DASH

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REWARDS

DFMB100-B

PERSONAL BLENDER

Instruction Manual | Recipe Guide







WELCOME TO THE FOODIE FAMILY

We hope you *love* our products as much as our team does.











PERSONAL BLENDER

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IMPORTANT SAFEGUARDS: PLEASE READ AND SAVE THIS INSTRUCTION AND CARE MANUAL.

When using electrical appliances, basic safety precautions should always be followed, including:

- Read all instructions before use.
- Remove all bags and packaging from appliance before use.
- Never leave appliance unattended when in use.
- Make sure the appliance is cleaned thoroughly before using.
- Do not use appliance for other than intended use. For household use only. Do not use outdoors.
- Only use the appliance on a stable, dry surface.
- Do not place appliance on or near a hot gas burner, hot electric burner, or in a heated oven.
- This appliance can be used by persons with reduced physical, sensory, or mental capabilities or lack of experience of knowledge, if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- This appliance is not a toy. Do not let children use this appliance. Close supervision is necessary when any kitchen appliance is used by or near children.
- Avoid contact with moving parts.
- Always make sure that the Blending Jar is locked securely in place before engaging the motor.
- Make sure that the motor stops completely before disassembling.
- Do not remove any parts while the appliance is in use or plugged in.
- To reduce the risk of severe injury or damage to the blender, do not place your fingers or other foreign objects into the appliance while it is

operating. If food becomes lodged in the blades, turn off before trying to remove the ingredients.

- The blades in the Blender are sharp. Handle carefully. Do not touch the blades with bare hands.
- Do not use the appliance if any of the parts are damaged.
- Do not use without the Lid in place.
- Do not operate the Blender when the Blending Jar is empty, as this may damage the blender.
- Do not put your Blender in a microwave oven or freezer.
- Do not put anything carbonated in your Blender, as this may cause pressure to build up that could result in a mess, damage to the blender or possible injury.
- Do not let food sit in your Blender for long periods of time, as this may lead to fermentation which can build pressure in the Pitcher/ Bottle to the point of damage or possible injury.
- Do not use hot liquids over 120°F/49°C, as this can cause damage to the jar and base.
- Make sure the Lid is closed tightly during blending to prevent liquid from splashing out.
- Keep hands and utensils out of the Blending Jar while the motor is running to prevent injuries or damages.
- Always place soft or liquid ingredients in the Blender before adding hard ingredients or ice cubes.
- Wait until the blades come to a complete stop before removing the Blending Jar. If not done accordingly, the drive gear may become damaged.
- When cleaning, do not submerge the Motor Unit in any liquid; instead use a soft, wet cloth to wipe down. The Base is NOT dishwasher safe.
- Do not operate this appliance with a damaged cord, damaged plug, after the appliance malfunctions, is dropped, or damaged in any manner. Return appliance to the nearest authorized service facility for examination, repair, or adjustment.
- If the Charging Cord or Charging

Stand malfunction or get damaged, replacements are available; contact Customer Service.

- Do not immerse the motor base or battery pack in water or other liquids.
- The blades are sharp. Handle carefully when attaching, detaching, cleaning, or storing.
- Remove the battery pack before cleaning or assembling parts.
- Do not blend hot or boiling liquids to avoid risk of thermal burns.
- Do not place the blender on or near hot surfaces, such as stovetops or heated appliances.
- Use only the battery and charger provided.
- Do not use if battery, charger, or cord is damaged.
- Do not charge the battery near water or in high-humidity environments.
- Unplug the charger when not in use.
- Never immerse the battery, motor base, or charger in water or any liquid.
- Remove the battery before cleaning the motor base or storing the appliance.
- Dispose of battery according to local regulations. Do not incinerate or puncture.
- If the battery leaks, discontinue use and contact customer support.
- For maintenance other than cleaning, please contact StoreBound directly at 1-800-898-6970 Monday – Friday or by email at support@bydash.com.
- StoreBound shall not accept liability for damages caused by improper use of the appliance.
- Improper use of the appliance can result in property damage or even in personal injury.

IMPORTANT SAFEGUARDS: PLEASE READ AND SAVE THIS INSTRUCTION AND CARE MANUAL.


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PARTS & FEATURES



BEFORE FIRST USE

- Fully charge the Battery before first use.
- Wash the Blending Jar, Blending Lid, Travel Cup, & Travel Lid with warm, soapy water or place them on the top rack of the dishwasher, taking care to avoid the sharp Blades on the Blending Lid. Dry thoroughly.
- Wipe the Motor Base with a clean, damp cloth.



Do not immerse the Motor Base or Battery pack in water. The Blending Jar may come pre-assembled on the Motor Base. Detach and clean all removable parts (except the Motor Base) before first use.

CHARGING INSTRUCTIONS

CHARGING THE LITHIUM-ION BATTERY







1. Plug the Charging Stand into a power outlet.
2. Place the Rechargeable Lithium-Ion Battery onto the Charging Stand securely **(photo A)**.
3. The Indicator Light will turn red while charging **(photo B)**. When fully charged, it will turn white **(photo C)**.
4. A full charge takes about 2½ hours.
5. When the Indicator Light begins to blink red during use, that indicates the Battery is low. Recharge the Battery immediately.

IMPORTANT: Always power off the Personal Blender before inserting or removing the Rechargeable Battery. Never force the Battery into place.

INSERTING THE LITHIUM-ION BATTERY



1. Slide the Top Cover off the Motor Base to access the Battery Compartment **(photo A)**.
2. Insert the Rechargeable Battery, aligning the terminals with the connectors inside. Slide the Battery in gently but firmly until it clicks into place **(photo B)**.
3. Slide the Top Cover back onto the Motor Body **(photo C)**.

USING THE PERSONAL BLENDER





1. Cut ingredients into uniform pieces (about ½-inch cubes). Add ingredients to the Blending Jar **(photo A)**.

2. Add water if needed with a recommended ratio of 2 parts food to 3 parts water.

3. Place the Blending Lid securely onto the Blending Jar **(photo B)**. Make sure it's tightly sealed before blending.

CHEF TIP!

For best blending performance, add liquids first, then solids. Do not fill past the MAX line marked on the Blending Jar.





4 Hold the Motor Base with one hand. With other hand, twist the Blending Jar clockwise onto the Motor Base until it clicks **(photo C)**. The Blender will start automatically when locked into place.

CAUTION: Always hold the Blending Jar securely in place, especially when crushing ice or blending dense ingredients.

5 The Blender will run for up to 40 seconds at which point it will stop automatically. If more blending is needed, start another cycle by removing the Blending Jar from the Motor Base and twisting it back on. **Note:** Do not run more than 3 consecutive cycles without letting the Motor Base cool. Allow at least 10 minutes of cooling time between sessions.

6 To stop blending at any time, simply twist the Blending Jar counterclockwise and remove it from the Motor Base **(photo D)**.

BLENDING GUIDE

The Cordless Personal Blender is designed for fast, easy blending of a variety of foods. Follow these guidelines for best results:

FOOD TYPE	PREPARATION	RECOMMENDED AMOUNT
Carrot, Apple, Pear	Peel, core, and dice (½-inch cubes)	7 ounces of fruit + 10 ounces of water
Ice	½-inch cubes	Up to 2½ ounces (about 10 ice cubes)
Soft Fruits (Berries, Banana)	Whole or sliced if large	1–2 cups fruit, plus liquid as needed
Smoothies (Fruit + Yogurt)	Cut fruit into pieces, add yogurt	Fill no more than ¾ full
Protein Shakes (Powder + Liquid)	Add liquid first, then powder	Follow proportions on supplement packaging



When crushing ice, add up to 7-10 cubes at a time. If needed, add additional cubes one by one through the lid opening.



WARNING: Never exceed the MAX line marked on the Blending Jar.



Never run the
Blender when empty.



Avoid blending hot or
boiling liquids.



For best results, cut dense
ingredients (carrots, apples)
into smaller pieces.



Do not attempt to blend
hard foods like bones or
very solid frozen items.



This Blender is not intended for
whipping cream, beating egg
whites, grinding meat, kneading
dough, or extracting juice.

CLEANING & MAINTENANCE

IMPORTANT: Always remove the Battery before cleaning.

1. Disassemble the Blending Jar and Lid.
2. Wash Blending Jar/Lid & Travel Cup/ Lid in warm, soapy water or on the dishwasher's top rack **(photo A)**.
3. Carefully clean the Blending Lid with Blades with warm, soapy water using a brush.
   CAUTION: Handle Blades carefully to avoid injury.



4. Wipe the Motor Base with a damp cloth and dry thoroughly. Do not immerse in water.

IMPORTANT: If liquid enters the Motor Base, unplug immediately and dry thoroughly before reuse.

STORAGE TIPS

- Store the Personal Blender in a dry place.
- Remove the Battery if storing for extended periods.
- Keep out of reach of children.

TROUBLESHOOTING

While Dash products are durable, you may encounter one or more of the problems listed below. If the issue is either not solved by the solutions recommended below or not included on this page, please contact our Customer Support Team at **1-800-898-6970** or **support@bydash.com**.

ISSUE	POSSIBLE CAUSE	SOLUTION
The Personal Blender won't start.	1. Battery not inserted or not charged. 2. Blending Jar not properly attached. 3. Blending Lid is not secured correctly.	1. Reinsert or recharge Battery. 2. Ensure Blending Jar is tightly secured to Motor Base. 3. Check and reseal the Blending Lid on the Blending Jar.
Blender shuts off early.	1. Blending time limit reached. 2. Motor is overheating.	1. Wait 10 minutes, then resume. 2. Allow to cool fully before next use.
The blend is not coming out smooth.	The ingredients are too large or dense.	Cut food into smaller pieces and/or add more liquid.
Ice is not blending well.	Too many cubes or cubes that are too large.	Use up to 10 small cubes (½-inch) at a time.
Battery won't charge.	Improper contact with Charging Stand.	Ensure the Battery is securely inserted on the Charging Stand.

RECIPE GUIDE

Scan here for more recipes!

bydash.com/recipes





GREEN MACHINE SMOOTHIE

Prep Time: *5-7 minutes* • ***Serves:*** *1*

Ingredients:

3-inch piece mini cucumber, peeled and sliced
¼ cup frozen curly kale
¼ cup baby spinach
2-3 cilantro sprigs, leaves only
2 fresh basil leaves
Small piece jalapeño pepper, optional
¼ ripe medium avocado
⅓ cup chilled green tea
⅓ cup coconut water
1 teaspoon fresh lime juice
1 tablespoon chia seeds
⅛ teaspoon sea salt
1 teaspoon lime zest, chopped

Directions:

1. In the Blending Jar, add cucumber, kale, spinach, cilantro, jalapeño if using, avocado, salt, tea, coconut water, chia seeds, and lime juice. Blend to combine.
2. Once blended, shake the Blending Jar 2-3 times to fully incorporate all ingredients, then blend again to fully combine.
3. To serve, add lime zest, to preference.



BERRY SMOOTHIE

Prep Time: *5-7 minutes* • ***Serves:*** *1*

Ingredients:

½ cup frozen mixed berries
1 small frozen curly kale leaf, crumbled
2 one-inch pieces frozen banana
¼ cup vanilla Greek yogurt
½ cup unsweetened coconut milk
Lemon zest, chopped
1 tablespoon chia seed

Directions:

1. In the Blending Jar, add berries, kale, banana, yogurt, and coconut milk. Blend to combine.
2. Once blended, shake the Blending Jar 2-3 times to fully incorporate all ingredients, then blend again to fully combine.
3. To serve, add lemon zest and chia seeds to preference.



GREEN GODDESS DRESSING

Prep Time: *5-7 minutes* • ***Serves:*** *3-4*

Ingredients:

2 teaspoons anchovy paste or 2-4 canned anchovies
1 small garlic clove, minced
¾ cup mayonnaise
¾ cup sour cream
½ cup fresh parsley, chopped
¼ cup tarragon, chopped
3 tablespoons chopped chives
2 tablespoons lemon juice salt and black pepper to taste

Directions:

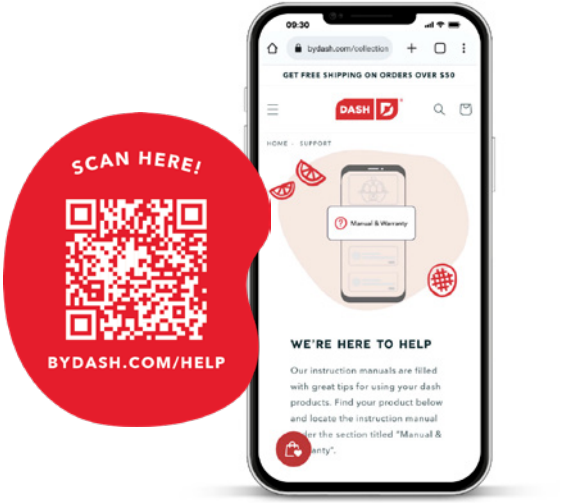
1. In the Blending Jar, add all ingredients. Blend to combine.
2. Once blended, remove and shake the Blending Jar 2-3 times to fully incorporate all ingredients, then blend again to fully combine.
3. Serve as a savory topper to your favorite salads or as a dip for veggies!

CUSTOMER SUPPORT

FEEL GOOD
DOUBLE YOUR WARRANTY
REWARDS

We want you to Feel Good about your Dash products! Sign up for our Feel Good Rewards program at **bydash.com/feelgood** to **DOUBLE** your warranty, part of our commitment to quality and customer satisfaction.

We're here to help! Our customer support teams in the US and Canada are at your service Monday - Friday. Contact us at **1 (800) 898-6970** or **support@bydash.com**.



STOREBOUND, LLC – 1 YEAR LIMITED WARRANTY

Your StoreBound product is warranted to be free from defects in material and workmanship for a period of one (1) year from the date of the original purchase when utilized for normal and intended household use. Should any defect covered by the terms of the limited warranty be discovered within one (1) year, StoreBound, LLC will repair or replace the defective part. To process a warranty claim, contact Customer Support at support@bydash.com for further assistance and instruction. A Customer Support agent will assist you by troubleshooting minor problems. If troubleshooting fails to fix the problem, a return authorization will be issued. Proof of purchase indicating the date and place of purchase is required and should accompany the return. You must also include your full name, shipping address, and telephone number. StoreBound will not ship to a PO Box. StoreBound will not be responsible for delays or unprocessed claims resulting from a purchaser's failure to provide any or all of the necessary information. Freight costs must be prepaid by the purchaser.

All replacement inquiries are to be submitted to support@bydash.com or contact Customer Support at 1-800-898-6970. There are no express warranties except as listed above.

Warranty is voided if used outside of the 50 states of the United States, the District of Columbia or the 10 provinces of Canada. Warranty is voided if used with an electric adapter/converter or used with any voltage plug other than 120V.

REPAIR OR REPLACEMENT AS PROVIDED UNDER THIS WARRANTY IS THE EXCLUSIVE REMEDY OF THE CUSTOMER. STOREBOUND SHALL NOT BE LIABLE FOR ANY INCIDENTAL OR CONSEQUENTIAL DAMAGES OR FOR BREACH OF ANY EXPRESS OR IMPLIED WARRANTY ON THIS PRODUCT EXCEPT TO THE EXTENT REQUIRED BY APPLICABLE LAW. ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE ON THIS PRODUCT IS LIMITED IN DURATION TO THE DURATION OF THIS WARRANTY.

Some states do not allow the exclusion or limitation of incidental or consequential damages, or limitations on how long an implied warranty lasts. Therefore, the above exclusions or limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from state to state.

Refurbished items or items not purchased through an authorized retailer are not eligible for warranty claims.

REPAIRS

DANGER! Risk of electric shock! The Dash Cordless Personal Blender is an electrical appliance.
Do not attempt to repair the appliance yourself under any circumstances.
Contact Customer Support regarding repairs to the appliance.

TECHNICAL SPECIFICATIONS

Voltage: DC 11.1 V
Power: 120 W
Stock#: DFMB100-B_20250926_v2



This product has passed food safety testing in accordance with FDA guidelines.

DASH®



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