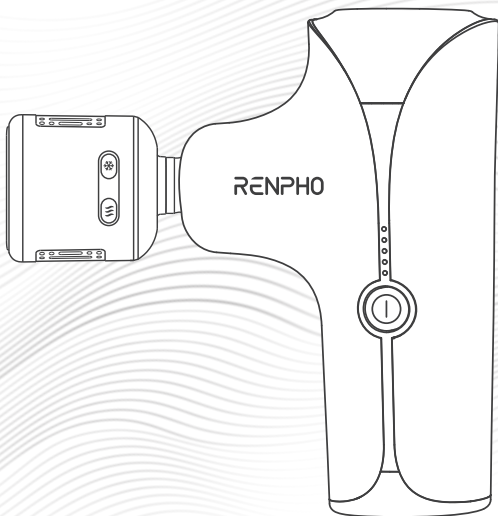


RENPHO

USER MANUAL



MINI THERMACOOL

Model: R-WMG22

Thank you for choosing the RENPHO Massage Gun! Please carefully read this user manual and use the device only as directed. RENPHO assumes no responsibility for any injuries caused by misuse or negligence in following the instructions provided. Please keep this manual for future reference.

IMPORTANT SAFETY INSTRUCTIONS

READ ALL INSTRUCTIONS CAREFULLY BEFORE USING.

When using this device, the following basic precautions should be always followed:

1. The device is intended for household use only and not intended for medical use. It should not be used in treatment or alleviation of disease or abnormal physical state.
2. This device is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the device by a person responsible for their safety.
3. Children should be supervised to ensure that they do not play with the device.

DANGER - To reduce the risk of electric shock:

1. Do not attempt to retrieve the device if it falls into water.
2. Do not use while bathing or in a shower.
3. Do not use the device with wet hands.
4. Do not place or store the device in areas where it may fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

WARNING - To reduce the risk of fire, electric shock, or injury to persons:

1. Please consult your doctor before using if you are one of the following persons:
 - 1) Children under 8
 - 2) Pregnant women
 - 3) Persons with blood stasis

- 4) Persons with fractures
- 5) Persons with heart disease, a pacemaker, defibrillator, or metal contents in the body
- 6) If you have experienced joint surgery within 90 days, do not use the device on your body within 3 inches of the surgical site. If you feel unwell or have any unusual discomfort, please stop using the device immediately.
- 2. Do not use the massage gun on
 - 1) Sensitive skin, swollen or inflamed areas, in areas where there is poor circulation, where skin eruptions are present, or in the area of unexplained abdominal pain
 - 2) Head, face, cervical vertebrae, body bones, varicose veins, tumor site, throat area, any possible fracture site, positions close to the bony areas: the humerus, the back of the foot, the back of the hand, etc
 - 3) Genital area (Do not use this device for sexual purposes. It is a powerful massaging device and may cause severe bodily harm.)
 - 4) Unconscious or sleeping persons
- 3. Do not operate under a blanket or pillow. Excessive heating may occur and cause fire, electric shock, or injury to persons.
- 4. Never operate the device with the air openings blocked. Keep the air openings free of lint, hair, etc.
- 5. Close supervision is necessary when this device is used by, on or near children, invalids, and disabled persons.
- 6. Use this device only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 7. Never operate this device if it is not working properly, has been damaged, or dropped into water.
- 8. Never drop or insert any object into any opening.
- 9. Do not operate in the areas where aerosol (spray) products are being used or where oxygen is being administered.
- 10. Do not keep the device near a magnetic field or in the areas where it can be affected by a magnetic field as it may cause batteries to discharge.

11. Avoid touching the gap between the massage head and body with your finger or hair to avoid pinching.
12. Keep the device away from heat and avoid using it in places where the surrounding temperature is relatively hot.
13. Do not drop, apply excessive force or heavy weight over the device to avoid malfunction and/or damage.
14. If a high temperature or foul odor occurs while using the device, stop using the device immediately.
15. Do not use the device in close proximity to long hair, loose clothing or jewelry.
16. Avoid applying excessive pressure on the massage head and refrain from massaging the same area continuously for an extended period of time.
17. The device is equipped with a heating and cooling massage head. Persons sensitive to heat or cold must use it with caution.

About the Battery

1. Do not expose the device or battery to excessive temperatures.
2. Be aware of the risk of terminals of the battery-operated device or battery being short-circuited by metal objects.
3. This device contains batteries that are non-replaceable. When the battery is at end of life, the device shall be properly disposed of.
4. Do not dismantle, open or shred battery.
5. Do not subject cells or batteries to mechanical shock.
6. In the event of a cell leaking, do not allow the liquid to come in contact with the skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice.
7. Secondary cells and batteries need to be charged before use. Always use the correct charger and refer to the manufacturer's instructions or product manual for proper charging instructions.
8. Do not leave a battery on prolonged charge when not in use.

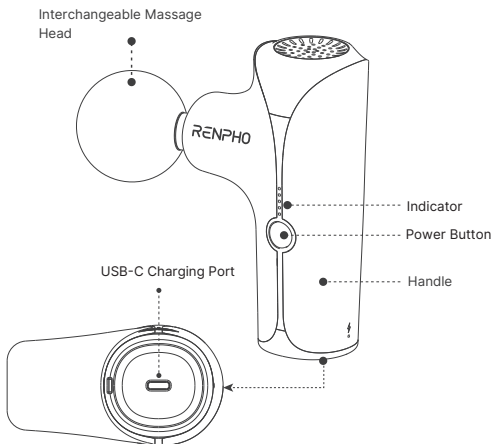
9. After extended periods of storage, it may be necessary to charge and discharge the cells or batteries several times to obtain maximum performance.
10. CAUTION - The battery used in this device may present a risk of fire or chemical burn if mistreated. Do not recharge, disassemble, heat above 100°C (212°F).

SAVE THESE INSTRUCTIONS

WHAT'S IN THE BOX

- 1 x MINI THERMACOOL
- 4 x Massage Head
- 1 x USB-C Charging Cable
- 1 x Flannel Pouch

PRODUCT OVERVIEW



MASSAGE HEAD ATTACHMENTS



Heat & Cool Head
For all body parts.



EVA Ball Head
For large muscle groups like quads, glutes, extreme muscles, and joint soreness.



Bullet Head
For joints, deep tissues, trigger points and small muscle areas like feet and wrist.



U-shaped Head
For spine, neck and Achilles tendon.

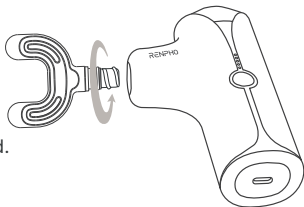


DO NOT use massage heads on your head.

To attach the massage head:

screw it fully into the slot of the device until it is securely attached.

Ensure the device is turned off when installing the massage head.



CHARGING

* To ensure optimal performance, please fully charge the device before its first use.

- Charge the device using the provided charging cable and a DC 5V 2A charger (not included) when the indicator turns red.
- It takes about 2 hours to fully charge the device. Once the charging process is complete, the indicators will turn green.

Note:

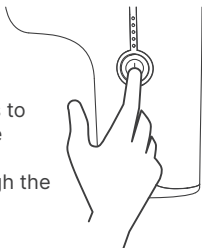
- For safety reasons, the device cannot be turned on while charging.
- The device runs on a single charge for 3 hours (this varies according to the speed/temperature level and pressure applied during use).

USING THE PRODUCT

Massage Gun



- Press and hold the Power button for 2s to turn on the device, speed level 1 will be activated by default.
- Press the Power button to cycle through the speed levels among Level 1/2/3/4/5.



Speed Level	Speed	Indicator Status
Level 1	1800RPM	1 indicator on
Level 2	2100RPM	2 indicators on
Level 3	2400RPM	3 indicators on
Level 4	2700RPM	4 indicators on
Level 5	3000RPM	5 indicators on

- Press and hold the Power button again to turn off the device.

Heat & Cool Massage Head



- Press and hold to enable the heating function. Low heat will be activated, indicated by a yellow indicator.
- Press to cycle through low heat (Yellow) and high heat (Red).
- Press and hold again to disable the heating function.
Heating Temperature: 100°F-117°F /38°C-47°C



- a. Press and hold to enable the cooling function. Low cold will be activated, indicated by a green indicator.
- b. Press to cycle through low cold (Green) and high cold (Blue).
- c. Press and hold to disable the cooling function.
Cooling Temperature: 59°F-50°F/15°C-10°C

Note:

- a. Auto shut-off function: The device and the heat & cool massage head will shut off automatically after 10 minutes of continuous use.
- b. Locked-motor protection: If you apply excessive pressure on the device during your session, the device will stall to prevent injury or bruising.
- c. It is recommended to start every massage session with minimal intensity before you get used to it. Do not use for more than 30 minutes at a time.

CLEANING AND MAINTENANCE

1. Turn off the device prior to cleaning. Use a soft towel or cloth to wipe the outer surfaces clean.
2. Do not attempt to disassemble or repair the device. The device does not contain user-serviceable parts.
3. Place the device in a cool, dry place when not in use.

TROUBLESHOOTING GUIDE

Problem	Cause	Solution
The device cannot be turned on.	Battery runs out.	Charge the device.
The device stops working suddenly.	Auto-off timer: The device automatically shuts off after 10 minutes of continuous use.	Restart the device.

Problem	Cause	Solution
The device stops working suddenly.	Built-in locked-motor protection: When the massage head is strongly pressed, the protection will be triggered before device automatically shuts off.	Restart the device.
	Built-in overheat protection: It will automatically shut off the device when overheating occurs.	Wait for the device to cool down before restarting it.

SPECIFICATIONS

Product Name: Massage Gun

Model: R-WMG22

Input: 5V  2A

Battery Voltage: DC 10.95V

Speed: 1800-3000RPM

Amplitude: 7mm

Battery Capacity: 2600mAh
28.47Wh

Auto-off Timer: 10 minutes

Charging Time: ≤2 hrs

Operating Time: about 3 hrs

Dimension: 5.51 x 3.54 x 1.89in
/ 140 x 90 x 48mm

Weight: 0.95lb / 430g

Heat & Cool head

Input: 5V  1A

Battery Voltage: DC 3.7V

Battery Capacity: 900mAh 3.33Wh

Charging Time: about 2H

Auto-off Timer: 10min

Dimension: 1.9×2.9inch (49×73mm)

Weight: 0.19lb (84g)

WARRANTY POLICY

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit:

<https://renpho.com/pages/warranty-terms-and-conditions>

Note: Product registration is not required for the warranty.

If you choose not to register your product, it will not diminish the product warranty.

CUSTOMER SERVICE

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

-  **TEL: +44(0)7434 666088 (UK ONLY)**
Monday-Friday 9:00AM-5:00PM (GMT)
+1(844) 417 0149 (US&CA)
Monday-Friday 9:00AM-4:30PM
1800 MY RENPHO (1800 69 7367) (AU ONLY)
Monday-Friday 9:00AM-6:00PM (AEST)
+49 40 23969285 (DE ONLY)
Monday-Friday 9:00AM-6:00PM (CET)
-  **Email: support-eu@renpho.com (UK&EU)**
support@renpho.com (US&CA)
support-au@renpho.com (AU)

*For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

FCC Regulatory Compliance

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Warning: changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

ISED Regulatory Compliance

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- 1: This device may not cause interference.
- 2: This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

1. L'appareil ne doit pas produire de brouillage;
2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

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