Thank you for your purchase of this Citizen watch.
Before using the watch, read this instruction manual carefully to ensure correct use.

After reading the manual, store it in a safe place for future reference.

To check the movement number

A case number is engraved on the case back. (See the figure below.)
On the case back, a number composed of four + six alphanumeric characters (or more) is engraved.
In the example below, “1234” is the movement number.

<Engraving position example>



The engraving position may differ depending on watch model.

Requests and Cautions Regarding this Watch
(Mechanical Watch with Auto-Winding Function)

* Although the mainspring will be wound automatically when the watch is worn on the wrist, the mainspring will wind down after about 2 days and the watch will stop if it is removed from the wrist.
* Make sure to adequately wind the mainspring before setting the time (hour and minute hands).
* If the time is set without the mainspring being adequately wound, the second will oscillate back and forth 2-3 seconds.
  There are two ways to wind the mainspring: winding by turning the crown to the right by hand, and winding by shaking the watch gently. The second hand may rarely oscillate back and forth if the mainspring has been wound by shaking the watch to the side with excessive force However, this has no effect on the functions or performance of the watch. Even if the crown is turned further after the mainspring is fully wound, there will be no damage caused to the mainspring.

<Adjusting the metal band or other parts of the watch>

Do not attempt to adjust the metal band by yourself. Doing so may result in damage to the watch through dropping it, or injury to yourself from the repair tools. Please contact your dealer or Customer Support Center for adjustment of the metal band; otherwise, adjustment may not be possible or may not be free of charge.

Safety precautions

This manual contains the following instructions that should be strictly followed at all times to prevent injury to yourself and other persons as well as damage to property.

- **Injuries and damage that might be caused by using the watch improperly or neglecting any of the instructions or precautions contained in this manual are classified with the following symbols.**

⚠ **DANGER**	Highly likely to cause death or serious injury.
⚠ **WARNING**	Can cause serious injury or death.
⚠ **CAUTION**	Can or will cause minor or moderate injury or damage.

- **Important instructions that should be followed are classified with the following symbols.**

	Warning (caution) symbol followed by instructions that should be followed or precautions that should be observed.
	Warning (caution) symbol followed by prohibited matters.

<Notes before use – Protective stickers>

Prior to the watch being shipped from the manufacturing plant, its glass,case,metal band, and metal parts of clasp are covered with stickers to protect them from getting fingerprint or scratches during transit from the plant to the store.
If the watch is worn without first removing these stickers, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash a skin rash and/or corrosion of the metal parts. For this reason,please be sure to peel off stickers before wearing the watch.

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1. Features

Self-Winding Movement

- A self-winding movement is employed in which the watch mainspring is wound automatically by movement of the hand when worn, and the force of the mainspring is then used to drive the movement (watch).

Automatic winding

When worn on the wrist, the normal movement of the arm will wind the spring. Please make sure to wear it for at least 8 hours daily. In case most of your work is at a desk and there is little arm movement, it may result in insufficient winding. In such cases, please wind manually.

Manual winding

Rotate the crown clockwise in position 0 to wind the spring.
If the watch has stopped, rotating the crown around 40 times will result in sufficient winding of the spring.

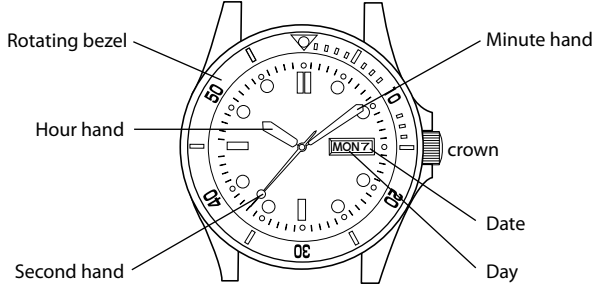
When fully wound, further rotating the crown will not damage the spring.

<About the crown>

	Unlock	Relock
Screw down crown	 Turn the crown to the left until it pops out.	 Turn the crown to the right while pushing it in, and tighten firmly.

• Unlocking is not required before operation when a normal crown are equipped.

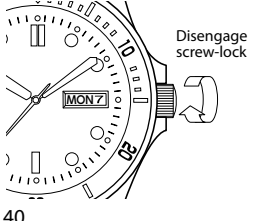
2. Names of Components



∗ The illustrations shown in this manual may differ from the actual watch you have purchased.

3. Before Using

This watch is a mechanical watch (self-winding). Before using, disengage the screw down locking crown and turn it to the right by hand to wind the watch mainspring. When the mainspring is in the fully wound state (sufficiently wound), the watch will continue to run for about 40 hours. In order to ensure that the watch continuously provides a stable time display, always wear the watch on your wrist to keep the mainspring adequately wound. If the watch is only worn for short periods of time, wind the mainspring manually by turning the crown by hand.



Note:
A screw down locking crown is employed to enhance the water resistance of the watch. When operating the crown, first turn it to the left to disengage the screw lock. Once you have finished operating the crown, always make sure to return the crown to the normal position and then turn it to the right while pushing it in so that the screw lock is securely engaged.

[General Reference for Winding Mainspring when Completely Unwound]

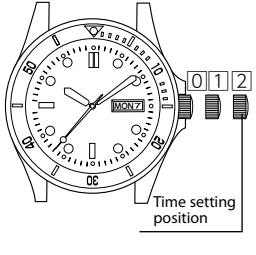
- After first loosening the screw down locking crown, turn it to the right about 40 revolutions to fully wind the mainspring.

Keep the mainspring adequately wound either by turning the crown by hand or by wearing the watch on your wrist for at least three hours each day.
If the watch is only worn for short periods of time, turn the crown by hand to keep the mainspring fully wound. Since this watch employs a slip mechanism that automatically disengages the mainspring when fully wound, it cannot be over-wound.

4. Setting the Time and Date

1. Setting the Time

(1) Turn the crown to the left to loosen the screw down lock.
(2) Pull the crown out to the second click.
- The second hand does not stop moving.

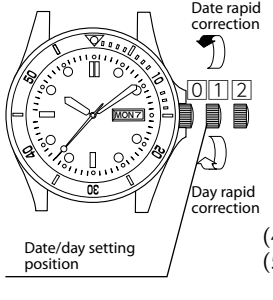


(3) Turn the crown to set the time.
If the date changes, the time is around 12:00 AM. The day changes about 4-5 hours later.
- Pay attention to AM and PM when setting the time.

(4) Push in the crown to the normal position 0.
(5) Turn the crown to the right while pushing in until it stops to securely fasten the screw lock.

2. Setting the Date

(1) Turn the crown to the left to loosen the screw down lock.
(2) Pull the crown out to the first click.



(3) Turn the crown to set the date and day (rapid correction).
- The date changes if the crown is turned to the left.
- The day changes if the crown is turned to the right.
The day is alternately displayed in two languages. Once the day has been set to the desired display, the watch automatically displays the specified display.

(4) Push in the crown to the normal position.
(5) Turn the crown to the right while pushing in until it stops to securely fasten the screw lock.

Notes:

- **Avoid rapid correction of the date when the watch hands are between the hours of 9:00 PM and 4:30 AM. Correcting the date during this time period may prevent the date from changing on the following day. Set the date and day after the hands have moved outside this time period.**
- **This date displayed by this watch is based on a 31-day month. The date must be changed by operating the crown on the first day of the following month in those months with less than 31 days (months having 30 days and February).**

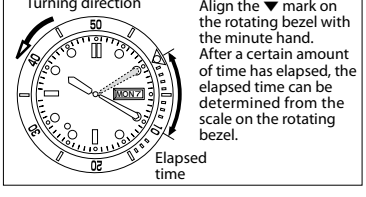
5. Using the Rotating Bezel

The rotating bezel can be used as a reference for elapsed time during diving or for the amount of time remaining relative to a predetermined amount of time.

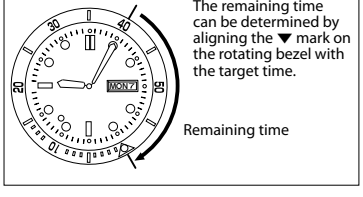
[Setting the Rotating Bezel]

- Only turn the rotating bezel to the left. It cannot be rotated in the opposite direction (to the right) to prevent the risk of incorrect operation.

Determination of Elapsed Time



Determination of Remaining Time



6. Precautionary Items and Usage Limitations

⚠ WARNING Water Resistance

- Non-water resistant watches cannot be used underwater or in environments in contact with water.
- Water-resistance for daily use (to 3 atmospheres) means that the watch may be worn while washing your face or in the rain, but is not to be immersed in water.
- Upgraded water-resistance for daily use (to 5 atmospheres) means that the watch may be worn while swimming, but is not to worn while skin diving.
- Upgraded water-resistance for daily use (to 10/20 atmospheres) means that the watch may be worn while skin diving, but not while scuba or saturated diving using helium gas.

- Refer to the watch dial and the case back for the indication of the water resistance of your watch. The following chart provides examples of use for reference to ensure that your watch is used properly. (The unit "1bar" is roughly equal to 1 atmosphere.)
- WATER RESIST(ANT) ××bar may also be indicated as W.R.××bar.

Name	Indication: Watch dial and Case back	Specification	Water-related use: Minor exposure to water(washing face, rain, etc.)	Moderate exposure to water (washing, kitchen work, swimming, etc.)	Skin diving, marine sports	Scuba diving using an air tank	Pulling out the crown when the watch is wet
Non-water-resistant watch	————	Non-water-resistant	**NO**	**NO**	**NO**	**NO**	**NO**
Everyday-use water-resistant watch	WATER RESIST(ANT)	Water-resistant to 3 atmospheres	**OK**	**NO**	**NO**	**NO**	**NO**
Upgraded everyday-use water-resistant watch	WATER RESIST(ANT) 5 bar	Water-resistant to 5 atmospheres	**OK**	**OK**	**NO**	**NO**	**NO**
Upgraded everyday-use water-resistant watch	WATER RESIST(ANT) 10/20 bar	Water-resistant to 10 or 20 atmospheres	**OK**	**OK**	**OK**	**NO**	**NO**

⚠ CAUTION To avoid injury

- Be particularly careful when wearing your watch while holding a small child, to avoid injury.
- Be particularly careful when engaged in strenuous exercise or work, to avoid injury to yourself and others.
- Do NOT wear your watch while in a sauna or other location where your watch may become excessively hot, since there is the risk of burns.
- Be careful when putting on and taking off your watch, since there is a risk of damaging your fingernails, depending on the manner in which the band is fastened.

⚠ CAUTION Precautions

- Always use the watch with the crown pushed in (normal position). If the crown is of the screw lock-type, make sure it is securely locked.
- Do NOT operate the crown when the watch is wet. Water may penetrate into the watch, causing deterioration of water resistance.
- If water enters the watch or the watch fogs up and does not clear up even after a long time, consult your dealer or Customer Support Center for inspection and/or repair.
- If a watch of upgraded water resistance for daily use is immersed in sea water or subjected to excessive perspiration, thoroughly rinse with fresh water and wipe completely dry with a soft cloth.
- If seawater enters the watch, place the watch in a box or plastic bag and immediately take it in for repair. Otherwise, pressure inside the watch will increase, and parts (crystal, crown, buttons, etc.) may come off.

⚠ CAUTION When Wearing your Watch

<Band>

- The durability of a leather band may be affected when wet (fading, peeling of adhesive), owing to the properties of the material. Moreover, wet leather may cause a rash.
- It is recommended to take off the watch if it gets wet, even if the watch itself is water-resistant.
- Do Not wear the band too tightly. Try to leave enough space between the band and your skin to allow adequate ventilation.
- The rubber (urethane) band may be stained by dyes or soil present in or on clothing or other accessories. Since these stains may not be removable, caution is required when wearing your watch with items that tend to easily transfer color (articles of clothing, purses, etc.).In addition, the band may be deteriorated by solvents or moisture in the air. Replace with a new one when it has lost elasticity or become cracked.

<Temperature>

- The watch may stop or the function of the watch may be impaired in extremely high or low temperature. Do not use the watch in places where the temperature is outside the operating temperature range as stated in the specifications.

<Magnetic fields>

- Exposure to strong magnetic fields will cause the movement components to become magnetized, and the accuracy of the watch may be greatly deteriorated. Do NOT subject the watch to strongly-magnetized health equipment (magnetic necklaces, health stomach bands etc.), magnetic latch refrigerator doors, handbag clasps, mobile phone speakers, or magnetic cooking devices.

<Strong Shock>

- Avoid dropping the watch or subjecting it to other strong impact. It may cause malfunctions and/or performance deterioration as well as damage to the case and bracelet.

<Chemicals, Corrosive Gasses and Mercury>

- If paint thinner, benzene or other solvents or products containing these solvents (including gasoline, nail-polish remover, cresol, bathroom cleaners and adhesives, water repellent, etc.) are allowed to come into contact with the watch, the may discolor, dissolve or crack the materials. Be careful when handling these chemicals. Contact with mercury such as that used in thermometers may also cause discoloration of the band and case.

⚠ CAUTION Always keep your Watch Clean

- Rotate the crown while it is pressed in fully and press the buttons periodically so they do not become stuck due to accumulations of foreign matter.
- The case and band of the watch come into direct contact with the skin in the same manner as undergarments. Corrosion of the metal or unnoticed soiling such as that caused by perspiration and dirt can soil sleeves and other portions of clothing. Keep your watch clean at all times.
- The case and band of the watch come into direct contact with the skin. Rust, dirt or perspiration present on the watch's body or band may cause itching or a rash on your skin.
  Such problems may also occur if you have an allergy to certain metals or leather.
  If you think there is something wrong, discontinue wearing the watch immediately and consult your physician.
- Leather bands may become discolored by perspiration or dirt. Always keep your leather band clean by wiping with a dry cloth.

⚠ CAUTION Caring for your Watch

- Wipe any dirt or moisture such as perspiration from the case and crystal with a soft cloth.
- For a metallic, plastic or rubber watchband, wash any dirt off with water. Remove the small amounts of dirt trapped between the crevices of the metallic band with a soft brush.
- If you will not be using your watch for an extended period of time, carefully wipe off any perspiration, dirt or moisture and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity.

<About the Watch with Luminous Paint>

The paint on the dial and hands helps you with reading the time in a dark place. The luminous paint stores daylight or artificial light (not including incandescent lighting) and glows in a dark place.
It is free from any radioactive substance or any other material harmful to a human body or environment.

- The light emission gradually becomes weaker as time passes.
- The duration of the light (“glow”) will vary depending on the brightness, types of and distance from a light source, exposure time, and the amount of the paint.
- The paint may not glow and/or may dissipate quickly if exposure to light was not sufficient.

7. Warranty and Service

<Free Guarantee>
In the case a malfunction has occurred during the course of normal use while the watch is still under warranty, the watch will be repaired free of charge in accordance with the conditions of the warranty included with this manual.

<Stock period of spare parts>
Our standard period for stocking spare parts for each model is generally seven years. When exterior parts such as the watch case, glass, face, hands, buttons, or band are damaged, spare parts with a different appearance may sometimes be used.

<Repair Period>
You can make use of fee-charging repair within the parts stock after the expiration of the free guarantee. Take the watch to the store where you bought it and ask whether it can be repaired because various conditions may result in much difference in damage. Moreover, there will be cases that the recovery of the original high level of accuracy is difficult when the accuracy of the watch has reduced after a long period of use.

<When moving house or receiving as a present>
In the event that you move or you have received the watch as a gift and are not able to bring your watch to the store where it was purchased for after-sales service, you should bring it to the Customer Support Center.

<Periodic inspection (Charge basis)>
You should have your watch inspected (Charge basis) every 2-3 years in order to extend it's life and safety. The water resistant capability of a water-resistant watch reduces year by year. Replacement parts are required to maintain the water resistant capability.
Especially in the case of water resistant diving watches, there may be more risk so have it inspected regularly. When having parts replaced, request genuine parts. Replace the packing and springs, as it may sometimes be necessary to inspect other parts or to make repairs in addition to replacing parts. Ask for more detailed information on repair or replacement expenses at the store where it was purchased or at the Customer Support Center.

<Inquiries on other matters>
If you have any questions regarding the guarantee, repair, or other matters, ask at the store where you purchased your watch or at the Customer Support Center.

8. Specifications

1. Caliber No.: 8203
2. Model: Mechanical watch (self-winding)
3. Timekeeping accuracy: Average daily difference of -10 to +20 seconds
(the timekeeping accuracy range may be exceeded depending on the conditions of use)
4. Operating temperature range: -10°C to +60°C
5. Display functions: 3 hands (hour hand, minute hand, second hand)
6. Additional functions: Date and day
Date and day rapid correction function
Bilingual day display

* Specifications are subject to change without notice.