



Red Light & Infrared Therapy Wearable

Instruction Manual



ExcelHealth Inc.
1904 Industrial Blvd, Ste 106
Colleyville, TX 76034

www.iReliev.com

Phone: 855-723-2582
Email: Wecare@iReliev.com

MODEL # RL-507



Indications (When FullGlow™ May Be Used)

Red and near-infrared light therapy is commonly used as part of wellness and recovery routines to support:

- Temporary relief of minor muscle and joint soreness
- Muscle recovery after exercise or physical activity
- Relaxation and stress reduction
- Increased local circulation
- General wellness and daily recovery routines
- Many users incorporate FullGlow™ 360 into pre-sleep wind-down, post-workout recovery, and daily relaxation habits

FullGlow™ 360 is designed for non-invasive, drug-free wellness support

Contraindications & Precautions

Do NOT use FullGlow™, or consult a healthcare professional before use, if any of the following apply:

- You are pregnant or suspect pregnancy
- You have photosensitivity or conditions triggered by light exposure such as lupus, light induced migraines, some forms of eczema, albinism and rosacea.
- You are taking photosensitizing medications (e.g., certain antibiotics, acne medications, or chemotherapy drugs)
- You have active cancer or suspicious lesions in the treatment area (unless approved by a physician)
- You have open wounds, severe skin conditions, or recent surgical sites. Please get medical clearance from your Doctor.
- You have been advised by a healthcare professional to avoid heat or light-based therapies

Applying to Your Body



Warranty

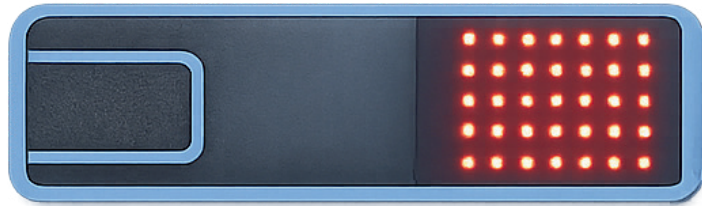
This FullGlow™ carries a one-year warranty from the date of purchase. The warranty applies to the main device and necessary parts and labor.

The warranty does not apply to damage resulting from failure to follow the operating instructions, accidents, abuse, alterations or disassembly by unauthorized individuals.

ExcelHealth reserves the right to replace or repair the unit at its discretion.

What's Included:

Red and near-infrared light therapy is commonly used as part of wellness and recovery routines to support:



**1 x FullGlow™
Therapy Belt**



**1 x Hand Control & Plug Adapter
(USB-A port)**



**1 x AC/DC Adapter with
USB Port (Wall Plug)**



1 x Instruction Manual

About Red Light Therapy

Red light therapy is a non-invasive treatment that uses specific wavelengths of red and near-infrared light to penetrate the skin and stimulate cellular activity.

This process enhances mitochondrial function, increases circulation, and supports natural healing, helping reduce pain, inflammation, and muscle stiffness while promoting tissue recovery.

Additional Safety Notes

- Do not use while sleeping or under the influence of alcohol or sedatives
- Do not stare directly at the LEDs; Use protective eyewear when recommended
- Keep the device dry and away from water
- Discontinue use if you experience discomfort, irritation, or unusual symptoms occur
- Keep manual in a safe place for future reference
- Adult use only. Not intended for children or pregnant women

To reduce risk of burns, fires, electric shock, serious injury or damage to the product or property:

- Only use supplied power adapter, cords and hand controls
- Do not tamper with, modify, disassemble or attempt to repair
- Stop using the product immediately if you feel pain or discomfort

Important Disclaimer

FullGlow™ is not intended to diagnose, treat, cure, or prevent any disease. This product is intended for general wellness and recovery support only.

Always consult a qualified healthcare professional if you have medical conditions or concerns.

Recommended Use

For best results, use the device 3–4 times per week, up to 30 minutes per session. Consistent use over several weeks is recommended to experience optimal benefits.

Getting Started is Easy as 1, 2, 3

1 Step 1: Connect Hand Control to FullGlow™ Wrap
Insert the power cord from the top of the hand control into the Power Port on the FullGlow™ Wrap. The power port is located on the front right side of the wrap. Ensure the connection is fully seated and secure.



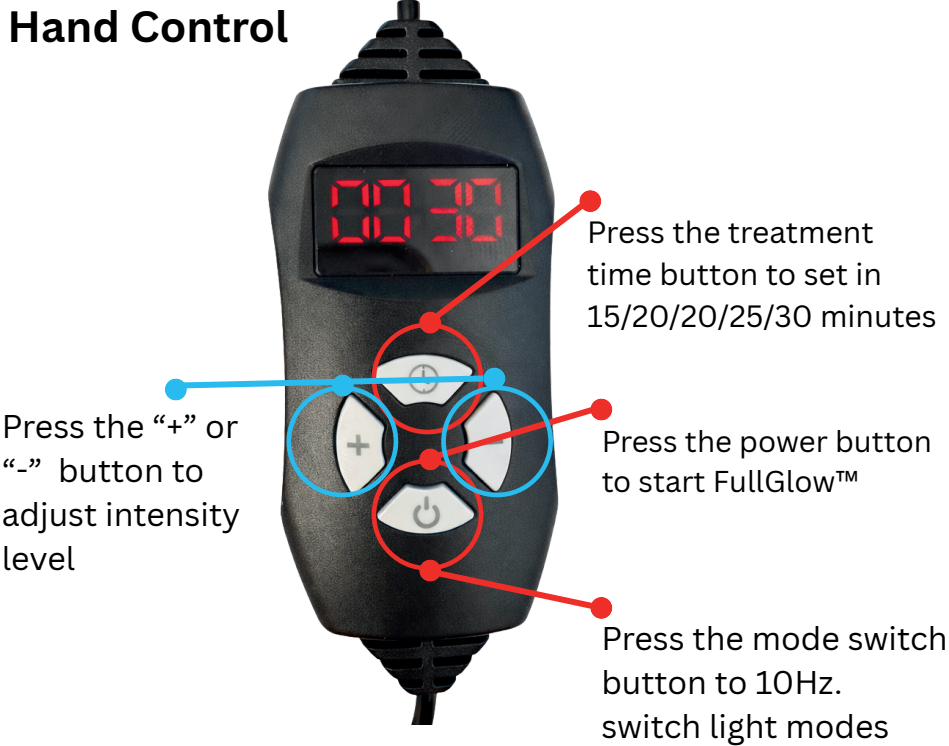
2 Step 2: Connect to AC/DC Power Adapter
Insert the USB connector from the bottom of the hand control cord into the USB port on the provided AC/DC Adapter.

3 Connect to Wall Outlet
Plug the AC/DC Adapter into a standard wall socket. The device is now ready for operation.
(Recommended output: 5V, 3A)

Optional: Portable Power Bank Operation *(Sold Separately)*

Insert the USB connector from the bottom of the hand control cord into the USB port on the portable power bank. May you require to power on.

Hand Control



Specifications

Size	49.6" x 7.08"
Material	Neoprene
Power:	15W
LED QTY	105 pcs (42*850 nm/63*660 nm)
Timer	<u>Up to 30 minutes</u>