITION OR SUBSTITUTION OF UNAUTHORIZED ACCESSORIES OR EQUIPMENT, MAY VOID YOUR CLAIMS TO WARRANTY AND CAN INCREASE THE RISK OF INJURY INVOLVED WITH USING THE EQUIPMENT.

LOOK FOR AND BE AWARE OF ANY SAFETY WARNINGS AFFIXED DIRECTLY TO THE EQUIPMENT. FOLLOW ALL GUIDANCE ON SUCH SAFETY WARNINGS. DO NOT REMOVE ANY SAFETY WARNINGS AFFIXED TO THE EQUIPMENT.

REFER TO THE "USAGE" AND "MAINTENANCE" SECTIONS OF THIS GUIDE FOR ADDITIONAL CONSIDERATIONS SPECIFIC TO THE EQUIPMENT INCLUDED IN THIS PACKAGING.

RETAIN THESE INSTRUCTIONS TO SERVE AS FUTURE REFERENCE IF THE EQUIPMENT REQUIRES ATTENTION.

AFTER ASSEMBLY AND PRIOR TO USE, THE EQUIPMENT SHOULD BE INSPECTED TO ENSURE THE ASSEMBLY IS COMPLETE AND THE EQUIPMENT FUNCTIONS CORRECTLY. IF YOU SUSPECT YOUR ASSEMBLY IS INCORRECT OR THE EQUIPMENT IS MALFUNCTIONING, FIRST REVISIT THIS ASSEMBLY INSTRUCTIONS GUIDE AND COMPLETELY REASSEMBLE THE EQUIPMENT. IF ISSUES PERSIST, PLEASE CONTACT OUR CUSTOMER SERVICE DEPARTMENT. DO NOT USE EQUIPMENT IF ANY PARTS ARE NOT FUNCTIONING PROPERLY, ARE MISSING, OR IF ANY PARTS APPEAR BROKEN, LOOSE, OR WORN. REGULARLY INSPECT YOUR EQUIPMENT TO ENSURE CONTINUED SAFE FUNCTIONALITY.

THIS PRODUCT MAY BE COVERED BY ONE OR MORE PATENTS, PATENTS PENDING, TRADEMARKS, OR LICENSING AGREEMENTS. FOR MORE INFORMATION, VISIT: [HTTPS://REPFITNESS.COM/PAGES/PATENT-AND-TRADEMARK](https://repfitness.com/pages/patent-and-trade-mark)

REP FITNESS CUSTOMER SERVICE CAN BE REACHED AT [INFO@REPFITNESS.COM](mailto:info@repfitness.com) OR 720-420-1731.

DISCLAIMER: THE USE OF ANY EXERCISE EQUIPMENT INVOLVES THE RISK OF PERSONAL INJURY. REP FITNESS INC. AND ITS AFFILIATES ASSUME NO RESPONSIBILITY FOR ANY AND ALL INJURIES, DAMAGES, AND LOSSES WHICH MAY OCCUR AS A RESULT OF USE OF THIS EQUIPMENT, WHETHER OR NOT THE CAUSES OF ACTION MAY BE DIRECTLY ATTRIBUTED TO THE EQUIPMENT IN QUESTION. BY USING THIS EQUIPMENT, YOU ACCEPT AND ASSUME FULL RESPONSIBILITY FOR ANY AND ALL INJURIES, DAMAGES (BOTH ECONOMIC AND NON-ECONOMIC), AND LOSSES OF ANY TYPE, WHICH MAY OCCUR, AND YOU FULLY AND FOREVER RELEASE AND DISCHARGE REP FITNESS INC., ITS INSURERS, AFFILIATES, EMPLOYEES, OFFICERS, DIRECTORS, ASSOCIATES, AND AGENTS FROM ANY AND ALL CLAIMS, DEMANDS, DAMAGES, RIGHTS OF ACTION, OR CAUSES OF ACTION, PRESENT OR FUTURE, WHETHER THE SAME BE KNOWN OR UNKNOWN, ANTICIPATED, OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF THE USE OF THIS EQUIPMENT.



WARNING! CALIFORNIA PROPOSITION 65: CANCER AND REPRODUCTIVE HARM; PLEASE VISIT WWW.P65WARNINGS.CA.GOV

MIND THE FOLLOWING ICONS DURING ASSEMBLY:



= IMPORTANT INFORMATION



= ASSEMBLY MAY VARY FROM THIS POINT

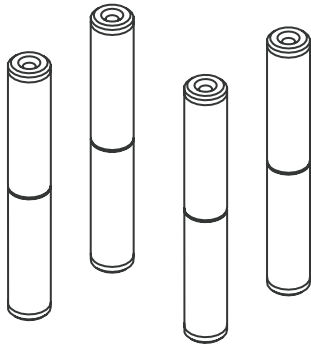


= ALERT! POTENTIAL DANGER



= HELPFUL TIPS & USEFUL INFORMATION

HARDWARE AND TOOLS



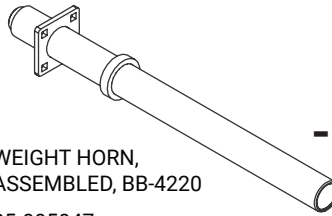
HANDLE, KNURLED, BB-4220

15-005082 - 280D

OR

15-005084 - 380D

X4

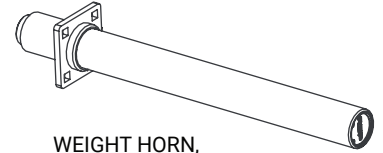


WEIGHT HORN,
ASSEMBLED, BB-4220

25-005047

X2

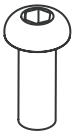
-OR-



WEIGHT HORN,
ASSEMBLED, BB-4220-S

25-010544

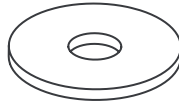
X2



M12X1.75, L30,
BOLT

10-007601

X2



M12 WASHER

10-004296

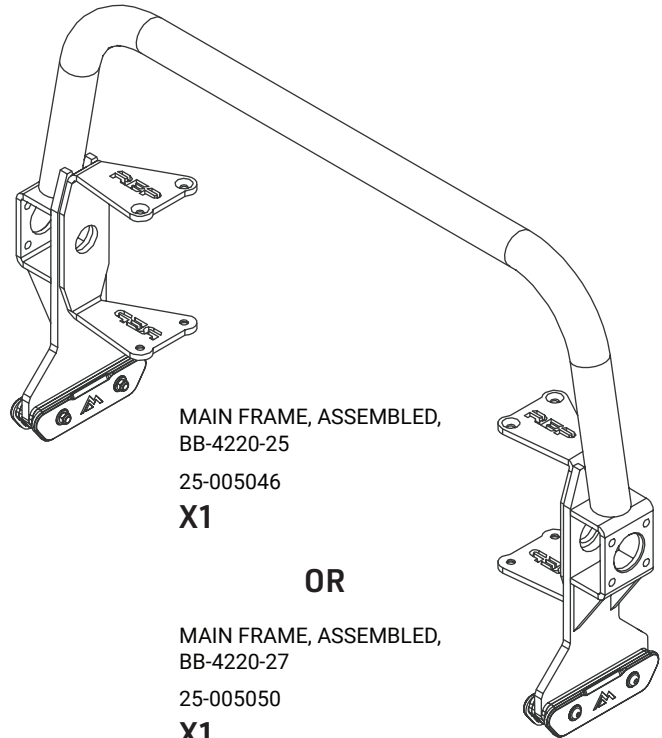
X2



M10X1.75, L25
FLATHEAD

10-0626

X8



MAIN FRAME, ASSEMBLED,
BB-4220-25

25-005046

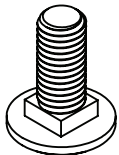
X1

OR

MAIN FRAME, ASSEMBLED,
BB-4220-27

25-005050

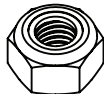
X1



M10X1.50, L30
CARRIAGE BOLT

10-0158

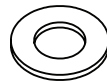
X8



M10X1.50, NUT,
NYLON INSERT

10-006755

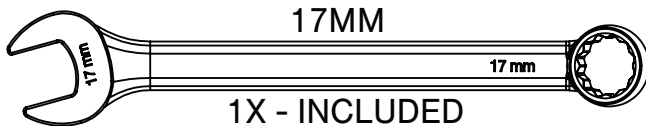
X8



M10 WASHER

10-004339

X8



17MM

1X - INCLUDED



6MM

2X - INCLUDED



8MM

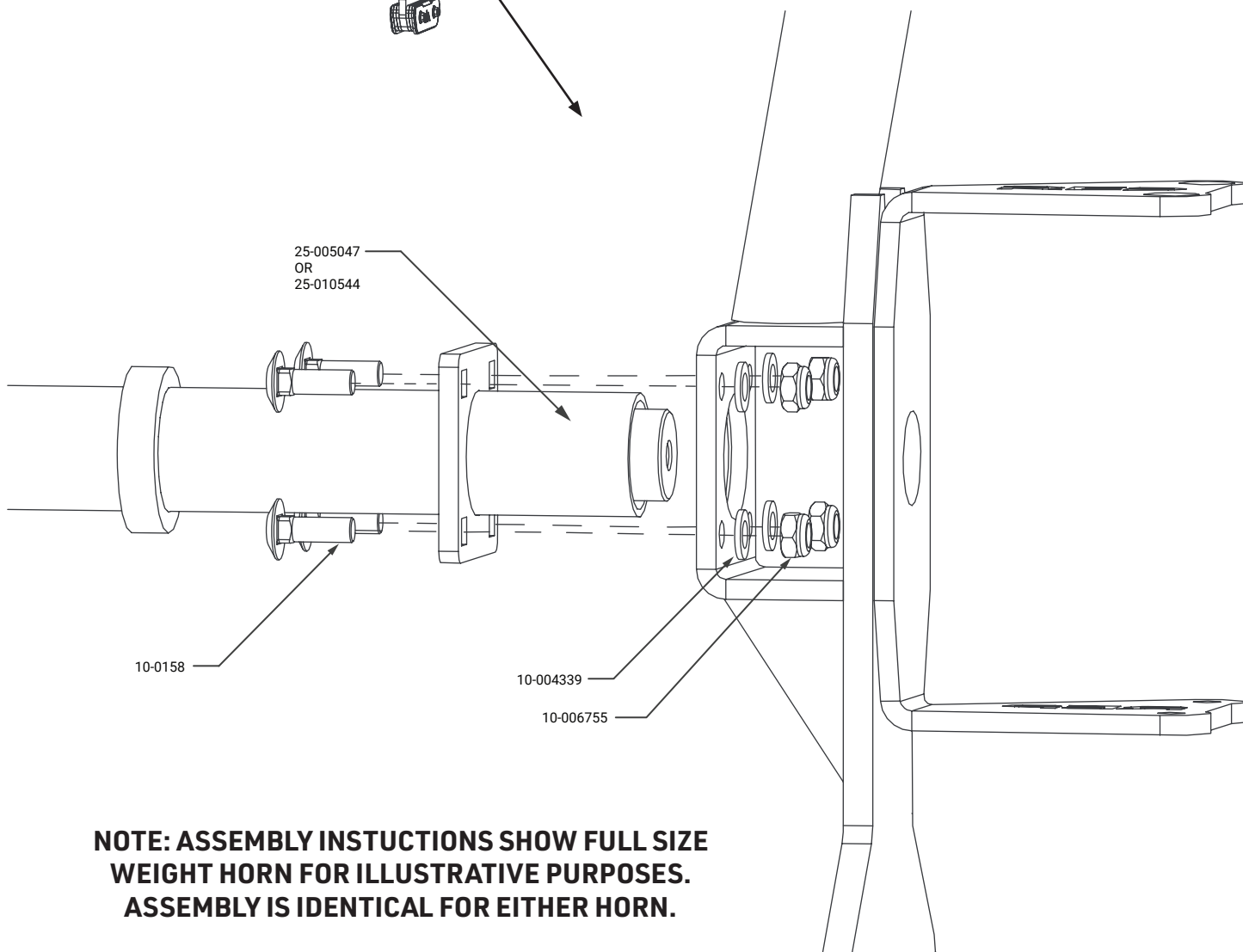
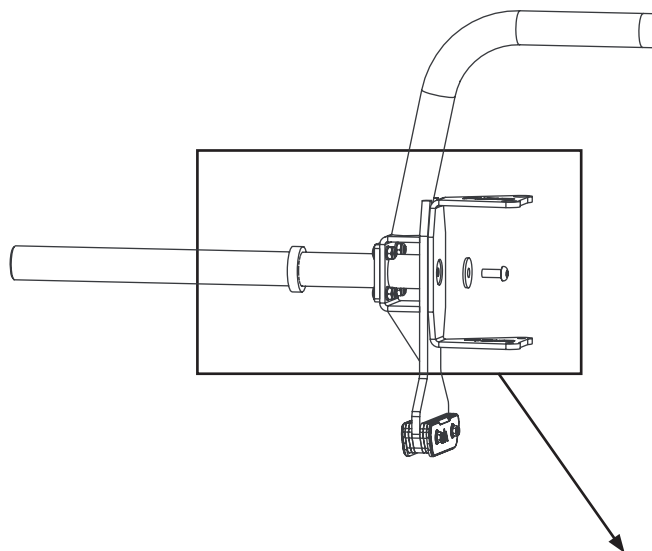
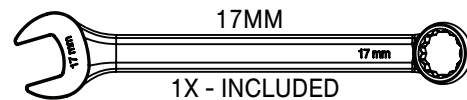
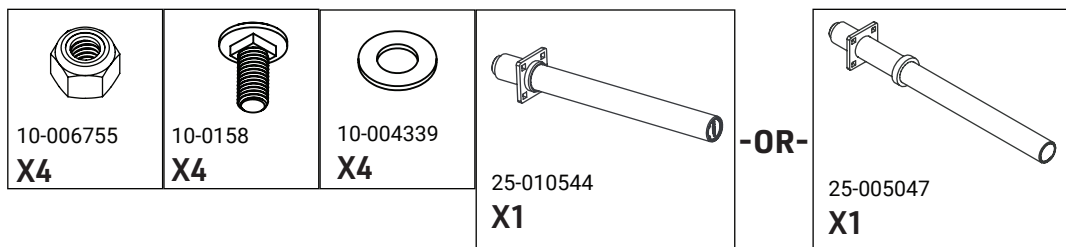
1X - INCLUDED



IF YOU ARE MISSING ANY PARTS, OR OTHERWISE
HAVE ANY WARRANTY ISSUES, PLEASE FILE
A **WARRANTY CLAIM** ON OUR WEBSITE:

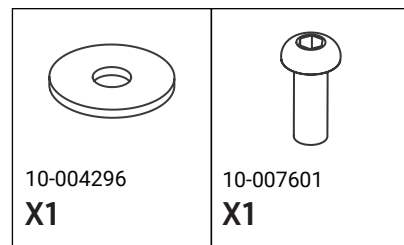


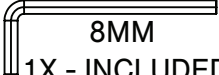
1

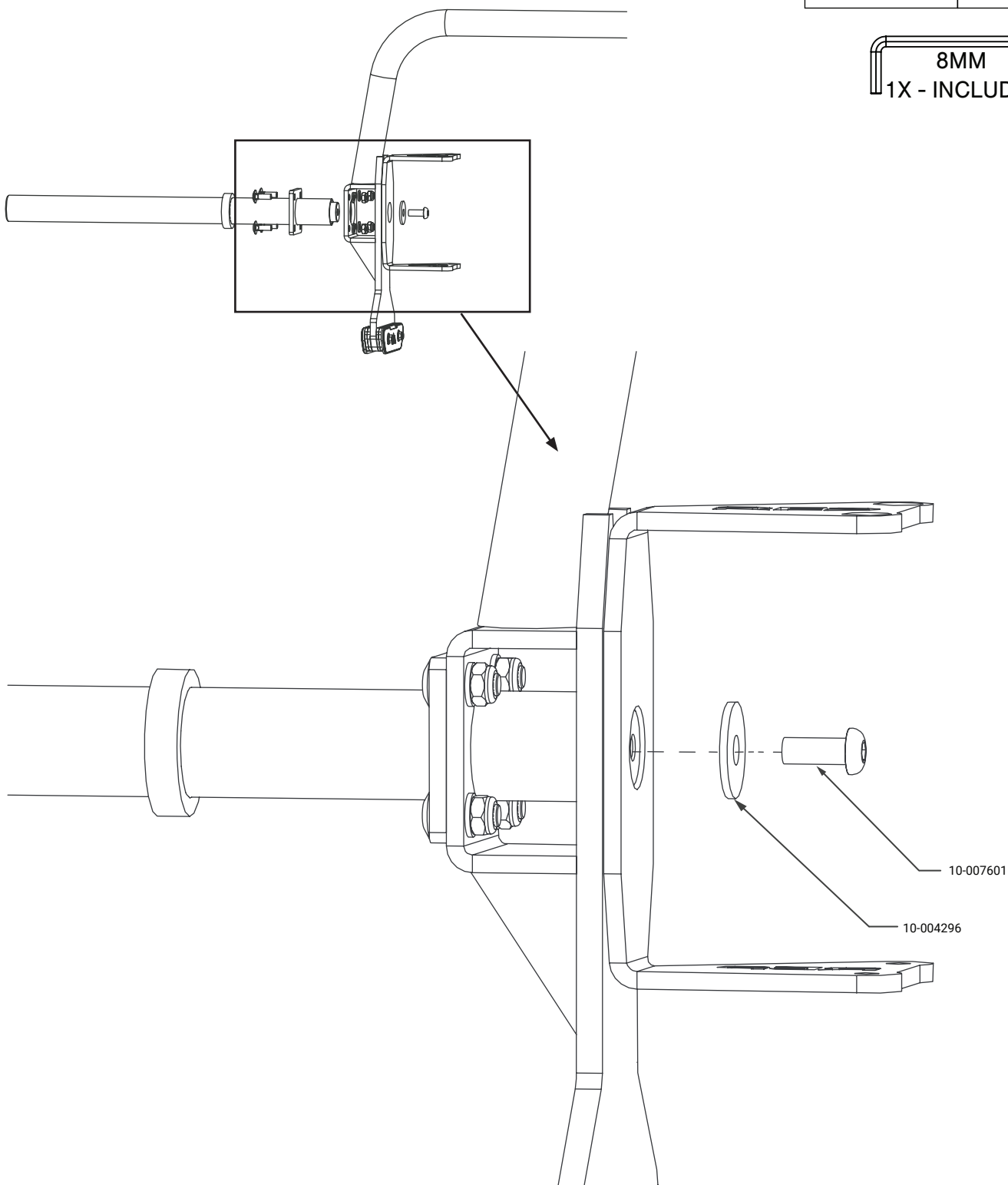


**NOTE: ASSEMBLY INSTUCTIONS SHOW FULL SIZE
WEIGHT HORN FOR ILLUSTRATIVE PURPOSES.
ASSEMBLY IS IDENTICAL FOR EITHER HORN.**

2

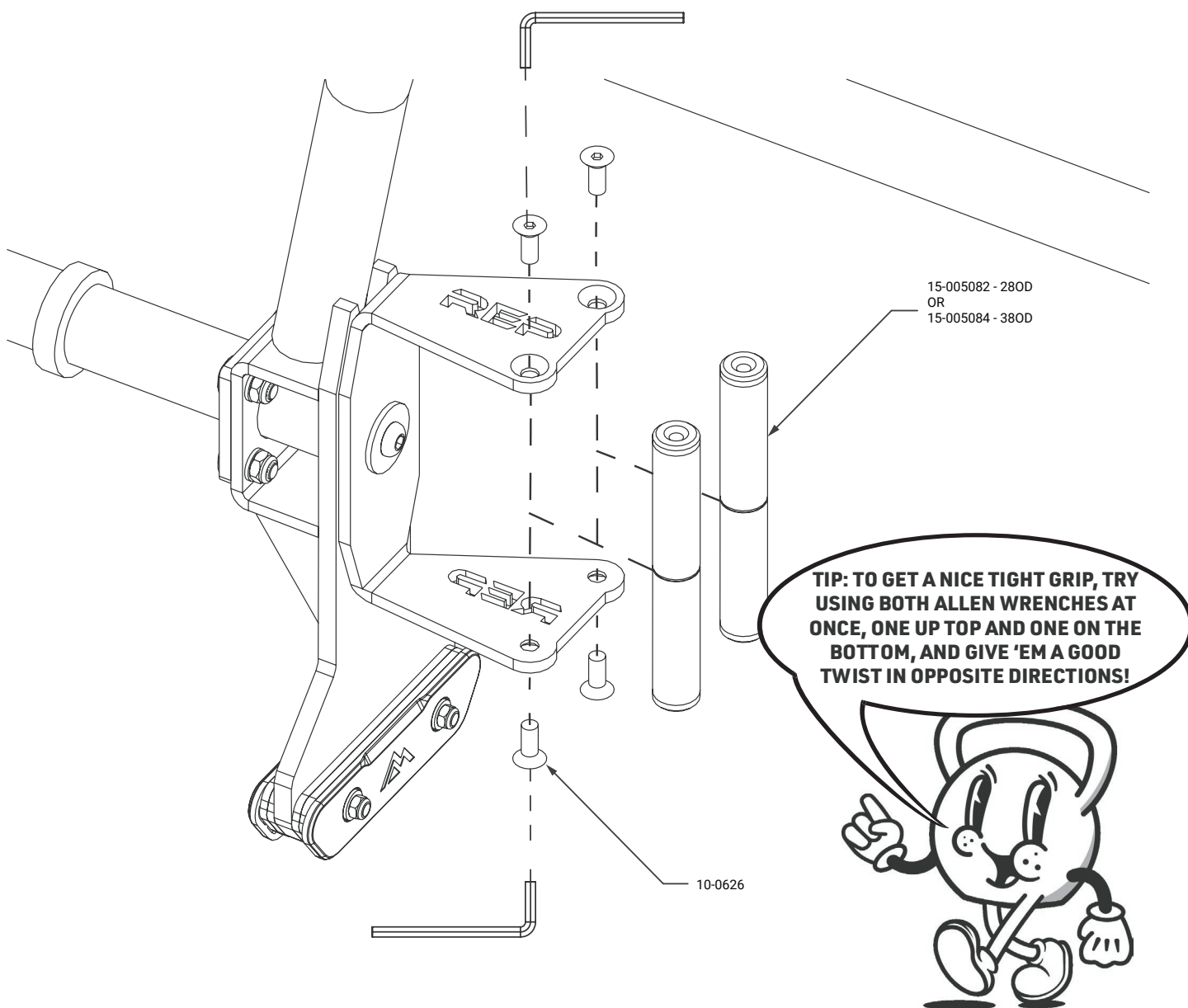
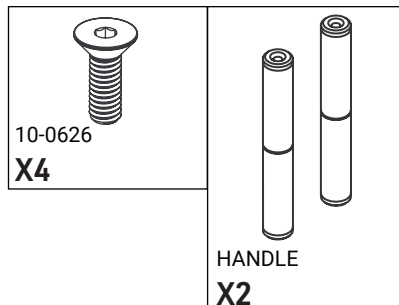


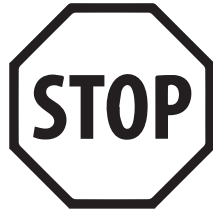

8MM
1X - INCLUDED



3

6MM ALLEN
2X - INCLUDED





**REPEAT STEP 1 THROUGH STEP 3 ON RIGHT SIDE
TO COMPLETE ASSEMBLY.**

