



PS5200

PLEASE READ AND SAVE THESE INSTRUCTIONS

MASSAGE CHAIR USER MANUAL

Welcome to Real Relax[®]

Make Your Home an Extremely
Relaxing Environment

Thank you for purchasing Real Relax Massage Chair!

Real Relax[®] is dedicated to crafting massage chairs that can transform the home into a real place for physical and mental relaxation and providing every user with high-quality and low-cost chair. Your support means the world to us. Our customer service team can be reached at **(800) 513-5727**.

All the instructions necessary to set up and safely relish your chair are contained within this manual. We strongly recommend you to review the entire manual thoroughly before assembling or using your chair for your utmost safety and optimal enjoyment.

For the sake of convenience, we've created a Quick Start Guide designed to acquaint you with all the features of your new chair.

Contact Us

If you have any questions, please do not hesitate to reach out to us via following methods:

Tel: (800) 513-5727

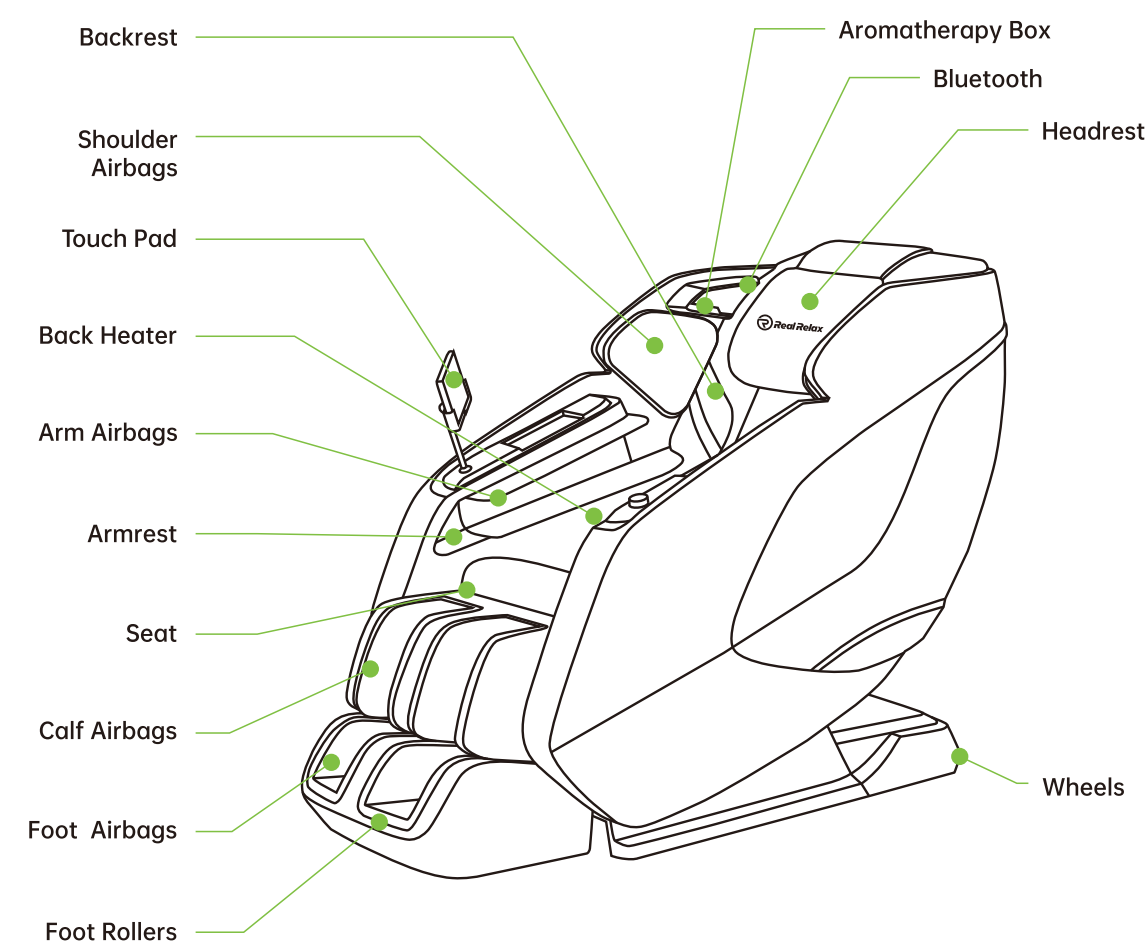
Email: service@realrelaxmassage.com

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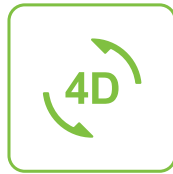
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Massage Chair PS5200

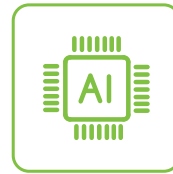
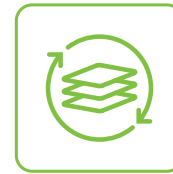
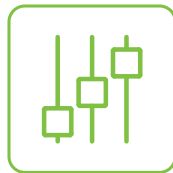
Overall Structure



Main Features



4D Robot Hand

Full-body
Air Bags20 Auto
Modes6 Massage
Techniques5 Massage
Intensity5 Airbag
Pressure

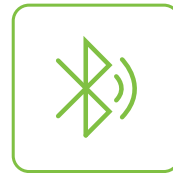
Zero Gravity



Back Heating



Child Lock

Touch Pad
InterfaceBluetooth
Speaker

Foot Roller

Footrest
Extension

Timer Function

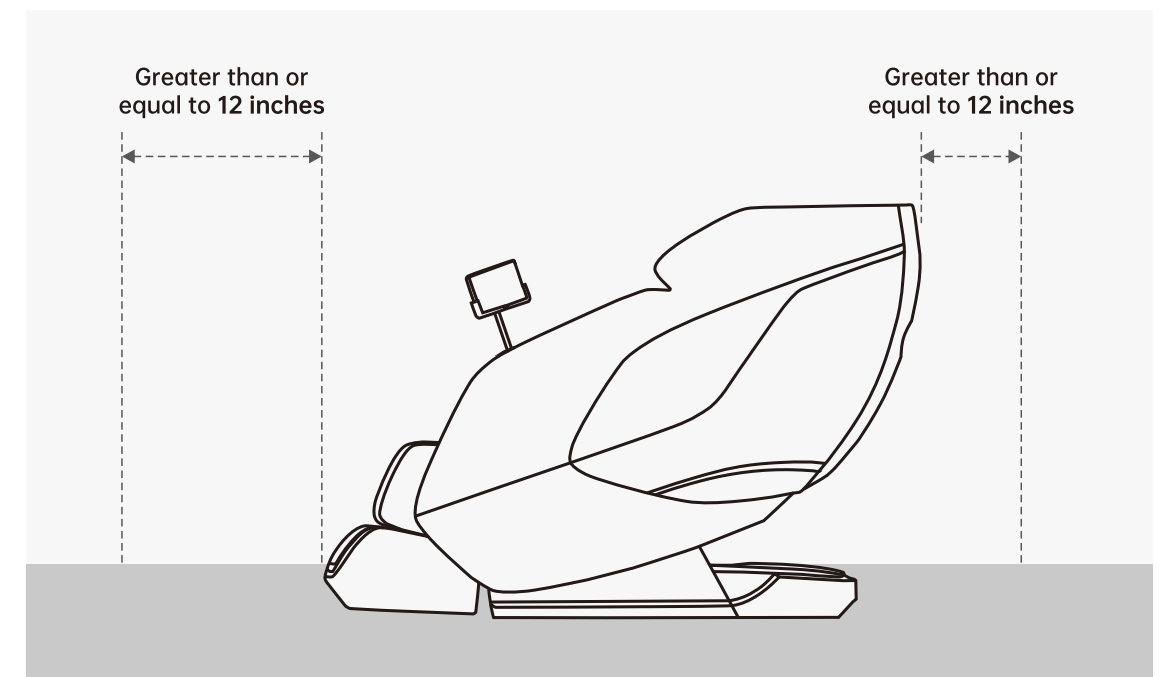
Wireless
ChargerRotating
Shortcut Button

Before You Begin

Installation Site

Please guarantee the proper clearance space for the massage chair

- Place a massage chair in a place where there is enough space for the back of the chair to recline and the footrest to extend.
- Make sure that there is a clearance of at least 12 inches in the back of the massage chair and a clearance of at least 12 inches in front of the massage chair.
- Please keep it at least 40 inches away from the TV, radio and other video and audio devices to avoid signal interference.



CAUTION

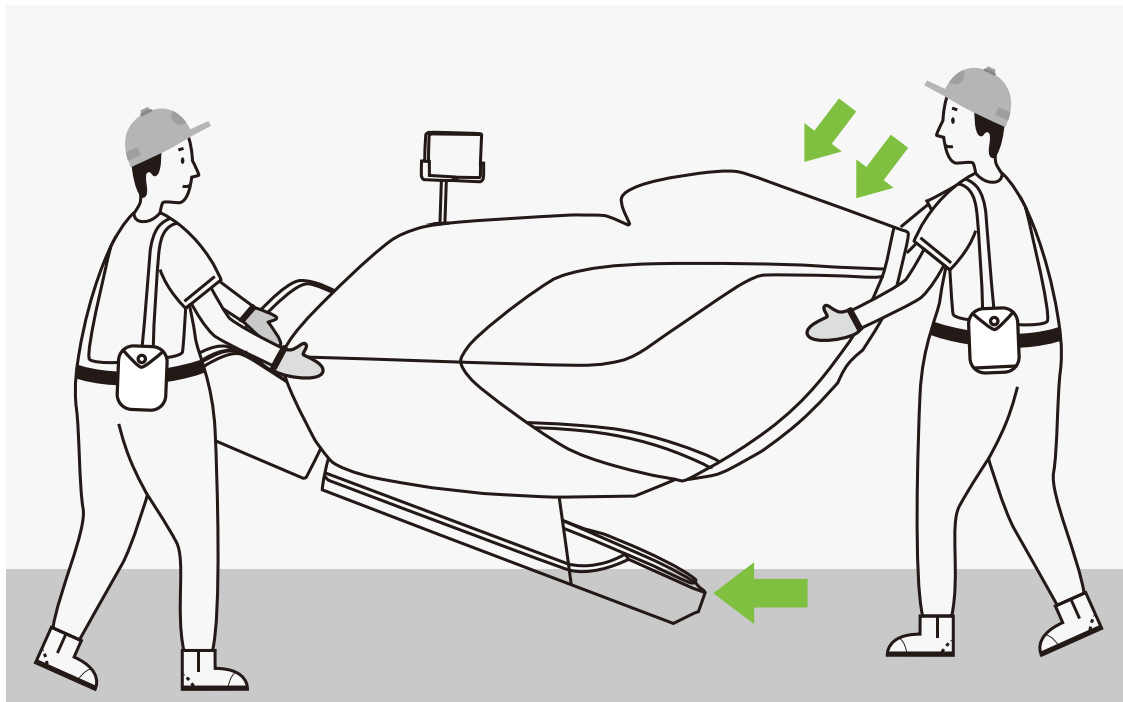
- Please tidy up the cables well to avoid tangle or damage.
- When the massage chair sliding forward or backward, please check first to make sure there are no kids, pets or other objects around to avoid accidents.
- We recommend to place a piece of carpet or other pad under the massage chair to avoid damaging the floor.

Surrounding Environment

- Keep the massage chair away from damp places (such as bathroom) to prevent electric shock accident.
- Keep the massage chair away from high temperature sources (such as stove) to avoid fire hazard or damage to leather material.

Move Methods

- Apply pressure to the back of the massage chair from behind to pivot on the casters.
- One person should raise the chair via moving holder while another person pushes the chair from the top to facilitate the movement of the casters. Ensure there is a second person at the front to assist in guiding the footrest to its correct position. Keep the specified clearances in mind and gently lower it into place. Do not pull on the armrests.



CAUTION

- Do not move the chair when there are people inside the chair.
- To move the chair, do not lift by the footrest or armrest, and only hold the moving holder in the back and front.

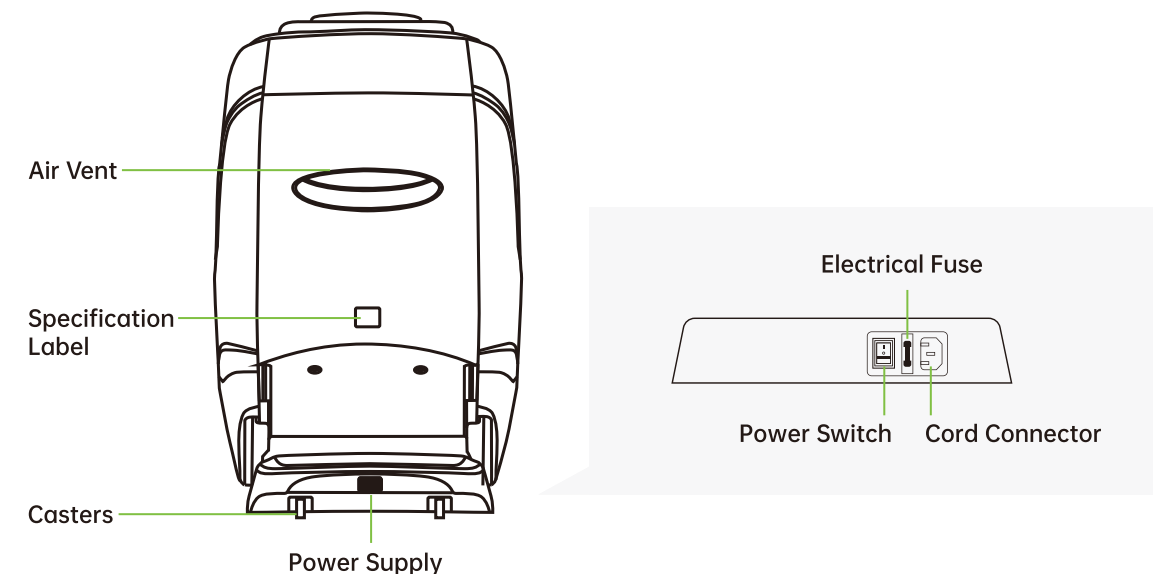
Grounding Instructions

- Insert the plug into a 110V grounded outlet.
- This product must be grounded. In case of malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.
- Danger - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not replace the plug provided with the product - it may not fit the outlet; have a proper outlet installed by a qualified electrician.

Chair Setup

Main Power Switch

- Plug the power cord into well-grounded three-hole socket.
- Activate the chair by switching the main power button, located on the back of the chair's base, to the **ON** position.





CAUTION

- Please turn off the massage chair and unplug it from power the electrical outlet immediately after using.
- Please turn off the massage chair and unplug it from the electrical outlet when the chair is not in use, to avoid children to power on the chair accidentally.
- It is advised to cover the chair with dust-proof cloth, coil the power cord and store the massage chair in a dust-free and dry environment to maintain its condition when it is not in use for a long time.

Headrest Adjustment

● How to use headrest

Sit in the chair and observe the position of the neck headrest on your neck. Ensure it comfortably fits in the arch of your neck by adjusting it - remove it from the Hook&Loop, align it as needed, and reattach it to the Hook&Loop for the desired positioning.

● Increase or reduce the massage intensity manually

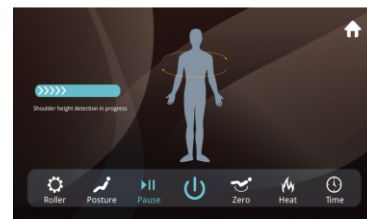
Flip up the headrest or both the headrest and headrest pad so that you lie directly on the seat back pad to obtain a more intense massage in the neck area.

For a milder massage experience, fold down the headrest to increase cushioning.



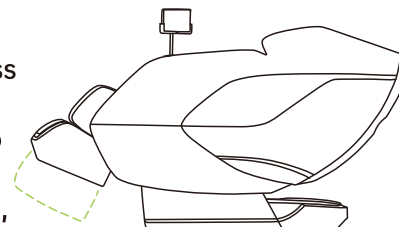
Shoulder Detection

- Upon finishing the shoulder detection, when the massage rollers finish their up and down movement and come to a stop, you need to press Massage Up/Down buttons manually to ensure that the rollers reach your desired shoulder position.



Footrest Extension

- Take a comfortable seat in the massage chair and press the power button to turn it on. As the massage begins, the back of the chair will recline to a certain degree. To adjust the footrest, simply step onto it with proper strength to extend it until you reach the desired length, then hold the position.



CAUTION

- Do not stand directly on the footrest to get in or out of the massage chair, as it will cause damage to the foot rollers!

TIPS:

● How to sit correctly on the chair

How to sit on the massage chair correctly will directly affect your massage experience. It is recommended that you sit in the massage chair deeply, adjust the length of the legs after massage starts, ensuring your body fits snugly against massage chair cushion. After body scanning ends, get ready to start your relaxation journey!

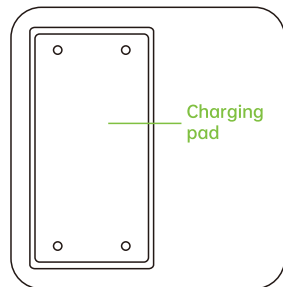
● How to get out of the chair

Simply press the ON/OFF power button to return the chair to its upright position at any time to get out of the chair.

Component Functions

Shortcut Button

- Short press the shortcut button to turn on and switch modes; press and hold the button to turn the massage chair off. Rotate the button to adjust the backrest up or down.



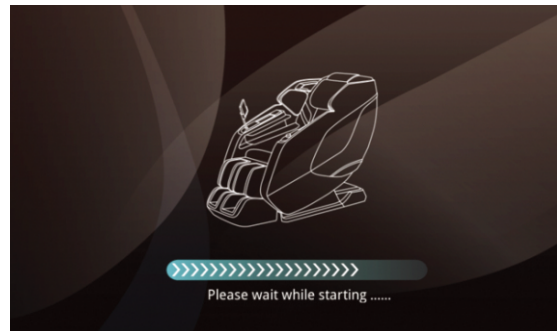
Charging pad

Wireless Charger

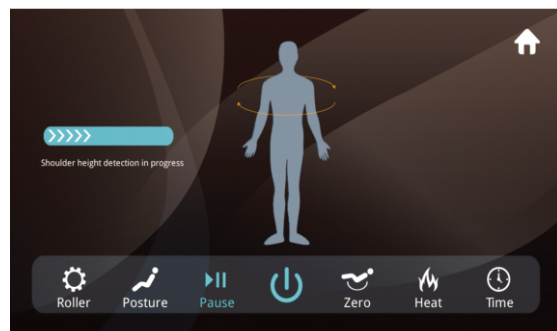
- Place your device on the charging pad. Ensure that the battery area of your device is centered on the pad to ensure optimal charging performance. This wireless charger is compatible with most Qi-enabled devices, including iPhone and Samsung Galaxy models.

Key Functions of Touch Pad Interface

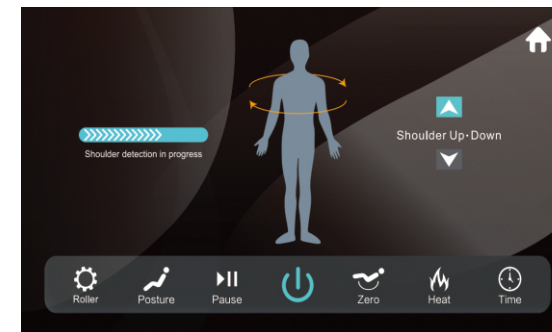
- We have designed a user-friendly touch pad interface to make using your chair even easier.



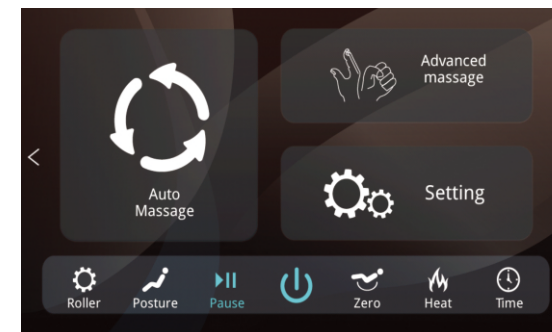
- Turn on power switch of the massage chair and press the Power button on the screen to show the startup page.



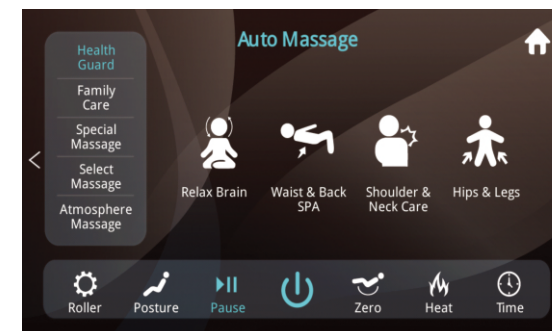
- After turning on the massage chair, shoulder detection will start.



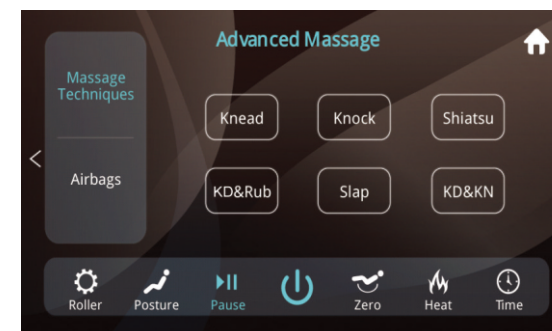
- Upon completion of initial shoulder detection, if the position is not right, please press the Up and Down arrow button to adjust the massage rollers upward and downward in order to reach your desired shoulder position.



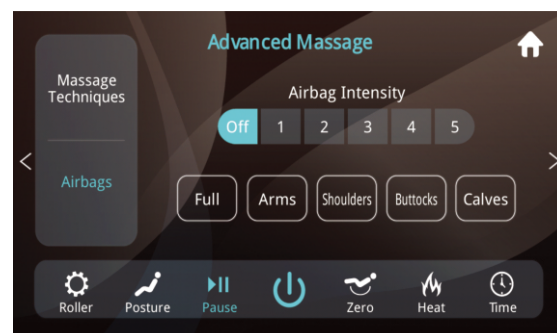
- Press the Auto Massage to select different auto modes according to your needs.
- Press Advanced message to select manual massage techniques.
- Press Setting to configure your massage chair.



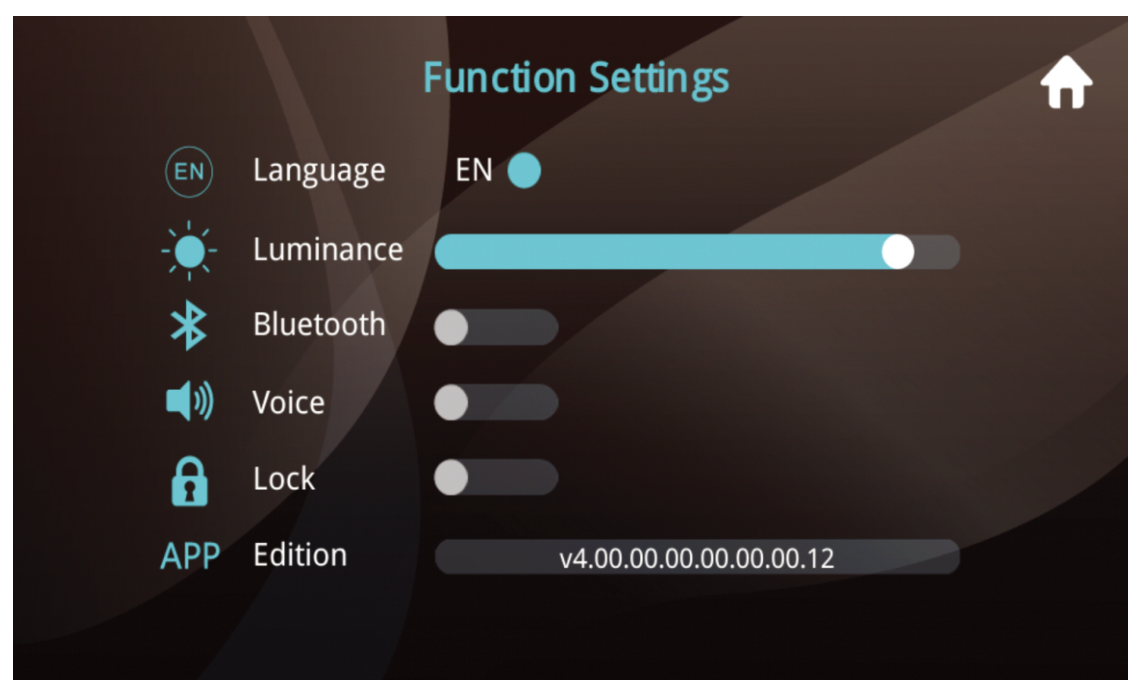
- In Auto Massage page, you can select different auto modes based on your preferences.



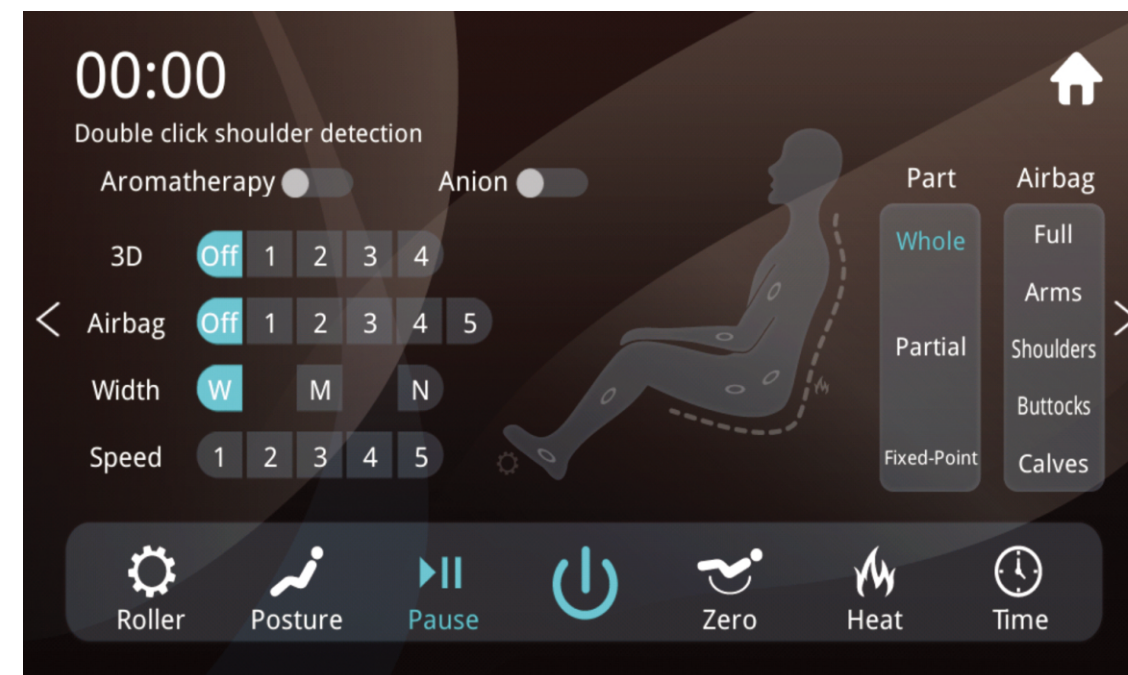
- In Advanced Massage page, you can select six massage techniques namely Knead, Knock, Shiatsu, KD&Rub, Slap and KD&KN.



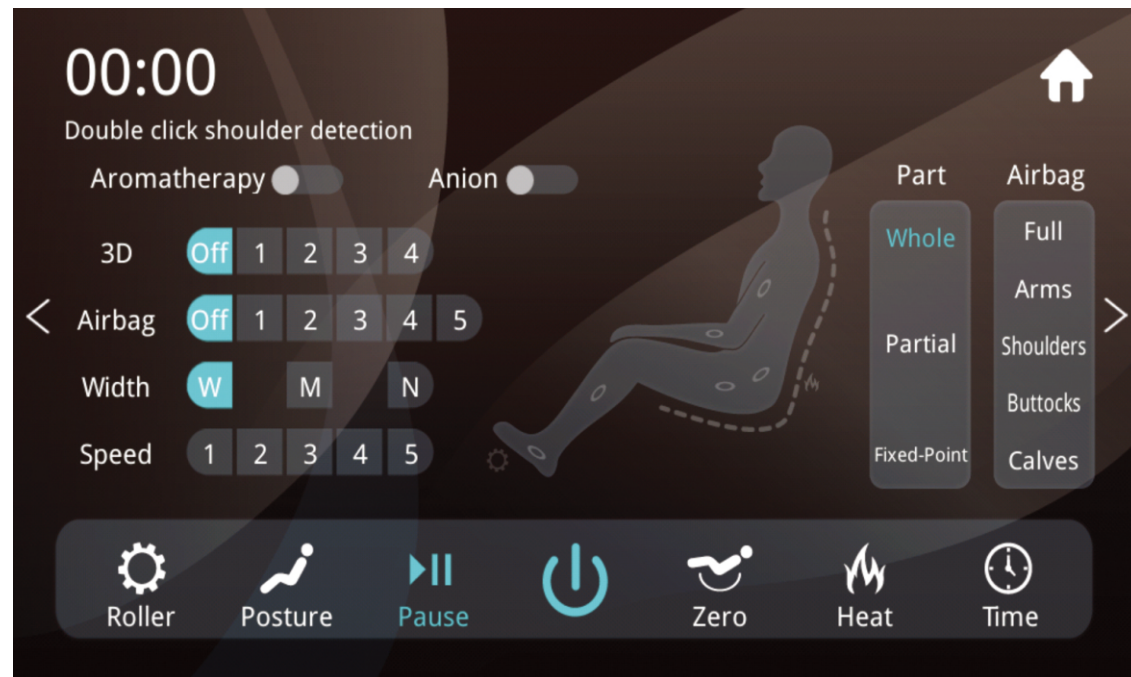
- Click Airbags to manually select the airbag massage parts namely Full body, arms, shoulders, buttocks and calves.
- Five levels of airbag intensity are optional. You can press Off to turn off the airbags.



- In Function settings page, you can set luminance, Bluetooth, Voice and Lock and check the product edition information.
- The language of the screen is set as English by default.
- Slide the slider to the right to adjust the backlight brightness.
- Click Bluetooth button to turn Bluetooth on or off on the touch pad interface. After turning on the Bluetooth function on the interface, turn on BLUETOOTH function on your mobile device, pair it with Real Relax (Bluetooth name) and enter the password "9999" to complete the Bluetooth connection.
- Click Voice button to turn Voice broadcast on or off. The Voice is set as On by default.
- Click Lock button to turn Child Lock on or off. When the Child Lock is on, you need to deactivate the lock in order to operate the screen.



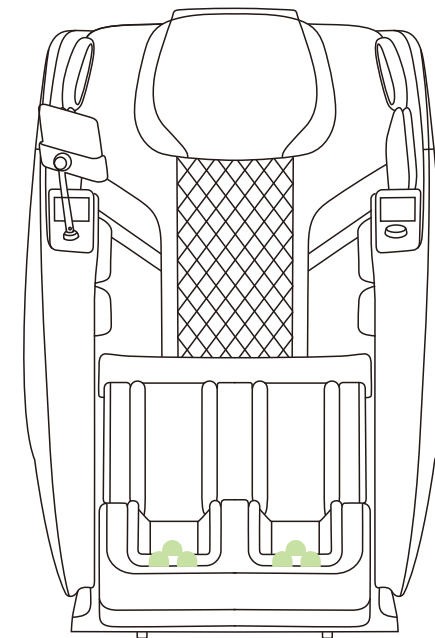
- Click Aromatherapy toggle button to turn on or off the aromatherapy function.
- Click Anion toggle button to turn on or off the anion function.
- After selecting specific auto mode, you can enter the page to adjust massage intensity level of 3D robot hand rollers from 1 to 4, airbag intensity from 1 to 5, massage width from Width, Medium to Narrow and massage speed of robot hand rollers from 1 to 5 under manual massage mode.
- You can switch Whole, Partial and Fixed-point massage under the manual Knead, KD&KN, Slap and Knock modes; and switch the Partial and Whole massage under manual Shiatus and KD&Rub modes.
- When the airbag intensity is turned on, you can manually switch full-body, arms, shoulders, buttocks or calves airbags massage.



- In the pop-up menu of "Roller", you can switch the foot roller level from 1 to 3. Click Off to turn off foot rollers.
- In the pop-up menu of "Posture", long press the Footrest Up/Down button to adjust the footrest upward or downward; long press the Backrest Up/Down button to adjust the backrest upward or downward; release the button to stop adjusting.
- In the pop-up menu of "Zero", you can switch the zero gravity level from 1 to 2 and click Off to turn off zero gravity function.
- In the pop-up menu of "Heat", you can turn on or off the heating function.
- In the pop-up menu of "Time", you can customize your massage time: 10mins/15mins/20mins/25mins/30mins.
- Under manual modes, click Up/Down button to adjust the massage rollers upward or downward during Partial/Fixed-point massage.
- Press "Pause" to pause or resume the massage.
- Press "Power" button to turn the massage chair on or off.

Foot Rollers

- Press the foot rollers button to turn the rollers on or off and adjust the intensity of the foot rollers

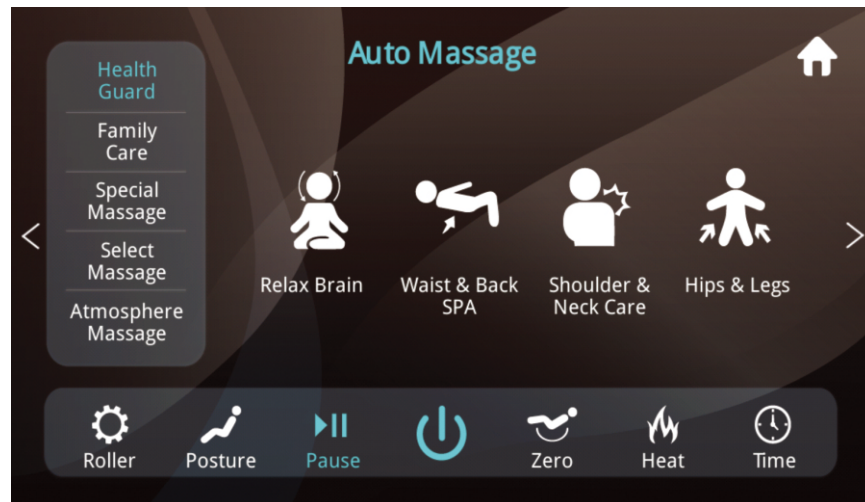


Bluetooth Speaker

- Our product is designed with Bluetooth audio connection function. It can play music through connection with smartphone, tablet or other electronic devices.
- Click Bluetooth button to turn Bluetooth on or off on the touch pad interface. After turning on the Bluetooth function on the interface, turn on BLUETOOTH function on your mobile device, pair it with Real Relax (Bluetooth name) and enter the password "9999" to complete the Bluetooth connection.

Massage Programs

Auto Programs



- Our massage chair features 20 auto programs, including, Health Guard*4, Family Care*4, Special Massage*4, Select Massage*4 and Atmosphere Massage*4. You can select the specific auto mode according to your preferences.
- In auto modes (excluding sleep mode), the massage chair will return to its initial position at the end of massage.
- In sleep mode, the massage chair will hold the position at the end of massage and needs to be turned off manually to return to its initial position.

Custom Massage Mode

- In the pop-up menu of Roller, you can switch the foot roller level from 1 to 3. Click Off to turn off foot rollers.
- In the pop-up menu of Posture, long press the Footrest Up/Down button to adjust the footrest upward or downward; long press the Backrest Up/Down button to adjust the backrest upward or downward; release the button to stop adjusting.
- In the pop-up menu of Heat, you can turn on or off the heating function.
- In the pop-up menu of Time, you can customize your massage time: 10mins/15mins/20mins/25mins/30mins.
- Under manual modes, click Up/Down button to adjust the massage rollers upward or downward during Partial/Fixed-point massage.

Airbag Programs

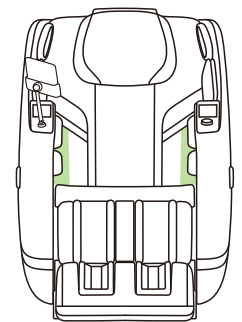
- The massage chair boasts full body airbags massage including shoulder airbags, arm airbags, hip airbags, calf airbags, and foot airbags.
- Dedicated airbag massage programs are designed for each automatic program in order to provide a comprehensive full-body massage experience.
- In the manual mode, when the airbag intensity is turned on, you can manually switch full-body, arms, shoulders, buttocks or calves airbags massage.
- During airbag massage process, the airbag inflates to envelop the body. Due to limited power of air pump, our airbags won't over-inflate, ensuring a comfortable experience without applying excessive pressure on the body.

Zero Gravity

- In the pop-up menu of Zero, you can switch the zero gravity level from 1 to 2 and click Off to turn off zero gravity function.

Back Heating

- Press the Heat Function button to apply the hot compress to entire Back to expel the moisture from the body, thus promoting blood circulation and relieving muscle pain.



Massage Time Adjustment

- Short press the Power button to turn the massage chair on and adjust the massage session duration (5 minutes will be added with each press).
- Recommended massage time: 1 hour or less each time.

Safety Precautions



Warning

Not Suitable for Below Persons

- We recommend those with any of the following conditions consult your physician first before using the massage chair.
- Patients with serious hyperostosis.
- Patients with swollen lump and thrombosis.
- Patients with serious heart conditions.
- Women who are pregnant.
- People that consume large amounts of alcohol.
- People with diabetes.
- People suffering from high fever.
- Patients with malignant tumors or malignant abscesses.
- People with distorted joints.
- People with serious skin conditions.
- People with spinal injuries.
- Minors under 16 years or people unable to control their behavior, such as mental patients and people with paralysis.
- Children shall not play with the device.



Warning

Best Practices for Safe Use

- Use this product only for its intended use as described in this manual.
- Do not use attachments not recommended by the manufacturer.
- Never operate this chair if it has a damaged cord or plug.
- Keep the cord away from heated surfaces.
- Empty pockets and remove all your arm jewelry and watches before using this chair.
- Do not operate where aerosol (spray) products are being used.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- Connect this device to a properly grounded outlet only. See Grounding Instructions.
- Do not remove the back cushion to modify roller mechanism.
- Do not remove the bottom seat to modify actuators.
- Keep the cord away from a heavy traffic area.
- Please unplug the power cord from the electrical outlet immediately after use.
- Only for users who weigh below 120kg.
- Do not operate any equipment with damaged parts.
- Any other use not recommended by the manufacturer may cause electrical shock or injury.
- Do not touch or re-wire the wires connected to the master-box.
- Do not attempt to repair or modify any electrical or mechanical functions on this unit, it will void the warranty.



Warning

Best Practices for Safe Use

- Do not put your hands or head under the chair.
- When using the massage chair, make sure that the footrest is in the lowest position.
- Do not allow children to play near the chair, especially when the chair is in use.
- Do not leave mobility impaired or speech impaired people alone in chair.
- Do not place or stock this chair near damp places such as swimming pools or bathrooms.
- Do not press massage rollers by force.
- Do not stand on the chair or put heavy items on the chair.
- Do not use in a humid, dusty, greasy or oxygen-deficient environment.
- Do not spill water or other liquids onto the control buttons to avoid fault.
- Do not place the product near steam oven, open fire, or heat.
- Wear suitable clothing, do not massage with bare skin.
- Do not place it directly in the sun.
- Do not use electric blanket while using the massage chair.
- Do not use it outdoors.
- Do not massage while smoking.
- Do not massage immediately after meals.
- Do not sit on the back cushions, armrest, or footrest.
- Don't use it when your body is wet or moist as it can result in electrical shock.
- Do not massage with more than one person.
- Don't massage when using headwear as it can result in injury.
- Do not stumble over electrical wires or connections.
- Do not squeeze, over bend, pull hard or twist the cord.
- Do not use the massage chair when you are not feeling well.
- Do not massage the head, elbow joints, knees, chest, abdomen directly on the massage ball.
- Do not damage the power cord, which may result in electric shock or mechanical failure.
- Do not stand on or stack heavy objects on the footrest.
- Do not fall asleep when using the product.
- Do not disassemble, fix or modify the product yourself to avoid failure.
- Please be seated properly while using the product.



Caution

Unplug the Massage Chair

- Pull out the power plug before maintenance.
- Do not plug in or unplug the massage chair with damp hands to avoid electric shock.
- Turn off power and unplug the massage chair from the electrical outlet when the massage chair is not in use to prevent power surges or other emergencies that may damage the massage chair or to avoid children powering on the massage chair accidentally.
- Power off the chair and unplug the massage chair after using.
- Disconnect the controller and store the chair carefully.

Fixing Issues

Troubleshooting

Problems/Issues	Possible Causes	Possible Solution
● Sounds like tapping or hum are heard while in use	● These sounds are normal and arise from air pump, motor or other mechanical parts	● Normal, no need to take any measure
● Massage chair stops working suddenly	● Power connection is bad ● Auto program time is up	● Unplug and reinsert the power cord to the chair ● Normal circumstance
● Massage chair doesn't work after power on	● Power switch is not turned on ● Connection between plug and socket is bad ● Massage remote is not turned on ● Power wire plug is broken ● Fuse is blown ● Control unit fails to work properly	● Turn on switch ● Insert power cord again ● Press power button on remote ● Contact customer service or professional technician ● Replace with a fuse of same type and rating ● Contact our customer service or professional technician
● Roller height changes	● Rollers work alternately	● Normal, no need to take any measure
● Abnormal sounds are heard suddenly while in use	● May be caused by over-working of the massage chair	● Reduce usage ● Contact our customer service or professional technician
● Backrest or footrest can not recline	● Be obstructed, make sure that there is enough space for the chair to fully recline	● Stop operation, move the obstacles and provide sufficient clearance
● Fail to restore position after reclined	● Electric motion pole fails ● Plug connection is bad	● Contact our customer service or professional technician ● Insert the power plug properly into the socket
● No music comes from the speaker	● The volume is adjusted to its minimum setting	● Adjust the speaker volume and ensure that both the chair's and phone's Bluetooth settings are activated

In case of any problems beyond above reasons, turn off the power supply and contact the distributor or manufacturer for assistance.

TIP:

Do not attempt to dismantle or repair the product by yourself, and our company shall not be liable for the damage or injury caused by improper use or servicing without authorizations. Thank you for your cooperation!

Specifications

Model: Real Relax PS5200 Massage Chair

Rated Voltage: 110V

Rated Frequency: 60HZ

Rated Power: 85W

Safety Design: Class I

Net Weight: 177.3 LB

Gross Weight: 217.4 LB

MEAS: 51.2"*30.3"*46.5"

Manufacturer reserves the right to make changes to information published in this document, including without limitation specifications and product descriptions at any time and without prior notice.

Contact Us

For any inquiries or quality-related issues concerning our products, please send an email to service@realrelaxmassage.com, we will respond to you as soon as possible and give you an appropriate solution (refund or replacement).