Abbreviated Setting Instructions
Models - JZ102*
Mvmt. Cal. No. U200



FEATURES:

Time - Analog and Digital (Digital time for 30 cities (24 time zones including UTC)
Perpetual Calendar (Accurate to 2099)
2 Daily Alarms - Can be for the same or different cities (time zones)
Chronograph (1/100 seconds for 23 hrs, 59 mins, 59.99 seconds)
Countdown Timer (99 minute)

NOTE: After a complete loss of or an abnormal function is noticed, an ALL RESET PROCEDURE and 0-POSITIONING is required. Be sure to set the time and date after performing these procedures.

NOTE: This watch features a "power save" function. After 30 minutes of no exposure to light sufficient for charging, the watch enters "power save" mode. The digital displays will go blank (hands continue to reflect currently set analog time). To cancel power save mode, either expose the watch to light sufficient for charging or press and release any button (upper right (A), upper left (B) or lower left (M)).

ALL RESET PROCEDURE

☐Pull the crown out one 'click'.

☐Simultaneously press and hold the upper right button (A), upper left button (B) and lower left button (M) for two seconds then release. The digital display will reflect all segments of the display (appears as all "8"s.)

☐Press the crown in one 'click'. A confirmation tone will sound and the digital displays will reflect the following base settings:

Time (TME) Mode:	12:00 AM, DST OFF(OF)
	City Code = UTC
Calendar (CAL)Mode:	January 1, 2008, Tuesday
	City Code = UTC
Alarm (AL1/AL2) Mode:	Alarm OFF(OF)
	City Code= UTC
Chronograph (CHR)Mode:	0:00:00:00
Timer (TMR) Mode:	99 minutes

☐You must now set the time and calendar.

TO SET THE DIGITAL TIME

NOTE: The analog time feature is not linked to the digital time and must be set separately.

☐Press and release the lower left button (M) until the mode indicator is reflecting TME (time) mode.

☐Press and release the upper right button (A) or upper left button (B) to select the city shown in the multifunction digital display (right) is nearest your current locale.

☐Press and hold the upper left button (B) until the daylight savings time indicator (SMT) starts flashing in the main digital display.

☐Press and release the upper right button (A) to turn daylight savings time (SMT) ON or OFF(OF). NOTE: If using the UTC time zone, SMT ON or OFF (OF) cannot be chosen as this zone does not observe daylight savings time.

☐Press and release the upper left button (B). The seconds will 'blink'.

☐Press and release the upper right button (A) to set the seconds to zero (00).

☐Press and release the upper left button (B). The minutes will 'blink'.

☐Press and release the upper right button (A) to set the current minutes.

☐Press and release the upper left button (B). The hours will 'blink'. Be sure to pay attention to the 'A' for A.M. or 'P' for P.M. at the bottom of the main digital display to ensure proper A.M. or P.M. time is set.

☐Press and release the upper right button (A) to set the hours.

☐Press and release the upper left button (B). The twenty four hour indicator (12H/24H) will flash.

☐Press and release the upper right button (A) to choose 12-hour (12H) or 24-hour time (24H) designation.

☐Press and release the upper left button (B). This completes setting the digital time. You must now set the analog time and calendar.

TO SET THE ANALOG TIME

NOTE: The analog time feature is not linked to the digital time and must be set separately.

☐Press and release the lower left button (M) until the mode indicator is reflecting TME (time) mode.

☐As the second hand reaches 12:00, pull the crown out 1 'click.'

☐Rotate the crown to set the desired time. If you wish to set the time to match the main digital display, set the time for one minute ahead of the digital time.

☐As the seconds reach '00' in the main digital display (3:00), press the crown in one 'click' to the closed position next to the case. This completes setting the analog time.

TO SET THE PERPETUAL CALENDAR

☐Press and release the lower left button (M) until the mode indicator is reflecting CAL (calendar) mode.

☐Press and release the upper right button (A) or upper left button (B) to select the city nearest your current locale.

☐Press and hold the upper left button (B) until the month starts to 'blink', then release

☐Press and release the upper right button (A) to set the current month.

☐Press and release the upper left button (B). The date of month will start to 'blink'.

☐Press and release the upper right button (A) to set the current date of month.

☐Press and release the upper left button (B). The year will 'blink'.

☐Press and release the upper right button (A) to set the current year. Note: If you pass your desired year, press and hold the upper right button to rapidly scroll through the years (2007-2099).

☐Press and release the upper right button (B). This completes setting the perpetual calendar.

TO SET THE ALARM

☐Press and release the lower left button (M) until the mode indicator is reflecting either Alarm 1 (AL1) or Alarm 2 (AL2) mode as shown in the mode display.

☐Press and hold the upper left button(B) until the city name starts to 'blink' in the multifunction digital display. The alarm will automatically set to 'ON.'

☐Press and release the upper right button (A) to select the city for which you would like the alarm to be active.

☐Press and release the upper left button (B). The hours will flash.

☐Press and release the upper right button (A) to set the hours.

☐Press and release the upper left button (B). The minutes will 'blink.'

☐Press and release the upper right button (A) to set the minutes.

☐ Press and release the lower left button (M) to return to time (TME) mode.This completes setting the alarm.

TO ACTIVATE OR DEACTIVATE THE ALARM.

☐Press and release the lower left button (M) until the mode indicator is reflecting either Alarm 1 (AL1) or Alarm 2 (AL2) mode.

☐Press and release the upper right button (A) to activate (turn on (ON)) or deactivate (turn off (OF))the alarm

For further instructions and details of the additional features of this timepiece, please refer to your owners manual or the technical support section our web site at www.citizenwatch.com